St Brendan's Primary School 1581

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Internet Banking: BSB 083 879 A/C 695096861 Account Name: St Brendan's School Newsletter No 21

July 25, 2025



We gather on Gunaikurnai Country. We pay our respects to their Elders; past, present and emerging. We also acknowledge the ongoing living culture and connection to Country of all First Peoples.



Curriculum Days Student Free Days Week 3 Thursday 7th & Friday 8th August



What made you smile today?



RESILIENCE PROJECT.

LUNCH ORDER UPDATE— NO RICE PAPER ROLLS

		Up Coming Events		
		Term 3		
Week 2	AUGUST 2025			
	Friday 1st	2.30pm Assembly—School Captains		
	Sunday 3rd	Confirmation Commitment Mass		
Week 3	Monday 4th	Year 5 Sovereign Hill Camp		
	Tuesday 5th	Year 5 Sovereign Hill Camp 9.10am Australian Maths Competition		
	Wednesday 6th	Year 5 Sovereign Hill Camp		
	Thursday 7th	Curriculum Days - Student Free Days 3.30pm Confirmation Parent/Child Workshop		
	Friday 8th	Curriculum Days - Student Free Days		
Week 4	Monday 11th	9.10am Whole School Prayer: Mary Mackillop		
	Thursday 14th	Eastern District Athletics 3.30pm Confirmation Parent/Child Workshop		
	Friday 15th	9.10am Year 3 & 3/4 Mass 2.30pm Assembly: Year 5 Blue		

End Semester 1, 2025 reports.

Parents can access the reports via PAM. In PAM, select your child, from the Profile Menu select Assessment Reports, Select report to download.





Orders are due Wednesday, 6th August



	MM		
Tues 29th July:	St. Brendan's Liturgy of the Word		9.30 am
Wed 30th July:	St . Colman's Requiem Mass for	Orbost Antoinetta Jonkers	11.00 am
Fri 1st Aug:	St. Brendan's Liturgy of the Word		9.30 am
Sat 2nd Aug:	St. Brendan's St. Joseph's Baptism - Davy Fa	Lakes Entrance Swan Reach amily.	9.30 am 5.00 pm
Sun 3rd Aug:	St. Brendan's Confirmation comr		9.00 am
	St. Colman's	Orbost	11.00 an

Dear Families and Friends,

Welcome to Term Three. Term Three promises to be a very productive term with fewer distractions to the curriculum. Yes, we have plenty of engaging events to come, but traditionally this term allows teachers to plan to embed student understanding in a range of concepts. Students are well into routine and teachers have assessment data that connects students to their learning needs. We aim to emphasise with the students that learning is hard and that challenges should be met with confidence and enthusiasm.

Two of our fabulous athletes competed today in the **State Cross Country Finals** in Melbourne. Ivy O'Donnell (11 yr old division) and Shiloh Eiseman (10 yr old division) have been very successful in making it to this level of competition. They have done themselves and our school proud by finishing in 77th place (Ivy) and 32nd place (Shiloh) out of around 100 competitors.

Next week we have, **children's book author**, **Sofie Laguna** visiting on Monday, 28 July. Sofie began her writing career as an author for children and has written over twenty books for young people. Her work has been published in the US, the UK and in translation throughout Europe and Asia. She has been shortlisted for the Queensland Premier's Award, and twice been awarded Honour Book by the Children's Book Council of Australia. We are looking forward to leveraging off the inspiration for writing the Sofie will inspire.

Sleep: https://lakesent.catholic.schooltv.me/newsletter/sleep

Children these days seem to be going to bed later and later. Distractions such as TV, computer games, internet, texting friends and social media are all having a negative impact on a child's sleep time. Sleep is vital to a child's wellbeing. When children sleep well, they are more settled, happier and ready for school the next day. Sleep also strengthens their immune systems, supports overall development and their ability to function properly on a daily basis. Children who do not get enough sleep show increased levels of aggressive behaviour, are less attentive and are much less active. Trying to catch up on sleep on weekends is not the answer and can still lead to severe sleep deprivation. Recent studies have shown than many children, especially teenagers, are missing out on vital REM sleep, which is particularly important for memory and learning.

"Teenagers are the most sleep-deprived segment of the population. This is a very under-recognised problem and the cost to society in the healthy development of young people is profound." Dr Michael Carr-Gregg

In week three of term, we are looking forward to the **Year Five camp to Sovereign Hill** and during that short week we will also participate in the **Australian Maths Competition**. The AMC contains unique problems designed each year by leading educators and academics to challenge and extend your students' problem-solving skills. The AMC consists of 30 questions for both the Middle Primary and Upper Primary divisions. Students are allowed 60 minutes to complete the competition. It is a long running competition that provides a great experience for our students.

