

# St Brendan's Primary School 1581

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Newsletter No 5  
March, 1 2024



*We would like to acknowledge the Traditional Custodians of the land on which we gather today, the Gunaikurnai people.  
We pay our respects to their elders past, present and emerging. We extend that respect to all people.*

*We would especially like to acknowledge the land on which our school stands and ask everyone to show respect to the environment and all that it includes.*



A reminder that the **car park** at the front of the school and the church are **NOT** drop off zones.

If you enter these car parks you **MUST** walk your children into the school.

**DROP OFF ZONE** is via the **Mary MacKillop Hall** carpark **only**.

The Disabled Parking spaces are for people with permits **only**.

Thank you.

## School Swimming Lessons

In the 2 weeks between 26th of February and the 8th of March, grades 4-6 are having swimming lessons. The lessons go for 45 minutes, but since we leave 20 minutes before the lessons start and we have to change clothes, in total it takes almost 2 sessions. We have to walk to the pool unless it is raining, then we take the bus. We have had an amazing week so far at swimming. Swimming continued for years 4-6 next week.



By Sophie and Huzaifa

### 'Supervisor of the Year' 2023/2024.



IS YOUR LOLLIPOP  
PERSON THE  
SWEETEST?

As part of our commitment to the ongoing safety of your students, School Crossings Victoria, together with your local council, is looking for the 'Supervisor of the Year' 2023/2024.

Your support of this program will help ensure your Crossing Supervisor is shown the appreciation they deserve.

Nominations are open now, and close on Friday 31<sup>st</sup> May 2024 go to the School Crossings Victoria

website [www.schoolcrossingsvictoria.com.au](http://www.schoolcrossingsvictoria.com.au) and complete an online nomination.

There are seven regions across the state. A winner will be selected in each region, and the overall winner, will be selected from the regional winners.

**Vote for our school crossing supervisor: Bruce McKenzie**

Dear Families and Friends,

We had a wonderful assembly on Friday. It is always a joy to see the new student leaders kick off the year with their own brand of entertainment. The year six group for 2024 are warming to the task. They have plenty of ideas and a desire to leave their mark, we are so excited for what is in stall.

We have had a few new faces arrive at school recently. We welcome back the Corrie family after their year in Korea. Ava (Yr 3) and Jaimie (Yr 2) looked excited to see all their friends again. Harvey (Yr 3) and Kirous Masoud (Yr 1) have arrived from Egypt. We welcome them and hope they settle into life here at Lakes Entrance smoothly. Asher Sevilla joins us in year six. Asher has recently moved from the Philippines. Our school is enriched by having these families join us and we look forward to helping them adjust to their new lives.

Last week's district swimming carnival at Orbost was a terrific success for our team. Not only did the students perform well with 21 students progressing through to the division level of competition, but the example of sportsmanship was of the highest quality. On return from the event all staff made a beeline for my office to let me know how proud they were of the team, the level of support for one another set a great tone for the day and everyone had a lovely experience. Well done St Brendan's!

**Every Day Counts - <https://www.education.vic.gov.au>**

Going to school every day is the single most important part of your child's education. Students learn new things at school every day – missing school puts them behind.

We all want our students to get a great education, and the building blocks for a great education begin with students coming to school each and every day. Students develop good habits by going to school every day – habits that are necessary to succeed after school, whether in the workplace or in further study. Missing school can have a big impact on students academically and socially. It can affect their test results and, just as importantly, it can affect their relationships with other students, and lead to social isolation. There is no safe number of days for missing school – each day a student misses puts them behind and can affect their educational outcomes. Each missed day is associated with falling behind in subject topics and assessment tasks.

**BEING AWAY FROM SCHOOL FOR 1 DAY A FORTNIGHT EQUALS MISSING 1.5 YEARS OVER 13 YEARS OF SCHOOL**

#### **TOP ATTENDANCE TIPS FOR PARENTS**

- Schools want to work in partnership with parents – act early if you have any concerns by contacting your child's school and asking for advice and support
- Remember that every day counts
- There is no safe number of days for missing school – each day a student misses puts them behind, and can affect their educational outcomes and their social connectedness
- Talk positively about school and the importance of attending every day
- Open and prompt communication with your child's school about all absences is a good idea
- Avoid making routine medical and dental appointments during the school day or planning family holidays during the term



Swimming lessons have been a significant feature of this last week and will continue into week six. Once again, our students have been well-organised and they are enjoying their lessons. I have been very pleased with their engagement and in the way they follow instruction.

