

NEWSLETTER 22

ST BRENDAN'S CATHOLIC PRIMARY SCHOOL



We gather on Gunaikurnai Country. We pay our respects to their Elders; past, present and emerging. We also acknowledge the ongoing living culture and connection to Country of all First Peoples.



NEXT WEEK

Book Fair

Scholastic Book Fair
Last days, Mon & Tues
before school 8.40 - 9am and after school 3.00 - 3.30pm



Whole School Prayer

Friday, 7th August
Whole School Prayer:
Mary MacKillop at 9.10am in the Church



Confirmation Mass

Saturday, 8th August
Good Luck to Georgia and Ivy celebrating their Confirmation in Bairnsdale at 6pm.



St. Mary MacKillop Whole School Prayer

Come and join us in celebrating Mary MacKillop Feast day.

Date: Friday 7th August
Time: 9:10

Where: St Brendan's Church
All Welcome



PUPIL FREE DAYS

THURSDAY, 13TH & FRIDAY, 14TH AUGUST



www.lakesent.catholic.edu.au



principal@lakesent.catholic.edu.au



03 5155 2712



40 Golf Links Road,
Lakes Entrance, VIC, 3909

Internet Banking : BSB 083 879 A/C 695096861 Account Name : St Brendan's School

Dear Families and Friends,

You would have all been proud of our girls' soccer team on Wednesday when they played in the Regional Finals. They won one of their three games and played like a seasoned soccer team, holding their positions and meeting the ball with determination. They were year five students playing against year six students, so they have a bright future if they commit to soccer in 2027.

Sovereign Hill camp went well for our year five students. The teachers said the weather was cold, but I don't think the students noticed as they were having such a fun experience. I would like to thank the staff for their efforts in not only facilitating and attending camp, but especially for providing a rich learning experience for the students through the educational opportunities in class.

Strong Families: <https://raisingchildren.net.au/pre-teens/family-life>

Strong families give children a safe, secure place to be themselves and learn about who they are. Children in strong families feel secure and loved, so they have confidence to explore their world, try new things and learn. They can deal better with challenges and setbacks because they know they have family support. Strong families can help children build resilience.

Tips for building warm, caring and positive family relationships

- Tell your child how much you love them and look for opportunities to tell them you're proud of them.
- Smile and look into your child's eyes when you talk to them.
- Show physical affection when you can. For example, give your child hugs or high fives.
- Praise and encourage the people in your family when they do something well. For example, 'Ben, you worked hard on that science homework - well done'.
- Show gratitude when the people in your family do kind things for others. For example, 'Ava, thanks for helping to unpack the dishwasher this morning'.
- Create opportunities for quality time with your child. Quality time can happen while you're doing ordinary things together, or you can make it part of your family routine.

Did you know that children from warm, caring and affectionate families get along better with other children and teachers? They're also less likely to have conflict with others.

In week five of this term, our school will participate in an External Review conducted by a panel of two DOSCEL School Leadership Consultants and a Principal of the diocese. You will see the reviewers around the school from Monday to Wednesday. They will be interviewing staff, students and parents, reviewing our documentation and will provide feedback that relates to all matters of schooling using two sets of criteria. We are looking forward to receiving the recommendations which will help our improvement endeavours.

Please be aware that we have two students, Ivy O'Donnell and Georgia McGuinness who will make the Sacrament of Confirmation alongside the students of St Mary's Catholic Primary School on Saturday, 8 August at the St Mary's Church in Bairnsdale. This is a special day as it coincides with St Mary MacKillop's Feast Day. You are all invited to attend the celebration beginning at 6.00pm.

Our School/House Captains are hosting this week's assembly on Friday at 2.30pm which is sure to be entertaining. The feature is our Foundation performance, so we hope to see you there.

Kind regards,
Matthew Hamer

Term 3

	MON	TUE	WED	THU	FRI	
WEEK 4	Aug 3 Book Fair	Aug 4 Book Fair Australian Maths Comp	Aug 5 Book Fair 9.10am Year 6 Class Mass	Aug 6 9.15am Reces for Confirmation students	 Aug 7 9.10am School Prayer: Mary MacKillop 1.30pm Assembly - 3 / 4 Blue	 Aug 8 9pm Confirmation Mass Balmoral
WEEK 5	Aug 10	Aug 11	Aug 12	Aug 13 Pupil Free Days	Aug 14 Pupil Free Days	
WEEK 6	Aug 17	Aug 18	Aug 19	Aug 20 Eastern District Athletics	Aug 21 9.10am Year 1 / 2 Class Mass Foundation Excursion	
WEEK 7	Aug 24 Book Week Parade	Aug 25 9.10am Foundation Class Prayer	Aug 26	Aug 27	Aug 28 9.10am Year 5 Class Mass 1.30pm Assembly - 3 / 4 Green	

TERM 3

Week 8: Friday 4th September - Father's Day Breakfast
 Week 9: Monday 7th September - Division Athletics
 Week 10: Friday 18th September - End of Term 2.15pm

Medical Information Update



Parents and carers are required to update your child's medical information via PAM every year their child attends our school. The information you include on these forms will allow us to maintain our records and put in place any plans to assist in managing their medical conditions.

