

# St Brendan's Primary School 1581

40 Golf Links Road, Lakes Entrance 3909  
Ph: 03-51552712 Fax 03-51554565

Website : [www.lakesent.catholic.edu.au](http://www.lakesent.catholic.edu.au)  
Email : [principal@lakesent.catholic.edu.au](mailto:principal@lakesent.catholic.edu.au)  
Internet Banking : BSB 083 879 A/C 695096861  
Account Name : St Brendan's School

Newsletter No 11  
April 24, 2024



*We would like to acknowledge the Traditional Custodians of the land on which we gather today, the Gunaikurnai people.  
We pay our respects to their elders past, present and emerging. We extend that respect to all people.  
We would especially like to acknowledge the land on which our school stands and ask everyone to show respect to the environment and all that it includes.*



## Thursday 25th April, 2024

### ANZAC Day - No School



We have once again been invited to participate in the ANZAC Day March and Ceremony. **We ask that parents and participating students meet us at the back car park of Glenara/RSL at 10.30am.**

Students will march to the cenotaph where they will participate in the ceremony. If the company is dismissed from the cenotaph, parents will be able to collect their children immediately after the ceremony. Otherwise they may be collected from the RSL car park at the end of the march back.

We look forward to good representation from our school as it is one of the ways we participate in our community. It is a great way to show our appreciation of the sacrifices made by those who fought for our country and their families.

**Students are required to wear summer dress uniform.** Parents are most welcome to walk with us or to watch the march.



## Friday 26th April, 2024

### Student Free Day - No School

Dates for the Calendar		
Term 2	APRIL 2024	
Week 2	Thursday 25th	ANZAC Day
	Friday 26th	No School
	MAY 2024	
Week 3	Wednesday 1st	5.00pm - Year 6 camp meeting
	Friday 3rd	2.30pm Assembly—School Captains
Week 4	Monday 6th	Year 5 Camp - Sovereign Hill
	Tuesday 7th	Year 5 Camp - Sovereign Hill 9.00 - 11.00am Mother's Day Stall
	Wednesday 8th	Year 5 Camp - Sovereign Hill 9.00 - 11.00am Mother's Day Stall
	Friday 10th	Mother's Day Breakfast St Brendan's Athletics Day
	Sunday 12th	Mother's Day
Week 5	Monday 13th	Division Cross Country (TBC)
	Tuesday 14th	9.10am Year 6 Class Prayer Year 3/4 Inform & Empower
	Thursday 16th	3.30pm Parent meeting First Communion—Hobby Room
	Friday 17th	District Winter Sports
Week 6	Tuesday 21st	9.10am Year 4 & 4/5 Class Prayer
	Friday 24th	9.10am Whole school Mass - Mary Help of Christians 2.30pm Assembly - Year 2 Blue
	Sunday 26th	First Communion Commitment Mass
Week 9	Monday 10th June	Kings Birthday Holiday



**All bike and scooter riders are required to wear a bike helmet in Victoria. Students must wear bike helmets when riding to and from school.**

**STILL NEEDED: A lovely person** to take on the job of preparing stoles for the Sacraments. This is not a difficult job. It simply requires printing out and ironing decals onto a strip of cloth. There are not many to do and all resources, bar an iron, are supplied. The printing can be done at school if needed. Please contact school if you can assist.



## St Brendan's & St Colman's Catholic Church - Mass Times

Fr Hiep is on leave... We wish you all the best for a safe & relaxing journey.... God Bless

Sun 28th April

St Brendan's Lakes Entrance

9.00am



# ANZAC Day Prayer



**On Thursday the 18th of April, St Brendan's held their official Block B and C blessing. These beautiful working spaces have been utilised since their opening in 2021 but due to the pandemic the blessing had not been able to occur.**

The School community gathered in our hall. When everybody was seated, Mr Hamer and Mrs Morrison started speaking at the microphone. Fr Hiep Nguyen then came to the microphone and delivered a simple prayer service including his homily. He and Chloe Watson (parent committee member) along with some of our house captains took part in the prayer service with prayers of the faithful. The entire school sang beautifully.

After a brief introduction, Dermot Cannon (an official from the Diocese of Sale) came up to the microphone and spoke about how the money for our buildings was made available and by whom. He also spoke a little about the building's design process.