Parents, if you are dropping your child at the front car park, please remember to walk them in, but also, please keep clear of the disabled parking areas. They are required for a few of our families, and we ask that you use the other parks as there are many.

Kind regards,

Matthew Hamer



Dates for the Calendar		
<b>Term 1</b>	<b>MARCH 2024</b>	
<b>Week 6</b>	Mon 4th	Year 4, 5 & 6 Swimming Lessons
	Tuesday 5th	Year 4, 5 & 6 Swimming Lessons 9.10am Year 2 Class Prayer
	Wednesday 6th	Year 4, 5 & 6 Swimming Lessons 11am - 1pm Division Swimming @ Bairnsdale
	Thursday 7th	Year 4, 5 & 6 Swimming Lessons
	Friday 8th	Year 4, 5 & 6 Swimming Lessons 2.30pm Assembly - Year 6 Red
<b>Week 7</b>	<b>Monday 11th</b>	<b>No school - Labour Day Holiday</b>
	Thursday 14th	Regional Swimming - @ Sale
	Friday 15th	9.10am Whole School Mission Mass
<b>Week 8</b>	Tuesday 19th	9.10am Year 4/5 & 5 Class Mass 5.00pm - 5.30pm Year 3/4 Karoonda Park Parent Information Session
	Thursday 21st	<b>7.30pm - Inform &amp; Empower - Webinar for Parents &amp; Carers</b>
	Friday 22nd	St Brendan's CPS - Cross Country
<b>Week 9</b>	Wednesday 27th	10.00am-2.00pm Division Tennis at Bairnsdale Tennis Club
	Thursday 28th	GHC Assembly - Year 6 Blue 2.15pm - Term 1 Ends
	<b>Friday 29th</b>	<b>GOOD FRIDAY</b>
<b>Term 2</b>	<b>APRIL 2024</b>	
<b>Week 1</b>	Monday 15th	Term 2 commences
	Tuesday 16th	5.00pm Year 5 Camp Meeting
<b>Week 2</b>	Monday 22nd-24th	Year 3/4 Karoonda Park Camp
	<b>Thursday 25th</b>	<b>ANZAC Day</b>
	<b>Friday 26th</b>	<b>No School</b>



## LIBRARY BAGS

It is a school requirement that **all students** have a library bag to take home their readers/books.

We have library bags for sale in the office for \$8.00 each. If you can't get to the school office, you may contact the office to have the cost added to your school fees and the bag supplied to your child.



## St Brendan's & St Colman's Catholic Church - Mass Times

Saturday 2/3	St Brendan's	Lakes Entrance	9:30 am
	St Joseph's	Swan Reach	5.00pm
Sunday 3/3	St Brendan's	Lakes Entrance	9:00am
	St Colman's	Orbost	11:00am
Tues 5/3	St Brendan's	Lakes Entrance	9:30am
Wed 6/3	St Colman's	Orbost	9:30am
Thurs 7/3	Opal Nursing Home	Lakes Entrance	11:00am
Friday 8/3	St Brendan's	Lakes Entrance	9:30am
Saturday 9/3	St Brendan's	Lakes Entrance	9:30am
Sunday 10/3	St Brendan's	Lakes Entrance	9:00am
	St Colman's	Orbost	11:00am
	St Peter's	Mallacoota	3:00pm





This year we have the same Physical Education classes, just with a new face. Mrs H is taking PE whilst Mr Bates is away. So far this term, the students have been learning skills in soccer such as; dribbling, trapping and kicking. The students play a lot of soccer on the yard, so it is important to ensure we learn the appropriate skills to keep improving on what we already know.

The students are then moving on to Basketball this term, where they also will learn important skills, such as; dribbling, shooting, lay ups and much more. Basketball is a strong sport in the Lakes Entrance community, so many students have the opportunity to enhance their skill development and game awareness.

Towards the end of term (Week Eight), we have Cross Country. As this approaches, the students will be practising running the course and learning how to pace themselves for the big event. Students are encouraged to be as active as possible outside of school to keep their fitness levels up for running and general well being. Health Direct.com states that, 'fewer than 1 out of 4 children aged 5 to 14 years get the recommended 60 minutes of physical activity every day'. It doesn't matter what sort of activity it is, any movement is good movement.

