

# St Brendan's Primary School 1581

40 Golf Links Road, Lakes Entrance 3909  
Ph: 03-51552712 Fax 03-51554565

Website : [www.lakesent.catholic.edu.au](http://www.lakesent.catholic.edu.au)  
Email : [principal@lakesent.catholic.edu.au](mailto:principal@lakesent.catholic.edu.au)  
Internet Banking : BSB 083 879 A/C 695096861  
Account Name : St Brendan's School

Newsletter No 34  
November 1, 2024



We gather on Gunaikurnai Country. We pay our respects to their Elders; past, present and emerging.  
We also acknowledge the ongoing living culture and connection to Country of all First Peoples.



Permission for Swimming Lessons has been released on PAM today.

Please complete at you earliest convenience. Thank you

## Water Safety and Survival Program times for Foundation, Year 1, Year 2 and Year 3.

Monday 11th - Friday 22nd November

	Year 3	Year 2	Year 1	Foundation
Depart School	11.10am	11.50am	12.40pm	1.25pm
Lesson starts	11.30am	12.15pm	1.00pm	1.45pm



Children are to wear their bathers under their uniform each day. It would be considered appropriate for children to wear their sports uniform for the duration of the swimming program.

Children should bring the following in a plastic bag, clearly labelled, which they will carry to the pool:

-Underwear                      -Towel Goggles                      -Brush/Comb                      -Water Bottle


Parent helpers who hold a current **Working With Children** registration will be required to walk the children to and from the pool. We need at least one helper per day.

Please inform your class teacher if you can help. Thank you.

# SCHOOL CLOSURE

Please be advised that **Monday, 4 November** is a school closure day at St Brendan's Catholic Primary School. This day precedes the Melbourne Cup public holiday **Tuesday, 5 November**.

We hope this does not cause any inconvenience and that you enjoy the mid-term break.

		<b>Dates for the Calendar</b>	
<b>Term 4</b>	<b>NOVEMBER 2024</b>		
<b>Week 5</b>	<b>Monday 4th</b>	<b>Student Free Day</b>	
	<b>Tuesday 5th</b>	<b>MELBOURNE CUP</b>	
	Wednesday 6th	State Athletics at Lakeside Stadium, Albert Park	
	Friday 8th	2.30pm Assembly: Year 1	
<b>Week 6</b>	Monday 11th	Swimming—Foundation , Year 1, Year 2 & Year 3 Remembrance Day	
	Tuesday 12th	Swimming—Foundation , Year 1, Year 2 & Year 3	
	Wednesday 13th	Swimming—Foundation , Year 1, Year 2 & Year 3 9-10.30am & 12-1.30pm Foundation 2025 orientation	
	Thursday 14th	Swimming—Foundation , Year 1, Year 2 & Year 3 3.30pm Baptism parent/child workshop	
	Friday 15th	Swimming—Foundation , Year 1, Year 2 & Year 3 9.45am Nursing Home visits Calvary Year 4-5/ Opal Year 5	
<b>Week 7</b>	Monday 18th	Swimming—Foundation , Year 1, Year 2 & Year 3	
	Tuesday 19th	Swimming—Foundation , Year 1, Year 2 & Year 3	
	Wednesday 20th	Swimming—Foundation , Year 1, Year 2 & Year 3 9-11am & 12-2pm Foundation 2025 orientation	
	Thursday 21st	Swimming—Foundation , Year 1, Year 2 & Year 3	
	Friday 22nd	Swimming—Foundation , Year 1, Year 2 & Year 3	
<b>Week 8</b>	Wednesday 27th	9am-2pm Foundation 2025 orientation	

## Reminder



Pay school fees!

A friendly reminder that school fees are now due. Also, families who hold a Health Care Card and receive the concession discount, are required to have their fees paid in full at the end of the year to be considered for this discount next year. Statements will be sent out this week.

