

St Brendan's Primary School 1581

40 Golf Links Road, Lakes Entrance 3909
Ph: 03-51552712 Fax 03-51554565

Website : www.lakesent.catholic.edu.au
Email : principal@lakesent.catholic.edu.au
Internet Banking : BSB 083 879 A/C 695096861
Account Name : St Brendan's School

Newsletter No 30
October 10, 2025



We gather on Gunaikurnai Country. We pay our respects to their Elders; past, present and emerging.
We also acknowledge the ongoing living culture and connection to Country of all First Peoples.



Walk to School Day Friday, 17 October

- Teachers and students will assemble at the Footbridge Rotunda from **8.00am** and will begin walking to school at **8.15am**.
- If you would like your child to participate in this event, please provide permission for the activity and present your child/ren to their teacher at the Rotunda by **8.10am**.
- Due to Duty of Care requirements, students are not permitted to walk with the groups without permission. Of course, parents are welcome to join us.
- We plan to arrive at school by **8.45am** where a piece of fruit awaits the students.
- We would like to thank Woolworths for their generous donation of fruit in support of this event.



Swimming Lessons Foundation, Year 1, 2 & 3

Water Safety and Survival Program times for
Foundation, Year 1, Year 2 and Year 3.
Monday 13th - Friday 17th October

Children are to wear their bathers under their uniform each day. It would be considered appropriate for children to wear their sports uniform for the duration of the swimming program. Children should bring the following in a plastic bag, clearly labelled, which they will carry to the pool:

- Underwear -Towel -Goggles
- Brush/Comb -Water Bottle

Friday 17th October
Survival Day
Please send your child with a t-shirt and shorts to swim in.

**GOOD LUCK
TO OUR
STUDENTS**



**COMPETING AT
REGIONAL
ATHLETICS ON
WEDNESDAY**

Dear Families and Friends,

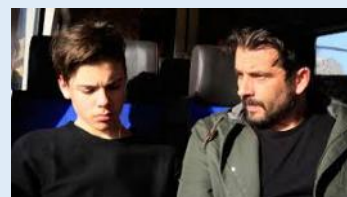
What a terrific week to enter into Term Four. The weather has been perfect, and the students are lapping it up with plenty of healthy play. We are **trialling junior swimming lessons** at the beginning of term as opposed to the middle of the term. Already this has proven to be a positive initiative. Thank you to all families for being organised and assisting in the coordination of the event.

Classes have also begun smoothly and this term we welcome **Narae Blackwell** as our Year Five Blue classroom teacher. Narae is a parent of our school and a teacher with experience across different education sectors. Narae has already made progress in developing strong professional relationships with her students.

Conflict management: <https://raisingchildren.net.au/>

Some conflict with pre-teens and teenagers is natural and healthy.

Conflict happens because your child is becoming an independent and responsible young person with their own perspective and preferences. You can expect to disagree about things like what your child wears, what they do with their time, or whether they follow your cultural traditions.



But too much conflict isn't a good thing, so conflict management is important.

Managing conflict with your child has many benefits. It can:

- help to reduce family stress levels
- keep you connected and strengthen your relationship with your child
- give you both the chance to explore and develop respect for each other's perspectives
- help your child learn and practise important life skills like managing emotions, negotiating and compromising.

There is an abundance of sport taking place for our senior students at the moment. I wish all our competitors well at the upcoming carnivals. **Division Summer Sports on Friday, 17 October at venues around Lakes Entrance and Regional Athletics on Wednesday, 15 October at Newborough.** We hope you can get down to the events to support our teams.

Parents' please note: For one reason or another there may be times when your child is late for school. Please remember, parents must always walk their children to the office from the front car park and sign in your child.

This term, the Aquadome are conducting a Walk to School program offering their carpark for families to park and walk their children to school. Please take advantage of this initiative if time permits. Our St Brendan's **'Walk To School'** morning takes place on Friday, 17 October meeting at the footbridge rotunda at 8.10am. Please drop your child off or join us on the walk.

On Sunday, 19 October we have the **Reconciliation Commitment Mass** in the St Brendan's church at 9.00am. All are most welcome to attend. Please join us.


