

# St Brendan's Primary School 1581

40 Golf Links Road, Lakes Entrance 3909  
Ph: 03-51552712 Fax 03-51554565

Website : [www.lakesent.catholic.edu.au](http://www.lakesent.catholic.edu.au)  
Email : [principal@lakesent.catholic.edu.au](mailto:principal@lakesent.catholic.edu.au)  
Internet Banking : BSB 083 879 A/C 695096861  
Account Name : St Brendan's School

Newsletter No 6  
March, 8 2024



*We would like to acknowledge the Traditional Custodians of the land on which we gather today, the Gunaikurnai people.  
We pay our respects to their elders past, present and emerging. We extend that respect to all people.  
We would especially like to acknowledge the land on which our school stands and ask everyone to show respect to the environment and all that it includes.*



## COLOUR RUN

On **Friday, 22 March**, our Year Six Events and Social Justice Leaders have arranged a Colour Run event in the afternoon following the St Brendan's CPS Cross Country. Colour runs are popular fundraising events for schools and this year we are raising funds for Caritas and Project Compassion .



Students may bring a white/light coloured t-shirt to wear over their sports shorts, please note, colours that the students run through are fully washable from clothes. They are non-toxic and will not stain. Students should also bring sunglasses or goggles.



Parent helpers are required and would be greatly appreciated for the sausage sizzle. Please contact the office if you can spare some time. Parents are welcome to attend the Cross Country and return later in the day for the presentations and colour run.

9.15am

St Brendan's  
Cross  
Country

Parents Welcome!



10.35am

Recess fundraisers for  
Project Compassion  
(Students require \$1 &  
\$2 coins to take part)

12.40pm

Sausage sizzle lunch  
The cost of the  
Colour Run activity  
is \$5.00, this  
includes **one** sausage  
in bread or \$6.00 for  
**two** sausages in  
bread, with the funds  
raised being donated  
to Caritas.

2.00pm

Cross  
Country  
Presentation  
and

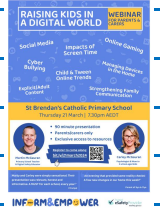



Hard copy notes  
have been sent  
out .

Please fill in the  
sausage sizzle  
reply slip and send  
back to school by  
Tuesday, 19  
March.

Thank you

Dates for the Calendar		
<b>Term 1</b>	<b>MARCH 2024</b>	
<b>Week 6</b>	Friday 8th	2.30pm Assembly - Year 6 Red
<b>Week 7</b>	Monday 11th	No school - Labour Day Holiday
	Thursday 14th	Regional Swimming - @ Sale
	Friday 15th	9.10am Whole School Mission Mass
<b>Week 8</b>	Tuesday 19th	5.00pm - 5.30pm Year 3/4 Karoonda Park Parent Information Session
	Wednesday 20th	5.00pm Year 5 Camp Meeting
	Thursday 21st	7.30pm - Inform & Empower - Webinar for Parents & Carers
	Friday 22nd	St Brendan's CPS - Cross Country—Sausage Sizzle—Colour Run
<b>Week 9</b>	Monday 25th	9.10am Year 4/5 & 5 Class Mass
	Wednesday 27th	10.00am-2.00pm Division Tennis at Bairnsdale Tennis Club
	Thursday 28th	9.10am GHC Assembly - Year 6 Blue 2.15pm - Term 1 Ends
	Friday 29th	GOOD FRIDAY
<b>Term 2</b>	<b>APRIL 2024</b>	
<b>Week 1</b>	Monday 15th	Term 2 commences
	Thursday 18th	2.00pm Year 3/4 camp Dining Experience
<b>Week 2</b>	Monday 22nd-24th	Year 3/4 Karoonda Park Camp
	Thursday 25th	ANZAC Day
	Friday 26th	No School
	<b>MAY 2024</b>	
<b>Week 3</b>	Friday 3rd	2.30pm Assembly—School Captains
<b>Week 4</b>	Monday 6th—8th	Year 5 Camp - Sovereign Hill
	Friday 10th	Mother's Day Breakfast St Brendan's Athletics Day






Baby congratulations to the Perry-Coats family, Hazelle (Year 1) on the arrival of their son and brother, “River”