**School fee statements have been sent out via email. If you haven't received one in your inbox please check your spam folder otherwise please contact the school.**

## St Brendan's & St Colman's Catholic Church - Mass Times

Saturday 2nd Nov	Rosary before Mass.	Lakes Entrance	8.45 am
	St. Brendan's	Lakes Entrance	9.30 am
All Souls Day	Mass Lakes Entrance Cemetery	Mass	3.00 pm
	St. Joseph's	Swan Reach	5.00 pm
Sunday 3rd Nov	St. Brendan's	Lakes Entrance	9.00 am
	St. Colman's	Orbost	11.00 am
Tuesday 5th Nov	St Brendan's	Lakes Entrance	9.30 am
Wednesday 6th Nov	St. Colman's	Orbost	9.30 am
Thursday 7th Nov	Opal Mass	Lakes Entrance	11.00 am
Friday 8th Nov	St. Brendan's	Lakes Entrance	9.30 am
Saturday 9th Nov	St. Brendan's	Lakes Entrance	9.30 am
Sunday 10th Nov	St. Brendan's	Lakes Entrance	9.00 am
		Mallacoota	3.00 pm.







Do you know what day for Daniel is? If not, Day for Daniel is a safety awareness day that we participate in every year here at St Brendans on the 25th of October. Our entire school dressed up and each class and winners got either a downball or a

poster! On this day we also wear red for child safety awareness created by the Daniel Morcombe Foundation. Our school ate lunch all together on the Shanley Oval. The Daniel Morcombe Foundation is a charitable organisation founded by Daniel's parents. They're trying to raise awareness about child safety.

We sent them a photo of our school wearing red to show our support.

BY INDI RIJS & VIOLET LYON





# Year 2 Camp Experience

On Thursday 24th of October the Year 2s set off on their camp experience to Eastern Beach. At 3:30pm we left school and began our walk down to Eastern Beach. When we arrived at the park, we got to enjoy some yummy fruit kebabs we prepared earlier in the day. We then headed over to the beach where we participated in our sand castle building competition. We worked really hard in our teams to create some amazing designs which led to lots of hungry tummies! Thankfully while we were busy making our creations, Mr Hamer was hard at work cooking up sausages for our dinner. After eating dinner, we got to enjoy some time playing on the playground and before we knew it, it was time to head home!

- The sausages were really good. - Thea
- My favourite part was when we got to build our sand castles. - Parker
- We had lots of fun making the sand castles and eating. - Max
- It was nice that we could spend time on the beach - Jaimie
- We got to go on the playground - Ryder



Mr Chef (Hamer) made yummy sausages - Eden



It was really fruity! Because we had lots of fruit skewers - Brooklyn



The sandcastles we made were brilliant. - Charli

It was super fun! - Oliver



# YEAR 2 BLUE INQUIRY

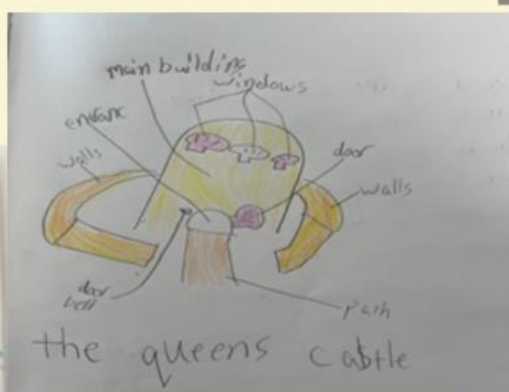
- We put all of our ideas together to make one big idea. - Evie M
- We had to take turns listening to each other. - Sophie
- We had to make sure that we let others have a turn. - Maddy
- We all had to agree on one thing, so sometimes we had to compromise. - Parker
- We had to work together. - August

To help prepare for our camp experience, in our inquiry sessions we have been learning about questioning skills and how to work well in teams. Before going on our camp experience, we created teams of three and had to work in these teams to create a design for our sand castle competition.

We had to consider how to work in our teams to come up with a design for our sandcastle, as well as problems that we could encounter - for example, not having enough wet sand!



Charli, Noah, Eden



Ella O, Evie M, Jaimie

Parker, Oliver, Ollie

August, Chad, Kade





# Wellbeing

Today Ashantii, Sophie, Eli and Noah planted spinach and green onion in the garden beds on the oval. Gardening gives us the opportunity to learn new skills like how far apart to plant things, how much to water them and when they are ready to pick. When I am outside I feel connected to nature and relaxed. We all feel grateful to be outside having fun with each other and learning new things.

