### **St Brendan's Primary School 1581**

#### 40 Golf Links Road, Lakes Entrance 3909 Ph: 03-51552712 Fax 03-51554565

Website : www.lakesent.catholic.edu.au Email : principal@lakesent.catholic.edu.au Internet Banking : BSB 083 879 A/C 695096861 Account Name : St Brendan's School

#### Newsletter No 31 October 11, 2024

We gather on Gunaikurnai Country. We pay our respects to their Elders; past, present and emerging. We also acknowledge the ongoing living culture and connection to Country of all First Peoples.

## Walk to School Day

## When: Friday,



### 18th October

Meeting at: The Rotunda

#### Assemble: 8.00am Depart: 8.15am

We will then walk together along the Esplanade to school.

#### Why Walk to School?

To get kids in the habit of walking to school young to help them feel great now, and lead healthy, active lives into the future.

Being active every day is great for kids. Why? It helps:

- Mental wellbeing
- Mood and self-esteem
- Confidence and life skills
- Connection with family, friends and neighbours

Moving commutes from the roads to the footpath also helps:

- Make school streets safer
- Reduce traffic congestion
- Contribute to a healthier environment Woolworths, Lakes Entrance have kindly donated fruit for all students on arrival.

This is an optional activity and parents are more than welcome to join us on the walk.









Dear Families and Friends,

Well, we had a terrific day on the last Friday of Term Three which was celebrated through the Golden Honour Assembly and the Big Picnic. Thank you to all the families who attended the events, it really adds to the experience. One of our messages to students this year is to be more active and to **cut down their screen time.** We have been extremely pleased to hear the good stories students have returned with after the holidays. They appear to be making an effort in this area and are choosing more outdoor activities. Parents you are doing a great job of booking in camping experiences and day outings, thank you!

Many of you would already know we have also been targeting the education of **Respectful Relationships** through the teaching of the Personal Capabilities curriculum. For a better understanding of the content please access Resilience, Rights and Respectful Relationships and Building Respectful Relationships at the Victorian government website.

At the end of last term, we welcomed **Violet Lyon** (Yr Six) to St Brendan's CPS and this term we welcome **Camilla Sanders** to our Year Four/Five classroom. The girls have already made a very successful transition to our school. **Alexandra Delany** has begun teaching Year One Red and is contributing strongly through relationship building and her explicit teaching.

**Respectful Relationships** – <u>https://lakesent.catholic.schooltv.me/newsletter/respectful-relationships</u> Initiating conversations about respectful relationships with children is crucial for their emotional and

social development. By addressing topics like kindness, empathy, and communication, parents create a foundation for healthy interactions. These discussions promote awareness of boundaries, consent, and mutual understanding, fostering a safe environment where children can thrive. Teaching respect from an early age equips kids with essential skills to navigate friendships and romantic relationships, building a future based on empathy and equality. Open dialogues about respect empower children to recognise and value their own feelings and those of others, cultivating a positive and harmonious approach to all relationships

"Respectful relationships promotes respect and gender equality and helps students learn how to build healthy relationships. It prepares students to face challenges by developing problem-solving skills and building resilience and confidence."

#### Dr Michael Carr-Gregg

Parents, please make sure you have a read through the **class newsletters** that have been distributed this week, you will also find them located on PAM. They are re a valuable way to interact with your child's learning and by keeping informed on what is happening this term.

Coming up, our athletes are competing in **Newborough in the Regional Athletics carnival**. We have a huge team of twenty-one competitors. Then on Friday, 18 October, we have our annual **Walk to School**, please join us from the footbridge rotunda. Following the walk the **Division Summer Sports competition** is held in Bairnsdale. A busy start to an exciting term.

