

28 August, 2026

NEWSLETTER 26

ST BRENDAN'S CATHOLIC PRIMARY SCHOOL



We gather on Gunaikurnai Country. We pay our respects to their Elders; past, present and emerging. We also acknowledge the ongoing living culture and connection to Country of all First Peoples.



Father's Day Stall

Tuesday 1st & Wednesday 2nd September

\$1 - \$5 gifts

Raffle Tickets \$1.00each

Parents who have previously indicated they will help with the stalls, your attendance would be much appreciated from 9.00am - 10:30am on these dates.

*\$10 is a sufficient amount for students to bring for their gift and there is a limit of \$5 per student for raffle tickets.

If students are buying for a grandparent they may have more money.

St Brendan's Father's Day Breakfast

You are invited to come to the Father's Day breakfast on:
Friday, 4th September, 8.00-8.50am
at the Mary MacKillop Hall.

We would really love for you to come along! Tickets for the Father's Day raffle will be available in the morning, with the raffle prizes drawn after breakfast.

We look forward to seeing you there.
Please wear your footy colours.

Thank you to those families who have offered to provide eggs and bacon.

Could these goods please be brought to the school office by Wednesday, 2nd September

WHOLE SCHOOL PRAYER –

Season of Creation



Friday
11th September



9:10am



St Brendan's
Church



All Welcome



Let all creation praise the Lord!

Psalm 148



www.lakesent.catholic.edu.au



principal@lakesent.catholic.edu.au



03 5155 2712



40 Golf Links Road,
Lakes Entrance, VIC, 3909

Internet Banking : BSB 083 879 A/C 695096861 Account Name : St Brendan's School

Term 3

MON

TUE

WED

THU

FRI

WEEK 8

Aug 31

9.10am Year 3 / 4 Class Prayer

Sep 1

Father's Day Stall
School Nurse

Sep 2

Father's Day Stall

Sep 3

Sep 4

Father's Day Breakfast
Science Afternoon

Sep 6

Father's Day

WEEK 9

Sep 7

Division Athletics
School Nurse

Sep 8

School Nurse

Sep 9

Sep 10

6pm - Lions Club
Public Speaking

Sep 11

9.10am Whole School Prayer:
Season of Creation
Year 1 / 2 Excursion
Buchan Caves

WEEK 10

Sep 14

Sep 15

Sep 16

Sep 17

Pyjama Fundraiser

Sep 18

9.10am GHC Assembly -
3 / 4 Red
THE BIG PICNIC
2.15pm Term Ends

TERM 4

WEEK 1

Oct 5

Term 4 begins 9:00am

Swimming Lessons
Years F, 1, 2 & 3

Oct 6

Swimming Lessons
Years F, 1, 2 & 3

Oct 7

Swimming Lessons
Years F, 1, 2 & 3

Oct 8

Swimming Lessons
Years F, 1, 2 & 3

Oct 9

Swimming Lessons
Years F, 1, 2 & 3
District Summer Sports

Term 4

Week 1: Monday 5th October - Swimming Lessons Years F, 1, 2, 3

Week 4 & 5: Friday 30th October, Monday 2nd November & Tuesday 3rd November (Melbourne Cup Day) - Pupil Free Days

Medical Information Update



Parents and carers are required to update your child's medical information via PAM every year their child attends our school. The information you include on these forms will allow us to maintain our records and put in place any plans to assist in managing their medical conditions.

Information about students' medical conditions are recorded to ensure we are able offer the relevant care while they are at school. It is important to inform the school of any changes to your child's medical information and or needs as soon as possible so we can maintain accurate and up-to-date records.

Parents or carers of students diagnosed with Asthma, Allergy, Anaphylaxis, Diabetes and Epilepsy must also provide a personalised condition specific action plan completed and signed by their doctor. **Action plans must be updated each year.**

Asthma Plans Reviews

If you are aware your child's plan is over 12 months old please make an appointment to have the plan reviewed. Please supply the school with an updated plan and update your medical profile on PAM.

