

# St Brendan's Primary School 1581

40 Golf Links Road, Lakes Entrance 3909  
Ph: 03-51552712 Fax 03-51554565

Website : [www.lakesent.catholic.edu.au](http://www.lakesent.catholic.edu.au)  
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Account Name : St Brendan's School

Newsletter No 34  
November 1, 2024



We gather on Gunaikurnai Country. We pay our respects to their Elders; past, present and emerging.  
We also acknowledge the ongoing living culture and connection to Country of all First Peoples.



## Water Safety and Survival Program times for Foundation, Year 1, Year 2 and Year 3.

Monday 11th - Friday 22nd November

(NO Swimming on Wednesday 13th November due to power outage at pool)

	Year 3	Year 2	Year 1	Foundation
Depart School	11.10am	11.50am	12.40pm	1.25pm
Lesson starts	11.30am	12.15pm	1.00pm	1.45pm



Children are to wear their bathers under their uniform each day. It would be considered appropriate for children to wear their sports uniform for the duration of the swimming program.

Children should bring the following in a plastic bag, clearly labelled, which they will carry to the pool:

-Underwear                      -Towel Goggles                      -Brush/Comb                      -Water Bottle

Parent helpers who hold a current **Working With Children** registration will be required to walk the children to and from the pool. We need at least one helper per day.

Please inform your class teacher if you can help. Thank you.

## State Track and Field Primary State Championships



*Congratulations to  
Piper Crawley,  
Oceanna Greaves &  
Alexander Jackisch on making it to  
the State Championships.  
The St Brendan's community is  
very proud of your achievements!*

Dear Families and Friends,

A short break was well-utilised by many of our families, the weather is certainly on the improve and we are all charged up and ready for the end of year itinerary. Classes are extremely bust currently with end of year assessments taking place along with regular lessons. Teachers are also preparing for conversations with parents and other educators for the handover process to 2025.

We had three St Brendan's students competing at the Track and Field State Championships on Wednesday. We all watched on live stream as Piper, Oceanna and Alexander competed in their events. They did us proud with the results being Piper (11<sup>th</sup> in Shot Put), Oceanna (11<sup>th</sup> in 800m and 1500m) and Alexander (13<sup>th</sup> in the hurdle).

This year we have returned to the aged care facilities in Lakes Entrance. This is such a valuable experience for our students as they learn to communicate and respect the senior citizens in our community. Our students usually take with them a board game or a song to share and the photographs we have of these experiences are fabulous. Our classes will be providing some Christmas messages for Opal and Calvary Nursing Homes to enjoy at the end of the year.

### Understanding Adolescence

<https://lakesent.catholic.schooltv.me/newsletter/understanding-adolescence>

Adolescence is a significant developmental stage marking the transition from childhood to adulthood. It is characterised by an emerging sense of self-identity, exploration of personal interests, beliefs, values and goals, increased independence and autonomy beyond the family, growing responsibility, increased engagement in risk behaviours, emerging sexuality, amplified significance of peers, intensification of gender stereotypes, and shifting relationships with parents and caregivers. Adolescents seek increased independence and autonomy, which requires ongoing negotiation and compromise within the parent-child relationship.


“Parenting adolescents can be demanding, terrifying, exhausting and a sanity threatening endeavour. Often it can be a lonely business with many parents being afraid to share their concerns.”

Dr Michael Carr-Gregg

Swimming lessons begin next week for students in foundation to year three. Parents, please ensure your child is organised for each day with everything they need. We would also appreciate if you would get your child to practice getting changed efficiently over the weekend. This can be a time-consuming process with a whole year level.

Foundation orientations also begin next week. We are very excited to be welcoming our new cohort. In particular, the year five students who will be introducing the children to St Brendan's and will be finding out who their buddies are. We still have a couple of vacancies for foundation in 2025. If you know of someone who is interested, please let the office know.

