St Brendan's Primary School 1581

Website: www.lakesent.catholic.edu.au Email: principal@lakesent.catholic.edu.au

Internet Banking: BSB 083 879 A/C 695096861 Account Name: St Brendan's School

Newsletter No 10

April 19, 2024







We would like to acknowledge the Traditional Custodians of the land on which we gather today, the Gunaikurnai people. We pay our respects to their elders past, present and emerging. We extend that respect to all people. We would especially like to acknowledge the land on which our school stands and ask everyone to show respect to the environment and all that it includes.



Official Blessing and Opening





		Dates for the Calendar
Term 2	APRIL 2024	
Week 2	Monday 22nd	Year 3/4 Karoonda Park Camp
	Tuesday 23rd	Year 3/4 Karoonda Park Camp
	Wednesday 24th	Year 3/4 Karoonda Park Camp
	Thursday 25th	ANZAC Day
	Friday 26th	No School
	MAY 2024	
Week 3	Friday 3rd	2.30pm Assembly—School Captains
Week 4	Monday 6th	Year 5 Camp - Sovereign Hill
	Tuesday 7th	Year 5 Camp - Sovereign Hill 9.00 - 11.00am Mother's Day Stall
	Wednesday 8th	Year 5 Camp - Sovereign Hill 9.00 - 11.00am Mother's Day Stall
	Friday 10th	Mother's Day Breakfast St Brendan's Athletics Day
	Sunday 12th	Mother's Day
Week 5	Monday 13th	Division Cross Country (TBC)
	Tuesday 14th	9.10am Year 6 Class Prayer Year 3/4 Inform & Empower
	Thursday 16th	3.30pm Parent meeting First Communion—Hobby Room
	Friday 17th	District Winter Sports
Week 9	Monday 10th June	Kings Birthday Holiday



All bike and scooter riders are required to wear a bike helmet in Victoria. Students must wear bike helmets when riding to and from school.

St Brendan's & St Colman's Catholic Church - Mass Times

Tuesday 23rd - Friday 26th No Weekday Masses

Fr Hiep is on leave... We wish you all the best for a safe & relaxing journey.... God Bless

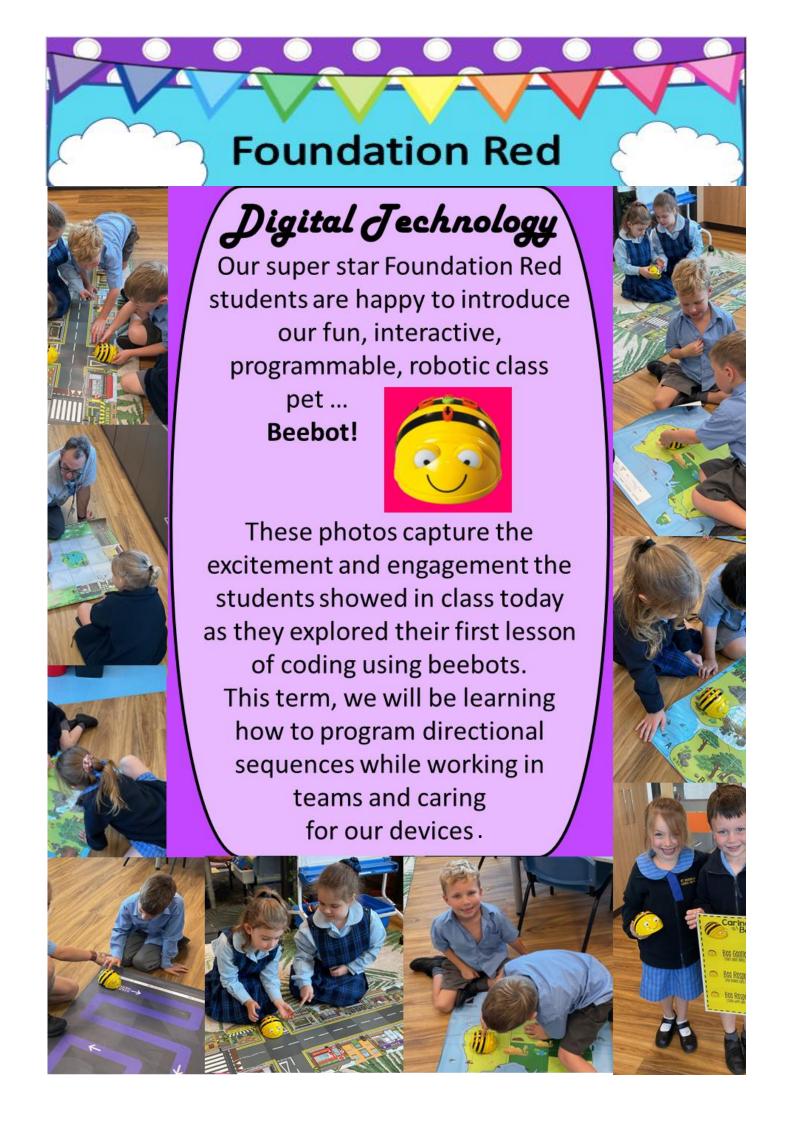
Wed 24th April Funeral for Teresa Granata