## St Brendan's & St Colman's Catholic Church - Mass Times

Saturday 9/3	St Brendan's	Lakes Entrance	9:30am
Sunday 10/3	St Brendan's	Lakes Entrance	9:00am
	St Colman's	Orbost	11:00am
	St Peter's	Mallacoota	3:00pm
Tues 12/3	St Brendan's	Lakes Entrance	9:30am
Wed 13/3	St Colman's	Orbost	9:30am
Friday 15/3	St Brendan's	Lakes Entrance	9:10am
	Whole School Mission Mass		
Saturday 16/3	St Dymphna's	Buchan	9:00am
16/3	St Joseph's	Swan Reach	5:00pm
Sunday 17/3	St Brendan's	Lakes Entrance	9:00am
	St Colman's	Orbost	11:00am



# Division Swimming

On Wednesday the 6th of March, St Brendan's 3-6 students competed in the Division Swimming trials in Bairnsdale.

**Isobel:** I competed in the relay team. We finished fourth but we all gave it a go and had a fun time. The relay team I was a part of had a really good try. The pool was super cold and it was hard to keep going once we started.

**Bailey** In Division Swimming I competed in the relay. Our team came 4th but we had a very fun time. It was very hot but the pool was very cold but we all gave it a go and had a great time.

**Keelie-**I competed in freestyle, backstroke, relay and medley. I had Piper, Ruby and Savannah in the medley relay team. We originally came 2nd but Lucknow got disqualified so we came 1st and made it through to regionals. It was the only thing I got a ribbon for. It was very exhausting but I had an awesome time.



**Harry:** At division swimming, I competed in the relay team. We finished fourth but we all had a really good time. It was a really hot day and the bus didn't have air conditioning! The St Brendan's medley team came first, after Lucknow got disqualified for their butterfly which was unlucky. Overall, it was a fun day and a great experience for St Brendan's.



**Huzaifa:** At division swimming, I did relay. My relay team consisted of me, Harry, Reide and Bailey. We came fourth but we had a very nice time. The relay team who came first was St Mary's and they beat us by at least 50 metres. District felt like kindergarten compared to division. It was really hot so the pool was really cold. The bus had no air conditioning so it was really hot and sticky. Our St Brendan's medley team won because the Lucknow team did butterfly incorrectly. It was a fun experience for St Brendan's and all the other schools.

**Indie-** Today in division swimming I did the freestyle relay with Piper, Sadie, Rudy and I and we came 2nd. The day was fun.

**Ruby-**Today the 6th of March the division swimming carnival was on we had an awesome time cheering ST BRENDANS!!! Despite the heat and the bus did not have air conditioning. Thanks to Lucknow getting disqualified, Piper, Savannah, Keelie and I are going to regionals for the medley relay.

**Piper:** I competed in 4 events, medley, freestyle, relay and breaststroke. I came 2nd in relay and 1st in medley, I played my part by swimming butterfly. At first we came 2nd but luckily for us Lucknow got disqualified for doing butterfly incorrectly. The girls in my freestyle relay were Sadie Williams, Piper Crawley, Ruby Crellin and Indie Lina. The girls in my medley were Keelie Silver, Ruby Crellin, Piper Crawley and Savannah Guillot. I felt so supported even when I didn't place all because of our amazing cheer squad. I can't wait for regionals.



# Easter

# Raffle



Each family is asked to contribute an Easter Egg or Easter related goods towards our raffle.

The class raffle will be drawn on Wednesday, 27th March.

There will be many prizes per grade as well as 2 large prizes with all tickets put together for a major draw, to take place at the Golden Honour Assembly, 9.10am Thursday, 28th March.

Proceeds will go to Caritas.

Tickets will be 50c per ticket and are available in the classrooms.