Kind Regards,

Matthew Hamer


		Up Coming Events
	OCTOBER	Term 4
Week 2	Monday 13th	Swimming Lessons Foundation, Year 1, Year 2 & Year 3
	Tuesday 14th	Swimming Lessons Foundation, Year 1, Year 2 & Year 3
	Wednesday 15th	Swimming Lessons Foundation, Year 1, Year 2 & Year 3 Regional Athletics
	Thursday 16th	Swimming Lessons Foundation, Year 1, Year 2 & Year 3 3.30pm Reconciliation Parent Workshop
	Friday 17th	Swimming Lessons Foundation, Year 1, Year 2 & Year 3 8.00am Walk to School Day Division Summer Sports
	Sunday 19th	9.00am Reconciliation Commitment Mass
Week 3	Friday 24th	Year 1 Mass 2.30pm Assembly—School Captains SOCKTOBER
Week 4	Thursday 30th	3.30pm Reconciliation Parent/Child Workshop Regional Summer Sports
	Friday 31st	9.10am All Saint Day Mass DAY FOR DANIEL
	NOVEMBER	
Week 5	Monday 3rd	Student Free Day
	Tuesday 4th	Melbourne Cup - Public Holiday



Summer Uniform



Summer uniform change over has begun, although as in previous years, winter uniform can be worn in case of cold weather for the next three weeks. Please remember hats are compulsory this term.



Tues 14th Oct:	St. Brendan's	Lakes Entrance	9.30 am
Wed 15th Oct:	St. Colman's	Orbost	9.30 am
Fri 17th Oct:	St. Brendan's	Lakes Entrance	9.10 am
	Year 4 & 5 Class Mass. All welcome.		
Sat 18th Oct:	St. Dymphna's	Buchan	9.00 am
	St. Joseph's	Swan Reach	5.00 pm
Sun 19th Oct:	St. Brendan's	Lakes Entrance	9.00 am
	Commitment Mass for Reconciliation Candidates.		
	St. Colman's	Orbost	11.00 am

EXPOSITION AND BENEDICTION: After Friday 9.30 am Mass.

ST. BRENDAN'S CHURCH, LAKES ENTRANCE will be open for:
PRIVATE PRAYER from 9am - 4pm Daily

EXPOSITION AND BENEDICTION: **St. Brendan's:** After 9.30 am Mass on Fridays

RECONCILIATION: Before Mass at **Lakes Entrance, Swan Reach & Orbost** or by arrangement.

ST. BRENDAN'S - ROSARY: 1st Saturday of the month 8.45am before Mass.
Next Rosary Morning **4th October 2025**

VISITATIONS: Please contact the Parish Office to request a home visit or to raise any other concerns in confidence. ph: 5155 5232 / 0468 840 349 or email stbrendan@bigpond.com

MORNING TEA Morning tea **Sunday 12th October** after Mass in Hobby Room.
All are most welcome.

**PARISHES IN PARTNERSHIP
WEEKLY MASSES & LITURGY TIMES**

Friday 24th
October

You must wear
Sports uniform
with your crazy
socks

Classes will
play Fun
sock games

Gold Coin
Donation

Please don't buy
new socks. Find
something at
home to wear

KICK GOALS FOR GOOD

Friday, the 24th of October St Brendan's CPS will participate in SOCKTOBER.

Students are asked to wear crazy/colourful/mismatched socks.

We ask students wearing crazy sock to bring a gold coin donation to help support the children in Zambia.



THE BIG PICNIC

On the 19th of September on the last Friday of term, the whole school got together to walk down to the rotunda.

It was a beautiful day and the walk was wonderful. When we got there, lots of activities had been set up such as volleyball, soccer, footy, obstacle courses, dancing, LEGO, chalk drawings and cricket. There were also playground visits and footbridge walks with sandcastle competitions. The big picnic lasted all day, so by the end everyone was tired, but we still had to face the long walk back. It was really hot and tiring but we made it in the end.

Thank you to all the staff members including Meaghan, Katrina, Mrs Morrison, Ms Witherow and all other staff. We also would like to thank the Events Leaders for planning and running the events along with some help from the other year six students.

We all had a great time, and it was awesome to see everyone enjoying themselves.