Information about students' medical conditions are recorded to ensure we are able offer the relevant care while they are at school. It is important to inform the school of any changes to your child's medical information and or needs as soon as possible so we can maintain accurate and up-to-date records.

Parents or carers of students diagnosed with Asthma, Allergy, Anaphylaxis, Diabetes and Epilepsy must also provide a personalised condition specific action plan completed and signed by their doctor. **Action plans must be updated each year.**

Asthma Plans Reviews

If you are aware your child's plan is over 12 months old please make an appointment to have the plan reviewed. Please supply the school with an updated plan and update your medical profile on PAM.

The school will be contacting parents in the coming weeks regarding out of date plans and out of date ventolin.

Our school **Health Care Needs Policy** states:

3.2 Student Health Support Plan Review

Student Health Support Plans will be reviewed:

- when updated information is received from the student's medical/health care practitioner
- when the school, student or parents, guardians and/or carers have concerns with the support being provided to the student
- if there are changes to the support being provided to the student, or
- on an annual basis. The advice received from the medical/health care practitioner is reviewed annually unless it is agreed that the annual review of the plan is not required. In this case, the principal (or their delegate) may request updated medical information.



Tues 4th Aug:	St. Brendan's	Lakes Entrance	9.30 am
Wed 5th Aug:	St. Colman's	Orbost	9.30 am
Thurs 6th Aug:	St. Brendan's	Lakes Entrance	9.15 am
	Reconciliation for Confirmation Candidates		
	Opal Nursing Home	Lakes Entrance	11.00 am
Fri 7th Aug:	St. Brendan's	Lakes Entrance	9.10 am
	Whole School Prayer for Mary MacKillop		
	Calvary Nursing Home	Lakes Entrance	11.00 am
Sat 8th Aug:	St. Brendan's	Lakes Entrance	9.30 am
Sun 9th Aug:	St. Brendan's	Lakes Entrance	9.00 am
	St. Colman's	Orbost	11.00 am
	St. Peter's	Mallacoota	3.00 pm

EXPOSITION AND BENEDICTION: After Friday 9.30 am Mass.

ST. BRENDAN'S CHURCH, LAKES ENTRANCE will be open for:
PRIVATE PRAYER from 9am - 4pm Daily

EXPOSITION AND BENEDICTION: St. Brendan's: After 9.30 am Mass on Fridays

RECONCILIATION: Before Mass at Lakes Entrance, Swan Reach & Orbost or by arrangement.

ST. BRENDAN'S - ROSARY: 1st Saturday of the month 8.45am before Mass.
 Next: Rosary Morning **5th September 2026**

VISITATIONS: Please contact the Parish Office to request a home visit or to raise any other concerns in confidence, phone: **0403 572 474** or email: stbrendan@bigpond.com

MORNING TEA Morning tea **Sunday 9th August 2026**, after Mass in hobby room.

**PARISHES IN PARTNERSHIP
 WEEKLY MASSES & LITURGY TIMES**

You're invited to our SCHOLASTIC Book Fair

THE #1 BOOK FAIR

Monday 27th July until Tuesday 4th August

A Reminder: Students may only attend the Book Fair before or after school if they are with their parents or have the money to purchase items.

- Students will preview the Book Fair items with their class
- Student will make **wish lists** and bring them home.
- Parents can then choose:
 1. to come along to the Book Fair with your child
 2. pay by Credit Card online and **write receipt number on the wish list** or print the receipt to pdf or take a screen shot with receipt number and email to kwykes@lakesent.catholic.edu.au. (Emails need student name, class, books wanted and receipt number). Your child brings to school the completed **wish list** to collect book (or a reorder is placed if stock is sold).

We really benefit from holding the Book Fair as we replenish the library with new books from the commission we earn.

A form titled 'Student wish list' with fields for 'Student Name', 'Class', and 'Date'. It also has a section for 'Books I want to buy' with columns for 'Book Title', 'Author', and 'Price'.A form titled 'Payment Receipt' with fields for 'Student Name', 'Class', 'Date', 'Amount', and 'Receipt Number'. It also has a section for 'Books Purchased' with columns for 'Book Title', 'Author', and 'Price'.