Term One is a busy schedule in PE. There are so many sports to fit in, but only one lesson a week. With all the sports that the students will learn, they also will have to fit in Athletics practice. There are many events to learn; discus, high jump, long jump, triple jump, running races, relays and lots more. With every sport event, we not only encourage fitness but hydration too, particularly on the warmer days. Thank you to all the enthusiastic students for their efforts so far. Lets keep up the excitement and effort. Go Team PE.

# Physical Education



SCHOOL  
UNIFORM



St Brendan's School Uniform can be ordered online!

Link to website for St Brendan's Uniform below:

<https://nicksbairnsdale.com.au/product-category/schoolwear/st-brendans-uniform/>

93 Main Street Bairnsdale Victoria 3875

Phone (03) 5152 1333



Keeps everyone in the learning loop



## Uniform Reminders

**JEWELLERY** is restricted to the following - a wrist watch, no more than **one** small matching pair of studs or sleepers in the ear lobe - gold, silver or gemstone, a religious medallion on a chain to be worn under clothing.

**Fashion jewellery, make-up and nail polish are not permitted.**

**HAIR** is to be kept neat and tidy at all times. Hair longer than collar length, must be **tyed back completely**. This is to help restrict the spread of nits and lice and for student safety. Headband, hair ties, ribbons, scrunchies and clips must be **blue, black or brown**.

It is not appropriate for children to come to school with dyed or inappropriate hair styles as deemed by the Principal.



## REMINDER: NO SMART WATCHES AND DEVICES AT SCHOOL

Smart watches that allow communication via SMS, email or phone call cannot be worn at school with the same rules applying as with a mobile phone.



At St Brendan's students may only bring mobile phones/devices/ SMART Watches to school if there is a need for them to contact their parents either before arriving at school or in the afternoon after leaving school. Upon arrival at school the phone/ device/ SMART Watch is to be checked in at the school office where it will be turned off and kept securely for the day. It is the child's responsibility to collect the phone/ device/ SMART Watch at the end of the day. Parents with an urgent need to be in contact with their child during the day should contact the school office and appropriate steps will be taken to pass on the message.

# Digital Safety & Wellbeing is taught in primary schools

## Students...

participate in engaging, interactive live streamed incursions **every term**.

## Teachers...

are provided with optional lesson ideas and follow up activities.

## Parents...

are given an overview of each session to help open up important conversations.

**SAVE THE DATE : Parent Webinar**

**Thursday 21st March, 7.30pm**

## RAISING KIDS IN A DIGITAL WORLD

WEBINAR FOR PARENTS & CARERS

Social Media

Impacts of Screen Time

Online Gaming

Cyber Bullying


Child & Tween Online Trends

Managing Devices in the Home

Explicit/Adult Content


Strengthening Family Communication

**St Brendan's Catholic Primary School**  
Thursday 21 March | 7.30pm AEDT




**Martin McGauran**  
Primary School Teacher & Digital Safety Educator

- 90 minute presentation
- Parents/carers only
- Exclusive access to resources



**Carley McGauran**  
Psychologist & Mum to 3 school-aged kids

Register to come along: [bit.ly/21march2024](https://bit.ly/21march2024)



Marty and Carley were simply sensational. Their presentation was relevant, honest and informative. A MUST for each school, every year."

Principal

An evening that provided some reality checks! A few new changes in our home this week!"

Parent of 9yo & 11yo

## TIP SHEET FOR PARENTS & CARERS

YEARS 3-4  
TERM 1 2024

### What did your child learn about at school?

Our actions online leave a **digital footprint**. This includes actions such as leaving comments, likes, who we follow and what we post.

THINK  
TWICE  
BEFORE  
YOU POST!

It is our responsibility to ensure we keep our online accounts safe.

We can do this by

- having strong passwords
- only sharing passwords with a trusted adult (parent/carer, teacher etc)
- sign out or lock your screen when you're finished

### Some conversation starters:

- What is your #1 favourite thing to do online at the moment?
- What are some ways you could be aware and clever online?
- Do you have any accounts with passwords that you've shared with others?  
Change them together.
- What could you do if you needed help online? (Have a look at the Kids Helpline website together)

#### Further Support:



## TIP SHEET FOR PARENTS & CARERS

YEARS 5-6  
TERM 1 2024

### What did your child learn about at school?

Our choices online leave a **digital footprint**. This includes actions such as leaving comments, likes, who we follow and what we post.