Kind Regards,  
Matthew Hamer

		<b>Dates for the Calendar</b>	
<b>Term 4</b>	<b>NOVEMBER 2024</b>		
<b>Week 6</b>	Monday 11th	Swimming—Foundation , Year 1, Year 2 & Year 3 <b>Remembrance Day</b>	
	Tuesday 12th	Swimming—Foundation , Year 1, Year 2 & Year 3	
	Wednesday 13th	9-10.30am & 12-1.30pm Foundation 2025 orientation	
	Thursday 14th	Swimming—Foundation , Year 1, Year 2 & Year 3 <b>3.30pm Baptism parent/child workshop</b>	
	Friday 15th	Swimming—Foundation , Year 1, Year 2 & Year 3 9.45am Nursing Home visits Calvary Year 4-5/ Opal Year 5	
<b>Week 7</b>	Monday 18th	Swimming—Foundation , Year 1, Year 2 & Year 3	
	Tuesday 19th	Swimming—Foundation , Year 1, Year 2 & Year 3	
	Wednesday 20th	Swimming—Foundation , Year 1, Year 2 & Year 3 9-11am & 12-2pm Foundation 2025 orientation	
	Thursday 21st	Swimming—Foundation , Year 1, Year 2 & Year 3 Year 4 and 4/5 Class Prayer	
	Friday 22nd	Swimming—Foundation , Year 1, Year 2 & Year 3 2.30pm Assembly: Year 3/4 Red	
<b>Week 8</b>	Monday 25th	3.15pm - 5.00pm Year 1 camp experience	
	Tuesday 26th	Nagle Transition Day	
	Wednesday 27th	9am-2pm Foundation 2025 orientation	
	Friday 29th	Year 2 Class Mass 9.45am Nursing Home visits Calvary Foundation Red Opal Foundation Blue	
	<b>DECEMBER 2024</b>		
<b>Week 9</b>	Mon 2nd, Tue 3rd & Wed 4th	Collaborative Conferences	

## Reminder



Pay school fees!

A friendly reminder that school fees are now due. Also, families who hold a Health Care Card and receive the concession discount, are required to have their fees paid in full at the end of the year to be considered for this discount next year. Statements will be sent out this week.

**School fee statements have been sent out via email. If you haven't received one in your inbox please check your spam folder otherwise please contact the school.**

## St Brendan's & St Colman's Catholic Church - Mass Times

Saturday 9th Nov	St. Brendan's	Lakes Entrance	9.30 am
Sunday 10th Nov	St. Brendan's	Lakes Entrance	9.00 am
	Morning Tea after Mass in Hobby Room. All Welcome.		
		Mallacoota	3.00 pm
Tuesday 12th Nov	St. Brendan's	Lakes Entrance	No Mass
Wed 13th Nov	St. Brendan's	Lakes Entrance	11.30am
	<i>Requiem Mass for Mr Ramon Lesiw</i>		
Friday 15th Nov	St. Brendan's	Lakes Entrance	9.30am
	St. Colman	Orbost	11.30am
	<i>Requiem Mass for Nila Pitogo</i>		
Saturday 16th Nov	St. Dymphna's	Buchan	9.00 am
	St. Joseph's	Swan Reach	5.00pm
Sunday 17th Nov	St. Brendan's	Lakes Entrance	9.00am





## Indigenous Studies Year 3 Blue and Year 3/4 Red

On Friday Fi came into the 3 R and 3/4 B area, we read a book called 'How The Wirrin Sun Was Made,' it was an indigenous dream time land story retold by Lynette Solomon-Dent and Illustrated by Eileen Harrison. We were given a page of the book to illustrate each, we were given the words and had to draw our own pictures to go with the words. We could use Posca markers, Paint, Oil Pastels and pencils. We had a great time and learnt a lot.  
By Eli and Brok



On Friday Fi came to the mega space, we got a page from a book and we drew the page with either pencils, poscas, paint and oil pastels and the writing I drew was

*"the flame lit up the world below. bunjil the spirit, who lived in the sky, saw how bright and beautiful the wurk-wurk looked when it was lit up by the great towera".*

The book was called How The Wurrin Sun Was Made.