By Ashantii





# Benefits of reducing screen time By 3/4 Red



**Less mad (better mood)**



**Feel active (want to exercise)**



**Less attracted to screens**



**Stronger friendships (socialising face to face)**



**Less frustrated**



**Better sleep**



**Manage emotions better**



**Increase creativity**





**LESS  
FRUSTRATED**

**BECOME MORE  
RESILIENT**

**HAPPIER  
MOOD**

**MORE  
RELAXED**

**BETTER  
SLEEP**

**MORE  
EMPATHY**

**HEALTHIER  
EYES**

**FEEL LIGHTER  
AND WANT TO GET  
OFF THE COUCH**

# **REDUCING BENEFITS OF SCREEN TIME**

**FEEL  
HEALTHIER**

**MORE  
CREATIVE**

**CREATE BETTER  
FRIENDSHIPS  
PLAY FACE TO FACE**



**BY YEAR 3 BLUE**



## A SPECIAL REPORT: Navigating AI Relationships

Despite governments globally moving towards raising the minimum age for social media access due to mounting concerns about the negative effects on youth mental health and wellbeing, there's now an even newer challenge on the horizon - the rise of romantic and companion AI bots. These virtual companions are becoming increasingly popular with young people, raising serious questions about privacy, ethics, and the future of relationships in the digital age.

The rise of AI-powered relationships is offering a new frontier in human interaction. Initially emerging in the gaming world, AI companionship has evolved into mainstream culture, with apps providing personalised experiences that range from platonic friendships to romantic encounters. These interactions can blur the boundaries between real and virtual relationships, creating confusion and potential psychological harm.

Criminologists warn that children as young as 12 are accessing dating apps, often bypassing age restrictions, exposing them to sexual content and predatory behaviour. Researchers have also found that many adolescents are turning to virtual partners for validation, risking unhealthy emotional attachments that can affect real-life relationships.

As AI reshapes social dynamics, it's crucial to stay informed and engaged. While AI can enhance education and creativity, it also presents challenges around privacy, mental health, and misinformation. This Special Report will help you foster an open dialogue and balanced approach to help young people navigate this evolving digital landscape.

We hope you take time to reflect on the information offered in this Special Report, and as always, we welcome your feedback.

**If you do have any concerns about the wellbeing of your child, please contact the school for further information or seek medical or professional help.**

Here is the link to your special report:

[https://lakesent.catholic.schooltv.me/wellbeing\\_news/special-report-navigating-ai-relationships-au](https://lakesent.catholic.schooltv.me/wellbeing_news/special-report-navigating-ai-relationships-au)

SPECIAL REPORT



# Navigating AI Relationships

A SchoolTV topic supporting  
modern-day parenting





**Collecting Students from School Grounds – Child Safety** As you would understand, child safety is the number one priority for schools. As circumstances evolve, we want to ensure we have the best possible practice in place. Please note the following requirements for collecting students at the end of the day.

**Collecting from the church gate – (New arrangements)**

Students in years Foundation, One and Two will remain with their class teacher at the end of the day just outside their classroom. The church gates will be open at 3.15pm, at which time parents are required to enter the school grounds to collect their children from the class teachers. This action is in place to avoid situations where students leave the school grounds and run into the church gate car park area without an adult being present.

**Collecting from the administration office**

Please enter the gates and collect your child from the junior classroom area or your child from years Three to Six may meet you just inside the gates. Students are not to leave the grounds and cross the car park area without an adult walking with them.

If dropping students off in the morning, you must also walk them into school. Please do not use the disabled parking bay without permission to do so.

**Collecting from car line**

Typically, St Brendan's staff are there to organize students into cars at the end of the day. If you wish to park and collect your child, please use the crosswalk and an adult must walk with their child/ren. Drop off at the beginning of the day should take place at the bus stop area.

Thank you for your assistance in this matter.

Thanks for buying  
books from

 **SCHOLASTIC**

**Book Clubs**

they help build our  
classroom resources



St Brendan's Op Shop has second hand school uniform available.

**St Brendan's School uniform available \$3.00 per item unless otherwise marked.**

Open 10am-3pm Tuesday, Wednesday & Thursday.