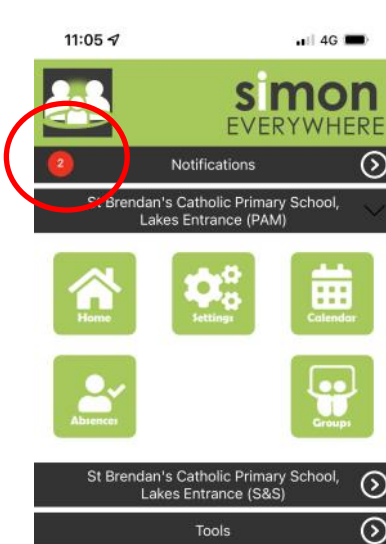
Help will be required on Tuesday, 26th March at 9am to wrap the Easter prizes.

## Supporting School Events



As in previous years we will not be running a formal Parents and Friends committee in 2024. Alternatively, it is the School Advisory Committees recommendation that we provide families with a list of events taking place over the course of the year requesting that families select one or two events they can assist with. Prior to this event taking place, volunteers will be contacted by the school with more details.

This initiative supports the school by spreading the workload and ensuring our students can enjoy all the opportunities we have in place. Please remember, all volunteers must have a current Working With Children Card which has been presented to the school office.



The survey can be found on **PAM**. You will have a new alert listed, highlighted in red, "**Connect Surveys - Supporting School Events**". Follow the prompts to complete. Please select one or two of the events named that you can assist with. Your help is greatly appreciated.

Colour Run Lunch

Mother's Day Stalls

Athletics Day

Father's Day Breakfast

Graduation

Easter Raffle Prizes

Mother's Day Breakfast

Father's Day Stalls

Working Bee

# Past student success stories



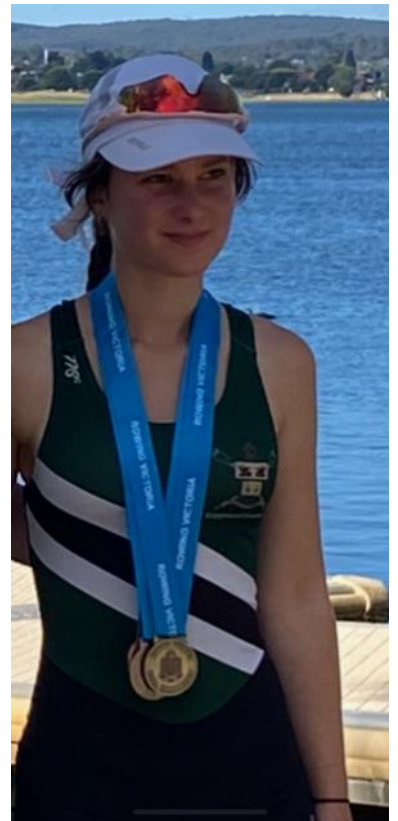
Class of 2019  
Lucy Hodges  
School Captain



## Lucy's Team Reigns Supreme

On the weekend the Gippsland Grammar, Sale girl's rowing coxed quad team became the Under 21 Victorian State Champions. They also took out the A Grade Female event which is remarkable considering the team's average age is sixteen.

Our St Brendan's CPS 2019 school captain, Lucy Hodges (far right) is the coxswain of the crew and is responsible for steering the boat and coordinating the power and rhythm of the rowers. The crew are now training hard for the Nationals in Sydney later in March. Good luck, girls.



*Well Done.*

*Lucy*

# Gratitude

Working on gratitude helps us to be thankful and appreciate what we have in our lives, rather than focusing on what we don't have. When we practise being grateful, we start to scan the world to look for positives – this only takes 21 days! Practising gratitude every day increases our levels of energy, and helps us to feel happier and more focused, determined and optimistic. It even helps us have better sleep, lowers levels of anxiety and depression and we are less likely to get sick. So many benefits – let's all try to be grateful for the things and people in our lives every day!

## Whole Family Activity:

### Gratitude Scavenger Hunt

- As a family create a scavenger hunt list of things that make you happy or you are grateful for, you can make your own list or use the examples below:
- Something that makes you happy
- Something you love to smell
- Something you enjoy looking at
- Something that is your favourite colour
- Something you like in nature
- Something that is useful for you
- Each member of the family uses the list and has to find as many things as they can.
- You can hunt for things inside or outside, or both. You can hunt for real things, or you can also do this using magazines or pictures from the internet.

After a set amount of time hunting, come back together, have a look at what each person collected and let them explain why they are grateful for each item.