We learnt that the Catholic Education Department had a masterplan and along with Mr Hamer designed Block B way back in 2018. Block B was a success and in 2020 it was time to design Block C. Block C's design had changed a little from the original design with the addition of breakout rooms.

Both blocks were finished and in use by 2021.

Each Block has amazing learning spaces that are modern and bright.

The school's community's dream came to reality and the staff were very happy with the results. ESO's teach LLI, Little Learners, and small group work in the breakout rooms and the classrooms are full of light and space.

Hon Ben Carroll, gave his address via video, due to him not being able to attend in person. Then Dermot Cannon and Fr Hiep opened curtains showing off the official plaques.

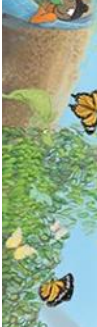
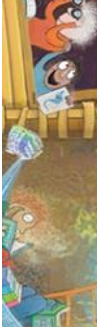
After the students were back in class, Fr Hiep, Dermot Cannon, Very Rev Fracis Obo, and Mick Maye all went on a tour of the school. They blessed the buildings and our work environments with holy water.

Our visitors saw us using our buildings and were thrilled to know their money and designs resulted in usable and loved spaces.

Written by,  
Indie Rijs and Oceanna Greaves  
Grade 6

# Official Blessing and Opening of Learning Blocks B & C





The 2024 Victorian Premiers' Reading Challenge is now open and St Brendan's is excited to be participating. The PRC application offers a range of exciting features including:

- access to a library catalogue (including book images and blurbs)
- a modern user-friendly interface
- rewarding students with badges as challenge milestones are achieved
- the option for students to mark books as a favourite, give them a star rating or complete a book review

The Challenge is open to all Victorian children from birth to Year 10 in recognition of the importance of reading for literacy development. It is not a competition; but a personal challenge for children to read a set number of books by 6th September, 2024.

Children from Prep to Year 2 are encouraged to read or 'experience' 30 books with their parents and teachers. Children from Year 3 to Year 10 are challenged to read 15 books.

All children who meet the Challenge will receive a certificate of achievement signed by the Victorian Premier and former Premiers.

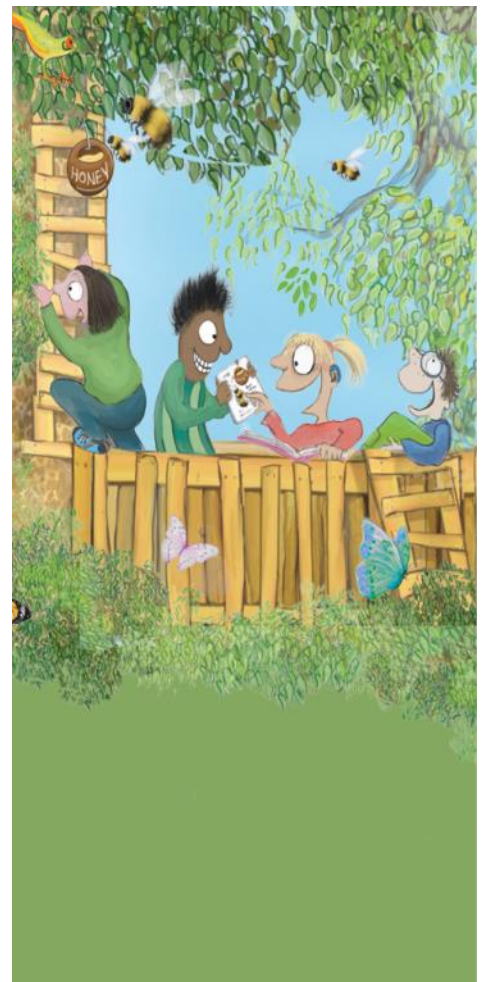
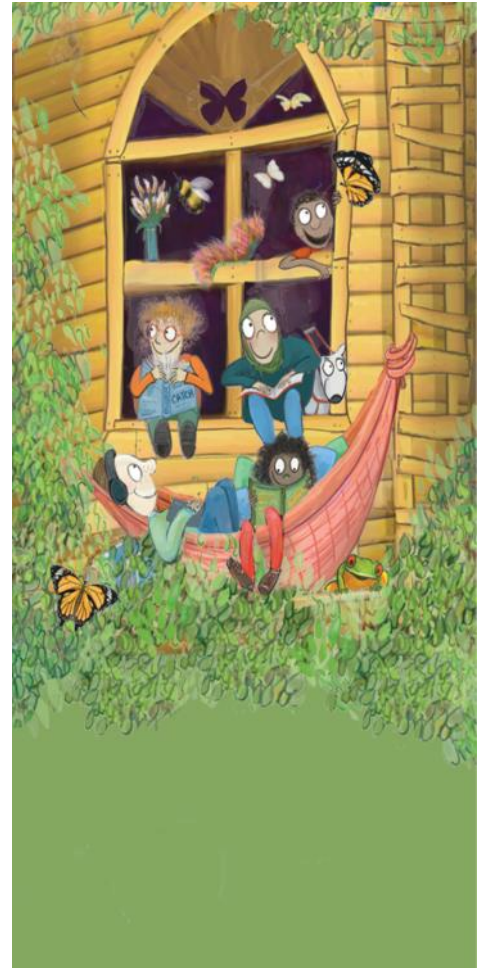
To view the booklist and for more information about the Victorian Premiers' Reading Challenge, visit: [vic.gov.au/premiers-reading-challenge](http://vic.gov.au/premiers-reading-challenge)