-Mia

On Friday Fi came to our classroom. We got a page and a couple of words. My words were *When bunjil the spirit first lights the towera in the morning, it doesn't give off much heat, it is still a bit cold and dark.* I got to use oil pastels. I smudged with my hands. My hands were really dirty but I was lucky and it came off. I enjoyed drawing with oil pastels. I don't get to do it as much. -Tilly



With Fi on Friday we were with partners, me and my partners used oil pastels to do our art. We had to draw a picture of the paragraph

*"Guragan got so angry she ran as fast as she could to the nest of Ngurran and grabbed one of her boyangs, and threw it as hard as she could into the sky."*

Some of us finished and some didn't. Some other people used other things like pencils, Posca pens and paints. - Ollie





# Indigenous Studies Year 3 Blue and Year 3/4 Red



On Friday Fi read how Wurrin the sun was made then Daniel and I drew a picture of the page "For a long time there was no Wurrin, only Nerran and the stars. Everything was dark."

We used Pencil for our picture.  
-Jordan



With Fi on Friday Madi and I had a page from the book How Wurrin The Sun Was Made... "Bunjil the spirit thought it would be a good thing to make some towera everyday."

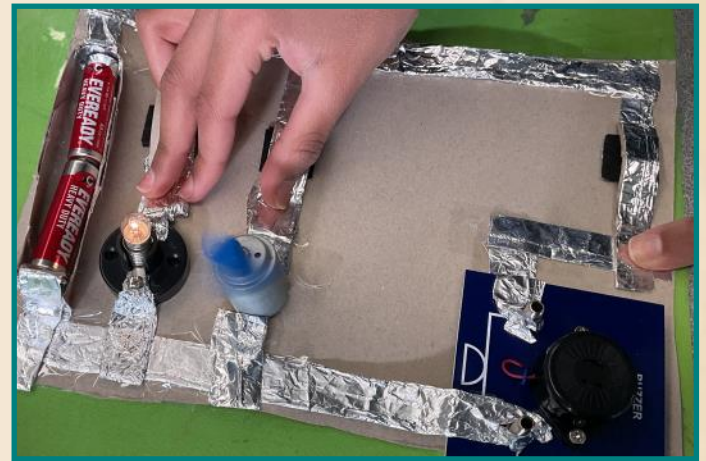
Every bookang, Bunjil the spirit would collect a parrewatti lot of kallacks, and then in the morning towera was lit and so the day began once again."