### Family Habit Builder:

Every night at dinner, have each person talk about their favourite thing about that day.



**SCHOOL  
UNIFORM**



St Brendan's School Uniform can be ordered online!

Link to website for St Brendan's Uniform below:

<https://nicksbairnsdale.com.au/product-category/schoolwear/st-brendans-uniform/>

93 Main Street Bairnsdale Victoria 3875

Phone (03) 5152 1333



Keeps everyone in the learning loop



## LIBRARY BAGS

It is a school requirement that **all students** have a library bag to take home their readers/books.

We have library bags for sale in the office for \$8.00 each. If you can't get to the school office, you may contact the office to have the cost added to your school fees and the bag supplied to your child.



## Uniform Reminders

**JEWELLERY** is restricted to the following - a wrist watch, no more than **one** small matching pair of studs or sleepers in the ear lobe - gold, silver or gemstone, a religious medallion on a chain to be worn under clothing.

**Fashion jewellery, make-up and nail polish are not permitted.**

**HAIR** is to be kept neat and tidy at all times. Hair longer than collar length, must be **tyed back completely**. This is to help restrict the spread of nits and lice and for student safety. Headband, hair ties, ribbons, scrunchies and clips must be **blue, black or brown**.

It is not appropriate for children to come to school with dyed or inappropriate hair styles as deemed by the Principal.



## REMINDER: NO SMART WATCHES AND DEVICES AT SCHOOL

Smart watches that allow communication via SMS, email or phone call cannot be worn at school with the same rules applying as with a mobile phone.



At St Brendan's students may only bring mobile phones/devices/ SMART Watches to school if there is a need for them to contact their parents either before arriving at school or in the afternoon after leaving school. Upon arrival at school the phone/ device/ SMART Watch is to be checked in at the school office where it will be turned off and kept securely for the day. It is the child's responsibility to collect the phone/ device/ SMART Watch at the end of the day. Parents with an urgent need to be in contact with their child during the day should contact the school office and appropriate steps will be taken to pass on the message.

## Digital Safety & Wellbeing is taught in primary schools

### Students...

participate in engaging, interactive live streamed incursions **every term**.

### Teachers...

are provided with optional lesson ideas and follow up activities.

### Parents...

are given an overview of each session to help open up important conversations.

**SAVE THE DATE : Parent Webinar**

**Thursday 21st March, 7.30pm**

**RAISING KIDS IN A DIGITAL WORLD** **WEBINAR FOR PARENTS & CARERS**

Social Media   Impacts of Screen Time   Online Gaming  
Cyber Bullying   Child & Tween Online Trends   Managing Devices in the Home  
Explicit/Adult Content   Strengthening Family Communication

**St Brendan's Catholic Primary School**  
Thursday 21 March | 7.30pm AEDT

**90 minute presentation**  
**Parents/carers only**  
**Exclusive access to resources**

Register to come along:  
[bit.ly/21march2024](https://bit.ly/21march2024)

**Martin McGauran**  
Primary School Teacher & Digital Safety Educator

**Carley McGauran**  
Psychologist & Mum to 3 school-aged kids

Marty and Carley were simply sensational. Their presentation was relevant, honest and informative. A MUST for each school, every year."  
Principal

An evening that provided some reality checks!  
A few new changes in our home this week!"  
Parent of 9yo & 11yo

**INFORM&EMPPOWER**

Trusted eSafety Provider  
esafety.gov.au



A reminder that the **car park** at the front of the school and the church are **NOT** drop off zones.

If you enter these car parks you **MUST** walk your children into the school.

**DROP OFF ZONE** is via the **Mary MacKillop Hall carpark only**.

The Disabled Parking spaces are for people with permits **only**.

Thank you.



## 'Supervisor of the Year' 2023/2024.

As part of our commitment to the ongoing safety of your students, School Crossings's Victoria, together with your local council, is looking for the 'Supervisor of the Year' 2023/2024.

Your support of this program will help ensure your Crossing Supervisor is shown the appreciation they deserve.