Book Fair Wish List Prepayments

- If your child brings home a Book Fair Wish List and you want to pay for these selections by credit card in advance, please:
1. Go to scholastic.com.au/payment
 2. Click 'Book Fair'
 3. Enter amount and pay
 4. Record receipt number on back of Wish List
 5. Your child then takes this payment record back to school, chooses books at the Fair and takes receipt number to confirm to payment.

SCHOLASTIC Book Fairs

(Payment by Cash, Credit and EFTPOS)

Date	Time - Before School	Time - After School
Monday, 27th July	8.40am - 9.00am	3.00pm-3.30pm
Tuesday, 28th July	8.40am - 9.00am	3.00pm-3.30pm
Wednesday, 29th July	8.40am - 9.00am	3.00pm-3.30pm
Thursday, 30th July	8.40am - 9.00am	3.00pm-3.30pm
Friday, 31st July	8.40am - 9.00am	3.00pm-3.30pm
Monday, 3rd August	8.40am - 9.00am	3.00pm-3.30pm
Tuesday, 4th August	8.40am - 9.00am	3.00pm-3.30pm

We accept cash. Please send correct amount to school in an envelope clearly marked with child's name, class and books/items required.

EVERY DOLLAR EQUALS RESOURCES FOR OUR SCHOOL

 **SCHOLASTIC**



**SCHOLASTIC
REWARDS**

Social Justice Team



WINTER WARMER SOUP KITCHEN

This term, St Brendan's is holding a Winter Appeal to support the people at the Jemmeson Street Drop-In Centre.

As part of this appeal, our Year 6 students, teachers, volunteers, and members of our parish community will be working together to make warm, healthy soup for people in our community who need a nourishing meal during the winter months.

We are also asking families to donate food items to help us make the soup. Every contribution, big or small, will make a real difference.

Thank you in advance for your generosity and support. Together, we can help make a positive difference in the lives of others this winter.



SUGGESTED ITEMS TO DONATE:

- | | | |
|----------------|---|-----------------------|
| • onions | • tin black beans | • dry soup packet mix |
| • carrots | • tin kidney beans | • dry barley, lentils |
| • potatoes | • tin corn | • pasta |
| • pumpkin | • tin lentils | • rice |
| • garlic | • tin veg | |
| • celery | • stock- vegetable, beef, chicken | |
| • cauliflower | • stock cubes- vegetable, beef, chicken | |
| • tin tomatoes | | |

Any contribution no matter how small is greatly appreciated.

Please bring to school office.



WINTER SPORTS

-SOCCER BY AVA & SHILOH

On Wednesday 29th the girls winter sports soccer team went to Sale to take part in the regional competition. We played against other schools of the region. No matter if we won or lost we had a lot of fun and enjoyed ourselves. Our coach was Mr. Hamer and he made soccer very fun and Miss Mills came along and helped out too. Thank you to the volunteers and parents who came to support our team.



The first game we played against Lumen Christi College, Churchill. They were a tough competition, the end score was 5-0, in their favour.

The second game we played against Trafalgar Primary School. We fought hard in the game and managed to win 1 to 0.



The third game was the hardest against Inverloch/Kongwak Primary. Their team had a lot of experience. Sadly we lost to them and they were winners of the day.



YEAR 5 CAMP SOVEREIGN HILL

LABYRINTH OF GOLD

At Sovereign Hill we went into a gold mine. We started off by going down by a tram. When we went down in the tram it was pitch black and you could not see a single thing. We were all so curious. When we got down in the mine, the lanterns turned on and we could see all the cool things that they had recreated. It was really interesting to see what the miners did in their daily life. Some went in tunnels and other miners would pan in water. We saw an elevator looking thing that the miners would use to get out of the mines but if that was broken you would have to climb up a really long ladder. They would also use the elevator to lift heavy rocks up and down the mines.

By Tilly and Summer



RED HILL MINE

Hi! We are Emmet and Billie, and we would love to tell you about our exciting visit to the Red Hill Mine Tour at Sovereign Hill in Ballarat. During the self-guided tour, we heard two old miners who taught us all about what life was like for miners in 1858. They explained how hard and dangerous it was to search for gold and shared some amazing stories from the goldfields. The most exciting fact we learnt was about the famous Welcome Nugget. It weighed an incredible 69 kilograms and was made of 99.9% pure gold! After it was discovered, the gold was melted down and turned into gold sovereigns. We had an amazing time learning about Australia's gold rush history, and it felt like we had travelled back in time. We can't wait to visit again!