Madi and I used posca markers to draw our message.  
- Elise and Madi





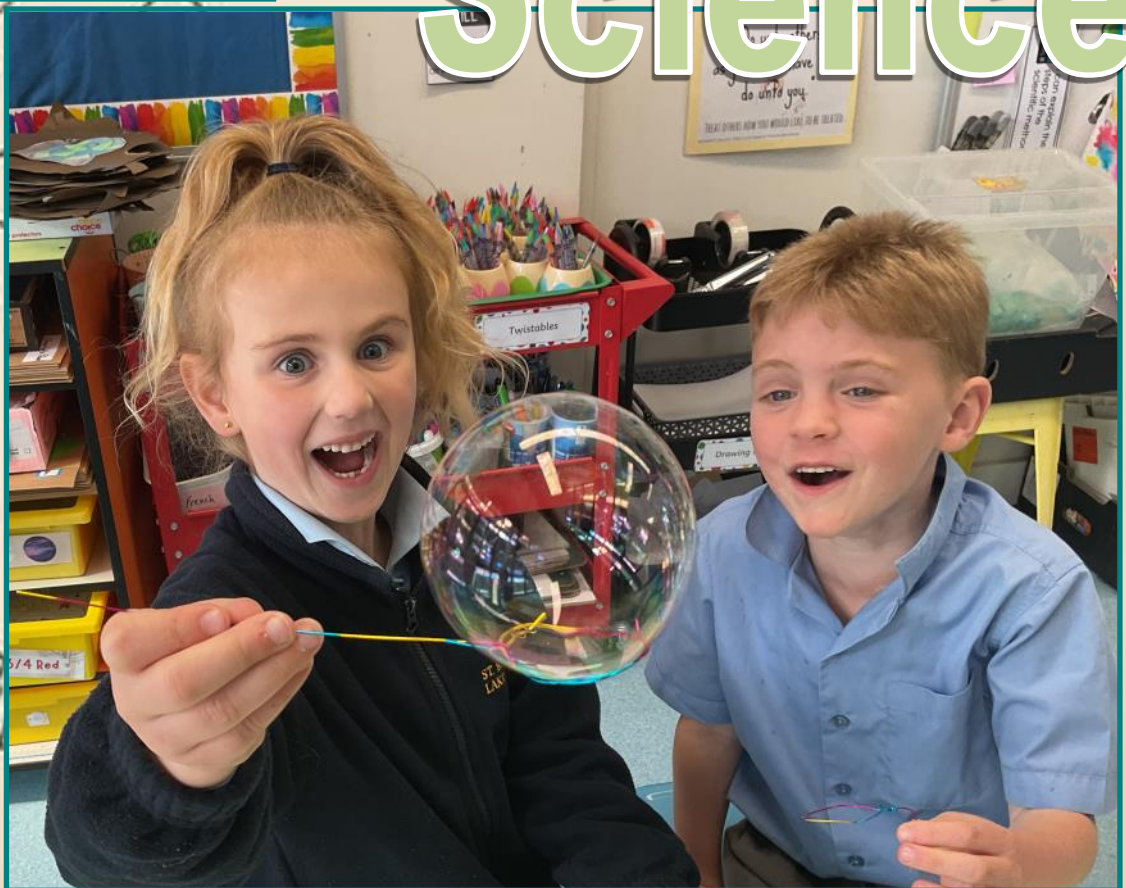
# Science







# Science







# Science





## A SPECIAL REPORT: Navigating AI Relationships

Despite governments globally moving towards raising the minimum age for social media access due to mounting concerns about the negative effects on youth mental health and wellbeing, there's now an even newer challenge on the horizon - the rise of romantic and companion AI bots. These virtual companions are becoming increasingly popular with young people, raising serious questions about privacy, ethics, and the future of relationships in the digital age.

The rise of AI-powered relationships is offering a new frontier in human interaction. Initially emerging in the gaming world, AI companionship has evolved into mainstream culture, with apps providing personalised experiences that range from platonic friendships to romantic encounters. These interactions can blur the boundaries between real and virtual relationships, creating confusion and potential psychological harm.

Criminologists warn that children as young as 12 are accessing dating apps, often bypassing age restrictions, exposing them to sexual content and predatory behaviour. Researchers have also found that many adolescents are turning to virtual partners for validation, risking unhealthy emotional attachments that can affect real-life relationships.

As AI reshapes social dynamics, it's crucial to stay informed and engaged. While AI can enhance education and creativity, it also presents challenges around privacy, mental health, and misinformation. This Special Report will help you foster an open dialogue and balanced approach to help young people navigate this evolving digital landscape.

We hope you take time to reflect on the information offered in this Special Report, and as always, we welcome your feedback.

**If you do have any concerns about the wellbeing of your child, please contact the school for further information or seek medical or professional help.**

Here is the link to your special report:

[https://lakesent.catholic.schooltv.me/wellbeing\\_news/special-report-navigating-ai-relationships-au](https://lakesent.catholic.schooltv.me/wellbeing_news/special-report-navigating-ai-relationships-au)

SPECIAL REPORT



# Navigating AI Relationships

A SchoolTV topic supporting  
modern-day parenting







**Collecting Students from School Grounds – Child Safety** As you would understand, child safety is the number one priority for schools. As circumstances evolve, we want to ensure we have the best possible practice in place. Please note the following requirements for collecting students at the end of the day.

**Collecting from the church gate – (New arrangements)**

Students in years Foundation, One and Two will remain with their class teacher at the end of the day just outside their classroom. The church gates will be open at 3.15pm, at which time parents are required to enter the school grounds to collect their children from the class teachers. This action is in place to avoid situations where students leave the school grounds and run into the church gate car park area without an adult being present.

**Collecting from the administration office**

Please enter the gates and collect your child from the junior classroom area or your child from years Three to Six may meet you just inside the gates. Students are not to leave the grounds and cross the car park area without an adult walking with them.

If dropping students off in the morning, you must also walk them into school. Please do not use the disabled parking bay without permission to do so.

