

12 August, 2026

NEWSLETTER 24

ST BRENDAN'S CATHOLIC PRIMARY SCHOOL



We gather on Gunaikurnai Country. We pay our respects to their Elders; past, present and emerging. We also acknowledge the ongoing living culture and connection to Country of all First Peoples.



PUPIL FREE DAYS

THURSDAY, 13TH & FRIDAY, 14TH AUGUST

SCHOOL RESUMES MONDAY, 17TH AUGUST @ 9.00AM

BOOK WEEK DRESS UP DAY AND PARADE



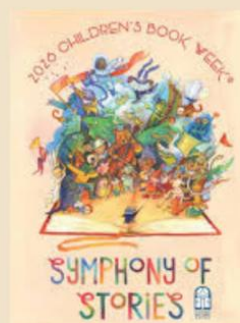
WHEN: MONDAY, 24TH AUGUST

TIME: 9.10AM

WHERE: MARY MACKILLOP HALL



EVERY YEAR WE HOLD A BOOK WEEK CHARACTER PARADE TO CELEBRATE CHILDREN'S BOOK WEEK. STUDENTS DRESS UP AS BOOK CHARACTER FOR THE DAY. COSTUMES DON'T NEED TO BE ELABORATE AND YOU ARE NOT EXPECTED TO GO AND PURCHASE NEW OUTFITS - IN THE PAST YEARS, SIMPLE COSTUMES HAVE OFTEN BEEN THE STAND OUT. PLEASE CONSIDER SAFETY AND COMFORT IN CREATING OUTFITS. APPROPRIATE FOOTWEAR IS A MUST.



www.lakesent.catholic.edu.au



principal@lakesent.catholic.edu.au



03 5155 2712



40 Golf Links Road,
Lakes Entrance, VIC, 3909

Internet Banking : BSB 083 879 A/C 695096861 Account Name : St Brendan's School

Term 3

	MON	TUE	WED	THU	FRI
WEEK 5	Aug 10	Aug 11	Aug 12	Aug 13 Pupil Free Days	Aug 14 Pupil Free Days
WEEK 6	Aug 17 Bullying No Way Week	Aug 18	Aug 19	Aug 20 Eastern District Athletics	Aug 21 9.10am Year 1 / 2 Class Mass Foundation Excursion
WEEK 7	Aug 24 Book Week Parade	Aug 25 9.10am Foundation Class Prayer	Aug 26	Aug 27	Aug 28 9.10am Year 5 Class Mass 2.30pm Assembly - 3 / 4 Green & 3 / 4 Blue
WEEK 8	Aug 31 9.10am Year 3 / 4 Class Prayer	Sep 1 Father's Day Stall	Sep 2 Father's Day Stall	Sep 3	Sep 4 Father's Day Breakfast Science Afternoon
					Sep 6 Father's Day

TERM 3 Week 9: Monday 7th September - Division Athletics
Week 10: Friday 18th September - End of Term 2.15pm

Medical Information Update



Parents and carers are required to update your child's medical information via PAM every year their child attends our school. The information you include on these forms will allow us to maintain our records and put in place any plans to assist in managing their medical conditions.

Information about students' medical conditions are recorded to ensure we are able offer the relevant care while they are at school. It is important to inform the school of any changes to your child's medical information and or needs as soon as possible so we can maintain accurate and up-to-date records.

Parents or cares of students diagnosed with Asthma, Allergy, Anaphylaxis, Diabetes and Epilepsy must also provide a personalised condition specific action plan completed and signed by their doctor. **Action plans must be updated each year.**

Asthma Plans Reviews

If you are aware your child's plan is over 12 months old please make an appointment to have the plan reviewed. Please supply the school with an updated plan and update your medical profile on PAM.

The school will be contacting parents in the coming weeks regarding out of date plans and out of date ventolin.

Our school **Health Care Needs Policy** states:

3.2 Student Health Support Plan Review

Student Health Support Plans will be reviewed:

- when updated information is received from the student's medical/health care practitioner
- when the school, student or parents, guardians and/or carers have concerns with the support being provided to the student
- if there are changes to the support being provided to the student, or
- on an annual basis. The advice received from the medical/health care practitioner is reviewed annually unless it is agreed that the annual review of the plan is not required. In this case, the principal (or their delegate) may request updated medical information.

Social Justice Team



WINTER WARMER SOUP KITCHEN

This term, St Brendan's is holding a Winter Appeal to support the people at the Jemmeson Street Drop-In Centre.

