

St Brendan's Primary School 1581

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Account Name : St Brendan's School

Newsletter No 34
November 3rd, 2023



*We would like to acknowledge the Traditional Custodians of the land on which we gather today, the Gunaikurnai people.
We pay our respects to their elders past, present and emerging. We extend that respect to all people.
We would especially like to acknowledge the land on which our school stands and ask everyone to show respect to the environment and all that it includes.*



Water Safety and Survival Program times for Foundation, Year 1 and Year 2. Monday 13th - Friday 24th November

Year 2	12.00pm to 12.45pm	(leave 11.40am)
Year 1	12.45pm to 1.30pm	(leave 12.25pm)
Foundation	1.45pm to 2.30pm	(leave 1.25pm)



Week 7: Monday 13th, Tuesday 14th, Wednesday 15th, Thursday 16th, Friday 17th of November

Week 8: Monday 20th, Tuesday 21st, Wednesday 22nd, Thursday 23rd, Friday 24th of November

Children are to wear their bathers under their uniform each day. It would be considered appropriate for children to wear their sports uniform for the duration of the swimming program.

Children should bring the following in a plastic bag, clearly labelled, which they will carry to the pool

*Underwear *Towel *Goggles *Bathing cap (if necessary) *Brush/Comb *Water Bottle

Dear Families, Exciting News!

The Seesaw app is getting a fresh new icon.
On **October 27**, you will see this change.
Don't worry, everything inside the app will stay the same.



OLD ICON



NEW ICON

Seesaw

www.seesaw.com

NO
SCHOOL
Monday &
Tuesday

Enjoy your
long weekend!

See you Wednesday at 9.00am

Dear Families and Friends,

What an exciting week it has been. On Monday, we had a visit from a member of the Victorian Parliament Education program who conducted role plays with our year six cohort, enacting examples of the Senate and Lower House assemblies. The students had a lot of fun debating and learning about the strict rules of the parliamentary system.

On Wednesday, Piper Crawley competed at the Victorian State Athletics finals in shot put. Piper threw an incredible distance of 7.89 m and finished 10th. We are very proud of her and the commitment she gives to her sporting endeavours. Well done, Piper.

On Thursday, our boys basketball team competed at the Regional level of competition finishing third. What an effort. Their team work and preparation for the event was first class! Thank you to Mr B and Fiona Yates for their coaching and the effort of driving the students to and from the event.

Yesterday, year one engaged with their camp experience at Eastern Beach. This slightly longer day is a great way to introduce the students to over night camps. They had games at the beach, shared some food together and were paid a visit from the local CFA fire truck.

Family relationships in the pre-teen and teenage years - <https://raisingchildren.net.au/>

Family relationships change during adolescence, but they tend to stay strong. In fact, teenagers need family love and support as much as they did when they were younger. At the same time, teenagers usually want more privacy and more personal space. This is a natural part of adolescence.

Children also need more responsibility and independence as they grow towards young adulthood. How quickly you hand over responsibility to your child depends on many things – your own comfort level, your family and cultural traditions, your child's maturity and so on.

Teenagers need your advice, support and monitoring as they develop independence and responsibility. The best monitoring is low key, although there'll be times when it's OK for you to ask your child for specific information about where they're going and who they're with.

Trust is the key to finding a balance between your child's need for privacy and responsibility and your need to know what's going on. If you and your child trust each other and stay connected, your child will be more likely to share what they're up to, stick to the rules, and try to live up to your expectations.

We have just been informed that Fr Michael Willemsen will become Parish Priest of Narre Warren. Fr Joseph Abutu (currently PP of St Agatha's Cranbourne) will replace Fr Michael at St Mary's Bairnsdale and Fr Hiep Nguyen will become Parish Priest of St Brendan's and St Colman's. We would like to congratulate both Fr Michael and Fr Hiep on their appointments and in particular thank Michael for his service to our Parish for almost eight years.

I hope you all enjoy your long weekend.