By Billie and Emmet



GOLD FEVER GAMES

The gold fever games were really fun. We broke into teams of miners and wore different coloured neckerchiefs. The police officers were Billie and Brock. The bankers were Harry and Willow-Rose and the licence lady was Madi. Each team had to find fake gold. You had to buy a licence before you got caught by the police, otherwise you were in jail. You had to take the gold to the bank and get money. It was really fun and interesting learning about it all and how they used to do it on the goldfields, it felt like it was real life.

By Lenni and Harvey



GOLD PANNING



We thought finding gold in the creek would be easy until we started panning. You had to scoop sand into the pan and then swirl it around so all the big rocks got out. Then you had to carefully try to find some gold in your pan. Once you found some gold in your pan, it was quite hard to get it into your little bottle for gold. We also tried using a shovel and a cradle to find gold. The shovel was u-shaped and made it easy to get sand from the river. We put the sand from the creek into the cradle to separate the sand from the rocks. The cradle kept getting blocked by the gravel so we found panning the best way to find gold. Some of us were lucky enough to find gold and it was exciting to take home and show our parents.

By Blaise and Michael



AURA SOUND AND LIGHT SHOW

Section one: 3D movie- Space and time

The 3D movie was the first part of the Aura sound and light show. When we walked into the theatre we were all given 3D glasses. We sat with two other schools as well as Dan, Tully, Mrs Mallen, Mrs Mills and Nardia. The movie was super cool and it told us about how the solar system was made and how space and time came to be. We learnt that in and around all the planets there are very valuable gold veins. When we had the 3D glasses on there were things flying at us and we had to dodge them.



Section 2:

After the 3D movie we went outside and we took this truck that had lots of carriages attached because there were other schools. Once we got there we lined up on these stands and the light show played out. It was about the Indigenous Wadawurrung creation story. It was very interesting and there were lots of lights.

Section 3: The Eureka Stockade story

The third and final section was in a theatre but the projection screen could open up and show us the real story about the Eureka Stockade. The story was projected onto wooden buildings and wooden tents. The Eureka Stockade took place because all the miners were furious about the gold licences and the death of the miner James Scobie. He was killed by the owner of the Eureka Hotel. But he was let free of charges and was let go. This was because the judge was his best friend. The miners wanted to take vengeance for him so they set up a stockade. It was called the Eureka Stockade. On December 3rd 1854 in Eureka Street, Ballarat Victoria at 3AM the British red coat soldiers struck! In a battle that barely lasted 15 minutes, 30 to 50 people died. The soldiers and miners were taken to court, but all let free. They scrapped the miners licence that cost 3 pounds a month to a miners right that cost 1 pound a year. This gave them the opportunity to vote in elections and buy land.

By Harry and Brok



GOLD POUR DEMONSTRATION

When we went to Sovereign Hill we had the privilege to see a gold pour. A gold pour is where they take little specks of gold and melt it into a gold bar. If you let the gold just sit there it would take a long time to cool but when you put the gold in water it instantly cooled down. We learnt about the types of gold and their percentages. The gold we were seeing was 99.9% gold! That is the rarest and the purest gold that can ever be found. The gold was 24 karat and is the naturalist gold. We all had a great time and enjoyed the experience.

By Shiloh and Brock



CONFECTIONERY DEMONSTRATION



On the second day at Ballarat we went to the confectionery demonstration and learned a lot of facts about the art of confectionery. The steps were to boil the sugar to make the mixture. Then they would knead it, shape it and let it set.

Confectionery Colour
back then:



By Jack and Heaven

RED	Red lollies were made from crushed bugs.
GREEN	Green lollies were made from crushed plants.
BLUE	Blue lollies were made from rusty buckets that they would scrape the rust off.
WHITE	White lollies were made from chalk and plaster.
BLACK	Black lollies were made from charcoal.
YELLOW	Yellow lollies were made from sun flowers.

CANDLE DIPPING

The candle dipping was an amazing experience to do, watch and learn about! We all got to dip a candle. We all had a great time. After dipping the candles a lady gave us a little lesson about their history, here are some facts. The candle dippers had to individually make 10,000 candles per day meaning they had to make 1 per 20 seconds. They could only see their families on a Sunday for a short amount of time. The candle dippers got given a hammock when they first started their job because there were mice and rats all over the floor. The miners would steal the candles for themselves so the candle dippers made the new candles green. The candles were very expensive! Up to 60-80 dollars.

By Aaliyah and Madi





The Eureka Story

The miners arrived in Ballarat to mine for gold and get rich. Walking from Melbourne to Ballarat was a long journey. Many people travelled from other colonies around Australia and from all over the world to strike it rich; that is why they called it 'gold fever'.