Nominations are open now, and close on Friday 31<sup>st</sup> May 2024 go to the School Crossings Victoria website [www.schoolcrossingsvictoria.com.au](http://www.schoolcrossingsvictoria.com.au) and complete an online nomination.

There are seven regions across the state. A winner will be selected in each region, and the overall winner, will be selected from the regional winners.

**Vote for our school crossing supervisor: Bruce McKenzie**



- Do you have a current health care/pension card?
- Did you know you can get a discount on school fees?
- Please contact the school office for more information.

## FINANCIAL ASSISTANCE INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link between a student's background and their outcomes.

### CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors. Excursions encourage a deeper understanding of how the world works while sports teach teamwork, discipline and leadership. All are a part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$125 for primary school students
- \$225 for secondary school students

### MORE INFORMATION

For more information about CSEF visit:

<https://www.education.vic.gov.au/about/programs/Pages/csef.aspx>

### HOW TO APPLY

New applicants should contact the school office to obtain a CSEF application form or download from the website below.

If you applied for CSEF at your child's school last year, you do not need to complete an application form this year unless there has been a change in your family circumstances.

You only need to complete an application form if any of the following changes have occurred:

- **new student enrolments;** your child has started or changed schools this year.
- **changed family circumstances;** such as a change of custody, change of name, concession card number, or new siblings commencing this year.

Check with the school office if you are unsure.

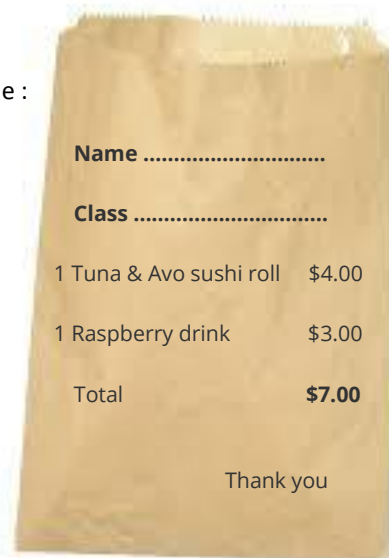


Lunch orders are available on a Friday and are supplied by Mamma Vu's Kitchen.

- All orders will need to be in by **Thursday morning - before 12pm** for lunch on Friday
- **NO LATE ORDERS** will be accepted.
- Please make sure that all orders are on a brown paper lunch order bag with the correct money
- Siblings will require one bag each
- Name and class needs to be clearly stated on the bag

*Please see attached menu and please take note of prices.*

Example :



# Lunch Order

## ST BRENDAN'S STUDENT LUNCH ORDER

### SUSHI ROLLS

Salmon & Avo	\$4
Avocado	\$4
Cucumber	\$4
Tempura Vege	\$4
Teriyaki Chicken	\$4
Chicken Katsu	\$4
Panko Prawn	\$4
Tuna & Avo	\$4

### SALADS & BOWLS

Salmon Poke Bowl	\$12.5
Tofu & Vege Poke Bowl	\$10
Vege Soba Noodle Salad	\$10

### DRINKS

Lightly Sparkling Mineral Water	\$3
Lime, Raspberry, Watermelon, Mango,	



### HOT FOOD

Honey Chicken + Fried Rice	\$10
Teriyaki Chicken + Fried Rice	\$10
Chicken Oyster Stir fry + Fried rice	\$10
Fried Pork Dumpling (Gyoza) with plum dipping sauce	\$7.5

### RICE PAPER ROLLS

(2 roll + sauce)

Tofu	\$9
Lemongrass Chicken	\$9
Pork	\$9
Prawn	\$9
Pork & Prawn	\$9

# HOLIDAY *intensive* SWIM PROGRAM

**FAST TRACK YOUR CHILD'S SWIMMING ABILITY!**

**Monday 8 – Friday 12 April 2024**

**Cost: \$60**

**Enrolments due by 26 March 2024**

Payment will be required at time of confirmation to secure your child's spot.

**DAILY 30 MINUTE LESSONS OVER 5 DAYS!**



ENROL ONLINE OR SCAN THE QR CODE



43 Palmers Road, Lakes Entrance  
P (03) 5155 3333  
www.lakesaquadome.com.au


Lakes Entrance Aquadome

**FREE BOOKINGS ESSENTIAL**

**EAST GIPPSLAND SHIRE LIBRARIES**

## Managing Digital Photos

### Apple



**Learn the basics of managing digital photos!**

Learn how to store, manage and share your digital photos.