If you have time, please join us at our assembly on Friday, 1 August and then at our **Confirmation Commitment Mass** on Sunday, 3 August at 9.00am. It is always nice to support our Confirmation candidates through their experience.

Kind Regards,

Matthew Hamer

ON THE LAST DAY OF TERM 2, THE WHOLE SCHOOL PARTICIPATED IN A COLOUR QUEST. THE DAY INVOLVED EACH CLASS DRESSING UP IN A DIFFERENT COLOUR. IN SESSION THREE AND FOUR, WE MET IN THE HALL AND WERE INTRODUCED TO THE COLOUR QUEST. THE FIRST GAME WAS CALLED OVER AND UNDER. THIS GAME INVOLVED PASSING A BALLOON OVER YOUR HEAD AND UNDER THE NEXT PERSON'S LEGS. AFTER THAT, EACH GRADE WAS GIVEN A CLUE THAT LED THEM TO VARIOUS ACTIVITIES. THE ACTIVITIES WE DID WERE AN EGG AND SPOON RACE, CONGA LINE, THE HUMAN KNOT, CAPTION THE IMAGE, FLIPPING THE MAT, PASSING A BALL WITH OUR ELBOWS, AS WELL AS A MUCH NEEDED DANCE BREAK! ONCE WE HAD COMPLETED THE EIGHT ACTIVITIES, WE HAD TO PUT THE PUZZLE PIECES TOGETHER AND READ THE MESSAGE WRITTEN ON THEM. THE MESSAGE TOLD US ALL TO GO TO THE YEAR SIX CLASSROOM TO COLLECT OUR DELICIOUS PRIZE, WHICH WAS M&MS. THANK YOU TO ALL THE TEACHERS AND EVENTS LEADERS WHO ORGANISED THE COLOUR QUEST FOR US. IT WAS SUCH A FUN WAY TO FINISH A BUSY TERM!

BY LUCAS AND LEON

CLASS COLOUR OUEST





Year 6 Melbourne Camp

























































Myself, Billie, Lacey, Kenya and Elan shared a room at the Miami Hotel. We had a room of two in which Lacey and I slept and a door that led to a room of three where Kenya, Billie and Elan slept.

Eating at the Queen Victoria Market, the pong of fresh cheese and meat roamed pungent through the air, the busy shouts of buyers, bargeners and sellers ringing in my ears.

Late at night whispers flooded through the walls, and the sound of trampling feet from upstairs filled the silence. Giggling, snickering, trying to hold it all in. Don't let the teachers catch you.

Bowling balls sped down the lanes, the pins waiting victims, veering left, right and every way the ball settles finds its target and STRIKE!

Only one can conquer the climb, feet nimble, hands tightly clenched, each movement precise, as they reach the top buzzer beaten CHAMPION OF THE CLIMB!

Under pressure to jump, to fly, second in line wondering why, why you came up those stairs, arms clenched tight, here we go, pitch perfect dive a loud applause.

Reckless Cycler, beeping roars, children in the way of his massive jaws. Standing back from the fright as the terror rides out of sight. The aftermath of the cussing leaves the children all discussing.

Noodles slurped, each one waits, the wooden chopsticks decide their fates. As bellies' full capacity nears, noodles are left with bigger fears. To be left, to cool and cease, to be thrown out to rat's disease.

Enormous buildings tower above, hospitals, business, fun and more. Elevators travel up and down, blinding lights and deafening sounds. Stretch your neck as far as it goes, right in front of your nose, lies everything.

Creatures wait in tanks below, glass seals them in and bright light's glow. Hand's poking, proding, others left ignored, down below harbored, stored.

At the Art Centre drama flows, problems worsening, laughter grows. Find the funny inside of you, exaggerate it times two. Pencils down scripts galore, faking seizures on the floor. Stand up comedy others find funny, hilarious acts bouncing bunnies.

Melbourne gaol floggings, flails, scary ghosts, olden day tails. Roam the halls up the stairs, cell seventeen filled with scares. Then at night one light remains, in the room where Ned Kelly feels the pain.

Perfect trip, almost flawless. Now the fun is over home here we come, all the way back to dad and mum. Presents given to all siblings, dinner served, time to sleep tomorrow at school again we will meet.