The Premiers Reading Challenge has an online recording system which is intended for students to enter their books at home.

**Students wishing to participate, need to send Katrina an email at:**

**[kwykes@lakesent.catholic.edu.au](mailto:kwykes@lakesent.catholic.edu.au)**

**They will then be emailed their username, password and details to access the online computer system.**





# Junior Country Champs

By Haddie McLeod

Over the holidays, myself and some St Brendan's students participated in Basketball Victoria's Junior Country Championships. Under 14's were played in Mildura and U12's were in Bendigo. We played our best against the other teams from around Victoria.

We all had a very successful tournament. U14 and U12 Boys came Runners Up in Division 4. U12 Lakes Entrance Girls made it to the Semi-Final losing by only 2pts. Oceanna's U12 team won Division 2.

My favourite moment for the tournament was playing with my school friends and making the Semi-Final.

I interviewed some St Brendan's players, asking them, "What was their best moment of the tournament?". This is what they said.

## What was your best moment at Country Champs?

- Getting to the Semi-Finals.**  
Keele - Pelicans U12 Girls
- Playing amazing defence and to make it to the Semi-Finals.**  
Isobel - U12 Pelicans Boys
- Playing with the boys and making it to the Grand Final**  
Reide - U14 Pelicans Boys
- The win against Wallen.**  
Billie - U12 Pelicans Girls
- Winning against Maffra, a team that had beaten us before by heaps.**  
Callum - U12 Pelicans Boys
- Winning Division 2**  
Oceanna - U12 Eagles Girls
- Playing against Maffra**  
Isaac - U12 Pelicans Boys



## **SPECIAL REPORT: Trauma Recovery**

Trauma in children significantly disturbs their sense of safety and normalcy, leading to substantial emotional and behavioural changes. Such disturbances often result from exposure to traumatic events, which may be exacerbated by continuous media coverage. This exposure can trigger stress, anxiety, and trauma, with varying recovery timelines due to the unpredictable nature of trauma's impact. Observing young people grappling with these effects can be highly distressing for parents and caregivers.

It's important to establish a nurturing environment to help restore a child's sense of security to help promote resilience. Active involvement in their recovery is essential, as is recognising the unique, personalised needs of each child in responding to trauma. Depending on their age, children may present with different symptoms, such as regressive behaviours in younger ones or withdrawal and agitation in older children and teens. It is important to monitor and manage the type of information children may access to reduce their emotional distress.

The brain stores traumatic events as powerful emotional memories, influencing behaviour through mechanisms beyond a child's conscious awareness. By providing young people with support and equipping them with coping mechanisms to handle uncertainty, parents and carers can greatly enhance a child's capacity to recover and build long-term emotional resilience.

This Special Report will help you identify a child experiencing trauma and how you can support them to overcome it.