Kind Regards, Matthew Hamer

		Dates for the Calendar	
Term 4	OCTOBER 2024		
Week 2	Monday 14th	3.30pm Reconciliation parent meeting	
	Tuesday 15th	Region Athletics @ Newborough	
	Friday 18th	Walk to School Year 1 Class Mass 11.00am—2.00pm Division Summer Sports @ Bairnsdale	
Week 3	Monday 21st	3.30pm Baptism parent meeting	
	Tuesday 22nd	Year 3 and 3/4 Class Prayer Year 6 Foreshore Design Field Trip	
	Thursday 24th	3.30pm - 5.30pm - Year 2 Camp Experience WORLD TEACHERS'	
	Friday 25th	Day for Daniel & World Teachers Day 9.45am Nursing Home visits Calvary Year 2R/ Opal Year 2B 2.30pm Assembly - School Captains	
	Sunday 27th	9.00am Reconciliation Commitment Mass	
Week 4	Monday 28th	3.30pm Reconciliation parent/child workshop	
	NOVEMBER 2024		
	Friday 1st	Whole School Mass - All Saints Day	
Week 5	Monday 4th	Student Free Day	
	Tuesday 5th	MELBOURNE CUP	



We are looking for a volunteer to help with the preparation of stoles for Sacraments. This is a simple job that requires printing and ironing transfers onto the stoles. There are usually 4-6 stoles per term. Please contact Cassandra Supple, Melissa Terry or the office if you are able to help.

## St Brendan's & St Colman's Catholic Church - Mass Times

Friday 11th Oct	St Brendan's	Lakes Entrance	No Mass		
Saturday 12thOct	St Brendan's	Lakes Entrance	No Mass		
	St Brendan's	Lakes Entrance	10.30am		
	Public Rosary outside Church if Weather Permits				
Sunday 13th Oct	St Brendan's	Lakes Entrance	9.00am		
	St. Colman's	Orbost	11.00am		
		Mallacoota	3.00pm		
Tuesday 15th Oct	St Brendan's	Lakes Entrance	No Mass		
Wed 16th Oct	St Colman's	Orbost	No Mass		
Friday 18th Oct	St Brendan's	Lakes Entrance	9.10am		
Year 1 Class Mass in Church All Welcome					
Saturday 19th Oct	St Dymphna's	Buchan	9.00am		
	St Joseph's	Swan Reach	5.00pm		
Sunday 20th Oct	St Brendan's	Lakes Entrance	9.00am		
	St Colman's	Orbost	11.00am		





On Friday the 20th of September, St Brendan's ventured out from the school to the Rotunda to celebrate the Big Picnic! It was an action packed day starting off with the Golden Honour Card Assembly, then everyone at the school started walking down to the Rotunda. The Year 6s had lots of activities to choose from to play and a lucky group of people got to go fishing. We had lots of activities from dancing, footy and lots more! Everyone had so much fun and the Year 6s did a great job running the activities. It was a great day. Lots of kids were picked up from the Rotunda and the ones that were left walked back to school before going home to celebrate the holidays!

#### By Cooper Kennedy and Ben Bodsworth





The Lakes Preschool visited late 201828 last term for an hour session to assist with Preschool transition.

# Foundation Incursion





## Student Wellbeing

We warmly welcome Sarah Waite to St Brendan's as our Student Wellbeing Officer. Sarah began in Term 3 and has been facilitating many passion project groups while gently and naturally engaging students in conversation about their wellbeing, teaching skills of resilience and emotional intelligence along the way. Sarah brings a wealth of knowledge and passion to this role from her teaching degree and has recently completed Peaceful Kids training. This training allows the students to be engaged in mindfulness exercises such as breathing and meditation

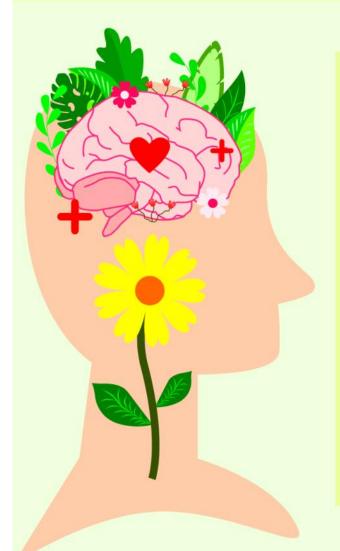
techniques. Students learn the basic theory of mindfulness and how it effects the brain and lessens stress and anxiety.