By Sadie Williams

SeaLife

A big, blue building,
full of wonderful sea animals.
Little fat Pesto waddling down an
icy slope, having the time of his life.
The large, green, scaly crocodile Pinjarra,
Stomping around, ruling the world with a spikey grin.
Plugga, the majestic turtle followed by her other turtle

Plugga, the majestic turtle followed by her other turtle Companions, Chandler and Dave, swim together gracefully. Content Jellyfish, glowing so bright as the cameras flash.

Our friend Chip, the big, grey attention-seeking fish, always wanting to be the star of the aquarium.

Mars, Caspar, Junior and Tops, the super cute rays, gliding in the blistering blue.

All the animals feel welcome

here at

SeaLife

All the cool fish.

The sharks Mitchell,

Nicki, Roman, Star, Tubby

Marylin Fergie.

Thank You

Life.

By Lacey Lee

Hard
Amazing
Resilient
Dangerous
Reckless
Out of this world
Courage
Kindness
By Anton Whelan



Sea















MCG towering over the citizens, lights blinding, people cheering, players playing, cameras catching every **single** move.

Eating honey chicken, straight from the stove, honey soaked, unable to say no. Crunchy and fresh, sticky and warm, bunched up together, separated by a fork.

Late at night, giggles and whispers slip through the door, girls gossiping, boys talking, loud but silent, silent but loud.

Bowling balls thud against the ground, people holding their breath, some balls have minds of their own, crashing the pins to their death.

Old Melbourne Gaol, stands high amongst the street, ghosts wandering the halls, the cell doors creak, people explore, not knowing the history, the dark dark history, of this old misery.

Under the roof of the sea filled tanks, creatures bob, their bodies lank. Children's smiles widen, at the sight of the marine animals, as they gasp in awe as they bob, up down, down up.

Rows of empty seats, once where people sat to watch, the olympic divers, springing, diving, pinning, flipping, falling and landing in the water with a plop.

Navigating the Art Centre, scrambling to shelter, rain pelting down, umbrellas being opened. People look around with dismay, as the weather had ruined yet another day.

Every stall, bustling with various items, full of people. Bargeners, buyers, sellers yelled over the top of people, demanding their unique item. Food of all sorts drifted in the air, as people lined up, as ravenous as a bear.

Climbing up the wall, fingers clenching, scrambling for the perfect hold. Feet tremble, arms ache, stomach sways, eyes awake. They scan the wall for the buzzer, the harness fitted tightly around our waist. As you jump, your heart skips a beat, as you zoom through the air gradually slowing down. Then, you fall. Slip. Glide. Sway in the air. Your heart returns to its pace, as pride and power shoots from to toes up to your head. You did it.

At the end of the day, people return to their rooms, tired and restless, sore and stiff. People drift into sleep quite easily, snuggling into bed sleepily.

My legs sit stuck to the seat, as the 4D glasses sit on my nose. I wince as air shoots from the seats, and fog emerges from the floor.

Parents gather at the pickup zone, as kids get scooped into arms. Yells and excited chatter fill the air, as we reunite with our loved ones.

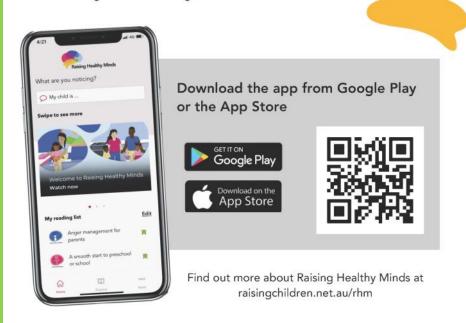
By Millie Stewart



Do you have a question about your child's emotions, behaviours and wellbeing?

The Raising Healthy Minds app is a FREE, personalised pocket resource to help you raise confident, resilient children.

Co-designed with parents and experts and funded by the Australian Government, the app offers a mix of quick-read articles, videos and animations designed to support your child's social and emotional wellbeing from birth to age 12.



The Raising Healthy Minds app is a free, personalised, pocket resource to help parents and carers raise confident, resilient children. Co-designed with parents and experts and funded by the Australian Government, Raising Healthy Minds aims to support children's social and emotional wellbeing with evidence-based information.

You'll find information on topics like dealing with worries and making friends, as well as ideas for day-to-day life, like creating family routines, looking after yourself as a parent, and building strong relationships.

The app offers a mix of quick-read articles, videos and animations aimed at parents and carers of children aged 0-12 years. You can tailor information to the age of your child and opt-in to receive helpful tips.