**Collecting from car line**

Typically, St Brendan's staff are there to organize students into cars at the end of the day. If you wish to park and collect your child, please use the crosswalk and an adult must walk with their child/ren. Drop off at the beginning of the day should take place at the bus stop area.

Thank you for your assistance in this matter.

Thanks for buying  
books from

 **SCHOLASTIC**

**Book Clubs**

they help build our  
classroom resources



St Brendan's Op Shop has second hand school uniform available.

**St Brendan's School uniform available \$3.00 per item unless otherwise marked.**

Open 10am-3pm Tuesday, Wednesday & Thursday.





# Uniform Reminders

**JEWELLERY** is restricted to the following - a wrist watch, no more than **one** small matching pair of studs or sleepers in the ear lobe - gold, silver or gemstone, a religious medallion on a chain to be worn under clothing.

**Fashion jewellery, make-up and nail polish are not permitted.**

**HAIR** is to be kept neat and tidy at all times. Hair longer than collar length, must be **tyed back completely**. This is to help restrict the spread of nits and lice and for student safety. Headband, hair ties, ribbons, scrunchies and clips must be **blue, black or brown**.

It is not appropriate for children to come to school with dyed or inappropriate hair styles as deemed by the Principal.



**SCHOOL  
UNIFORM**

**NICK'S  
BAIRNSDALE**



St Brendan's School Uniform can be ordered online!

Link to website for St Brendan's Uniform below:

<https://nicksbairnsdale.com.au/product-category/schoolwear/st-brendans-uniform/>

93 Main Street Bairnsdale Victoria 3875

Phone (03) 5152 1333

**\$ Seesaw**

Keeps everyone in the learning loop



**HATS OFF TO TEACHERS**



#WORLDTEACHERSDAY2024

FRI 25 OCT



aitsl

wtd.edu.au

**Upcoming...**



**ROADIES  
Day Trips!**



SCAN  
ME!

**FREE**

13 - 17 YEARS OLD



**Monopoly Dreams!**

• Melbourne CBD

SEP  
14



**Wetlands Mini Golf!**

• Wheelers Hill

SEP  
25



**Twisted Science!**

• Moorabbin

OCT  
12



**Phillip Island Go Karts  
& Chocolate Factory!**

• Phillip Island

NOV  
09



**Holey Moley & Arcade!**

• Moorabbin

DEC  
14

NDIS Plan charges apply!



Interchange Gippsland  
1300 736 765  
admin@icg.asn.au





# Do you qualify for free home internet?



Our helpful team can check for you. Scan the QR code or call **1800 954 610** for more information.

National Referral Centre (Mon - Fri, 10am - 6pm AEDT). Callback, webchat, translating and interpreting services available. Visit [anglicarevic.org.au/student-internet](http://anglicarevic.org.au/student-internet) for more information.

## Get back to school ready with the School Student Broadband Initiative

Children who can access online learning at home as part of their education are more likely to engage in classroom activities.

With broadband internet access your family will be able to access fast internet at home, which supports children to build their digital skills, learn how to safely use the internet and participate in a world that is more dependent on digital technology.

There is still time to sign up for the School Student Broadband Initiative (SSBI):

- For any families signing up now, this offer means free internet until 31 December 2025.
- For families who have already connected with SSBI, their free internet will automatically be rolled over until 31 December 2025.

Check your eligibility for free **nbn** broadband until the end of 2025 now:

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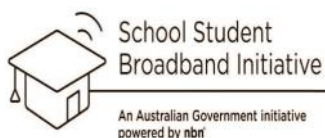
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**Uniform** - Together with The Athlete's Foot, Bairnsdale, we have a new School Rewards Program that is a great fundraising opportunity for St Brendan's. \$5 from every pair of shoes purchased is being donated back to your school. This applies to the whole family across our fantastic range of school, sports, work and casual.

The holidays is a great time to check your child's uniform and purchase new items. A reminder that we will be going into Summer uniform on return to Term 4. Check dress length for girls and make alterations before returning.

## \$5 DONATED BACK TO YOUR SCHOOL?

The School Rewards Program is a great fundraising opportunity, with \$5 from every pair of shoes purchased being donated back to your school. This applies to the whole family across our fantastic range of school, sports, work and casual.