St Colman's Orbost 2.00pm

Sun 28th April St Brendan's Lakes Entrance 9.00am

St Colman's Orbost 11:00am







Did you know ...

We spend 49% of our waking hours thinking about something other than what we're doing! Regular mindfulness practice can improve our:

- Immune system.
- Energy levels.
- Sleep quality.
- Awareness.
- Memory.
- Productivity.

Why don't you give it a go? Find a mindfulness activity that suits you and that you enjoy, everyone is different. Below are some suggestions:

- Listening to music.
- Exercise (eg: walking).
- Colouring.
- Puzzles.
- Meditation.
- Yoga.





St Brendan's is proud to inform parents and carers that we are offering 'Peaceful Kids' sessions for selected students each Friday by our trained facilitator, Marg MacKay.



"The 'Peaceful Kids' program is a Mindfulness and Positive Psychology based program to lessen anxiety and stress and increase resilience in children." This program helps children to build their emotional resilience and provides them with life long strategies to assist them to be more resilient, mindful and focussed.

For more information and resources, visit the website peacefulkids.com.au

Happy Easter!

This Church season actually lasts 50 days, ending on Pentecost Sunday. We hope you all were all able to spend some quality family time together over Easter. Thank you to our little bunch of children who did such a great job reading at Easter Sunday Mass! These little Easter people are a great example of being part of community.



SACRAMENTS

Our Sacrament schedule for this year is as follows:

Term Two - First Holy Communion

Term Three - Confirmation

Term Four - Reconciliation

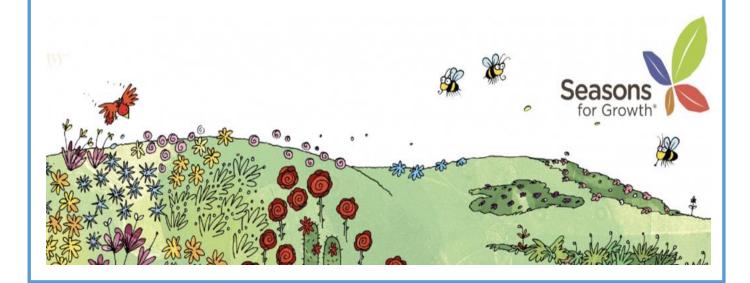
If your child is baptised and would like to take part, please contact Helen at school, or Michelle Grimstead (Parish Sacramental Coordinator) on 040 900 6051.

For any queries about Baptism of school aged children, please ring Helen at school.

For those younger, contact the Parish Office on 51555232

STILL NEEDED:

A lovely person to take on the job of preparing stoles for the Sacraments. This is not a difficult job. It simply requires printing out and ironing decals onto a strip of cloth. There are not many to do and all resources, bar an iron, are supplied. The printing can be done at school if needed. Please contact school if you can assist.



RAISING KIDS IN A DIGITAL WORLD

WEBINAR FOR PARENTS & CARERS

Social Media

Impacts of Screen Time Online Gaming

Cyber Bullying

Child & Tween Online Trends Managing Devices in the Home

Explicit/Adult Content

Strengthening Family Communication

St Brendan's Catholic Primary School

Thursday 16 May | 7.30pm



Martin McGauran Primary School Teacher & Digital Selety Educator

- 90 minute presentation
- Parents/carers only
- Exclusive access to resources

Register to come along: bit.ly/may16parents





Carley McGauran
Psychologist & Num to
3 school-aged kids

Marty and Carley were simply sensational. Their presentation was relevant, honest and informative. A MUST for each school, every year." An evening that provided some reality checks!

A few new changes in our home this week!"