Raising Healthy Minds provides simple-to-use information at your fingertips with clear actions you can start today.

Download from Google Play or the App Store or go to <u>raisingchildren.net.au/rhm</u> to learn more and raise a healthy mind

Come along to a Parent & Carer Presentation!



WHO'S INVITED?

Parents & Carers

DURATION

60 minutes

WHERE?

Online Webinar

ABOUT THIS WORKSHOP

A whole school approach is key to supporting student wellbeing. This session is designed to **connect the classroom to home**, providing a consistency and common language for your child and family.

This presentation will promote positive wellbeing and will provide you with:



A knowledge of the TRP program and how it is run in your child's school.



Tips and strategies to support your child's wellbeing at home through the GEM principles.



Ideas on how to support your own personal wellbeing.

SCAN FOR MORE ABOUT

RESILIENCE PROJECT.





When picking up and dropping off your child we ask all parents to observe the following procedures at St Brendan's CPS.

Collecting Students from School Grounds – Child Safety As you would understand, child safety is the number one priority for schools. As circumstances evolve, we want to ensure we have the best possible practice in place. Please note the following requirements for collecting students at the end of the day.

Collecting from the church gate -

Students in years Foundation, One and Two will remain with their class teacher at the end of the day just outside their classroom. The church gates will be open at 3.15pm, at which time parents are required to enter the school grounds to collect their children from the class teachers. This action is in place to avoid situations where students leave the school grounds and run into the church gate car park area without an adult being present.

Please use the appropriate car park entry and exit.

Please do not drive across the footpath to enter or exit the car park. We have students and other pedestrians using the footpath.

Collecting from the administration office

Please enter the gates and collect your child from the junior classroom area or your child from years Three to Six may meet you just inside the gates. Students are not to leave the grounds and cross the car park area without an adult walking with them.

If dropping students off in the morning, you must also

If dropping students off in the morning, you must also walk them into school. Please do not use the disabled parking bay without permission to do so.

Collecting from car line

Typically, St Brendan's staff are there to organise students into cars at the end of the day. If you wish to park and collect your child, please use the crosswalk and an adult must walk with their child/ren. Drop off at the beginning of the day should take place at the bus stop area.

Thank you for your assistance in this matter.

Regards,

Matthew Hamer

Principal



St Brendan's Op Shop has second hand school uniform available.

St Brendan's School uniform available \$3.00 per item unless otherwise marked.
Open 10am-3pm Tuesday,
Wednesday & Thursday.





Uniform Reminders

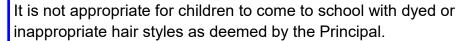


JEWELLERY is restricted to the following - a wrist watch, no more than one small plain matching pair of studs or sleepers in the ear lobe - gold, silver or gemstone, a religious medallion on a chain to be worn under clothing.



Fashion jewellery, make-up and nail polish are not permitted.

HAIR is to be kept neat and tidy at all times. Hair longer than collar length, must be tied back completely. This is to help restrict the spread of nits and lice and for student safety. Headband, hair ties, ribbons, scrunchies and clips must be blue, black or brown.





RESILIENCE PROJECT.

Parent & Carer Hub

When supporting your children's mental health, we know the best outcomes happen when we work together and practise.

Head over to our Parent & Carer Hub to learn more about the evidence-based strategies being taught in the classroom, so you can enhance their impact at home. You'll find activities you can practice to support your family's wellbeing.



Scan this QR code to learn more about our Parent & Carer Hub.



To learn more about The Resilience project, head to:











DON'T FORGET LUNCH ORDERS
ARE AVAILABLE ON A FRIDAY.
ORDER MUST BE IN THURSDAY.

MANY YUMMY OPTIONS
INCLUDING HONEY CHICKEN:



Lunch orders are available on a Friday and are supplied by Mamma Vu's Kitchen.

- All orders will need to be in by Thursday morning – before 12pm for lunch on Friday
- . NO LATE ORDERS will be accepted
- Please make sure that all orders are on a brown paper lunch order bag with the correct money
- Siblings will require one bag each
- Name and class needs to be clearly stated on the bag

Please see attached menu and please take note of prices.



Lunch Order







What's Happening?

- Try exciting Woolworths NetSetGo activities
- Meet new friends and see why netball is for everyone
- * Free fun so bring a buddy!

Woolworths NetSetGo offers aged based stages for kids aged 5-10, no matter their previous experience The fun starts here!