ASK ONE OF OUR FRIENDLY STAFF IN STORE FOR MORE DETAILS

## SHOP YOUR WAY



Experience MyFit3D designed to accurately measure your foot size, width, arch and gait. Teamed with our expert analysis by our Fit Technicians, we guarantee to find your kids the perfect fitting shoe that will take the impact of their everyday activities. We are so confident that we even have a 30 day FIT guarantee\* - new or worn.



Shoes Off



MyFit 3D Scan



Expert Analysis



Perfect Fit

Now That's Fit

# ST BRENDAN'S

## 2025 SHOE GUIDE



Bairnsdale  
133 Main St, Bairnsdale, VIC 3875  
03 5153 1444

The Athlete's Foot

### APPROVED SCHOOL SHOES



**ADELA**  
Junior  
\$119<sup>99</sup>



**EVE**  
Junior \$119<sup>99</sup> Senior \$149<sup>99</sup>



**INDIANA**  
Junior \$129<sup>99</sup> Senior \$129<sup>99</sup>



**RILEY**  
Junior \$114<sup>99</sup> Senior \$149<sup>99</sup>



**APEX YOUTH**  
Junior \$129<sup>99</sup> Senior \$149<sup>99</sup>



**JEEPERS**  
Junior \$119<sup>99</sup>

### RUNNING SHOES



**860**  
Junior \$129<sup>99</sup>



**GEL-KAYANO**  
Junior \$179<sup>99</sup>



**CLIFTON**  
Junior \$199<sup>99</sup>



**1080**  
Junior \$159<sup>99</sup>



**CONTEND**  
Junior \$89<sup>99</sup>



**GT-1000 12 GS**  
Junior \$119<sup>99</sup>



We range a variety of shoes in different widths to suit narrow and broad feet.

afterpay

AVAILABLE IN-STORE

Clark's, Roc & Harrison 20% OFF discount pricing valid from 31/12/2024 - 20/02/2025. School styles only. Price displayed is RRP.



## LAKES ENTRANCE CRICKET CLUB

### JUNIOR CRICKET PATHWAY



Start your cricket journey at YOUR local club!

#### REGISTRATIONS ARE NOW OPEN

- Under 13 Competition Cricket
- Woolworths Cricket Blast

**MORE RUNS.  
MORE WICKETS.  
MORE FUN!**

Get involved in all the junior cricket action at your local club this summer.

**LAKES ENTRANCE CRICKET CLUB  
UNDER 13 CRICKET**  
Register now! <https://www.playcricket.com/cricket-australia/register/ea0341>  
Training starts Wednesday, September 18  
4pm to 5.30pm.

**SIGN UP TODAY!**  
Q Play Cricket

**PLAYCRICKET**

**IMAGINE THE FUN**

**Join Woolworths Cricket Blast**  
Designed for kids to learn skills, exercise, and make friends.

**JUNIOR BLASTERS - LAKES ENTRANCE CRICKET CLUB**  
Thursdays - October 17 - December 5  
4.15pm - 5.30pm

Register now!  
<https://www.playcricket.com/cricket-australia/register/548d0b>

**SIGN UP TODAY!**  
Q Play Cricket

PROUDLY PRESENTED BY

WOOLWORTHS

CRICKET AUSTRALIA

# IMAGINE THE FUN



#### Join Woolworths Cricket Blast

Designed for kids to learn skills, exercise, and make friends.

Metung Swan Reach Cricket Club invite all 4-9 year olds to join our Blasters program.  
Our sessions take place at 9.30am Saturday mornings from 12th October until 30th November.

Please contact Mark for more information on 0408088587 or [metungswanreachcc@outlook.com](mailto:metungswanreachcc@outlook.com)



#### SIGN UP TODAY!

Q Play Cricket

PROUDLY  
PRESENTED BY



## 2024 NINJA CHALLENGE

SUNDAY 17TH NOVEMBER

Ninjas will race against the clock in a series of challenges that will test their agility, strength, speed & determination.  
All Participants will be awarded a medal to celebrate their achievement.