Parent of Byo & Hyo





SCHOOL UNIFORM





St Brendan's School Uniform can be ordered online!

Link to website for St Brendan's Uniform below:

https://nicksbairnsdale.com.au/product-category/schoolwear/st-brendans-uniform/

93 Main Street Bairnsdale Victoria 3875

Phone (03) 5152 1333



LIBRARY BAGS

It is a school requirement that <u>all students</u> have a library bag to take home their readers/books.

We have library bags for sale in the office for \$8.00 each. If you can't get to the school office, you may contact the office to have the cost added to your school fees and the bag supplied to your child.



Uniform Reminders



<u>JEWELLERY</u> is restricted to the following - a wrist watch, no more than **one** small matching pair of studs or sleepers in the ear lobe - gold, silver or gemstone, a religious medallion on a chain to be worn under clothing.

Fashion jewellery, make-up and nail polish are not permitted.

<u>HAIR</u> is to be kept neat and tidy at all times. Hair longer than collar length, must be **tied back completely**. This is to help restrict the spread of nits and lice and for student safety. Headband, hair ties, ribbons, scrunchies and clips must be **blue**, **black or brown**.

It is not appropriate for children to come to school with dyed or inappropriate hair styles as deemed by the Principal.



REMINDER: NO SMART WATCHES AND DEVICES AT SCHOOL

Smart watches that allow communication via SMS, email or phone call cannot be worn at school with the same rules applying as with a mobile phone.



At St Brendan's students may only bring mobile phones/devices/ SMART Watches to school if there is a need for them to contact their parents either before arriving at school or in the afternoon after leaving school. Upon arrival at school the phone/ device/ SMART Watch is to be checked in at the school office where it will be turned off and kept securely for the day. It is the child's responsibility to collect the phone/ device/ SMART Watch at the end of the day. Parents with an urgent need to be in contact with their child during the day should contact the school office and appropriate steps will be taken to pass on the message.

Supporting School Events

As in previous years we will not be running a formal Parents and Friends committee in 2024. Alternatively, it is the School Advisory Committees recommendation that we provide families with a list of events taking place over the course of the year requesting that families select one or two events they can assist with. Prior to this event taking place, volunteers will be contacted by the school with more details.

This initiative supports the school by spreading the workload and ensuring our students can enjoy all the opportunities we have in place. Please remember, all volunteers must have a current Working With Children Card which has been presented to the school office.



The survey can be found on PAM. You will have a new alert listed, highlighted in red, "Connect Surveys - Supporting School Events". Follow the prompts to complete. Please select one or two of the events named that you can assist with. Your help is greatly appreciated.







Mother's Day Breakfast

Father's Day Stalls





Father's Day Breakfast

Working Bee



Graduation

Have you thought about a career as a Swimming Instructor?

- · Do you harbor an innate love of water?
- Do you want to help save lives?
- Do you want to feel the rewarding experience of building a child's confidence in the water and giving them a skill for life?
- Do you have good communication skills?
- Are you looking for casual hours with a well-paid hourly rate of \$38.82 an hour?
- Are you looking for the flexibility of working during school hours and having school holidays off with the kids?
- Are you after a fun and positive work environment?
- Are you after an opportunity in career progression within a business as your family grows?
 Well, we would love to speak to you!

INSTRUCTOR

Please call in and have a chat with Sam at the Lakes Entrance Aquadome or alternatively call 5155 3333.

For further information on courses please go to the following websites.

https://austswim.com.au/course-listing

https://lsv.com.au/training-all/swim-teacher-training-course/

https://scta.org.au/learn/teacher-courses-aquatics-courses/swim-australia-teacher/



St Brendan's Primary School - Lakes Entrance



stbrendanscps_lakesentrance

All users interacting with the St Brendan's Primary School Facebook or Instagram page, by either liking or commenting on posts, must do so using an account that clearly identifies them by their real name.

Users may not use students, teachers or any member of our community's names when commenting on posts. Share or Tag, but don't name.

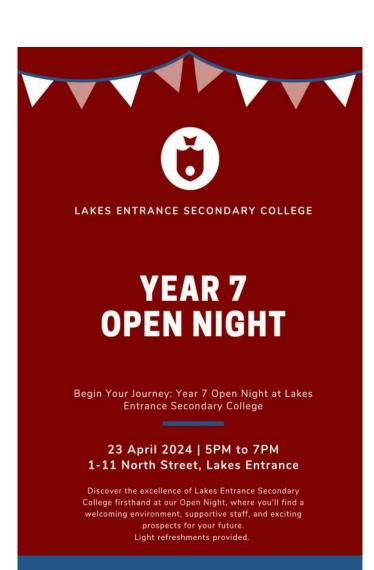
If you upload photos on social media of school events, be aware of who is in the background. Some parents and caregivers do not want themselves or their children on social media. Thank you for your support.