The school will be contacting parents in the coming weeks regarding out of date plans and out of date ventolin.

Our school **Health Care Needs Policy** states:

3.2 Student Health Support Plan Review

Student Health Support Plans will be reviewed:

- when updated information is received from the student's medical/health care practitioner
- when the school, student or parents, guardians and/or carers have concerns with the support being provided to the student
- if there are changes to the support being provided to the student, or
- on an annual basis. The advice received from the medical/health care practitioner is reviewed annually unless it is agreed that the annual review of the plan is not required. In this case, the principal (or their delegate) may request updated medical information.



Tues 1st Sept:	St. Brendan's	Lakes Entrance	9.30 am
Wed 2nd Sept:	St. Colman's	Orbost	9.30 am
Thurs 3rd Sept:	Nursing Home Calvary.	Lakes Entrance	No Mass
Fri 4th Sept:	St. Brendan's Nursing Home Opal	Lakes Entrance Lakes Entrance	9.30 am 11.00 am
Sat 5th Sept:	Rosary St Brendan's St. Brendan's St. Joseph's	Lakes Ent Lakes Entrance Swan Reach	8.45 am 9.30 am 5.00 pm
Sun 6th Sept:	St. Brendan's St. Colman's	Lakes Entrance Orbost	9.00 am 11.00 am

EXPOSITION AND BENEDICTION: After Friday 9.30 am Mass.

ST BRENDAN'S CHURCH, LAKES ENTRANCE will be open for:
PRIVATE PRAYER from 9am - 4pm Daily

EXPOSITION AND BENEDICTION: St Brendan's: After 9.30 am Mass on Fridays

RECONCILIATION: Before Mass at Lakes Entrance, Swan Reach & Orbost or by arrangement.

ST. BRENDAN'S - ROSARY: 1st Saturday of the month 8.45am before Mass.
Next Rosary Morning **5th September 2026**

VISITATIONS: Please contact the Parish Office to request a home visit or to raise any other concerns in confidence. phone: **0403 572 474** or email stbrendan@bigpond.com

MORNING TEA Morning tea **Sunday 6th September 2026**, after Mass in hobby room.

**PARISHES IN PARTNERSHIP
WEEKLY MASSES & LITURGY TIMES**

EASTERN DISTRICT ATHLETICS

On the 20th of August around 30 students participated in District Sports through a range of activities including sprints and track and field events.

St.Brendans did very well in their events while showing incredible sportsmanship. The day started off with a bus ride to Howitt Park, then the events began. From high jump to relay you could see everyone smiling.

Everyone had an awesome time seeing each other race and jump, and cheering on our peers. A BIG thank you goes to all the teachers for organizing the big day and helping us train. Your effort does NOT go unnoticed. Everyone did a great job and worked super hard. Well done to everyone who made it through to Division we hope to see you there.

Written by Georgia McGuinness and Isla Strong





Book Week 2026

By Willow, Bella & Summer



On Monday, August 24th, we celebrated Book Week. This year's theme was "Symphony of Stories." The day was filled with amazing costumes and lots of excitement! At the start of the day, we all went to the hall for the Book Week parade. Students from every grade walked a lap around the hall, proudly showing off their costumes. We saw characters from classic books like, *The Lorax*. Not to mention the teachers' costumes, some even showing off their good looks. We had a wonderful audience of teachers, students and our parents. Here are some of the best costumes: Foundation - Isla Lenard, Year 1/2 - Harriet Kenny, Year 3 - Phoebe Strong, Year 4 - Kade Watson, Year 5 Maddie Silver, and Year 6, Ivy O'Donnell. We have so many fun activities to look forward to this week, such as storytime in the library. A big thank you to all the teachers and staff for making this happen!











Book Week 2026



Issue 6 Open Now!