# Uniform Reminders

**JEWELLERY** is restricted to the following - a wrist watch, no more than **one** small matching pair of studs or sleepers in the ear lobe - gold, silver or gemstone, a religious medallion on a chain to be worn under clothing.

**Fashion jewellery, make-up and nail polish are not permitted.**

**HAIR** is to be kept neat and tidy at all times. Hair longer than collar length, must be **ted back completely**. This is to help restrict the spread of nits and lice and for student safety. Headband, hair ties, ribbons, scrunchies and clips must be **blue, black or brown**.

It is not appropriate for children to come to school with dyed or inappropriate hair styles as deemed by the Principal.



**SCHOOL  
UNIFORM**

**NICK'S**  
BAIRNSDALE



St Brendan's School Uniform can be ordered online!

Link to website for St Brendan's Uniform below:

<https://nicksbairnsdale.com.au/product-category/schoolwear/st-brendans-uniform/>

93 Main Street Bairnsdale Victoria 3875

Phone (03) 5152 1333

**\$ Seesaw**

Keeps everyone in the learning loop



**HATS OFF TO TEACHERS**



#WORLDTEACHERSDAY2024

FRI 25 OCT



aitsl

wtd.edu.au

**Upcoming...**



**ROADIES  
Day Trips!**



SCAN  
ME!

**FREE**

13 - 17 YEARS OLD



**Monopoly Dreams!**

• Melbourne CBD

SEP  
**14**



**Wetlands Mini Golf!**

• Wheelers Hill

SEP  
**25**



**Twisted Science!**

• Moorabbin

OCT  
**12**



**Phillip Island Go Karts  
& Chocolate Factory!**

• Phillip Island

NOV  
**09**



**Holey Moley & Arcade!**

• Moorabbin

DEC  
**14**

NDIS Plan charges apply!



Interchange Gippsland  
1300 736 765  
admin@icg.asn.au



# Do you qualify for free home internet?



Our helpful team can check for you. Scan the QR code or call **1800 954 610** for more information.

National Referral Centre (Mon - Fri, 10am - 6pm AEDT). Callback, webchat, translating and interpreting services available. Visit [anglicarevic.org.au/student-internet](http://anglicarevic.org.au/student-internet) for more information.

## Get back to school ready with the School Student Broadband Initiative

Children who can access online learning at home as part of their education are more likely to engage in classroom activities.

With broadband internet access your family will be able to access fast internet at home, which supports children to build their digital skills, learn how to safely use the internet and participate in a world that is more dependent on digital technology.

There is still time to sign up for the School Student Broadband Initiative (SSBI):

- For any families signing up now, this offer means free internet until 31 December 2025.
- For families who have already connected with SSBI, their free internet will automatically be rolled over until 31 December 2025.

Check your eligibility for free **nbn** broadband until the end of 2025 now:

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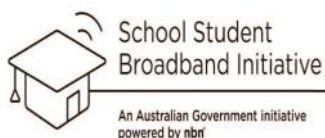
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**Uniform** - Together with The Athlete's Foot, Bairnsdale, we have a new School Rewards Program that is a great fundraising opportunity for St Brendan's. \$5 from every pair of shoes purchased is being donated back to your school. This applies to the whole family across our fantastic range of school, sports, work and casual.

The holidays is a great time to check your child's uniform and purchase new items. A reminder that we will be going into Summer uniform on return to Term 4. Check dress length for girls and make alterations before returning.

## \$5 DONATED

BACK TO YOUR SCHOOL?

The School Rewards Program is a great fundraising opportunity, with \$5 from every pair of shoes purchased being donated back to your school. This applies to the whole family across our fantastic range of school, sports, work and casual.

ASK ONE OF OUR FRIENDLY STAFF IN STORE FOR MORE DETAILS

## SHOP YOUR WAY



Experience MyFit3D designed to accurately measure your foot size, width, arch and gait. Teamed with our expert analysis by our Fit Technicians, we guarantee to find your kids the perfect fitting shoe that will take the impact of their everyday activities. We are so confident that we even have a 30 day FIT guarantee\* - new or worn.