Bring your own device or practice on one of the library's.

This session is aimed at intermediate tech users.

Bookings are essential as places are limited.

<b>Thursday 14 March</b> Lakes Entrance Service Centre 2.00 pm – 4.30 pm	<b>Monday 25 March</b> Bairnsdale Library 1.00 pm – 3.30 pm
<b>Thursday 14 March</b> Paynesville Service Centre 2.00 pm – 4.30 pm	<b>Monday 25 March</b> Omeo Service Centre 9.30 am – 12.00 pm
<b>Thursday 21 March</b> Orbost Service Centre 2.00 pm – 4.30 pm	Phone <b>5152 4225</b> or book in person at the library for this <b>FREE</b> event!

Libraries Change Lives

**SCHOOL HOLIDAY FUN!**

Lakes Entrance Aquadome

## Aqua Run

Race your friends on the inflatable Aqua Run!

**Tuesdays and Thursdays**

1pm - 3pm

2 April to 11 April

**\$3.90 per person plus pool entry**

(Pool entry is covered for members)


All ages welcome. Children under 5 must be accompanied by a responsible person over 16 years.



**FREE AGES 5 - 12 BOOKINGS ESSENTIAL**

**EAST GIPPSLAND SHIRE LIBRARIES**

## Easter Activity Session



**Children of ages 5 to 12 are invited along to enjoy Easter stories, craft activities and Easter games!**

Tuesday 26 March Paynesville Service Centre 3.45 pm – 4.45 pm	Tuesday 26 March Omeo Service Centre 3.30 pm – 4.30 pm
Tuesday 26 March Orbost Service Centre 3.45 pm – 4.45 pm	Wednesday 27 March Bairnsdale Library 4.00 pm – 5.00 pm
Tuesday 26 March Lakes Entrance Service Centre 3.45 pm – 4.45 pm	Friday 29 March Mallacoota Service Centre 3.45 pm – 4.45 pm

Phone **5152 4225** or book in person at the library for this **FREE** event.

Libraries Change Lives

**PLEASE RETURN**

## Year 3-6 ICT Student User Agreement

Please read together with your child/ren and return the signed agreement ASAP. Thank you

# DISCOVER NAGLE

YEAR 7 2025 INFORMATION EVENING

27 MARCH 2024



**BOOK HERE**

From 4pm  
All Welcome  
Bookings are essential



To learn more, please visit:  
[www.nagle.vic.edu.au](http://www.nagle.vic.edu.au)



**KEEP THE Reading Rolling!**

in 2024 with Issue 2!

**SCHOLASTIC Book Club**  
Open a world of possibility with reading

**ISSUE 2 2024**

**ORDERS DUE BACK BY:**

**MAKING FRIENDS** \$12.00  
**Firefighter's Kitten** \$10.00  
**NINJA KIDS** \$19.00  
**PIZZA TACO** \$16.00  
**Hairy Potter: Clay Chama** \$22.00  
**EASTER BUNNY** \$3.00

**Orders are due back by:**

**Monday 11th March**

SCHOLASTIC **Book Club**

# 2024 Junior Football @ LEFNC

Lakes Entrance Junior Football Training 2024  
and Parent Information .