\$5 Earn a
DISCOUNT
CODE
Included with order confirmation



SCHOLASTIC **Book Club**

Providing Value to Families

Book Club

ORDERS ARE DUE
Wed
2nd
Sept

SCHOLASTIC **Book Club**

Social Justice Team

WINTER WARMER SOUP KITCHEN

This term, St Brendan's is holding a Winter Appeal to support the people at the Jemmeson Street Drop-In Centre.

As part of this appeal, our Year 6 students, teachers, volunteers, and members of our parish community will be working together to make warm, healthy soup for people in our community who need a nourishing meal during the winter months.

We are also asking families to donate food items to help us make the soup. Every contribution, big or small, will make a real difference.

Thank you in advance for your generosity and support. Together, we can help make a positive difference in the lives of others this winter.



SUGGESTED ITEMS TO DONATE:

- onions
- carrots
- potatoes
- pumpkin
- garlic
- celery
- cauliflower
- tin tomatoes
- tin black beans
- tin kidney beans
- tin corn
- tin lentils
- tin veg
- stock- vegetable, beef, chicken
- stock cubes- vegetable, beef, chicken
- dry soup packet mix
- dry barley, lentils
- pasta
- rice

Any contribution no matter how small is greatly appreciated.

Please bring to school office.

WELCOME TO

THE RESILIENCE PROJECT.

Families

Why wellbeing?



1 in 4 primary students experience high levels of depression or anxiety.¹



1 in 3 secondary students experience high levels of depression or anxiety.¹



2 in 5 adults experience a mental disorder in their lifetime.²

¹ State of the Nation Report 2024

² Australian Bureau of Statistics: National Study of Mental Health and Wellbeing, 2020-2022.

School wellbeing program

With staggering statistics among children, young people and adults in Australia, The Resilience Project is working to **drive change through a preventative approach by building a culture of wellbeing in schools.**

Based on the evidence-based principles of **Gratitude, Empathy, Mindfulness (GEM)** and **Emotional Literacy**, our program equips students with lifelong wellbeing habits and empowers families to support wellbeing at home.

The whole-school wellbeing program involves explicit teaching through our **evidence-based curriculum** alongside wellbeing habits being integrated in school routines.

Supporting wellbeing at home

We know that when schools, families and communities **speak the same language around mental health, our young people thrive.** Throughout the year, you'll receive resources to help you develop wellbeing and resilience at home.

Proven impact

Through multiple independent evaluations, students participating in our School Wellbeing Program have shown **measurable improvements** compared to students at schools that aren't involved.

Scan the QR code or [click here](#) to learn more.



the imperfects

The Imperfects podcast

On this **podcast**, founder of The Resilience Project **Hugh van Cuylenburg**, his good friend **Ryan Shelton**, and only one of their brothers, **Josh van Cuylenburg**, talk to a variety of interesting people who **vulnerably share their own struggles and imperfections, or expertly pass on their wisdom on the subject of imperfection.** Whether it's in The Vulnerability House, The Academy of Imperfection, or with their resident psychologist, Dr Emily, The Imperfects are here to find some valuable takeaways we can all apply to our own imperfect lives.

theresilienceproject.com.au

THE RESILIENCE PROJECT.

WINTER UNIFORM

This is an important requirement and must be worn by every child each day. Your support in this matter is paramount to its effectiveness. We pride ourselves on our uniform and need the support of all families in ensuring that this policy is strictly adhered to. Generally summer uniform is worn in Terms One and Four and winter uniform is worn in Terms Two and Three. There is changeover period for uniforms at the beginning of Term Two and Term Four.

UNIFORM ITEMS - AVAILABLE FROM NICK'S IN BAIRNSDALE MOST ITEMS ARE REGULATION, MEANING THAT THE SCHOOL HAS DETERMINED THE STYLE OR MANUFACTURE.