As part of this appeal, our Year 6 students, teachers, volunteers, and members of our parish community will be working together to make warm, healthy soup for people in our community who need a nourishing meal during the winter months.

We are also asking families to donate food items to help us make the soup. Every contribution, big or small, will make a real difference.

Thank you in advance for your generosity and support. Together, we can help make a positive difference in the lives of others this winter.



SUGGESTED ITEMS TO DONATE:

- onions
- carrots
- potatoes
- pumpkin
- garlic
- celery
- cauliflower
- tin tomatoes
- tin black beans
- tin kidney beans
- tin corn
- tin lentils
- tin veg
- stock- vegetable, beef, chicken
- stock cubes- vegetable, beef, chicken
- dry soup packet mix
- dry barley, lentils
- pasta
- rice

Any contribution no matter how small is greatly appreciated.

Please bring to school office.



Congratulations to Georgia McGuinness and Ivy O'Donnell for participating in the Sacrament of Confirmation on Saturday. This is the final Sacrament of initiation where they renew the Baptismal promises made by their parents at their Baptism and receive the gifts of the Holy Spirit. Georgia and Ivy travelled to Bairnsdale on Saturday night to enjoy a combined Mass with St Mary's and St Brendan's parishes.



Bullying No Way Week 17-21 August 2026

**BULLYING
NO WAY**

**Small Acts
BIG IMPACT**



Bullying No Way Week of Action

This year, St Brendan's CPS will be participating in the Bullying No Way: National week of action, 17 to 21 August 2026.

Bullying No Way Week is a commitment being made by thousands of schools and supporters across the country. It provides an opportunity to demonstrate our commitment to bullying prevention. It gives us an opportunity to connect with students, staff and school communities to implement workable solutions to prevent bullying.

The theme for this year's campaign is Small Acts, Big Impact.

It takes a community to address bullying behaviours, within and beyond the school gate.

Students can make a big impact through small acts of kindness and support for others being bullied. Trusted adults are there to guide children and young people as they learn how small, thoughtful actions can create a positive difference and encourage reporting of bullying.

This Bullying No Way Week, we're encouraging you to embrace the theme Small Acts, Big Impact. Show kindness, support others and take meaningful steps to stand up against bullying.

For more information about Bullying No Way Week and bullying prevention, visit the Bullying No Way website.



Australian Maths Competition

The Australian Maths Competition (AMC) is a competition for grades 3-6 and is run Australia wide. It gives all students a chance to showcase their math skills at a National level. There were about 30 students competing from St Brendan's and everyone who participated had a great time and gave all of their effort. This competition took place nationwide from the 4th of August to the 8th of August and is run by the Australian Maths Trust, it features 30 different questions to test a range of student knowledge. The AMC has been run for 48 years and was first held nationally in 1978, since then it has grown globally to 30 different countries worldwide.

We would like to give a big thank you to Ms Mills for running this whole event.

Written by Isla Strong, Lincoln Evans and Charlie Smythe

DOWNBALL **COMPETITION**

During weeks 3 and 4, Maddox, Isla, Evie and Lincoln hosted the annual downball competition. This competition includes any interested students from foundation through to year 6. We started off with the foundation and continued upwards during recess and lunchtimes. Students from each year level showed incredible sportsmanship and perseverance. It was fun watching everyone do their best.

Here are the winners of the down ball competition

Foundation: **Spencer Ryland**

Year 1: **Zach Rebeiro**

Year 2: **Cruise Smith**

Year 3: **Oscar Kenny**

Year 4: **Kade Watson**

Year 5: **Billie Piper**

Year 6: **Luca Mazzitelli**

Hopefully everyone enjoyed the competition and had a great time. Well done to everyone who participated and great job to all of the winners.

By Isla, Lincoln and Evie



WINTER UNIFORM

This is an important requirement and must be worn by every child each day. Your support in this matter is paramount to its effectiveness. We pride ourselves on our uniform and need the support of all families in ensuring that this policy is strictly adhered to. Generally summer uniform is worn in Terms One and Four and winter uniform is worn in Terms Two and Three. There is changeover period for uniforms at the beginning of Term Two and Term Four.

UNIFORM ITEMS - AVAILABLE FROM NICK'S IN BAIRNSDALE MOST ITEMS ARE REGULATION, MEANING THAT THE SCHOOL HAS DETERMINED THE STYLE OR MANUFACTURE.