When the government began to feel as if it was losing control of the miners, it introduced the mining licence. They had to pay £ 1 a month for a licence to be able to mine, and if they were caught mining without one, they would be taken away. These rules were enforced by the officers who patrolled the mines daily. The miners were not happy that this new rule had been enforced. Their unhappiness led to the Eureka Stockade.



James Scobie was a Scottish alluvial miner who came to Australia with gold fever to strike it rich with his dream that never came true. He was later on killed while looking for a place to stay by the owner of the Eureka Hotel on the 6th or 7th of October 1940.



The British Redcoats, as the soldiers were known, came from Melbourne to Ballarat to maintain law and order in the area. Police from the diggings were also on hand.

During the time of the Eureka Stockade, the women quietly and secretly hid in a hut and worked on the Eureka flag to rebel against the government. They continued working in secret to avoid severe punishment.





The miners led by Peter Lalor
swore the Eureka Oath.

'We swear by the Southern Cross,
to stand truly by each other, and
fight to defend our rights and
liberties'.



The Eureka Stockade
battle happened
because of the price
of licences and the
killing of James
Scobie. The miners did
not think they were
being treated fairly
and built a stockade to
protect themselves
from the Red Coats.



The battle only lasted 15 - 20 minutes. Peter Lalor led the miners
in the Eureka Stockade. He lost his arm to a musket ball in the
battle.

The miners collected
spades/shovels as
weapons.

The Police and
Redcoats had guns
and muskets.



In the aftermath of the
battle at the Eureka
Stockade the British
Army, the Red Coats
and the Victorian
police, the troopers
believed they had
squashed the
rebellious miners.
They had shot dead
20-odd miners and
injured many, many
more, and the
stockade was
disbanded.



After the Eureka Stockade
Peter Lalor was elected to
the higher Government
House, he then gave miners
a vote. They no longer had
to pay a miner's licence;
instead paying a yearly
mining rights fee so they
could mine for gold. He
swore by the Eureka flag in
November 4th, 1854, on
Bakery Hill at Ballarat.

FRIDAY REFLECTIONS

In the Year 6 classrooms on Friday afternoons, we take some time to reflect on how our week has gone. It is called TGIF, which stands for "Thank Goodness It's Friday".

The questions we are asked to answer are:

T - What did you **try** this week?

G - What are you **grateful** for this week?

I - What **inspired** you this week?

F - What was **fun** this week?

Here's what some of our classmates answered last Friday:

"I am grateful for my friends."

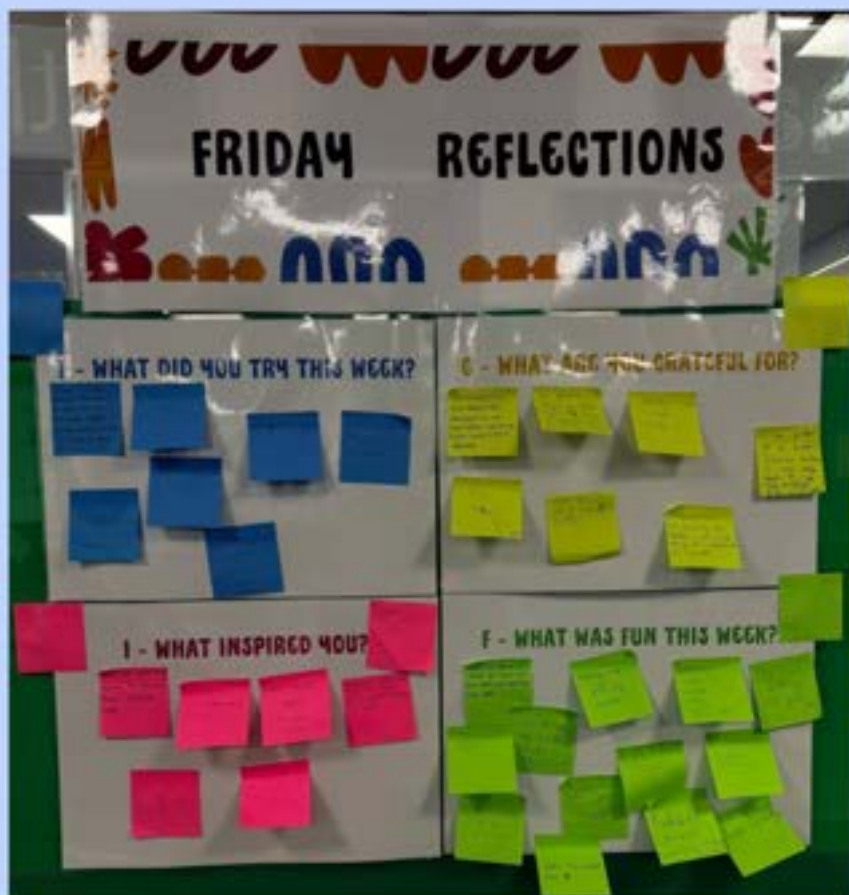
"Hanging out with my buddies was fun this week."