BOYS WINTER UNIFORM		GIRLS WINTER UNIFORM	
	Sky blue long/short sleeve shirt	Winter Tunic (Year F,1,2,3)	
	Grey trousers	Winter Skirt (Year 4/5/6)	
	Bomber Jacket (with emblem)	Blue long sleeve blouse	
	Polar Fleece /Jacket (with emblem)	Bomber Jacket (with emblem)	
	Grey socks - above ankle (no logos)	Polar Fleece Jacket (with emblem)	
	Black leather school shoes/boots	Navy tights/white school socks – above ankle (no logos)	
	Navy 'Midford' Pant	Black leather school shoes or buckle/lace-up/T-bar	

BOYS & GIRLS WINTER SPORTS UNIFORM

- Blue polo shirt with emblem (Short Sleeve)
- Navy track pants without logos
- Bomber Jacket / Polar Fleece Jacket (with emblem)
- White sports socks (above ankle) – below ankle footlet style not acceptable (no logos).
- Running shoes / sneakers (**not skate or fashion shoes**)



(BLACK SHORTS MAY BE WORN UNDER TRACKSUIT PANTS FOR SPORT AND OUTSIDE PLAY.)

UNIFORM REMINDER: STUDENTS ARE REQUIRED TO WEAR JUMPERS AND TRACKSUIT PANTS TO SCHOOL ON SPORTS UNIFORM DAYS. MANY STUDENTS ARE PRESENTING TO THE OFFICE IN THE MORNING, COLD, REQUESTING JUMPERS. PLEASE ENSURE YOUR CHILD BRINGS A JUMPER TO SCHOOL EACH DAY. THANK YOU.

HAIR - HAIR LONGER THAN COLLAR LENGTH, MUST BE TIED BACK COMPLETELY. THIS IS TO HELP RESTRICT THE SPREAD OF NITS AND LICE AND FOR STUDENT SAFETY. HEADBAND, HAIR TIES, RIBBONS, SCRUNCHIES AND CLIPS MUST BE BLUE, BLACK OR BROWN.

JEWELLERY - IS RESTRICTED TO THE FOLLOWING - A WRIST WATCH, NO MORE THAN ONE SMALL MATCHING PAIR OF STUDS OR SLEEPERS IN THE EAR LOBE - GOLD, SILVER OR GEMSTONE, A RELIGIOUS MEDALLION ON A CHAIN TO BE WORN UNDER CLOTHING. FASHION JEWELLERY, MAKE-UP AND NAIL POLISH ARE NOT PERMITTED.

Uniform Reminders



Jewellery is restricted to the following - a wrist watch, no more than one small plain matching pair of studs or sleepers in the ear lobe - gold, silver or gemstone, a religious medallion on a chain to be worn under clothing. Fashion jewellery, make-up and nail polish are not permitted.

Hair is to be kept neat and tidy at all times. Hair longer than collar length, must be tied back completely. This is to help restrict the spread of nits and lice and for student safety. Headband, hair ties, ribbons, scrunchies and clips must be blue, black or brown.

It is not appropriate for children to come to school with dyed or inappropriate hair styles as deemed by the Principal.



Lunch orders are available on a Friday and are supplied by **Mama Vu's Kitchen.**

- All orders will need to be in by **Thursday morning – before 12pm** for lunch on Friday

- **NO LATE ORDERS** will be accepted.

- Please make sure that all orders are on a brown paper lunch order bag with the correct money

- Siblings will require one bag each

- Name and class needs to be clearly stated on the bag

Please take note of prices.