-Millie, Isla and Elan



THE BIG PICNIC





THE BIG PICNIC



CRICKET CLINIC

On the 17/9/2025 to the 18/9/2025 St Brendan's had a cricket clinic for the grade 3-6 with Dylan, who came from the Melbourne Stars. Dylan taught us how to field and bat. We played a short game where you have to listen to whoever is saying what to do and when they say ball you have to grab the ball as fast as you can. There is another game called four bat where there are 4 batters lined up ready to bat and when they hit the ball they pass the bat on to the next person in front. The fielding team has to get the ball and give it to the person who is underarming the ball to the batter. If the ball hits the wicket or someone catches it, the batting team loses the bat. In the end we had so much fun with Dylan and we loved it so much.

By Shaaurya Sahay





World Mental Health Day

A SchoolTV topic supporting
modern-day parenting



A SPECIAL REPORT: World Mental Health Day

World Mental Health Day is marked every year on 10 October as a reminder of the importance of mental health to our overall wellbeing. It is a day that encourages families, schools, workplaces and communities across the globe to start conversations, reduce stigma and highlight the support available for those who may be struggling.

Mental health challenges can affect anyone: children, teens, and adults alike. Recognising this helps us create more compassionate and supportive environments.

Parents and caregivers play a central role in shaping the mental health of their children. World Mental Health Day is an opportunity to pause and reflect on the pressures young people face in today's world and how we can best support them. Whether it's helping children find balance between school, technology, and rest; encouraging open conversations about feelings; or modelling healthy coping strategies ourselves - small steps at home can make a big difference.

By engaging with resources and discussions on this day, families can strengthen their understanding of mental health and contribute to a culture where seeking help is seen as a sign of strength, not weakness.

This Special Report highlights the importance of World Mental Health Day and offers practical suggestions for how your family can acknowledge and support it together.

We hope you take time to reflect on the information offered in this Special Report, and as always, we welcome your feedback.



If you do have any concerns about the wellbeing of your child, please contact the school for further information or seek medical or professional help.

Here is the link to your special report:

https://lakesent.catholic.schooltv.me/wellbeing_news/special-report-world-mental-health-day-au



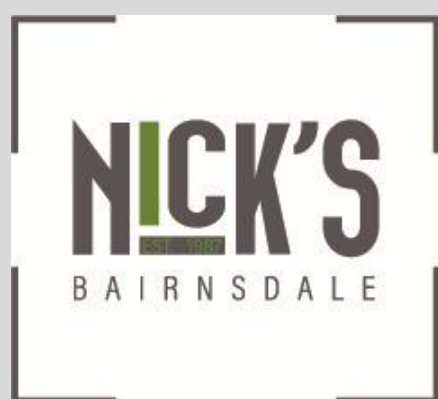
SCHOLASTIC **BookClub**

THE VALUE OF BECOMING A
REGULAR READER

- R** REWIRE YOUR BRAIN
- E** EXPAND YOUR KNOWLEDGE
- A** ACADEMIC SUCCESS
- D** DREAMS TAKE FLIGHT
- E** EMPATHY & UNDERSTANDING
- R** REDUCES YOUR STRESS
- S** STRENGTHEN LANGUAGE SKILLS

SCHOLASTIC **BookClub**

Orders are due back : Thursday 23rd October



**SCHOOL
UNIFORM**

St Brendan's School Uniform can be ordered online!

Link to website for St Brendan's Uniform below:

<https://nicksbairnsdale.com.au/product-category/schoolwear/st-brendans-uniform/>

93 Main Street Bairnsdale Victoria 3875

Phone (03) 5152 1333

Uniform Reminders

JEWELLERY is restricted to the following - a wrist watch, no more than **one** small plain matching pair of studs or sleepers in the ear lobe - gold, silver or gemstone, a religious medallion on a chain to be worn under clothing.

Fashion jewellery, make-up and nail polish are not permitted.

HAIR is to be kept neat and tidy at all times. Hair longer than collar length, must be **ried back completely**. This is to help restrict the spread of nits and lice and for student safety. Headband, hair ties, ribbons, scrunchies and clips must be **blue, black or brown**.

It is not appropriate for children to come to school with dyed or inappropriate hair styles as deemed by the Principal.





When picking up and dropping off your child we ask all parents to observe the following procedures at St Brendan's CPS.

Collecting Students from School Grounds – Child Safety As you would understand, child safety is the number one priority for schools. As circumstances evolve, we want to ensure we have the best possible practice in place. Please note the following requirements for collecting students at the end of the day.