Take care,

Matthew Hamer

Dates for the Calendar		
Term 4	NOVEMBER 2023	
Week 6	Monday 6th November	No school
	Tuesday 7th November	No school—Melbourne Cup Day
	Thursday 9th	Responsible Pet Visit – F, 1 & 2
	Friday 10th	1.00 - 1.30pm Prayer Vigil for Peace in our World 2.30 Assembly: Year 1/2 Green 3.30pm- 5.30pm Year 2 Camp - Eastern Beach
	Saturday 11th	Remembrance Day
Week 7	Monday 13th	Swimming Lessons F – Yr 2
	Tuesday 14th	Swimming Lessons F – Yr 2
	Wednesday 15th	Swimming Lessons F – Yr 2 9.00am - 1.30pm Foundation Orientation Regional Summer Sports - Girls Cricket
	Thursday 16th	Swimming Lessons F – Yr 2
	Friday 17th	Swimming Lessons F – Yr 2
Week 8	Monday 20th	Swimming Lessons F – Yr 2
	Tuesday 21st	Swimming Lessons F – Yr 2
	Wednesday 22nd	Swimming Lessons F – Yr 2 9.00am - 2.00pm Foundation Orientation
	Thursday 23rd	Swimming Lessons F – Yr 2 Jay's Mission Melanoma Walk
	Friday 24th	Swimming Lessons F – Yr 2 Assembly: Year 1/2 Red
Week 9	Wednesday 29th	9.00am - 2.00pm Foundation Orientation
	Thursday 30th	School Captain Speeches
DECEMBER 2023		
	Friday 1st	House Captain Speeches Year 1/2 Class Prayer
Week 10	Friday 8th December	9.10am Whole School Mass of Thanks 2.30 pm GHC Assembly: Foundation 4.30pm Family BBQ—Soccer Match



St Brendan's & St Colman's Catholic Church - Mass Times

Sat:	4/11	St Brendan's St Joseph's	Lakes Entrance Swan Reach	9.30am 5.00pm
Sun:	5/11	St Brendan's St Colman's	Lakes Entrance Orbost	9.00am 11.00am
Tue:	7/11	St Brendan's	Lakes Entrance	9.30am
Wed:	8/11	St Colman's	Orbost	9.30am
Fri:	10/11	St Brendan's School Prayer Vigil for peace	Lakes Entrance	9.30am 1.00pm
Sat:	11/11	St Brendan's	Lakes Entrance	9.30am
Sun:	12/11	St Brendan's St Colman's St Peter's	Lakes Entrance Orbost Mallacoota	9.00am 11.00am 3.00pm



November is a special month at St Brendan's Church, with All Saints Day and All Souls Day celebrated this week.

There is a special cross in the church for families to come and put a memorial cross for their deceased family and friends.



On Friday, the 27th of October it was Day for Daniel. Day for Daniel is a day to raise money for the Daniel Morcombe Foundation and to raise awareness for child safety.

On this day we wore red clothing such as red t-shirts, pants, shoes and ribbons. At the start of the day, all of St. Brendan's organised themselves to stand inside a huge outline of a t-shirt on the Shanley oval holding a cutout of a red t-shirt.

The Social Justice Committee went to each grade to talk about what Day for Daniel is and got to do fun activities to involve the students in raising awareness about child safety.

Everyone enjoyed themselves and also had a great day with their fun activities.

By Austin Brownnett



Walk To School Day

This morning we all gathered at the Rotunda for our Walk to School Day. We chose the walk to school day to raise money for the Indigenous Literacy Foundation, which supplies books for students in remote communities. We raised \$130.00.

Students carried the Australian, Torres Strait Islander and Aboriginal Flags on the walk. Not only did we raise money for a charity, it helped our road safety skills and taught the younger kids to be more aware.

We felt proud to be representing our school, we also felt nice and refreshed and ready to start our day of learning. It was also fun to walk with our friends and see some nature. We were rewarded with fresh fruit back in our classrooms, thanks to Woolworths' kind donation.

Written by Millie Stewart and Callum Yates



Walk To School Day





Last term, there was a competition open to grades 5 and up including secondary schools throughout Victoria. Our class entered the competition and I came third out of 1800 people and won 125 dollars and a book voucher for the school. On the 11th of September I went to Melbourne to go to Parliament House. When we got there we went to our hotel until 3:00pm. Then we walked to Parliament House where we had to walk up a lot of stairs. We got inside and we were greeted by lots of people who then took us to a machine to make sure we had no weapons. After that we got taken to our seats and in the back there were complimentary drinks and food. We waited for a little while, soon it was my turn to go up on stage. When I was up on stage I accepted my big cheque and award. All the people who came 1st, 2nd and 3rd went up for a big group photo. Afterwards, I felt very happy and proud of myself and glad that I came third.