Training Starts Wednesday 13th March

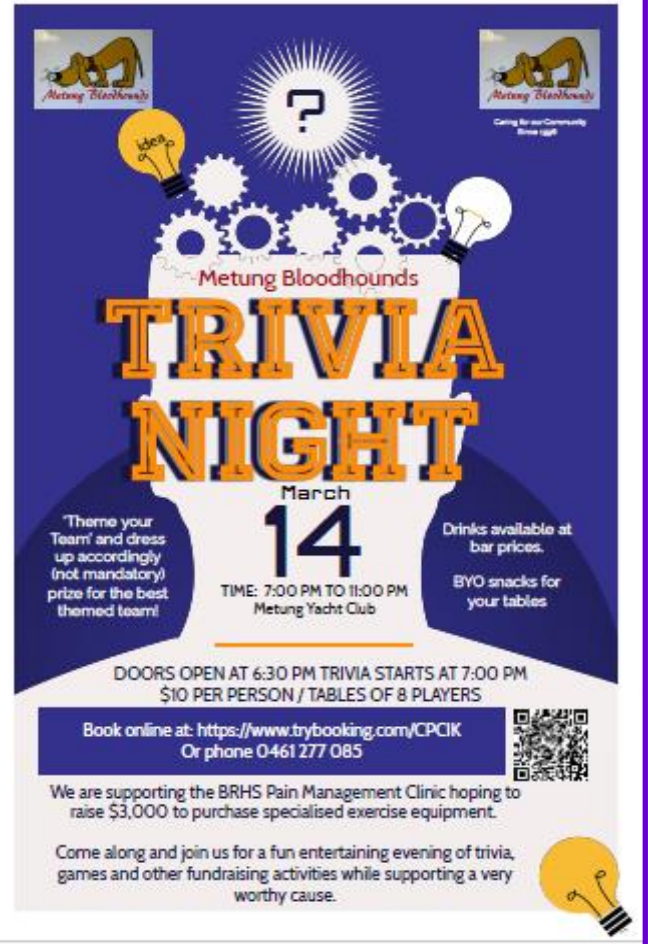
Under 11's at 4.30pm, Coach Brett Campisi

Under 13's at 4.45pm, Coach Gerard Kennedy

Under 15's at 5.00pm, Coach Rob Paladino

Training kicks off next week for all age groups for the 2024 season. At the start of each age groups training coaches will be there to give an overview of the season ahead and President Matt Zagami will be able to answer any other questions about registering and playing for Lakes. If parents have any other concerns or can't attend please feel free to contact Matt on 0407170178.

Go Lakes



Metung Bloodhounds  
**TRIVIA NIGHT**  
March  
**14**  
TIME: 7:00 PM TO 11:00 PM  
Metung Yacht Club

Theme your Team and dress up accordingly (not mandatory) prize for the best themed team!

Drinks available at bar prices.  
BYO snacks for your tables

DOORS OPEN AT 6:30 PM TRIVIA STARTS AT 7:00 PM  
\$10 PER PERSON / TABLES OF 8 PLAYERS

Book online at: <https://www.trybooking.com/CPCIK>  
Or phone 0461 277 085

We are supporting the BRHS Pain Management Clinic hoping to raise \$3,000 to purchase specialised exercise equipment.

Come along and join us for a fun entertaining evening of trivia, games and other fundraising activities while supporting a very worthy cause.



## INDOOR SOCCER

**FUTSAL SEASON STARTING  
13<sup>th</sup> MAY 2024**

### WINTER COMPETITION

Mondays - 12 weeks + Finals

Juniors (ages 7+) & Seniors (Men & Women)

Come and Try days & Practice Matches at the BARC  
29<sup>th</sup> April - Juniors 4:30 to 6pm / Seniors 6 to 7:30pm  
6<sup>th</sup> May - Juniors 4:30 to 6pm / Seniors 6 to 7:30pm

- \$120 Juniors (7yo - 15yo) Plus FV Futsal Reg. & Insurance for new players to Futsal in 2024
- \$150 Seniors (16+)

Early Bird Discount available until 31 March!



SCAN ME

[PLAYFOOTBALL.com.au/REGISTER](https://playfootball.com.au/REGISTER)  
(search for Bairnsdale Soccer Club)



@bairnsdalesoccerclub

info@bairnsdalesoccerclub.com



St Brendan's Op Shop has second hand school uniform available.

St Brendan's School uniform available \$3.00 per item unless otherwise marked.

Open 10am-3pm

Tuesday,  
Wednesday &  
Thursday.



SCHOLASTIC

## Book Club LOOP for Parents

LOOP is the Scholastic Book Club  
Linked Online Ordering & Payment platform for parents.

To order and pay for Scholastic Book Club by credit card visit:

[www.scholastic.com.au/LOOP](https://www.scholastic.com.au/LOOP)