Shoes Off

MyFit 3D Scan

Expert Analysis

Perfect Fit

Now That's Fit

# ST BRENDAN'S

## 2025 SHOE GUIDE



Bairnsdale  
133 Main St, Bairnsdale, VIC 3875  
03 5153 1444

The Athlete's Foot

### APPROVED SCHOOL SHOES



**ADELA**  
Junior  
\$119<sup>99</sup>



**EVE**  
Junior \$119<sup>99</sup> Senior \$149<sup>99</sup>



**INDIANA**  
Junior \$129<sup>99</sup> Senior \$129<sup>99</sup>



**RILEY**  
Junior \$114<sup>99</sup> Senior \$149<sup>99</sup>



**APEX YOUTH**  
Junior \$129<sup>99</sup> Senior \$149<sup>99</sup>



**JEEPERS**  
Junior \$119<sup>99</sup>

### RUNNING SHOES



**860**  
Junior  
\$129<sup>99</sup>



**GEL-KAYANO**  
Junior  
\$179<sup>99</sup>



**CLIFTON**  
Junior  
\$199<sup>99</sup>



**1080**  
Junior  
\$159<sup>99</sup>



**CONTEND**  
Junior  
\$89<sup>99</sup>



**GT-1000 12 GS**  
Junior  
\$119<sup>99</sup>



We range a variety of shoes in different widths to suit narrow and broad feet.

afterpay

AVAILABLE IN-STORE

Clark's, Roc & Harrison 20% OFF discount pricing valid from 31/12/2024 - 20/02/2025. School styles only. Price displayed is RRP.



## LAKES ENTRANCE CRICKET CLUB

### JUNIOR CRICKET PATHWAY



Start your cricket journey at YOUR local club!

#### REGISTRATIONS ARE NOW OPEN

- Under 13 Competition Cricket
- Woolworths Cricket Blast

**MORE RUNS.  
MORE WICKETS.  
MORE FUN!**

Get involved in all the junior cricket action at your local club this summer.

**LAKES ENTRANCE CRICKET CLUB  
UNDER 13 CRICKET**  
Register now! <https://www.playcricket.com/cricket-australia/register/ea0341>  
Training starts Wednesday, September 18  
4pm to 5.30pm.

**SIGN UP TODAY!**

Q Play Cricket

PLAYCRICKET

**IMAGINE  
THE FUN**

Join Woolworths Cricket Blast  
Designed for kids to learn skills, exercise, and make friends.

**JUNIOR BLASTERS - LAKES ENTRANCE CRICKET CLUB**  
Thursdays - October 17 - December 5  
4.15pm - 5.30pm

Register now!  
<https://www.playcricket.com/cricket-australia/register/548d0b>

**SIGN UP TODAY!**

Q Play Cricket

PROUDLY PRESENTED BY

WOOLWORTHS

CRICKET AUSTRALIA

# IMAGINE THE FUN



#### Join Woolworths Cricket Blast

Designed for kids to learn skills, exercise, and make friends.

Metung Swan Reach Cricket Club invite all 4-9 year olds to join our Blasters program.  
Our sessions take place at 9.30am Saturday mornings from 12th October until 30th November.

Please contact Mark for more information on 0408088587 or [metungswanreachcc@outlook.com](mailto:metungswanreachcc@outlook.com)



#### SIGN UP TODAY!

Q Play Cricket

PROUDLY  
PRESENTED BY



## 2024 NINJA CHALLENGE

SUNDAY 17TH NOVEMBER

Ninjas will race against the clock in a series of challenges that will test their agility, strength, speed & determination.  
All Participants will be awarded a medal to celebrate their achievement.