Sarah has made strong connections with students and has new initiatives for Term 4.



## HEALTH- TERM 4

During Term 4, Health sessions will begin with a focus on online safety and respect. Students will be learning how to navigate the digital world responsibly by exploring ways to identify unsafe situations and recognizing the importance of respectful communication online.



Key areas of focus include accessing support, online security, and maintaining privacy and personal information. Students will develop strategies to handle challenges such as cyberbullying. Through interactive discussions and activities, students will enhance their critical thinking skills while emphasising the need to balance screen time with "green time," engaging with nature and physical activities.

In today's Digital Age, where technology is a part of daily life, it is important to help children develop a healthy relationship with technology while prioritising their overall well-being.



**Collecting Students from School Grounds – Child Safety** As you would understand, child safety is the number one priority for schools. As circumstances evolve, we want to ensure we have the best possible practice in place. Please note the following requirements for collecting students at the end of the day.

## Collecting from the church gate – (New arrangements)

Students in years Foundation, One and Two will remain with their class teacher at the end of the day just outside their classroom. The church gates will be open at 3.15pm, at which time parents are required to enter the school grounds to collect their children from the class teachers. This action is in place to avoid situations where students leave the school grounds and run into the church gate car park area without an adult being present.

#### **Collecting from the administration office**

Please enter the gates and collect your child from the junior classroom area or your child from years Three to Six may meet you just inside the gates. Students are not to leave the grounds and cross the car park area without an adult walking with them.

If dropping students off in the morning, you must also walk them into school. Please do not use the disabled parking bay without permission to do so.

#### **Collecting from car line**

Typically, St Brendan's staff are there to organize students into cars at the end of the day. If you wish to park and collect your child, please use the crosswalk and an adult must walk with their child/ren. Drop off at the beginning of the day should take place at the bus stop area.

Thank you for your assistance in this matter.

Thanks for buying books from

## SCHOLASTIC Book Clubs

they help build our classroom resources

St Brendan's Op Shop has second hand school uniform available.

St Brendan's School uniform available \$3.00 per item unless otherwise marked. Open 10am-3pm Tuesday, Wednesday & Thursday.

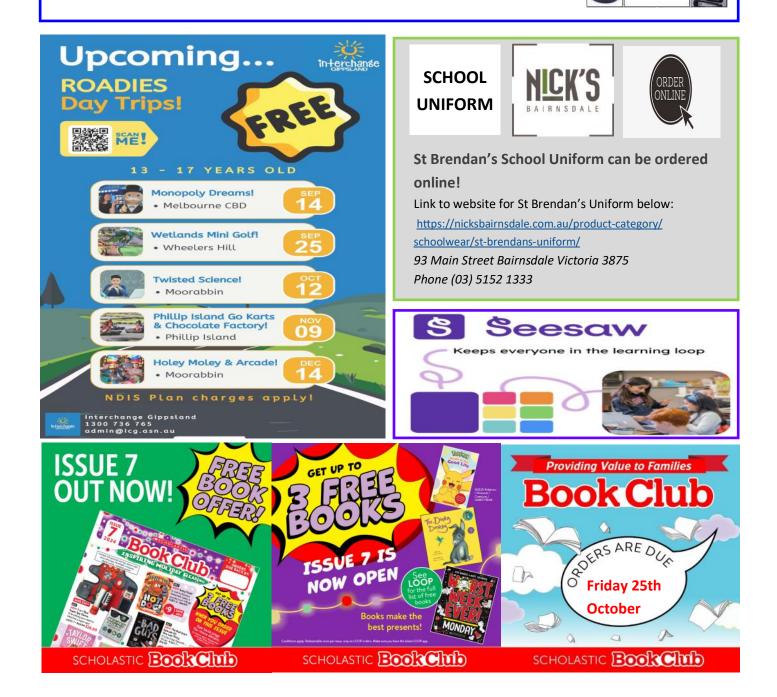


## **Uniform Reminders**

<u>JEWELLERY</u> is restricted to the following - a wrist watch, no more than one small matching pair of studs or sleepers in the ear lobe - gold, silver or gemstone, a religious medallion on a chain to be worn under clothing. Fashion jewellery, make-up and nail polish are not permitted.