**WHO:** Everyone aged 5 years plus  
You don't need to be currently enrolled to join!  
**WHEN:** Sunday 17th November  
Session 1 @ 9am - 11am (5-8yrs)  
Session 2 @ 11.30am - 1.30pm (8+yrs)  
**COST:** \$40  
**ENTRIES CLOSE:** Friday 8th November



SCAN FOR MORE INFO  
Your session time will be confirmed once entries are finalised



## SUMMER 7s 2024 Registrations Now Open

Women - Mondays (6pm)  
Masters - Tuesdays (6pm)  
Men - Wednesdays (5.30pm & 6.30pm)  
Juniors - Thursdays (4.30pm & 5.30pm)

See our website for further information  
[www.eastgippslandunited.org.au/home](http://www.eastgippslandunited.org.au/home)

Email enquiries to [egufcregistrar@outlook.com](mailto:egufcregistrar@outlook.com)

## WEARABLE RECYCLED ART & Fashion Parade 2024

Open to all Grade 5 & 6 students, secondary students & adults or individuals/groups.  
Create a piece of wearable fashion from recycled materials. Anything is possible!!  
Be creative, colourful & inventive



### ★ THE ★ BAIRNSDALE ★ SHOW ★

This years theme: The Great Outdoors

**Requirements:** Materials use must be recycled and relate to the theme  
use any binding product (tape, glue, hay band, thread etc)  
You must be able to wear and walk in your costume in the fashion parade  
Designer & model must be present on show day



Garments to be at the show grounds 10am for judging.  
Parade at 11am

**Saturday 9 November**

Free workshops available to help you with your creation:  
Tues 24th Sept 10.30-12.30 Schoolworks  
Tues 1st Oct 10.30-12.30 Bairnsdale Art Gallery

Sponsored by

**SCHOOLWORKS**  
SUPPLIES

Entry forms available at Schoolworks or scan QR to download





Get \$200 to help your child play sport!

## The Get Active Kids Voucher Program is now open!

Get in quick as applications only remain open until the allocation is exhausted.

If your family or child has a Health Care Card or Pensioner Concession Card, you may be eligible for up to \$200 to put towards the cost of your child's participation in sport and active recreation activities.

### Important Dates:

- Applications open from 9 October 2024 until the allocation is exhausted.
- Reimbursement expenditure dates: from 1 July 2024 until submission of application
- Vouchers expiry date: Tuesday, 29 April 2025.

The Get Active Kids Voucher Program helps eligible families get their kids involved in organised sport and active recreation activities by providing financial support for the cost of membership and registration fees.

Special consideration also applies for children residing in care services, as well as temporary or provisional visa holders, undocumented migrants, or international students.

[www.getactive.vic.gov.au/vouchers](http://www.getactive.vic.gov.au/vouchers)



[getactive.vic.gov.au](http://getactive.vic.gov.au)



ST BRENDAN'S CATHOLIC PARISH  
WARMLY INVITE YOU  
TO A CAROL EVENT

*'KEEPING CHRIST  
IN CHRISTMAS'*

FRIDAY 13<sup>TH</sup> DECEMBER @ 7PM  
IN ST BRENDAN'S CHURCH

ALL ARE WELCOME



Contact our Parish office  
for more information  
0468 840 349

## ST BRENDAN'S STUDENT LUNCH ORDER



### SUSHI ROLLS

Salmon & Avo	\$4
Avocado	\$4
Cucumber	\$4
Tempura Vege	\$4
Teriyaki Chicken	\$4
Chicken Katsu	\$4
Panko Prawn	\$4
Tuna & Avo	\$4

### SALADS & BOWLS

Salmon Poke Bowl	\$12.5
Tofu & Vege Poke Bowl	\$10
Vege Soba Noodle Salad	\$10

### DRINKS

Lightly Sparkling Mineral Water	\$3
Lime, Raspberry, Watermelon, Mango,	

### HOT FOOD

Honey Chicken + Fried Rice	\$10
Teriyaki Chicken + Fried Rice	\$10
Chicken Oyster Stir fry + Fried rice	\$10

### RICE PAPER ROLLS (2 roll + sauce)

Tofu	\$9
Lemongrass Chicken	\$9
Pork	\$9
Prawn	\$9
Pork & Prawn	\$9

# Lunch Order