**WHO:** Everyone aged 5 years plus  
You don't need to be currently enrolled to join!  
**WHEN:** Sunday 17th November  
Session 1 @ 9am - 11am (5-8yrs)  
Session 2 @ 11.30am - 1.30pm (8+yrs)  
**COST:** \$40  
**ENTRIES CLOSE:** Friday 8th November



SCAN FOR MORE INFO

Your session time will be confirmed once entries are finalised



## SUMMER 7s 2024 Registrations Now Open

Women - Mondays (6pm)  
Masters - Tuesdays (6pm)  
Men - Wednesdays (5.30pm & 6.30pm)  
Juniors - Thursdays (4.30pm & 5.30pm)

See our website for further information  
[www.eastgippslandunited.org.au/home](http://www.eastgippslandunited.org.au/home)

Email enquiries to [egufcregistrar@outlook.com](mailto:egufcregistrar@outlook.com)

## WEARABLE RECYCLED ART & Fashion Parade 2024

Open to all Grade 5 & 6 students, secondary students & adults or individuals/groups.  
Create a piece of wearable fashion from recycled materials. Anything is possible!!  
Be creative, colourful & inventive



### ★ THE BAIRNSDALE SHOW ★

This years theme: The Great Outdoors

**Requirements:** Materials use must be recycled and relate to the theme  
use any binding product (tape, glue, hay band, thread etc)  
You must be able to wear and walk in your costume in the fashion parade  
Designer & model must be present on show day



Garments to be at the show grounds 10am for judging.  
Parade at 11am

**Saturday 9 November**

Free workshops available to help you with your creation:  
Tues 24th Sept 10.30-12.30 Schoolworks  
Tues 1st Oct 10.30-12.30 Bairnsdale Art Gallery

Sponsored by

**SCHOOLWORKS  
SUPPLIES**

Entry forms available at Schoolworks or scan QR to download





Get \$200 to help your child play sport!

## The Get Active Kids Voucher Program is now open!

Get in quick as applications only remain open until the allocation is exhausted.

If your family or child has a Health Care Card or Pensioner Concession Card, you may be eligible for up to \$200 to put towards the cost of your child's participation in sport and active recreation activities.

### Important Dates:

- Applications open from 9 October 2024 until the allocation is exhausted.
- Reimbursement expenditure dates: from 1 July 2024 until submission of application
- Vouchers expiry date: Tuesday, 29 April 2025.

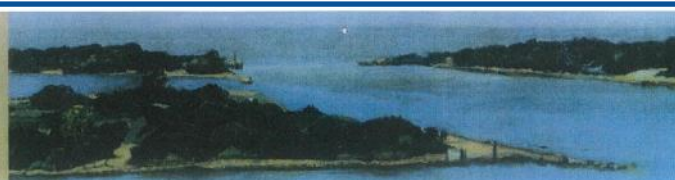
The Get Active Kids Voucher Program helps eligible families get their kids involved in organised sport and active recreation activities by providing financial support for the cost of membership and registration fees.

Special consideration also applies for children residing in care services, as well as temporary or provisional visa holders, undocumented migrants, or international students.

[www.getactive.vic.gov.au/vouchers](http://www.getactive.vic.gov.au/vouchers)



[getactive.vic.gov.au](http://getactive.vic.gov.au)



## Friends of the Lakes Entrance Book Review Competition

Friends of the Lakes Entrance  
invite

Primary school students (grades 1-6)

Secondary students (years 7-12)

to

- borrow a book from the Lakes Entrance Library,
- collect an entry form and
- write a short review and
- return the book and review to the Library

All reviews will go into the monthly draw for a gift \$20 voucher for "[Lakes Books and Games](#)" store and be displayed in the Library.

## ST BRENDAN'S STUDENT LUNCH ORDER



### SUSHI ROLLS

Salmon & Avo	\$4
Avocado	\$4
Cucumber	\$4
Tempura Vege	\$4
Teriyaki Chicken	\$4
Chicken Katsu	\$4
Panko Prawn	\$4
Tuna & Avo	\$4

### SALADS & BOWLS

Salmon Poke Bowl	\$12.5
Tofu & Vege Poke Bowl	\$10
Vege Soba Noodle Salad	\$10

### DRINKS

Lightly Sparkling Mineral Water	\$3
Lime, Raspberry, Watermelon, Mango,	

### HOT FOOD

Honey Chicken + Fried Rice	\$10
Teriyaki Chicken + Fried Rice	\$10
Chicken Oyster Stir fry + Fried rice	\$10

### RICE PAPER ROLLS (2 roll + sauce)

Tofu	\$9
Lemongrass Chicken	\$9
Pork	\$9
Prawn	\$9
Pork & Prawn	\$9

# Lunch Order