By Lyra Nowell



Congratulations, Lyra!

Year Six Parliament Incursion



On Monday the 30th of October, we had the opportunity to take part in an incursion all about Australian Parliament. Dan Hunt from Linked Incursions taught us about democracy, the voting system, The House of Representatives and The Senate. We did two roleplays, one about the House of Representatives and one about The Senate where we all had the chance to speak and debate. In the House of Representatives, we debated whether PE should be banned in schools. In the Senate, we debated whether the voting age should be changed to 16. We wrote speeches and some people also got a script to follow. We also learnt about different types of roles in parliament and different ways countries are run. It was an interesting and fun day and we ended with a Kahoot where we knew so many of the answers! We are excited to continue role playing student parliament in our classroom this term.

By Charli Cherry and Lewis Milito



Year 5 Reading

In Year 5 this term, students are placed in guided reading groups depending on their skills that they are required to learn. Also, students work independently doing reading cards that improve their comprehension.

On Tuesdays, eleven students have been focusing on making inferences, synthesising and making connections to texts.

Making inferences is...(Thinking about what the writer means but has not stated).

Synthesising is...(Discussing how new information has changed my thinking about a topic e.g. what we consider to be a treasure).

Making connections is...(Connecting the text to personal and world knowledge as well as to other texts).

In our guided reading groups students get given a reciprocal role for the book they are reading. Reciprocal reading is a talk about a book in a small group setting that develops comprehension strategies. These roles include:

- Questioner
- Predictor
- Summariser
- Clarifier

I personally enjoy doing reading groups because I like joining in the group discussion and I like the types of books that we read during these groups.

By Rocco Bonacci



Year 5

Year 5 Maths

In Year 5 this term in maths, we have been learning about many different subjects. These include:

- Rounding off and estimation
- Angles
- Time
- Division

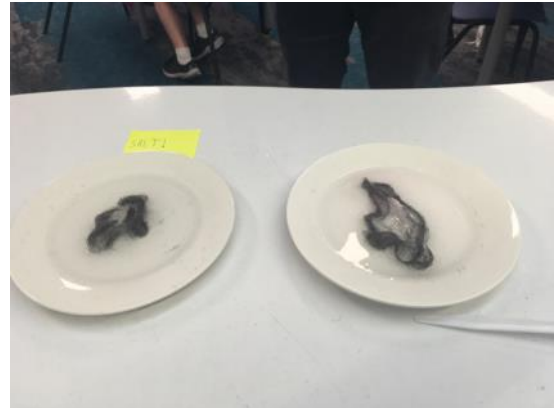
In angles we learnt about the different types of angles and how to measure them. We learnt how to use protractors which are a tool we use to measure angles. We also learnt about how to round off numbers to make an estimation. We have learnt about how to use 12 hr time, 24 hr time and analogue. We also learnt how to use timetables with 24hr time. Currently we are learning about division and learning how to write remainders as fractions and decimals. Independent groups use these skills in Essential Assessment to show what they've learnt. With everything we have learnt this year in maths, we are prepared to take on the challenge of Year 6.

By Harry Strong

Year 5 Science

In year five, we have been doing science experiments. We did one about rust. The aim of the experiment was to compare 2 pieces of steel, one in salt water and one in plain water and see which one rusts quicker. Some students decided to put glass jars over 2 of the plates with the steel, so it had limited oxygen. We left the experiments out over 5 days, Thursday the 11th of October to Monday the 16th of October. The pieces of steel with limited oxygen had no rust, the plate with salt water rusted a bit but not a lot. The plates with no jars on top, had lots of rust. It took one night to make the first specs of rust (plain water). The salt water made lots of rust overnight. Over the couple of days the rust grew and grew to the point where it looked like it had been left out in the rain for a month! This experiment was very exciting and took a lot of patience.

By Isobel Mills



Year 5

Year 5 Writing

In year 5, we have been practising our writing skills, by learning more about adverbs, nouns, verbs and adjectives, as well as learning about simple sentences and compound sentences.

We've been writing biographies and avoiding narratives, which helps us prepare for high school.

In year 5 this term we've learnt that a simple sentence has a noun and a verb, we also learnt that compound sentences are 2 simple sentences joined together by a conjunction.