BOYS WINTER UNIFORM		GIRLS WINTER UNIFORM	
	Sky blue long/short sleeve shirt	Winter Tunic (Year F,1,2,3)	
	Grey trousers	Winter Skirt (Year 4/5/6)	
	Bomber Jacket (with emblem)	Blue long sleeve blouse	
	Polar Fleece /Jacket (with emblem)	Bomber Jacket (with emblem)	
	Grey socks - above ankle (no logos)	Polar Fleece Jacket (with emblem)	
	Black leather school shoes/boots	Navy tights/white school socks – above ankle (no logos)	
	Navy 'Midford' Pant	Black leather school shoes or buckle/lace-up/T-bar	

BOYS & GIRLS WINTER SPORTS UNIFORM

- Blue polo shirt with emblem (Short Sleeve)
- Navy track pants without logos
- Bomber Jacket / Polar Fleece Jacket (with emblem)
- White sports socks (above ankle) – below ankle footlet style not acceptable (no logos).
- Running shoes / sneakers (**not skate or fashion shoes**)



(BLACK SHORTS MAY BE WORN UNDER TRACKSUIT PANTS FOR SPORT AND OUTSIDE PLAY.)

UNIFORM REMINDER: STUDENTS ARE REQUIRED TO WEAR JUMPERS AND TRACKSUIT PANTS TO SCHOOL ON SPORTS UNIFORM DAYS. MANY STUDENTS ARE PRESENTING TO THE OFFICE IN THE MORNING, COLD, REQUESTING JUMPERS. PLEASE ENSURE YOUR CHILD BRINGS A JUMPER TO SCHOOL EACH DAY. THANK YOU.

HAIR - HAIR LONGER THAN COLLAR LENGTH, MUST BE TIED BACK COMPLETELY. THIS IS TO HELP RESTRICT THE SPREAD OF NITS AND LICE AND FOR STUDENT SAFETY. HEADBAND, HAIR TIES, RIBBONS, SCRUNCHIES AND CLIPS MUST BE BLUE, BLACK OR BROWN.

JEWELLERY - IS RESTRICTED TO THE FOLLOWING - A WRIST WATCH, NO MORE THAN ONE SMALL MATCHING PAIR OF STUDS OR SLEEPERS IN THE EAR LOBE - GOLD, SILVER OR GEMSTONE, A RELIGIOUS MEDALLION ON A CHAIN TO BE WORN UNDER CLOTHING. FASHION JEWELLERY, MAKE-UP AND NAIL POLISH ARE NOT PERMITTED.

Uniform Reminders



Jewellery is restricted to the following – a wrist watch, no more than one small plain matching pair of studs or sleepers in the ear lobe – gold, silver or gemstone, a religious medallion on a chain to be worn under clothing. Fashion jewellery, make-up and nail polish are not permitted.

Hair is to be kept neat and tidy at all times. Hair longer than collar length, must be tied back completely. This is to help restrict the spread of nits and lice and for student safety. Headband, hair ties, ribbons, scrunchies and clips must be blue, black or brown.

It is not appropriate for children to come to school with dyed or inappropriate hair styles as deemed by the Principal.



Lunch orders are available on a Friday and are supplied by **Mama Vu's Kitchen.**

- All orders will need to be in by **Thursday morning – before 12pm** for lunch on Friday

- **NO LATE ORDERS** will be accepted.

- Please make sure that all orders are on a brown paper lunch order bag with the correct money

- Siblings will require one bag each

- Name and class needs to be clearly stated on the bag

Please take note of prices.



ST BRENDAN'S STUDENT LUNCH ORDER			
SUSHI ROLLS		HOT FOOD	
Salmon & Avo	\$4	Fried Rice	\$7
Avocado	\$4	Fried Pork Gyoza (6pc)	\$7
Cucumber	\$4	Spring Rolls (4pc)	\$7
Tempura Vege	\$4	Chicken Hokkein Noodle	\$10
Teriyaki Chicken	\$4	Honey Chicken + Fried Rice	\$10
Chicken Katsu	\$4	Teriyaki Chicken + Fried Rice	\$10
Panko Prawn	\$4	Chicken Oyster Stir fry + Fried rice	\$10
Tuna & Avo	\$4	Grilled Pork Vermicelli Bowl	\$10
DRINKS		Grilled marinated pork served over vermicelli noodles with fresh herbs, pickled veg, peanuts, and a light Vietnamese nuoc cham dressing.	
Lightly Sparkling Mineral Water	\$3		
Lime, Raspberry, Watermelon, Mango,			

LUNCH ORDERS ARE AVAILABLE ON A FRIDAY

ORDER MUST BE IN THURSDAY



Menu Location: PAM - Knowledge Banks: School Notes/Information & St Brendan's Website



HEAD LICE ALERT

PLEASE CHECK YOUR CHILD'S HAIR TONIGHT!!