Visit netball.com.au/netsetgo









Follow the Lake Entrance Netball Facebook for updates!

COME AND PLAY!



NEW PLAYERS WELCOME!

Monday Night Term 3 & 4 13 & Under Competition:

When: Starts Monday 21st July 2025 Where: Lakes Entrance Netball Courts Time: 5-6pm



- The initial two weeks will focus on skills development
 and training, leading to team formation.
- · Competition games commence on August 4th.
- Registration will close on July 31st, 2025.

lakesentrancena@gmail.com

To register: Scan the QR code OR head to: https://registration.netballconnect.com



EAST GIPPSLAND UNDER 15's GIRLS ACADEMY

Every 2nd Wednesday June 4th Onwards

Bairnsdale City Oval | 5:00pm Start

Female Football Gippsland invites girls born 2010-2014 to join the Girls Academy — a welcoming, inclusive program for those ready to develop their skills and take on competitive football.

Perfect for players transitioning from mixed teams or new to the game, the Academy focuses on growth, confidence, and enjoying footy in a supportive environment.



REGISTRATION ARE NOW OPEN

https://www.playhq.com/afl/register/ad2013

Contact Tom Crellin 0447 295 014 for more information



UNDER 15s ACADEMY GAME EAST GIPPSLAND ACADEMY WELLINGTON ACADEMY





FRIDAY 1ST AUGUST 6.00pm STRATFORD RECREATION RESERVE

Players arrive at 5-5.30pm at latest.

It's not too late to join the Academy! Remaining acacemy training sessions are on Wednesday 16th July and Wednesday 30th July from 5:00 - 6:00pm.

East Gippsland training @ Baimsdale City Oval

Wellington training @ Stephenson Park

East Gippsland - Contact Tom Crellin 0447 295 014

Wellington - Contact Daniel Mizzi 0428 145 849

Kids Classes

Term 3 After School art classes Mondays 4:15 to 5:15pm Various mediums including graphite pencil, chalk pastels, charcoal, coloured pencils, water paint, acrylic paint and air dry clay. **Paxart Studio Lakes Entrance NDIS Supported**

Bookings and enquiries PH: 0408 500 451 Caroline Pax Art Therapy on Facebook





ENROLMENTS YEAR 7 2026

Nagle College is an active and proud Catholic learning community that provides a rich holistic education to the young people of East Gippsland.

Applications for Year 7 in 2026 will open on Monday 31 March 2025.











₩SCHOLASTIC

Book Club LOOP for Parents

LOOP is the Scholastic Book Club Linked Online Ordering & Payment platform for parents. To order and pay for Scholastic Book Club by credit card visit: www.scholastic.com.au/LOOP





FREE | BOOKINGS NOT REQUIRED AGES 5 -12

LEGO Club 2025



EAST GIPPSLAND



Junior LEGO enthusiasts are invited to attend our after-school **LEGO Club sessions**

Head into your local library and flex your creative muscles making the LEGO builds of your dreams!

Donations welcome: the library will gladly accept donations of old or new LEGO brand pieces for our LEGO Club collection.

This is an unsupervised event - attendees must be accompanied by an adult.

Bairnsdale Library Tuesdays 4.00 pm - 5.00 pm

Lakes Entrance **Service Centre** Wednesdays

3.30 pm - 4.30 pm

Orbost Service Centre Mondays 3.30 pm - 4.30 pm

Paynesville Service Centre Wednesdays 3.30 pm - 4.30 pm

Omeo **Service Centre** Wednesdays 3.30 pm - 4.30 pm

Mallacoota **Service Centre** Wednesdays 3.30 pm - 4.30 pm FREE NO BOOKINGS REQUIRED

EAST GIPPSLAND SHIRE LIBRARIES

We're Back!



Rhymetime Returns



Join us for our first Rhymetime session of 2025!

This is a wonderful opportunity for children to explore the magic of stories and the joy of reading. Enjoy engaging tales that inspire creativity and imagination, along with fun songs and rhymes!

Rhymetime sessions are designed for children under 2 years and their parent/carers and run for approximately 30 minutes.

Bairnsdale Library Wednesday 5 February 10.30 am - 11.00 am

Lakes Entrance Service Centre Wednesday 5 February 11.00 am - 11.30 am

Orbost Service Centre

Thursday 6 February 10.00 am - 10.30 am

Paynesville Service Centre

Monday 3 February 10.30 am - 11.00 am

Mallacoota **Service Centre**

Tuesday 4 February 10.00 am - 10.30 am