We have learnt what a personification is and how to write one, for example "the trees danced in the wind" is a personification.

In a personification you describe an inanimate object as alive like saying the 'stars winked at you', that's a personification.

In the biographies we've been writing, we've been talking about celebrities and famous people.

So in conclusion we've learned what a personification, simple sentence and a compound sentence is, and how to write them.

By Charlie Allen



School Golf Tournament

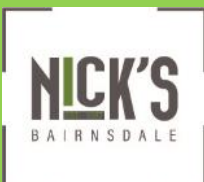
On the 31st of October, Seth, Lochie and I competed in the school golf tournament at the Lakes Entrance Golf Club where we played the front nine holes. There were about 30 other kids for various schools in the area. On the day the wind was extremely challenging, as difficult as Mr Bs Maths group. Lochie got a score of 65, Seth got a score of 60 and I got a score of 74. Seth is going through to the next round at Bairnsdale. I would like to thank Sam Kindlen from Golf Australia for organising the day.

By Archer Rickman



Week 6 Whole School GEM Chat focus:

Emotional Literacy - Remember a time you felt a strong emotion. How did you deal with this strong emotion?



St Brendan's School Uniform can be ordered online!

Link to website for St Brendan's Uniform below:

<https://nicksbairnsdale.com.au/product-category/schoolwear/st-brendans-uniform/>

Class Prayer Leaders

Today, we meet Juliette Walker from Year 5/6



I am on the Prayer Committee because I think it's good for other kids to learn about God.

Something I think is important:

I believe that peace is very important.

Some facts about me:

I do ballet.

I love to care for animals.

I love to read. My favourite book is, 'Keeper of the Lost Cities'.

Juliette's prayer

Dear God

We pray for those who are struggling in these hard times. People who are affected by war, conflict or injustice.

Please keep them in your hands and look after them.

We pray that peace comes upon them and that they can find hope and love in these hard times.

Please give them the strength and courage to push through this horrible time.

Remind them that you will be with them throughout this unfortunate time.

Amen

You're invited to:

A Prayer Vigil for Peace

In the Church on Friday 10th of November
at lunchtime from 1.00pm to 1.30pm.

Drop in for 5 minutes, 10 minutes or longer.

We are doing this because there is war in the Middle East and Eastern Europe and we want to pray for peace!



From the St Brendan's Prayer Leaders

PLEASE JOIN US!



Walk with Jay and his team as he raises awareness and takes on the challenge of walking from Merimbula to Port Melbourne.

**SATURDAY 18TH NOVEMBER -
1ST DECEMBER '23**

The walk will pass through Lakes Entrance on Thursday 23rd November.

Accommodation is urgently needed for 21 people (15 male, 6 female, including 1 married couple) on that night. If anyone can host please let us know at school and we will put you in touch with the team.

We would love to be a part of this and it would be a lovely way to remember our dear friend and teacher, Fiona Holden who passed away from cancer, stemming from a skin cancer, in 2021.

CHANGE OF DATE

Year 1/2 Class prayer will now be held in Week 9, on Friday December 1st.

All welcome!

From the Parish bulletin

Thank you to the staff and children of St Brendan's for the beautiful prayer service that was held last Friday. The children were well prepared and we appreciated the amount of work that the staff put into it. The children were a credit to the school and their teachers.



St Brendan's Parish is preparing the Sacramental Program

for 2024. If any parents/caregivers wish their child/ren to be involved in the programs for Baptism or Reconciliation please contact Michelle Grimsted at the St Mary's Parish Centre on 5152 2942 or email stm.michelleg@gmail.com

Sessions begin early next year in February 2024.

PLEASE NOTE: Potential candidates for Reconciliation, from Year Two, received an enrolment form this week. If you think your child is a candidate or would like to be baptised in order to take part next year, please contact Helen at school. Thank you.

A SPECIAL REPORT: Discussing War & Conflict

Children are frequently exposed to distressing news through the 24-hour news cycle and social media. These experiences can provoke anxiety, especially in young minds still forming their worldviews. Parents and caregivers should be mindful of overexposure to such content as it can lead to symptoms similar to post-traumatic stress disorder. Children's responses to trauma can vary, from being strong emotional reactions to being indifferent. It can leave an emotional imprint that can affect a child's behaviour and perception of danger.