**Here is the link to your Special Report** [https://lakesent.catholic.schooltv.me/wellbeing\\_news/special-report-trauma-recovery](https://lakesent.catholic.schooltv.me/wellbeing_news/special-report-trauma-recovery)



**SPECIAL REPORT**

# **Trauma Recovery**





## Authentic Connection Webinar for Parents & Carers

This presentation includes **emotionally engaging stories** and **practical strategies** which will demonstrate the power of embracing **vulnerability, imperfection** and **passion** to build connection.

**DURATION**  
60 minutes

**FORMAT**  
Online Webinar

**When: Wednesday 22nd May, 2024**

**Time: 6:30pm**

**Where: In the comfort of your own home**

**A link to join this webinar will be posted closer to the date.**



**SCHOOL  
UNIFORM**



St Brendan's School Uniform can be ordered online!

Link to website for St Brendan's Uniform below:

<https://nicksbairnsdale.com.au/product-category/schoolwear/st-brendans-uniform/>

93 Main Street Bairnsdale Victoria 3875

Phone (03) 5152 1333



Keeps everyone in the learning loop



## LIBRARY BAGS

It is a school requirement that **all students** have a library bag to take home their readers/books.

We have library bags for sale in the office for \$8.00 each. If you can't get to the school office, you may contact the office to have the cost added to your school fees and the bag supplied to your child.



## Uniform Reminders

**JEWELLERY** is restricted to the following - a wrist watch, no more than **one** small matching pair of studs or sleepers in the ear lobe - gold, silver or gemstone, a religious medallion on a chain to be worn under clothing.

**Fashion jewellery, make-up and nail polish are not permitted.**

**HAIR** is to be kept neat and tidy at all times. Hair longer than collar length, must be **tyed back completely**. This is to help restrict the spread of nits and lice and for student safety. Headband, hair ties, ribbons, scrunchies and clips must be **blue, black or brown**.

It is not appropriate for children to come to school with dyed or inappropriate hair styles as deemed by the Principal.



## REMINDER: NO SMART WATCHES AND DEVICES AT SCHOOL

Smart watches that allow communication via SMS, email or phone call cannot be worn at school with the same rules applying as with a mobile phone.



At St Brendan's students may only bring mobile phones/devices/ SMART Watches to school if there is a need for them to contact their parents either before arriving at school or in the afternoon after leaving school. Upon arrival at school the phone/ device/ SMART Watch is to be checked in at the school office where it will be turned off and kept securely for the day. It is the child's responsibility to collect the phone/ device/ SMART Watch at the end of the day. Parents with an urgent need to be in contact with their child during the day should contact the school office and appropriate steps will be taken to pass on the message.



St Brendan's Primary School - Lakes Entrance

All users interacting with the St Brendan's Primary School Facebook or Instagram page, by either liking or commenting on posts, must do so using an account that clearly identifies them by their real name.



stbrendanscps\_lakesentrance

*Users may not use students, teachers or any member of our community's names when commenting on posts. Share or Tag, but don't name.*

If you upload photos on social media of school events, be aware of who is in the background. Some parents and caregivers do not want themselves or their children on social media. Thank you for your support.

Providing Value to Families

**Issue 3 Out Now!**



Includes a **\$5 credit!**

SCHOLASTIC **Book Club**

**\* EXPLORE THE BOOKS TOGETHER \***

*Kid-friendly size*

*Larger, eye-catching images*

*Great Titles at Great Prices*



SCHOLASTIC **Book Club**

Orders due back by:

**Monday**

**29th**

**April**

## St Brendan's Parish Office, Lakes Entrance Parish Secretary Position

St Brendan's parish Lakes Entrance requires an experienced bookkeeper to take on the position as parish secretary. Finance experience is essential. The position is for three days per week from 9.00 am until 4.00 pm. Tuesday, Wednesday, Friday or Tuesday, Thursday, Friday. Applicants should include at least one reference. Interested persons should apply in writing to:

Fr Van Hiep Nguyen  
St Brendan's Parish,  
40 Golf Links Rd,  
Lakes Entrance 3909  
Or by email to: [paul.hiep296@gmail.com](mailto:paul.hiep296@gmail.com)