Collecting from the church gate –

Students in years Foundation, One and Two will remain with their class teacher at the end of the day just outside their classroom. The church gates will be open at 3.15pm, at which time parents are required to enter the school grounds to collect their children from the class teachers. This action is in place to avoid situations where students leave the school grounds and run into the church gate car park area without an adult being present.

Please use the appropriate car park entry and exit. Please do not drive across the footpath to enter or exit the car park. We have students and other pedestrians using the footpath.

Collecting from the administration office

Please enter the gates and collect your child from the junior classroom area or your child from years Three to Six may meet you just inside the gates. Students are not to leave the grounds and cross the car park area without an adult walking with them. If dropping students off in the morning, you must also walk them into school. Please do not use the disabled parking bay without permission to do so.

Collecting from car line

Typically, St Brendan's staff are there to organise students into cars at the end of the day. If you wish to park and collect your child, please use the crosswalk and an adult must walk with their child/ren. Drop off at the beginning of the day should take place at the bus stop area.

Thank you for your assistance in this matter.

Regards,
Matthew Hamer
Principal

Thanks for buying
books from

SCHOLASTIC

Book Clubs

they help build our
classroom resources

St Brendan's Op Shop has second hand school uniform available.

St Brendan's School uniform available \$3.00 per item unless otherwise marked.

Open 10am-3pm Tuesday, Wednesday & Thursday.



\$ Seesaw

Keeps everyone in the learning loop

Seasons for Growth® Program

Learning to live with change and loss:

Change and loss are issues that affect all of us at some stage in our lives. At St Brendan's Catholic Primary School, we recognise that when changes occur in families through death, separation, divorce and related circumstances, young people may benefit from learning how to manage these changes effectively. We are, therefore, offering a very successful education program called Seasons for Growth early in Term Four. This program is facilitated in small groups and is based on research which highlights the importance of social support and the need to practise new skills to cope effectively with change and loss. The program focuses on issues such as self-esteem, managing feelings, problem-solving, decision-making, effective communication and support networks. If you think your son or daughter would benefit from Seasons for Growth, we encourage you to talk to him/her about participating in the program.

If you require further information, please contact **Sarah Waite** at school (Student Wellbeing Officer and Seasons for Growth Facilitator).



THE RESILIENCE PROJECT™

Parent & Carer Hub

When supporting your children's mental health, we know the best outcomes happen when we **work together** and **practise**.

Head over to our **Parent & Carer Hub** to learn more about the **evidence-based strategies** being taught in the classroom, so you can enhance their impact at home. You'll find activities you can practice to support your family's wellbeing.



Scan this QR code to learn more about our **Parent & Carer Hub**.



To learn more about The Resilience project, head to:



The Resilience Project



The Resilience Project



theresilienceproject.com.au

School Crossing Assessment

Council have been asked to conduct a school crossing inspection on behalf of the "Department of Transport" Victoria. This inspection will be completed at a random date during term 3 or 4 at morning drop off and afternoon pickup. During these inspections, Council officers will be required to take photos and measurements of existing school crossings and road infrastructure. There will be no facial recognition in any of these photos as all faces will be blurred out.



Walk to School!

This October we're joining VicHealth's Walk to School with a local twist: "Park and Walk" 🚶

Walking helps kids feel energised, healthy, and ready to learn, while keeping school zones safer ❤️

Families can park at the Aquadome carpark, and enjoy a short walk to school. Because Part Way is OK!

Keep an eye out for your child's fun "Park and Walk" activity booklet coming soon! 📖

#WalktoSchool #ParkandWalk #PartWaysOK



Save the Date

We're celebrating our 50th birthday and we want you there!

Saturday 11 October 2025

11.00 – 3.30pm

GLCH, 18–26 Jemmeson Street, Lakes Entrance

Join us for a free, family-friendly celebration featuring live music, roving performances, a community footpath art project, local food stalls, and giveaways.

Put the date in your calendar now – it's going to be great!