"Bessie Coleman from my Lions Club speech inspired me."

"I tried my best to catch up on the work my class did while I was away."

We challenge you to try this reflection activity at the dinner table with your family on Friday nights!

By Indie and O'Shae



WINTER UNIFORM

This is an important requirement and must be worn by every child each day. Your support in this matter is paramount to its effectiveness. We pride ourselves on our uniform and need the support of all families in ensuring that this policy is strictly adhered to. Generally summer uniform is worn in Terms One and Four and winter uniform is worn in Terms Two and Three. There is changeover period for uniforms at the beginning of Term Two and Term Four.

UNIFORM ITEMS - AVAILABLE FROM NICK'S IN BAIRNSDALE MOST ITEMS ARE REGULATION, MEANING THAT THE SCHOOL HAS DETERMINED THE STYLE OR MANUFACTURE.



BOYS WINTER UNIFORM		GIRLS WINTER UNIFORM	
	Sky blue long/short sleeve shirt	Winter Tunic (Year F,1,2,3)	
	Grey trousers	Winter Skirt (Year 4/5/6)	
	Bomber Jacket (with emblem)	Blue long sleeve blouse	
	Polar Fleece /Jacket (with emblem)	Bomber Jacket (with emblem)	
	Grey socks - above ankle (no logos)	Polar Fleece Jacket (with emblem)	
	Black leather school shoes/boots	Navy tights/white school socks - above ankle (no logos)	
	Navy 'Midford' Pant		
	Black leather school shoes or buckle/lace-up/T-bar		

BOYS & GIRLS WINTER SPORTS UNIFORM

Blue polo shirt with emblem (Short Sleeve)

Navy track pants without logos

Bomber Jacket / Polar Fleece Jacket (with emblem)

White sports socks (above ankle) - below ankle footlet style not acceptable (no logos).

Running shoes / sneakers (not skate or fashion shoes)



(BLACK SHORTS MAY BE WORN UNDER TRACKSUIT PANTS FOR SPORT AND OUTSIDE PLAY.)

UNIFORM REMINDER: STUDENTS ARE REQUIRED TO WEAR JUMPERS AND TRACKSUIT PANTS TO SCHOOL ON SPORTS UNIFORM DAYS. MANY STUDENTS ARE PRESENTING TO THE OFFICE IN THE MORNING, COLD, REQUESTING JUMPERS. PLEASE ENSURE YOUR CHILD BRINGS A JUMPER TO SCHOOL EACH DAY. THANK YOU.

HAIR - HAIR LONGER THAN COLLAR LENGTH, MUST BE TIED BACK COMPLETELY. THIS IS TO HELP RESTRICT THE SPREAD OF NITS AND LICE AND FOR STUDENT SAFETY. HEADBAND, HAIR TIES, RIBBONS, SCRUNCHIES AND CLIPS MUST BE BLUE, BLACK OR BROWN.

JEWELLERY - IS RESTRICTED TO THE FOLLOWING - A WRIST WATCH, NO MORE THAN ONE SMALL MATCHING PAIR OF STUDS OR SLEEPERS IN THE EAR LOBE - GOLD, SILVER OR GEMSTONE, A RELIGIOUS MEDALLION ON A CHAIN TO BE WORN UNDER CLOTHING. FASHION JEWELLERY, MAKE-UP AND NAIL POLISH ARE NOT PERMITTED.

Uniform Reminders



Jewellery is restricted to the following - a wrist watch, no more than one small plain matching pair of studs or sleepers in the ear lobe - gold, silver or gemstone, a religious medallion on a chain to be worn under clothing. Fashion jewellery, make-up and nail polish are not permitted.

Hair is to be kept neat and tidy at all times. Hair longer than collar length, must be tied back completely. This is to help restrict the spread of nits and lice and for student safety. Headband, hair ties, ribbons, scrunchies and clips must be blue, black or brown.

It is not appropriate for children to come to school with dyed or inappropriate hair styles as deemed by the Principal.



Lunch orders are available on a Friday and are supplied by Mama Vu's Kitchen.

All orders will need to be in by Thursday morning - before 12pm for lunch on Friday

NO LATE ORDERS will be accepted.

Please make sure that all orders are on a brown paper lunch order bag with the correct money

Siblings will require one bag each

Name and class needs to be clearly stated on the bag

Please take note of prices.