# RAISING KIDS IN A DIGITAL WORLD

**WEBINAR  
FOR PARENTS & CARERS**

Social Media  
Cyber Bullying  
Explicit/Adult Content  
Impacts of Screen Time  
Child & Tween Online Trends  
Online Gaming  
Managing Devices in the Home  
Strengthening Family Communication

## St Brendan's Catholic Primary School

Thursday 16 May | 7.30pm



**Martin McGauran**  
Primary School Teacher  
& Digital Safety Educator

- 90 minute presentation
- Parents/carers only
- Exclusive access to resources

Register to come along:  
[bit.ly/may16parents](https://bit.ly/may16parents)



**Carley McGauran**  
Psychologist & Mum to  
3 school-aged kids

Marty and Carley were simply sensational. Their presentation was relevant, honest and informative. A MUST for each school, every year.  
Principal

An evening that provided some reality checks! A few new changes in our home this week!  
Parent of 3yo & 11yo

**INFORM & EMPOWER**



# Do you want to continue playing tennis?

You might be eligible for funding from the **Australian Tennis Foundation** through the **Opportunity Knocks Subsidy Program**.

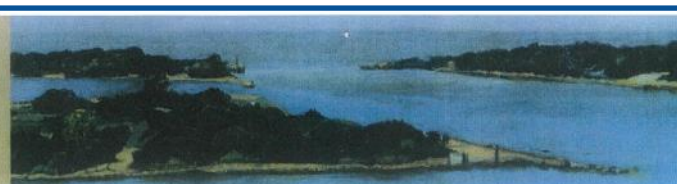
The ATF Opportunity Knocks Subsidy Program is available to children and young people aged between 5-17 years who are facing financial hardship and/or disadvantage.

Contact your local coach  
Nigel Carr  
0400 003 270

Contact your local club  
Lakes Entrance Tennis Club  
45 Palmers Rd  
Lakes Entrance  
[play.tennis.com.au/LETC](http://play.tennis.com.au/LETC)

The Program funds up to \$400 per person per year for coaching fees, plus an additional \$100 per person per year is available for club membership and/or competition fees.

Scan here or click on this link for more information



## Friends of the Library Lakes Entrance Book Review Competition

Friends of the Library Lakes Entrance  
invite

Primary school students (grades 1-6)

Secondary students (years 7-12)

to

- borrow a book from the Lakes Entrance Library,
- collect an entry form and
- write a short review and
- return the book and review to the Library

All reviews will go into the monthly draw for a gift \$20 voucher for "[Lakes Books and Games](#)" store and be displayed in the Library.

### ST BRENDAN'S STUDENT LUNCH ORDER



#### SUSHI ROLLS

Salmon & Avo	\$4
Avocado	\$4
Cucumber	\$4
Tempura Vege	\$4
Teriyaki Chicken	\$4
Chicken Katsu	\$4
Panko Prawn	\$4
Tuna & Avo	\$4

#### SALADS & BOWLS

Salmon Poke Bowl	\$12.5
Tofu & Vege Poke Bowl	\$10
Vege Soba Noodle Salad	\$10

#### DRINKS

Lightly Sparkling Mineral Water	\$3
Lime, Raspberry, Watermelon, Mango,	

#### HOT FOOD

Honey Chicken + Fried Rice	\$10
Teriyaki Chicken + Fried Rice	\$10
Chicken Oyster Stir fry + Fried rice	\$10
Fried Pork Dumpling (Gyoza)	\$7.5
with plum dipping sauce	

#### RICE PAPER ROLLS (2 roll + sauce)

Tofu	\$9
Lemongrass Chicken	\$9
Pork	\$9
Prawn	\$9
Pork & Prawn	\$9

# Lunch Order

# 2024 Junior Football @ LEFNC

Lakes Entrance Junior Football Training 2024  
and Parent Information .

Training Starts Wednesday 13th March

Under 11's at 4.30pm, Coach Brett Campisi

Under 13's at 4.45pm, Coach Gerard Kennedy

Under 15's at 5.00pm, Coach Rob Paladino

Training kicks off next week for all age groups for the 2024 season. At the start of each age groups training coaches will be there to give an overview of the season ahead and President Matt Zagami will be able to answer any other questions about registering and playing for Lakes. If parents have any other concerns or can't attend please feel free to contact Matt on 0407170178.