50 Years | Thousands of Stories | Locals
Taking Care of Locals Since 1975



GIRLS Graded & Development COMPETITIONS REGISTRATION OPEN

Registrations Close 18/10/25

Season starts week of 31/10/25

Cost: \$115 plus BV fees



NO Late Registrations
Accepted

For all questions
please text Junior
Coordinator:
0475 518 250

LAKES ENTRANCE FIRE BRIGADE GET FIRE READY OPEN DAY



Lakes Entrance Fire
Station

12 Bulmer Street,
Saturday 18th

October 2025

10am-2pm

Free BBQ sausage sizzle, drinks,
tea & coffee

Information to help you get
prepared for fire season

Kids activities

FREE fire safety Pack

Meet Your Local volunteers

Explore Our Fire Trucks

Thinking about joining?, come
for a chat with our team.



For more details please contact
E: firesafetyoutreach@cfa.vic.gov.au



JUNIORS MIXED COMPETITION REGISTRATION OPEN

Registrations Close 18/10/25

Season starts week of 27/10/25

Cost: \$115 plus BV fees



NO Late Registrations
Accepted

For all questions
please text Junior
Coordinator:
0475 518 250

Mixed Under 8's Competition REGISTRATION OPEN

Registrations Close 18/10/25

Season starts 28/10/25

Cost: \$90 plus BV fees

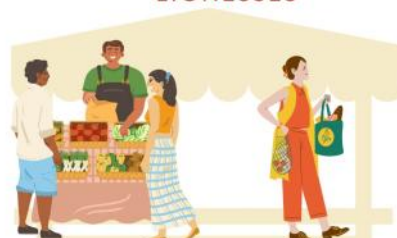


NO Late Registrations
Accepted

For all questions
please text Junior
Coordinator:
0475 518 250



LIONS CLUB OF GIPPSLAND LAKES
LIONESSES



INDOOR XMAS MARKET

SAT 18TH OCT 2025
9AM - 2PM

MECHANICS HALL,
LAKES ENTRANCE

Great Christmas Gifts
Hand Crafts, Baby Knits,
toys Clothing, woodwork,
books, bric-a-brac, jams,
preserves, fresh produce,
jewelry, candles, plants and
more

Lionesses
Devonshire Teas
Sandwiches
Lions Xmas Cakes
for sale

Enquiries to
Maria 0408393819
Chris 0437520419

Follow us on Facebook:
Lions Club of Gippsland Lakes Lionesses

Lunch orders are available on a Friday and are supplied by Mamma Vu's Kitchen.

- All orders will need to be in by **Thursday morning - before 12pm** for lunch on Friday
- **NO LATE ORDERS** will be accepted.
- Please make sure that all orders are on a brown paper lunch order bag with the correct money
- Siblings will require one bag each
- Name and class needs to be clearly stated on the bag

Please see below menu and please take note of prices.

Example :

Name _____
Class _____
1 Tuna & Avo sushi roll \$4.00
1 Raspberry drink \$3.00
Total \$7.00
Thank you

Lunch Order



ST BRENDAN'S STUDENT LUNCH ORDER

SUSHI ROLLS

Salmon & Avo	\$4
Avocado	\$4
Cucumber	\$4
Tempura Veggie	\$4
Teriyaki Chicken	\$4
Chicken Katsu	\$4
Panko Prawns	\$4
Tuna & Avo	\$4

HOT FOOD

Fried Rice	\$7
Fried Pork Gyoza (Rice)	\$7
Spring Rolls (4pc)	\$7
Chicken Hokkaido Noodle	\$10
Honey Chicken + Fried Rice	\$10
Teriyaki Chicken + Fried Rice	\$10
Chicken Oyster Stir Fry + Fried rice	\$10

DRINKS

Lightly Sparkling Mineral Water	\$3
Lime, Raspberry Watermelon, Mango	

LUNCH ORDERS ARE AVAILABLE ON A FRIDAY

Order must be in Thursday

MANY YUMMY OPTIONS!



Detox your Home is coming to Bairnsdale

Saturday 25 October 2025 | 9.00am to 1.00pm

East Gippsland Livestock Exchange,
11 Saleyard Road, Bairnsdale

Household chemicals such as bleach, pesticides, weed killers, cleaning products and fuels should never be put in your rubbish bins or poured down the drain.

Safely dispose of unwanted household chemicals at Sustainability Victoria's **free** Detox your Home event, without harming your health or the environment.

For a full list of chemicals accepted, visit sustainability.vic.gov.au/accepted-items

Detox your Home events are drive-through and contactless.



To register to attend simply scan the QR code or visit sustainability.vic.gov.au/detoxyourhome



SPORTS SHIRTS

All St Brendan's sports tops that have been given out to children for school sports, need to be washed and returned to school as soon as possible.