WHAT YOU  
POST ONLINE  
IS POSSIBLY  
PERMANENT  
AND POSSIBLY  
PUBLIC

It is our responsibility to ensure we keep our online accounts safe.

We can do this by

- having strong passwords
- only sharing passwords with a trusted adult (parent/carer, teacher etc)
- sign out or lock your screen when you're finished
- enabling 2 Factor verification

### Some conversation starters:

- Have you ever thought about your digital footprint? (Google your names and usernames and see what comes up)
- Have you or someone you know ever felt upset about something posted online? How could 'thinking twice' have helped?
- Apart from me (parent/carer), who else could you talk to if you had concerns online? (Give them permission to talk to a network of trusted adults & Kids Helpline).

#### Further Support:



- Do you have a current health care/pension card?
- Did you know you can get a discount on school fees?
- Please contact the school office for more information.

## FINANCIAL ASSISTANCE INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link between a student's background and their outcomes.

### CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors. Excursions encourage a deeper understanding of how the world works while sports teach teamwork, discipline and leadership. All are a part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$125 for primary school students
- \$225 for secondary school students

### MORE INFORMATION

For more information about CSEF visit:

<https://www.education.vic.gov.au/about/programs/Pages/csef.aspx>

### HOW TO APPLY

New applicants should contact the school office to obtain a CSEF application form or download from the website below.

If you applied for CSEF at your child's school last year, you do not need to complete an application form this year unless there has been a change in your family circumstances.

You only need to complete an application form if any of the following changes have occurred:

- **new student enrolments;** your child has started or changed schools this year.
- **changed family circumstances;** such as a change of custody, change of name, concession card number, or new siblings commencing this year.

Check with the school office if you are unsure.

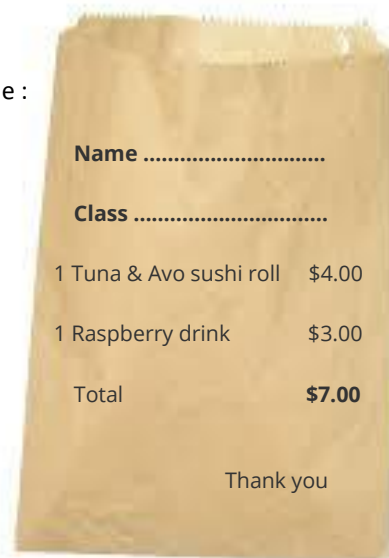


Lunch orders are available on a Friday and are supplied by Mamma Vu's Kitchen.

- All orders will need to be in by **Thursday morning - before 12pm** for lunch on Friday
- **NO LATE ORDERS** will be accepted.
- Please make sure that all orders are on a brown paper lunch order bag with the correct money
- Siblings will require one bag each
- Name and class needs to be clearly stated on the bag

*Please see attached menu and please take note of prices.*

Example :



# Lunch Order

## ST BRENDAN'S STUDENT LUNCH ORDER

### SUSHI ROLLS

Salmon & Avo	\$4
Avocado	\$4
Cucumber	\$4
Tempura Vege	\$4
Teriyaki Chicken	\$4
Chicken Katsu	\$4
Panko Prawn	\$4
Tuna & Avo	\$4

### SALADS & BOWLS

Salmon Poke Bowl	\$12.5
Tofu & Vege Poke Bowl	\$10
Vege Soba Noodle Salad	\$10

### DRINKS

Lightly Sparkling Mineral Water	\$3
Lime, Raspberry, Watermelon, Mango,	



### HOT FOOD

Honey Chicken + Fried Rice	\$10
Teriyaki Chicken + Fried Rice	\$10
Chicken Oyster Stir fry + Fried rice	\$10
Fried Pork Dumpling (Gyoza) with plum dipping sauce	\$7.5

### RICE PAPER ROLLS

(2 roll + sauce)

Tofu	\$9
Lemongrass Chicken	\$9
Pork	\$9
Prawn	\$9
Pork & Prawn	\$9



# SCHOOL HOLIDAY FUN!

Lakes Entrance Aquadome

## Aqua Run

Race your friends on the inflatable Aqua Run!  
Tuesdays and Thursdays  
 1pm - 3pm  
 2 April to 11 April  
 \$3.90 per person plus pool entry  
 (Pool entry is covered for members)

All ages welcome. Children under 5 must be accompanied by a responsible person over 16 years.