<u>HAIR</u> is to be kept neat and tidy at all times. Hair longer than collar length, must be **tied back completely**. This is to help restrict the spread of nits and lice and for student safety. Headband, hair ties, ribbons, scrunchies and clips must be **blue**, **black or brown**.

It is not appropriate for children to come to school with dyed or inappropriate hair styles as deemed by the Principal.





## Do you qualify for free home internet?



Our helpful team can check for you. Scan the QR code or call 1800 954 610 for more information.

ment initiative

#### Get back to school ready with the School Student Broadband Initiative

Children who can access online learning at home as part of their education are more likely to engage in classroom activities.

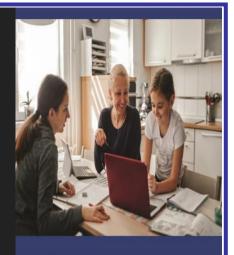
With broadband internet access your family will be able to access fast internet at home, which supports children to build their digital skills, learn how to safely use the internet and participate in a world that is more dependent on digital technology.

There is still time to sign up for the School Student Broadband Initiative (SSBI):

- For any families signing up now, this offer means free internet until 31 December 2025.
- · For families who have already connected with SSBI, their free internet will automatically be rolled over until 31 December 2025.

Check your eligibility for free nbn broadband until the end of 2025 now

Contact the National Referral Centre on 1800 954 610 (Mon - Fri, 10am - 6pm AEDT) or visit anglicarevic.org.au/student-internet





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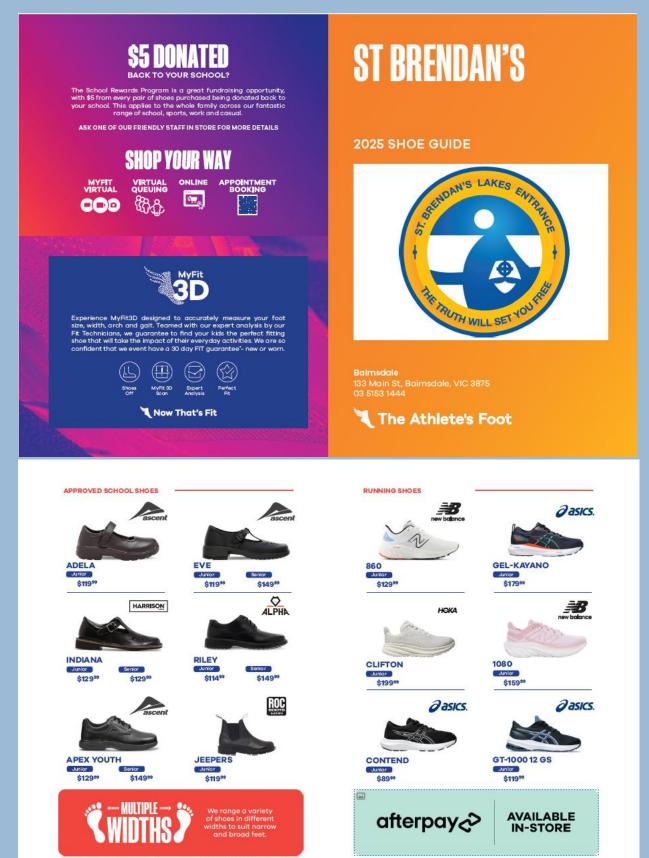
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**Uniform** - Together with The Athlete's Foot, Bairnsdale, we have a new School Rewards Program that is a great fundraising opportunity for St Brendan's. \$5 from every pair of shoes purchased is being donated back to your school. This applies to the whole family across our fantastic range of school, sports, work and casual.

The holidays is a great time to check your child's uniform and purchase new items. A reminder that we will be going into Summer uniform on return to Term 4. Check dress length for girls and make alterations before returning.