Go Lakes

# BAIRNSDALE CHRISTIAN COLLEGE



Educating  
Foundation - Year 10



## ENROLMENTS NOW OPEN FOR 2025

At Bairnsdale Christian College, we want every child to grow and develop to their full potential in every aspect of their lives.

For more information or to  
book a College tour:

[admin@bccs.vic.edu.au](mailto:admin@bccs.vic.edu.au)  
(03) 5153 0079

[www.bccs.vic.edu.au](http://www.bccs.vic.edu.au)  
101 Bairnsdale-Dargo Rd,  
Bairnsdale VIC 3875



## INDOOR SOCCER

FUTSAL SEASON STARTING  
13<sup>th</sup> MAY 2024

### WINTER COMPETITION

Mondays - 12 weeks + Finals

Juniors (ages 7+) & Seniors (Men & Women)

Come and Try days & Practice Matches at the BARC  
29<sup>th</sup> April - Juniors 4:30 to 6pm / Seniors 6 to 7:30pm  
6<sup>th</sup> May - Juniors 4:30 to 6pm / Seniors 6 to 7:30pm

- \$120 Juniors (7yo - 15yo) Plus FV Futsal Reg. & Insurance for new players to Futsal in 2024
- \$150 Seniors (16+)

Early Bird Discount available until 31 March!



SCAN ME

[PLAYFOOTBALL.com.au/REGISTER](http://PLAYFOOTBALL.com.au/REGISTER)  
(search for Bairnsdale Soccer Club)



@bairnsdalesoccerclub

info@bairnsdalesoccerclub.com



EAST GIPPSLAND  
SHIRE LIBRARIES

FREE AGES 5 -12 BOOKINGS ESSENTIAL

## April LEGO Club Sessions



Junior LEGO enthusiasts are invited to attend our school holiday LEGO Club session in the new year!

This session will incorporate freestyle creativity - make whatever you'd like!

Come along and unleash your imagination!

The library will gladly accept donations of old or new LEGO brand pieces for our LEGO Club collection.

Phone 5152 4225 or book in person at the library for this FREE event.

Bairnsdale Library  
Wednesday 10 April  
4.00 pm - 5.00 pm

Lakes Entrance Service Centre  
3, 10, 17, 24 and 30 April  
3.40 pm - 4.40 pm

Orbost Service Centre  
8, 15, 22 and 29 April  
3.30 pm - 4.30 pm

Paynesville Service Centre  
3, 10, 17, 24, 30 April  
3.40 pm - 4.40 pm

Omeo Service Centre  
3, 10, 17, 24 and 30 April  
3.30 pm - 4.30 pm

Mallacoota Service Centre  
4, 11, 18 and 24 April  
3.30 pm - 4.30 pm





## **ST BRENDANS AFTER SCHOOL - SCHOOL OF ROCK & PRIVATE AFTER SCHOOL GUITAR LESSONS**

After School Of Rock Program  
Tuesdays & Wednesdays 3:30pm - 4:30pm  
\$10 per week

- 15 minutes of Rock and Roll History/knowledge of the bands we're learning.
- 15 minutes of group bucket drumming (to learn rhythm the fun way!)
- 30 minutes of Group Guitar lessons.
- Each week comes with a video lesson summary to access from home.
- More online lessons for the keen ones to learn as much as they want.

After School Private Guitar Lessons  
Tuesdays & Wednesdays 4:45pm - 7:45pm  
1:1 - \$30 per 30 minute lesson  
OR share the lesson with a mate  
2:1 - \$15 per mate 30 minute lesson

- Lessons with the number one aim to make you LOVE guitar, prioritizing lessons for St. Brendans kids, siblings, parents and community.
- Learning songs YOU LOVE with a modern hands on approach to the key techniques and components of guitar.  
Reading tabs, bar chords, power chords, licks, riffs, solos, finger style and the theory you'll actually use.
- Each student will receive an online weekly lesson summary to ensure we move forward each week and for the keen ones to learn as much as they can from home.

Contact For Enquiries -  
Kaelan Hercus  
0450 299 345  
rosie\_muso@outlook.com