Children need reassurance about their safety as they navigate uncertain times. Tailor conversations to your child's age and emotional maturity. Younger children benefit from simplified explanations focusing on peace, empathy, and cooperation, whilst older children can delve into historical events, root causes of conflict, and the complexities of international relations.

Before discussing these topics with your child, it is also important to assess your own emotions and comfort level. By staying calm and providing physical comfort will help your child regulate their own emotions. In challenging times, compassionate adults play a crucial role in helping children cope with anxiety and providing hope and understanding in our complex world.

This Special Report provides guidance on how to tackle this difficult topic and helping children understand there is still hope in our complex world.

We hope you take time to reflect on the information offered in this Special Report, and as always, we welcome your feedback.

If you do have any concerns about the wellbeing of your child, please contact the school for further information or seek medical or professional help.

Here is the link to your special report:

https://lakesent.catholic.schooltv.me/wellbeing_news/special-report-discussing-war-conflict



SPECIAL REPORT

Discussing War & Conflict





St Brendan's Primary School - Lakes Entrance



stbrendanscps_lakesentrance



All users interacting with the St Brendan's Primary School Facebook or Instagram page, by either liking or commenting on posts, must do so using an account that clearly identifies them by their real name.

Users may not use students, teachers or any member of our community's names when commenting on posts. Share or Tag, but don't name.



Donations of
**BRIGHT
TILES**
required for
school
mosaic—
**Purple,
yellow,
orange,
green, blue,
bright
patterns,
cups and
saucers**



ST BRENDAN'S LUNCH ORDER

SUSHI ROLLS

SALMON & AVO	\$3.90
AVOCADO	\$3.50
CUCUMBER	\$3.50
TEMPURA VEGE	\$3.50
TERIYAKI CHICKEN	\$3.50
CHICKEN KATSU	\$3.50
PANKO PRAWN	\$3.90
TUNA & AVO	\$3.90

DRINKS

LIGHTLY SPARKLING MINERAL WATER CANS	\$3.00
LIME RASPBERRY, WATERMELON, MANGO.	

HOT FOOD

HONEY CHICKEN & FRIED RICE	\$10
TERIYAKI CHICKEN & FRIED RICE	\$10
CHICKEN OYSTER STIR FRY & FRIED RICE	\$10
FRIED PORK DUMPLING (GYOZA) WITH PLUM DIPPING SAUCE	\$7.50

SALADS & BOWLS

SALMON POKE BOWL	\$12.50
TOFU & VEGETABLE POKE BOWL	\$10
VEGETABLE SOBA NOODLE SALAD	\$9

MINI BANH MI

HALF SIZED BANH MI	
TH O.G	\$6
3 DIFFERENT TYPES OF VIETNAMESE PORK, MAYO, PATE, PICKLES, CUCUMBER, CORIANDER	
CRISPY PORK BELLY	\$6
CRISPY PORK BELLY, MAYO, PATE, PICKLES, CUCUMBER, CORIANDER	
CRISPY CHICKEN	\$6
CRISPY CHICKEN, MAYO, PATE, PICKLES, CUCUMBER, CORIANDER	

Uniform Reminders

JEWELLERY is restricted to the following - a wrist watch, no more than **one** small matching pair of studs or sleepers in the ear lobe - gold, silver or gemstone, a religious medallion on a chain to be worn under clothing.

Fashion jewellery, make-up and nail polish are not permitted.

HAIR is to be kept neat and tidy at all times. Hair longer than collar length, must be **tied back completely**. This is to help restrict the spread of nits and lice and for student safety. Headband, hair ties, ribbons, scrunchies and clips must be **blue, black or brown**.

It is not appropriate for children to come to school with dyed or inappropriate hair styles as deemed by the Principal.





FUN IS IN FULL SWING!

Join Woolworths Cricket Blast
A safe way to have fun and stay active for kids of all abilities.

LAKES ENTRANCE CRICKET CLUB
COMMENCING 26th OCTOBER, 430-530PM
LAKES ENTRANCE RECREATION RESERVE
SCAN QR CODE TO REGISTER!




Sign up Today!

PROUDLY PRESENTED BY




Play Cricket

JUNIOR PATHWAY





From Woolworths Cricket Blast through the Junior Cricket stage, all kids can advance their skills and discover how awesome it is to be part of a team through fun game-based activities. The stages have been developed based on academic research, testing and community feedback.