Clarks, Roc & Harrison 20% CFF discourt pricing valid from 31/12/2024 - 20/02/2025. School styles anly. Price displayed is RRP



#### Join Woolworths Cricket Blast Designed for kids to learn skills, exercise, and make friends.

Metung Swan Reach Cricket Club invite all 4-9 year olds to join our Blasters program. Our sessions take place at 9.30am Saturday mornings from 12th October until 30th November.

Please contact Mark for more information on 0408088587 or metungswanreachcc@outlook.com

**SIGN UP TODAY!** 

Q Play Cricket



Dia.

## MORE RUNS MORE WIGKETS MORE FUN!

Get involved in all the junior cricket action at your local club this summer.

Metung Swan Reach Cricket Club invite all kids aged 10-16 to come and join our Junior Cricket Academy. Training starts on Wednesday 2nd October with games for U13's on Friday evenings and U16's on Saturday mornings.

For more information call Peter on 0429 442 285 or email metungswanreachcc@outlook.com

SIGN UP TODAY!



#### LAKES ENTRANCE CRICKET CLUB

JUNIOR CRICKET PATHWAY



Start your cricket journey at YOUR local club!

#### **REGISTRATIONS ARE NOW OPEN**

- Under 13 Competition Cricket
- Woolworths Cricket Blast







Email enquiries to

egufcregistrar@outlook.com

## NATIONAL CATHOLIC SAFEGUARDING STANDARDS

Standard Six

Effective complaints management.

Standard Seven

Ongoing education and training.

Standard Eight

Standard Nine

Continuous improvement.

Standard Ten

Policies and procedures support the

Safe physical and online environments.





Children and adults are safe. informed and participate.



Partnering with families, carers and communities.

#### Standard Four

Equity is promoted and diversity is respected.

#### Standard Five

#EveryConversationMatters

Robust human resource







Entry forms available at SCHOOLWORKS Schoolworks or scan QR to

SUPPLIES download

## Get \$200 to help your child play sport!



### The Get Active Kids Voucher Program is now open!

Get in quick as applications only remain open until the allocation is exhausted.

If your family or child has a Health Care Card or Pensioner Concession Card, you may be eligible for up to \$200 to put towards the cost of your child's participation in sport and active recreation activities.

#### Important Dates:

- Applications open from 9 October 2024 until the allocation is exhausted.
- Reimbursement expenditure dates: from 1 July 2024 until submission of application
- Vouchers expiry date: Tuesday, 29 April 2025.

The Get Active Kids Voucher Program helps eligible families get their kids involved in organised sport and active recreation activities by providing financial support for the cost of membership and registration fees.

Special consideration also applies for children residing in care services, as well as temporary or provisional visa holders, undocumented migrants, or international students. www.getactive.vic.gov.au/vouchers





Friends of the Library Lakes Entrance
Book Review Competition

#### Friends of the Library Lakes Entrance

#### invite

Primary school students (grades 1-6)

Secondary students (years 7-12)

#### to

- borrow a book from the Lakes Entrance Library,
- · collect an entry form and
- write a short review and
- return the book and review to the Library

All reviews will go into the monthly draw for a gift \$20 voucher for "<u>Lakes Books and Games</u>" store and be displayed in the Library.

#### ST BRENDAN'S STUDENT LUNCH ORDER

#### SUSHI ROLLS

Salmon & Avo	\$4
Avocado	\$4
Cucumber	\$4
Tempura Vege	\$4
Teriyaki Chicken	\$4
Chicken Katsu	\$4
Panko Prawn	\$4
Tuna & Avo	\$4

#### SALADS & BOWLS

Salmon Poke Bowl	\$12.5
Tofu & Vege Poke Bowl	\$10
Vege Soba Noodle Salad	\$10

#### DRINKS

lightly Sparkling Mineral Water	\$3
ime, Raspberry,	
Watermelon, Mango,	



#### HOT FOOD

Honey Chicken + Fried Rice	\$10
Teriyaki Chicken + Fried Rice	\$10
Chicken Oyster Stir fry + Fried rice	\$10

#### RICE PAPER ROLLS

Tofu	\$
Lemongrass Chicken	\$
Pork	\$
Prawn	\$
Pork & Prawn	\$

Lunch Order