Thank you





LAKES ENTRANCE

SLSC NIPPERS 25/26

Registration is now open
Swim assessment
Friday 17th & 24th October 4pm-6pm Sunday 19th October 9.30am-11.30am
Lakes Entrance Aquadome
Beach Training
Commences Sunday 9th November 2025 through to Sunday 8th Feb
Enquiries
Contact Pip McInnes pippi_lee@hotmail.com
0408016927
Visit our website
<http://www.lakesentrancesurflifesaving.org.au/>




SWANNY KINDER FETE

Saturday 25th October
4 to 8pm

RECREATION RESERVE, SWAN REACH

FREE ENTRY

COME AND RAISE FUNDS FOR SWANNY KINDER
AND ENJOY A NIGHT OUT WITH THE WHOLE FAMILY

- Market stalls
- Food trucks
- Cake Stall
- Wacky Wombat Entertainment
- Jumping Castle
- Showbags
- Live music
- Free zone
- Face painting
- Emergency services
- Squishable Moments Photography & much more!




Special appearances from Bluey, Peppa Pig, Fireman Sam, Dorothy the Dinosaur, Elsa, Mickey and Minnie Mouse.

EVERYDAY COUNTS

Being at school every day helps students benefit from learning, friendships and opportunities that shape their future.

80% ATTENDANCE = 1 DAY A WEEK

An 80% attendance rate puts your child at risk of falling behind.



1 DAY A WEEK = 40 DAYS A YEAR



That's almost a full term of lost learning.
Every day counts, even small absences make a big difference.

40 DAYS A YEAR = MISSING MORE THAN 1 YEAR OF PRIMARY SCHOOL IN 7 YEARS

Attendance matters.
The more days missed, the harder it is to catch up.



SCHOLASTIC

Book Club LOOP

for Parents

LOOP is the Scholastic Book Club
Linked Online Ordering & Payment platform for parents.

To order and pay for Scholastic Book Club by credit card visit:

www.scholastic.com.au/LOOP



PLAY JUNIOR CRICKET

AT LAKES ENTRANCE CRICKET CLUB!

REGISTER NOW

**UNDER 13
COMPETITION**

[AGES 9-13]



**WOOLWORTHS
CRICKET BLAST**

[AGES 5-9]



Any queries to 0417 712 269 / lakescc@outlook.com



FREE | BOOKINGS NOT REQUIRED
AGES 5 - 12

**EAST GIPPSLAND
SHIRE LIBRARIES**

LEGO Club 2025



Junior LEGO enthusiasts are invited to attend our after-school LEGO Club sessions

Head into your local library and flex your creative muscles making the LEGO builds of your dreams!

Donations welcome: the library will gladly accept donations of old or new LEGO brand pieces for our LEGO Club collection.

This is an unsupervised event - attendees must be accompanied by an adult.

Bairnsdale Library
Tuesdays
4.00 pm - 5.00 pm

Lakes Entrance Service Centre
Wednesdays
3.30 pm - 4.30 pm

Orbost Service Centre
Mondays
3.30 pm - 4.30 pm

Paynesville Service Centre
Wednesdays
3.30 pm - 4.30 pm

Omeo Service Centre
Wednesdays
3.30 pm - 4.30 pm

Mallacoota Service Centre
Wednesdays
3.30 pm - 4.30 pm

FREE | NO BOOKINGS REQUIRED

**EAST GIPPSLAND
SHIRE LIBRARIES**

We're Back!

Rhymetime Returns



Join us for our first Rhymetime session of 2025!

This is a wonderful opportunity for children to explore the magic of stories and the joy of reading. Enjoy engaging tales that inspire creativity and imagination, along with fun songs and rhymes!

Rhymetime sessions are designed for children under 2 years and their parent/carers and run for approximately 30 minutes.

Bairnsdale Library
Wednesday 5 February
10.30 am - 11.00 am

Lakes Entrance Service Centre
Wednesday 5 February
11.00 am - 11.30 am

Orbost Service Centre
Thursday 6 February
10.00 am - 10.30 am

Paynesville Service Centre
Monday 3 February
10.30 am - 11.00 am

Mallacoota Service Centre
Tuesday 4 February
10.00 am - 10.30 am