ST BRENDAN'S STUDENT LUNCH ORDER			
SUSHI ROLLS		HOT FOOD	
Salmon & Avo	\$4	Fried Rice	\$7
Avocado	\$4	Fried Pork Gyozs (6pc)	\$7
Cucumber	\$4	Spring Rolls (4pc)	\$7
Tempura Vege	\$4	Chicken Hokkein Noodle	\$10
Teriyaki Chicken	\$4	Honey Chicken + Fried Rice	\$10
Chicken Katsu	\$4	Teriyaki Chicken + Fried Rice	\$10
Panko Prawn	\$4	Chicken Oyster Stir fry + Fried rice	\$10
Tuna & Avo	\$4	Grilled Pork Vermicelli Bowl	\$10
DRINKS		Grilled marinated pork served over vermicelli noodles with fresh herbs, pickled veg, peanuts, and a light Vietnamese nuoc cham dressing.	
Lightly Sparkling	\$3		
Mineral Water			
Lime, Raspberry, Watermelon, Mango,			

LUNCH ORDERS

ARE AVAILABLE

ON A

FRIDAY

ORDER MUST
BE IN
THURSDAY



Menu Location: PAM - Knowledge Banks: School Notes/Information & St Brendan's Website



HEAD LICE ALERT

PLEASE CHECK YOUR CHILD'S HAIR TONIGHT!!

TO CHECK

Check the scalp for insects or eggs.

Use a fine-tooth comb on wet hair then comb through the hair in sections looking for eggs or lice, repeat over a few days.

TO TREAT

Wet the hair and scalp with conditioner or use chemical shampoo/ lotion (containing insecticide) – this will kill the lice and eggs. Using a fine metal comb, or special head lice comb you can get from a chemist, go through the hair in sections to comb the lice and eggs out.

Always re-treat 7–10 days after the first treatment, to kill any head lice that may have hatched from eggs that survived the first treatment.

TIPS

- ✓ Check and treat the hair every night
- ✓ Please tie up long hair for school
- ✓ If your child has head lice please check everyone in the family home
- ✓ Do not share hairbrushes, towels, hats/ scarves etc.



A FREE WEBINAR

Understanding Anxiety and Depression to Foster Resilience

PART 3

Supporting Primary & Secondary students

This webinar is **Part III** of a series.

In this session, topics include:

- Building Resilience Foundations
- Everyday Habits for Wellbeing
- Strength-Based Resilience for Neurodivergent Children



Online, Wednesday
2 September, 2026
7.30 pm



Dr Emma Woodward

Emma is recognised for her work as a child psychologist and TEDx speaker, keynote presenter, trainer and facilitator. She is also a regular SchoolTV presenter.



Dr Joe Stammeijer

A specialist in forensic psychiatry and a lecturer in medical education focusing on innovative practice and professional leadership. Joe is also a contributor to SchoolTV.

Don't miss out.
FREE event.
Scan to register.



SIMON Everywhere App



After you've setup your PAM account from your email:

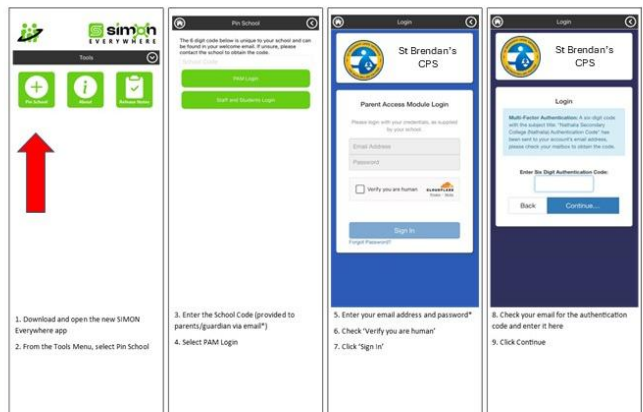
1. On a smart device, download the 'SIMON Everywhere' app
2. Open app and select 'Tools', 'Pin School' and enter the School Code
3. Select 'PAM Login'
4. Enter your username (full email address) and password
5. Tick 'Verify You Are Human' and Sign In
6. Check your assigned email for Multi-Factor Authentication Code, Enter code and press Continue
7. Click Home to view your PAM account.

Click on a student's name to view their individual profile

The school code was emailed to all users. It can also be found when logged into PAM and can be found when you click on your user icon. Please contact the office if you require assistance.