TO CHECK

Check the scalp for insects or eggs.

Use a fine-tooth comb on wet hair then comb through the hair in sections looking for eggs or lice, repeat over a few days.

TO TREAT

Wet the hair and scalp with conditioner or use chemical shampoo/ lotion (containing insecticide) – this will kill the lice and eggs. Using a fine metal comb, or special head lice comb you can get from a chemist, go through the hair in sections to comb the lice and eggs out.

Always re-treat 7-10 days after the first treatment, to kill any head lice that may have hatched from eggs that survived the first treatment.

TIPS

- ✓ Check and treat the hair every night
- ✓ Please tie up long hair for school
- ✓ If your child has head lice please check everyone in the family home
- ✓ Do not share hairbrushes, towels, hats/ scarves etc.



WELCOME TO

THE RESILIENCE PROJECT.

Families

Why wellbeing?



1 in 4 primary students experience high levels of depression or anxiety.¹



1 in 3 secondary students experience high levels of depression or anxiety.¹



2 in 5 adults experience a mental disorder in their lifetime.²

¹State of the Nation Report 2024

²Australian Bureau of Statistics: National Study of Mental Health and Wellbeing, 2020-2022.

School wellbeing program

With staggering statistics among children, young people and adults in Australia, The Resilience Project is working to **drive change through a preventative approach by building a culture of wellbeing in schools.**

Based on the evidence-based principles of **Gratitude, Empathy, Mindfulness (GEM) and Emotional Literacy**, our program equips students with lifelong wellbeing habits and empowers families to support wellbeing at home.

The whole-school wellbeing program involves explicit teaching through our **evidence-based curriculum** alongside wellbeing habits being integrated in school routines.

Supporting wellbeing at home

We know that when schools, families and communities **speak the same language** around mental health, our young people thrive. Throughout the year, you'll receive resources to help you develop wellbeing and resilience at home.

Proven impact

Through multiple independent evaluations, students participating in our School Wellbeing Program have shown **measurable improvements** compared to students at schools that aren't involved.

Scan the QR code or [click here](#) to learn more.



the imperfects

The Imperfects podcast

On this podcast, founder of The Resilience Project **Hugh van Cuylenburg**, his good friend **Ryan Shelton**, and only one of their brothers, **Josh van Cuylenburg**, talk to a variety of interesting people who **vulnerably share their own struggles and imperfections**, or **expertly pass on their wisdom on the subject of imperfection**. Whether it's in The Vulnerability House, The Academy of Imperfection, or with their resident psychologist, Dr Emily, The Imperfects are here to find some valuable takeaways we can all apply to our own imperfect lives.

SIMON Everywhere App

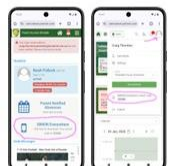


Available on the App Store

GET IT ON Google Play

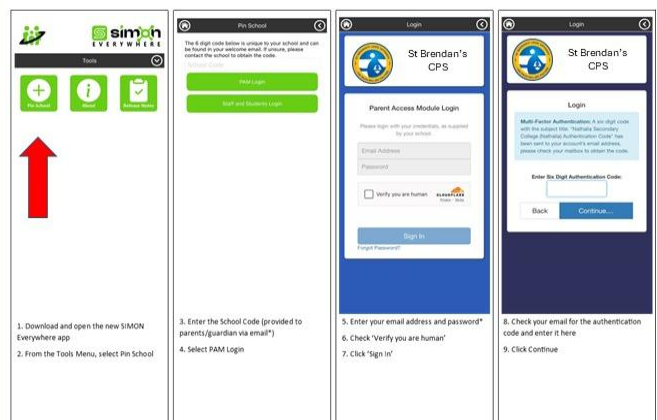
After you've setup your PAM account from your email:

1. On a smart device, download the 'SIMON Everywhere' app
 2. Open app and select 'Tools', 'Pin School' and enter the School Code
 3. Select 'PAM Login'
 4. Enter your username (full email address) and password
 5. Tick 'Verify You Are Human' and Sign In
 6. Check your assigned email for Multi-Factor Authentication Code, Enter code and press Continue
 7. Click Home to view your PAM account.
- Click on a student's name to view their individual profile



*This is not the school code.