ST BRENDAN'S STUDENT LUNCH ORDER		MAMA VU'S KITCHEN	
SUSHI ROLLS		HOT FOOD	
Salmon & Avocado	\$4	Fried Rice	\$7
Anchovy	\$4	Fried Pork (Spicy Beef)	\$7
Cucumber	\$4	Spring Rolls (veg)	\$7
Tempura Veggie	\$4	Chicken (Chicken & Rice)	\$8
Tempura Chicken	\$4	Meatloaf (Chicken & Rice)	\$8
Chicken Maki	\$4	Tempura Chicken & Fried Rice	\$8
Pork Maki	\$4	Chicken Spicy Rice & Fried Rice	\$8
Tuna & Avocado	\$4	Grilled Pork (Spicy Beef)	\$8
DRINKS		Grilled Pork (Spicy Beef) with vegetables, rice, peanuts, and a light soybean sauce (chicken)	
Lightly sparkling Mineral Water	\$1		
Long Raspberry			
Watermelon, Mango			

LUNCH ORDERS ARE AVAILABLE

ORDER MUST BE IN THURSDAY

ON A FRIDAY



Menu Location: PAM - Knowledge Banks: School Notes/Information & St Brendan's Website

Webinar: Understanding AI and New Online Risks for Children and Young People

Presented by – The e-Safety Commission



Date Tuesday August 11

Time 12:30-1:15 EST

Register <https://attendee.gotowebinar.com/register/7069053180883379547>

Artificial Intelligence (AI) is becoming part of everyday life for children and young people - from search tools and social media feeds to entertainment, communication and learning. While these technologies can offer opportunities, they can also introduce new and evolving online risks that many families are only beginning to navigate.

CSPV is pleased to partner with the e-Safety Commissioner to explore how AI is influencing children's online experiences and what families can do to support safe and healthy engagement.

This session includes:

- AI companion chatbots and how children may interact with AI in ways that feel personal or emotionally supportive
- Deepfakes and manipulated content, including altered images, videos and misinformation
- AI influencers and generated content, and the ways these can shape attitudes, expectations and online behaviour
- AI-facilitated cyberbullying and other online harms, including how technology can amplify harmful interactions

We encourage parents and carers to join us for this timely and informative session.

Free public transport ceased on May, 31, 2026. **Public transport in Victoria will be half price for all passengers until 1 January, 2027.**

Please find below the website address to purchase a one off \$5 Youth myki to travel on the public bus. If you would prefer to pay as you go, each trip is 0.75 cents.

Please send your child to school with either the myki card or money if they are to catch the Town Bus.

YOUTH MYKI - transport.vic.gov.au/myki

Contact the office if you have any further questions.



The Victorian Premiers' Reading Challenge is now open and we're excited to be taking part!

All children from birth to Year 10 are welcome to join in. This year's Challenge theme is 'Stories to discover. Stories to tell. Stories can inspire and challenge us, and help us grow. They open our eyes to new worlds and new ways of thinking.'

The number of books read can be varied for everyone's needs. Children from Foundation to Year 2 are encouraged to read or 'experience' 30 books with their parents and teachers. Children from Year 3 to Year 10 are challenged to read 15 books.

All children who complete the Challenge will receive a certificate of achievement signed by the Victorian Premier and former premiers.

To learn more about the Challenge, visit [Premiers' Reading Challenge | vic.gov.au](https://Premiers'ReadingChallenge.vic.gov.au)

The Premiers Reading Challenge has an online recording system which is intended for students to enter their books at home.

Happy reading!



Students wishing to participate, need to send Katrina an email at: kaykies@lakeview.catholic.vic.edu.au. They will then be emailed their username, password and details to access the online computer system.



Why wellbeing?



1 in 4 primary students experience high levels of depression or anxiety.¹



1 in 3 secondary students experience high levels of depression or anxiety.¹



2 in 5 adults experience a mental disorder in their lifetime.²

¹State of the Nation Report 2020
²Foundation for Research in Mental Health (2019) 'State of the Nation Report: Mental Health and Wellbeing 2019-2020'

School wellbeing program

With staggering statistics among children, young people and adults in Australia, The Resilience Project is working to drive change through a preventative approach by building a culture of wellbeing in schools.

Based on the evidence-based principles of **Graciously, Empathy, Mindfulness (GEM)** and **Emotional Literacy**, our program equips students with lifelong wellbeing habits and empowers families to support wellbeing at home.

The whole-school wellbeing program involves explicit teaching through our evidence-based curriculum alongside wellbeing habits being integrated in school routines.