*This is not the school code.





LAKEs ENTRANCE PRIMARY SCHOOL COUNCIL OSHC

Before & After School Care

PROGRAM

Our OSHC is the ideal setting for students to explore new interests or establish lasting friendships, while also having a great time together!

- Homework Assistance
- Creative Art & Crafts
- Exciting Group Activities
- Snacks & Refreshments Provided



**5-12
YEARS
OLD**

LEARN MORE:



(03) 5155 1812 EXT 2



oshc.lakes.entrance.ps@education.vic.gov.au

2026 CHILDREN'S BOOK WEEK

**Symphony of
Stories**

22-28 August 2026



Book Week 2026 Costume Parade



Join us for our Book Week Costume Parade and enjoy a guided library tour, a character scavenger hunt, and a fun craft activity.

We'll also be announcing the winners of the Drawing and Writing Competition.

Bookings Required.

Saturday

29
August

10am - 11:30am

**Dress up as a
character from your
favorite book!**



Bairnsdale Library, 22 Service Street
For more information and to make a booking, visit
your local library or phone 5152 4225.



LAKEs ENTRANCE CRICKET CLUB JOIN THE FUN!



**BE PART OF
SOMETHING
GREAT!**



At Lakes Entrance Cricket Club,
it's more than just cricket.
It's mates. It's family.
It's making memories that
last at Lakes Entrance.

ALL JUNIORS WELCOME!



MAKE MATES
Build friendships
and be part of
an awesome
team.



LEARN & PLAY
Develop skills,
have fun and
grow your love
for cricket.



FAMILY CLUB
A proud community
club where
everyone belongs
on and off the field.



GREAT VIBES
Positive, inclusive
club where
everyone belongs
on and off the field.



FAMILY FUN
BBQs, events
and good times
for players
and families.



JOIN THE SEAGULLS!
Registrations open now
ALL JUNIORS WELCOME!

**MATES AT LAKES.
LAKEs ENTRANCE.**
COME PLAY WITH YOUR MATES!

**LAKEs ENTRANCE CRICKET CLUB
SEAGULLS**

JUNIORS TRAINING BEGINS

16TH SEPTEMBER
4PM
AT OUR HOME GROUND

**ALL SKILL LEVELS, ALL WELCOME,
BOYS AND GIRLS!**

Mates at Lakes



CROSS COUNTRY COLOUR RUN

Lakes Entrance Little Athletics Club

is celebrating the end of our first season with a colour run.

When : Saturday 29th August @ 9:30am

Where : Lakes Entrance Secondary College
Oval (Whithers St Entrance)

Open Event : Club Members FREE

Non-Club Members: \$10.00 per entry

Open to all ages.

Payment: Pay online before arrival



Use QR Code to purchase entry or visit
<https://www.trybooking.com/DOZZR>

Special Guest : Chris Dixon is an elite Australian ultra-endurance runner from Stratford. He competed at the 24 Hour Oceania and Asia Championships in Hirosaki, Japan where he covered an astonishing 233 kilometres in 24 hours to help secure a team bronze medal for Australia.

Rhymetime

at your local library

Bairnsdale Library
Wednesday 10.30am

Lakes Entrance
Service Centre
Wednesday 11.00am

Orbost
Service Centre
Thursday 10.00am

Paynesville
Service Centre
Monday 10.30am

Mallacoota
Service Centre
Tuesday 10.00am



EAST GIPPSLAND
SHIRE LIBRARIES

Storytime

at your local library

Bairnsdale Library
Tuesday 11.00am

Lakes Entrance
Service Centre
Tuesday 11.00am

Orbost Service Centre
Tuesday 10.30am

Paynesville Service Centre
Tuesday 11.00am

Mallacoota
Service Centre
Thursday 2.30pm



EAST GIPPSLAND
SHIRE LIBRARIES