The school code was emailed to all users. It can also be found when logged into PAM and can be found when you click on your user icon. Please contact the office if you require assistance.





LAKE ENTRANCE PRIMARY SCHOOL COUNCIL OSHC

Before & After School Care

PROGRAM

Our OSHC is the ideal setting for students to explore new interests or establish lasting friendships, while also having a great time together!

- Homework Assistance
- Creative Art & Crafts
- Exciting Group Activities
- Snacks & Refreshments Provided



**5-12
YEARS
OLD**

LEARN MORE:

(03) 5155 1812 EXT 2

oshc.lakes.entrance.ps@education.vic.gov.au



2026 CHILDREN'S BOOK WEEK

**Symphony of
Stories**

22-28 August 2026



Book Week 2026 Costume Parade



Join us for our Book Week Costume Parade and enjoy a guided library tour, a character scavenger hunt, and a fun craft activity.

We'll also be announcing the winners of the Drawing and Writing Competition.

Bookings Required.

Saturday

**29
August**

10am - 11:30am

**Dress up as a
character from your
favorite book!**



Bairnsdale Library, 22 Service Street
For more information and to make a booking, visit
your local library or phone 5152 4225.



LAKE ENTRANCE CRICKET CLUB JOIN THE FUN!



**BE PART OF
SOMETHING
GREAT!**



At Lakes Entrance Cricket Club,
it's **more** than just cricket.
It's **mates**. It's **family**.
It's making memories that
last at Lakes Entrance.

ALL JUNIORS WELCOME!



MAKE MATES
Build friendships
and be part of
an awesome
team.



LEARN & PLAY
Develop skills,
have fun and
grow your love
for cricket.



FAMILY CLUB
A proud community
club where
everyone belongs
on and off the field.



GREAT VIBES
Positive, inclusive
and supportive
environment
for all kids.



FAMILY FUN
BBQs, events
and good times
for players
and families.



JOIN THE SEAGULLS!
Registrations open now
ALL JUNIORS WELCOME!

**MATES AT LAKES.
LAKE ENTRANCE.**
COME PLAY WITH YOUR MATES!

Lakes Entrance Cricket Club | lakescc@outlook.com | 0407 704 383



KIDS IN FISHING 2026

DATE - 22ND AUGUST 2026

TIME - 1PM-3PM

VENUE - LAKE ENTRANCE BASKETBALL HALL

TO DO -

- HOW TO TIE HOOKS & SINKERS
- LURE RIGGING
- BAIT PRESENTATION
- INFORMATION BOOTHS
- CASTING PRACTICE
- & LOTS MORE

NO NEED TO BOOK JUST COME ALONG!

FREE KIDS GIFT BAGS ARE LIMITED

**CHILDREN UNDER 18 ARE REQUIRED
TO BE ACCOMPANIED BY AN ADULT**



Your Best Gets Better
Kids
 WWW.EGTKD.COM.AU

EAST GIPPSLAND TAEKWONDO

Fitness Self Defence Fun

First session FREE

Ages 6+ welcome!

Tues & Thurs

5:30PM - 7:00PM

St Brendan's
Primary School Hall

 egtkd.com.au

 egtkd@gmail.com



CROSS COUNTRY SEASON

Join us for the 2026 Cross Country Season
 2 FREE Trails are available.

 **SATURDAY'S**
 2ND MAY - 29TH AUGUST

 **LAKES ENTRANCE
SECONDARY COLLEGE**

 **Start at
9:30AM**

*VENUE MAY CHANGE ON CERTAIN DATES

U6 - 500m
U7 & U8 - 1km
U9 & U10 - 1.5km
U11 & U12 - 2km
U13 & UP - 3km

Rhymetime

at your local library

Bairnsdale Library
 Wednesday 10.30am

Lakes Entrance
 Service Centre
 Wednesday 11.00am

Orbost
 Service Centre
 Thursday 10.00am

Paynesville
 Service Centre
 Monday 10.30am

Mallacoota
 Service Centre
 Tuesday 10.00am



EAST GIPPSLAND
 SHIRE LIBRARIES

Storytime

at your local library

Bairnsdale Library
 Tuesday 11.00am

Lakes Entrance
 Service Centre
 Tuesday 11.00am

Orbost Service Centre
 Tuesday 10.30am

Paynesville Service Centre
 Tuesday 11.00am

Mallacoota
 Service Centre
 Thursday 2.30pm



EAST GIPPSLAND
 SHIRE LIBRARIES