EAST GIPPSLAND SHIRE LIBRARIES

FREE AGES 5 - 12 BOOKINGS ESSENTIAL

## Easter Activity Session

Children of ages 5 to 12 are invited along to enjoy Easter stories, craft activities and Easter games!

Tuesday 26 March Paynesville Service Centre 3.45 pm – 4.45 pm	Tuesday 26 March Orbost Service Centre 3.45 pm – 4.45 pm	Tuesday 26 March Lakes Entrance Service Centre 3.45 pm – 4.45 pm
Tuesday 26 March Omeo Service Centre 3.30 pm – 4.30 pm	Wednesday 27 March Bairnsdale Library Centre 4.00 pm – 5.00 pm	Friday 29 March Mallacoota Service Centre 3.45 pm – 4.45 pm

Phone 5152 4225 or book in person at the library for this FREE event.

LIBRARIES Change Lives

KEEP THE Reading Rolling!

in 2024 with Issue 2!

SCHOLASTIC Book Club

Orders are due back by:  
**Monday 11th March**

# HOLIDAY *intensive* SWIM PROGRAM

**FAST TRACK YOUR CHILD'S SWIMMING ABILITY!**

**Monday 8 – Friday 12 April 2024**

**Cost: \$60**

**Enrolments due by 26 March 2024**

Payment will be required at time of confirmation to secure your child's spot.

**DAILY 30 MINUTE LESSONS OVER 5 DAYS!**



ENROL ONLINE OR SCAN THE QR CODE



43 Palmers Road, Lakes Entrance  
P (03) 51 55 3333  
www.lakesaquadome.com.au

Lakes Entrance Aquadome




Metung Bloodhounds

# TRIVIA NIGHT

March **14**

TIME: 7:00 PM TO 11:00 PM  
Metung Yacht Club

Drinks available at bar prices.  
BYO snacks for your tables

Theme your Team and dress up accordingly (not mandatory) prize for the best themed team!

DOORS OPEN AT 6:30 PM TRIVIA STARTS AT 7:00 PM  
\$10 PER PERSON / TABLES OF 8 PLAYERS

Book online at: <https://www.trybooking.com/CPCIK>  
Or phone 0461 277 085



We are supporting the BRHS Pain Management Clinic hoping to raise \$3,000 to purchase specialised exercise equipment.

Come along and join us for a fun entertaining evening of trivia, games and other fundraising activities while supporting a very worthy cause.



# INDOOR SOCCER

## FUTSAL SEASON STARTING 13<sup>th</sup> MAY 2024

### WINTER COMPETITION

Mondays - 12 weeks + Finals

Juniors (ages 7+) & Seniors (Men & Women)

Come and Try days & Practice Matches at the BARC

29<sup>th</sup> April - Juniors 4:30 to 6pm / Seniors 6 to 7:30pm  
6<sup>th</sup> May - Juniors 4:30 to 6pm / Seniors 6 to 7:30pm

- \$120 Juniors (7yo - 15yo) Plus FV Futsal Reg. & Insurance for new players to Futsal in 2024
- \$150 Seniors (16+)

Early Bird Discount available until 31 March!



SCAN ME

PLAYFOOTBALL.com.au/REGISTER (search for Bairnsdale Soccer Club)

@bairnsdalesoccerclub

info@bairnsdalesoccerclub.com



St Brendan's Op Shop has second hand school uniform available.

St Brendan's School uniform available \$3.00 per item unless otherwise marked.

Open 10am-3pm  
Tuesday,  
Wednesday &  
Thursday.



**SCHOLASTIC**

# Book Club LOOP

for Parents

LOOP is the Scholastic Book Club  
Linked Online Ordering & Payment platform for parents.

To order and pay for Scholastic Book Club by credit card visit:  
**www.scholastic.com.au/LOOP**

GET IT ON  Google play

Download on the  App Store