Supporting wellbeing at home

We know that when schools, families and communities speak the same language around mental health, our young people thrive. Throughout the year, you'll receive resources to help you develop wellbeing and resilience at home.

Proven impact

Through multiple independent evaluations, students participating in our School Wellbeing Program have shown measurable improvements compared to students at schools that aren't involved.

Scan the QR code or [click here](#) to learn more.



The Imperfects podcast

In this podcast, founder of The Resilience Project **Hugh van Cuylenburg**, his good friend **Ryan Shelton**, and only one of their brothers, **Josh van Cuylenburg**, talk to a variety of interesting people who vulnerably share their own struggles and imperfections, or expertly pass on their wisdom on the subject of imperfection. Whether it's in The Vulnerability House, The Academy of Imperfection, or with their resident psychologist, Dr Emily, The Imperfects are here to find some valuable takeaways we can all apply to our own imperfect lives.

SIMON Everywhere App



After you've setup your PAM account from your email:

1. On a smart device, download the 'SIMON Everywhere' app
2. Open app and select 'Tools', 'Pin School' and enter the School Code
3. Select 'PAM Login'
4. Enter your username (full email address) and password
5. Tick 'Verify You Are Human' and Sign In
6. Check your assigned email for Multi-Factor Authentication Code, Enter code and press Continue
7. Click Home to view your PAM account.

Click on a student's name to view their individual profile



*This is not the school code.

The school code was emailed to all users. It can also be found when logged into PAM and can be found when you click on your user icon. Please contact the office if you require assistance.



Communication With the School Office

Please ensure that after school arrangements are organised with your child at the beginning of the day. If for some reason your circumstances change, please provide notice to the office before 12.00pm.

A great idea is an after-school routine keychain on your child's bag. It provides a clear, visual reminder of exactly who is picking them up or where they are going that afternoon.



LAKES ENTRANCE
PRIMARY SCHOOL COUNCIL
OSHC

Before & After School Care

PROGRAM

Our OSHC is the ideal setting for students to explore new interests or establish lasting friendships, while also having a great time together!

5-12
YEARS
OLD

- Homework Assistance
- Creative Art & Crafts
- Exciting Group Activities
- Snacks & Refreshments Provided

LEARN MORE:



(03) 5155 1812 EXT 2



oshc.lakes.entrance.ps@education.vic.gov.au

KIDS IN FISHING 2026

DATE - 22ND AUGUST 2026

TIME - 1PM-3PM

VENUE - LAKES ENTRANCE BASKETBALL HALL

TO DO -

- HOW TO TIE HOOKS & SINKERS
- LURE RIGGING
- BAIT PRESENTATION
- INFORMATION BOOTHS
- CASTING PRACTICE
- & LOTS MORE

NO NEED TO BOOK JUST COME ALONG!

FREE KIDS GIFT BAGS ARE LIMITED

CHILDREN UNDER 18 ARE REQUIRED TO BE ACCOMPANIED BY AN ADULT

PLATYPUS

TT

ZMAN

Seesaw

Keeps everyone in



the learning loop

Stay connected
with your child's
learning through
Seesaw.

Your Best Gets Better
Kids



EAST GIPPSLAND TAEKWONDO

Fitness Self Defence Fun



First session FREE

Ages 6+ welcome!

Tues & Thurs

5:30PM - 7:00PM

St Brendan's
Primary School Hall

 egtkd.com.au

 egtkd@gmail.com



CROSS COUNTRY SEASON



Join us for the 2026 Cross Country Season
2 FREE Trials are available.

 **SATURDAY'S**
2ND MAY - 29TH AUGUST

 **LAKES ENTRANCE
SECONDARY COLLEGE**

 **Start at
9:30AM**

*VENUE MAY CHANGE ON CERTAIN DATES

U6 - 500m
U7 & U8 - 1km
U9 & U10 - 1.5km
U11 & U12 - 2km
U13 & UP - 3km



Rhymetime

at your local library

Bairnsdale Library
Wednesday 10.30am

Lakes Entrance
Service Centre
Wednesday 11.00am

Orbost
Service Centre
Thursday 10.00am

Paynesville
Service Centre
Monday 10.30am

Mallacoota
Service Centre
Tuesday 10.00am



EAST GIPPSLAND
SHIRE LIBRARIES



Storytime

at your local library

Bairnsdale Library
Tuesday 11.00am

Lakes Entrance
Service Centre
Tuesday 11.00am

Orbost Service Centre
Tuesday 10.30am

Paynesville Service Centre
Tuesday 11.00am

Mallacoota
Service Centre
Thursday 2.30pm



EAST GIPPSLAND
SHIRE LIBRARIES