Orders due back by:

Monday
29th
April





Do you want to continue playing tennis? You might be eligible for funding from the Australian Tennis Foundation through the Opportunity Knocks Subsidy Program. The ATF Opportunity Knocks Subsidy Program is available to children and young people aged between 5–17 years who are facing financial hardship and/or disadvantage. The Program funds up to \$400 per person per year for coaching fees, plus an additional \$100 per person per year is available for club membership and/or competition fees. Scan here or click on this link for more information



Friends of the Library Lakes Entrance

Book Review Competition

Friends of the Library Lakes Entrance invite

Primary school students (grades 1-6) Secondary students (years 7-12)

to

- borrow a book from the Lakes Entrance Library,
- · collect an entry form and
- · write a short review and
- return the book and review to the Library

All reviews will go into the monthly draw for a gift \$20 voucher for "Lakes Books and Games" store and be displayed in the Library.

ST BRENDAN'S STUDENT LUNCH ORDER

Australian

SUSHI ROLLS

Salmon & Avo	\$4
Avocado	\$4
Cucumber	\$4
Tempura Vege	\$4
Teriyaki Chicken	\$4
Chicken Katsu	\$4
Panko Prawn	\$4
Tuna & Avo	\$4

SALADS & BOWLS

Salmon Poke Bowl	\$12.5
Tofu & Vege Poke Bowl	\$10
Vege Soba Noodle Salad	\$10

DRINKS

Lightly Sparkling	\$3
Mineral Water	
Lime, Raspberry,	
Watermelon, Mango,	

A TOUR

HOT FOOD

Honey Chicken + Fried Rice	
Teriyaki Chicken + Fried Rice	\$10
Chicken Oyster Stir fry + Fried rice	\$10
Fried Pork Dumpling (Gyoza)	
with plum dipping sauce	

RICE PAPER ROLLS

2 roll + sauce)

Tofu	\$9
Lemongrass Chicken	\$9
Pork	\$9
Prawn	\$9
Pork & Prawn	\$9



2024 Junior Football @ LEFNC

Lakes Entrance Junior Football Training 2024 and Parent Information .

Training Starts Wednesday 13th March

Under 11's at 4.30pm, Coach Brett Campisi

Under 13's at 4.45pm, Coach Gerard Kennedy

Under 15's at 5.00pm, Coach Rob Paladino

Training kicks off next week for all age groups for the 2024 season. At the start of each age groups training coaches will be there to give an overview of the season ahead and President Matt Zagami will be able to answer any other questions about registering and playing for Lakes. If parents have any other concerns or can't attend please feel free to contact Matt on 0407170178.

Go Lakes







ST BRENDANS AFTER SCHOOL - SCHOOL OF ROCK & PRIVATE AFTER SCHOOL GUITAR LESSONS

After School Of Rock Program Tuesdays & Wednesdays 3:30pm - 4:30pm \$10 per week

- 15 minutes of Rock and Roll History/knowledge of the bands we're learning.
 - 15 minutes of group bucket drumming (to learn rhythm the fun way!)
 - 30 minutes of Group Guitar lessons.
 - Each week comes with a video lesson summary to access from home.
 - More online lessons for the keen ones to learn as much as they want.

After School Private Guitar Lessons Tuesdays & Wednesdays 4:45pm - 7:45pm 1:1 - \$30 per 30 minute lesson OR share the lesson with a mate 2:1 - \$15 per mate 30 minute lesson

- Lessons with the number one aim to make you LOVE guitar, prioritizing lessons for St. Brendans kids, siblings, parents and community.
- Learning songs YOU LOVE with a modern hands on approach to the key techniques and components of quitar.

Reading tabs, bar chords, power chords, licks, riffs, solos, finger style and the theory you'll actually use.

 Each student will receive an online weekly lesson summary to ensure we move forward each week and for the keen ones to learn as much as they can from home.

> Contact For Enquiries -Kaelan Hercus 0450 299 345 rosie_muso@outlook.com