This includes consideration for physical, mental and emotional development. Participation and progression through the stage is based on ability level, therefore the ages are indicative only. Players are encouraged to participate at a stage appropriate for them.

STAGE	PLAYERS	AGE	SKILL LEVEL	GAME TYPE	BOUNDARY	DURATION
JUNIOR CRICKET 1	8 Players	8-10 years	Beginner	Learn the skills through fun, modified games	10m	15-20 mins
JUNIOR CRICKET 2	10 Players	10-12 years	Intermediate	Learn the skills through fun, modified games	15m	20-25 mins
JUNIOR CRICKET 3	12 Players	12-14 years	Advanced	Learn the skills through fun, modified games	20m	25-30 mins

PROUDLY PRESENTED BY





Play Cricket

EAST GIPPSLAND SHIRE LIBRARIES

FREE BOOKINGS ESSENTIAL

Library Speechies Talk



Speechie Library Talks 2023
Speech Pathology Australia
Australian Library and Information Association

Join us for a Library Speechie Talk this November!

Do you have a child between 0-5 years old? Would you like to help develop their language and literacy skills?

Speech pathologists work with children and families to help to build the foundations on which literacy skills develop and help support a healthy transition into literacy.

Meet your local speech pathologist, enjoy a reading of one of Speech Pathology Australia's Book of the Year 2023 winning books and find out more about how you can support your child's language and literacy development at home.

(As we only received pairings for two locations due to volunteer speech pathologist interest in the area, this program is only being held in Bairnsdale and Lakes Entrance.)

Monday 13 November
Lakes Entrance Service Centre
4.00 pm - 5.00 pm

Tuesday 28 November
Bairnsdale Library
11.30 am - 12.30 pm


Phone **5152 4225** or book in person at the library for this **FREE** event.

Libraries Change Lives

EAST GIPPSLAND SHIRE LIBRARIES

FREE AGES 2-5 BOOKINGS NOT REQUIRED

Social Inclusion Week Storytime



Join in on the fun at a special Storytime session to celebrate Social Inclusion Week!

The aim is to help all Australians feel included and valued, giving everyone the opportunity to participate fully in society.

The Storytime session will include stories, songs and a craft activity.

Tuesday 21 November
Orbost Service Centre
11.00 am

Tuesday 21 November
Bairnsdale Library
11.00 am

Tuesday 21 November
Lakes Entrance Service Centre
11.00 am

Tuesday 21 November
Paynesville Service Centre
11.00 am

Wednesday 22 November
Omeo Service Centre
11.15 am

Thursday 23 November
Mallacoota Service Centre
2.30 pm

Phone **5152 4225** or book in person at the library for this **FREE** event.

SOCIAL INCLUSION WEEK

Libraries Change Lives

STRESS, WORRY, ANXIETY, SELF SABOTAGE, LOW SELF ESTEEM, DEPRESSION, FRUSTRATION, ARGUMENTS, ANGER, LAZINESS, LIES

Sound like familiar struggles that happen in your home with your child?

Motov8 and Savage Angel events are about inspiring, informing & instructing teenagers and their parents to make smarter, more informed decisions in life.

Stop wasting time hoping for things to magically change, become the change your family needs - Rev

Hear what others are saying:

I'm 15 years old and I was watching you speak at the Newcastle event, I just want to thank you for everything that you said, I didn't want to go as I thought it was not gonna be something for me but I have realised my worth from the things said. I never thought I would say this but thank you for changing my life for the better. I started my first job on Monday and I knew I could do it after hearing your speech. **Anna**

I was a 14 year old boy at your seminar last night at Dee Why, I just wanna say I'm so glad that you approached the way you did because I was coming into it feeling down because I thought it was a waste of time, but your attitude and approach made it captivating and I left with a lot more knowledge and better perspective than when I came in. **Aaron**



Tickets on sale now - scan the QR code below or visit at eventbrite.com.au

Motov8ing Boys - Monday 13th November 7-9pm
Savage Angel - Tuesday 14th November 7-9pm

Nagle College, Performing Arts Centre, 20 Hope Avenue, Bairnsdale



MOTOV8

INFORM & EMPOWER

Digital Safety & Wellbeing



TIP SHEET FOR PARENTS & CARERS

YEARS 5-6
TERM 4, 2023

What did your child learn about at school?

We need to **think critically** about everything we see online. We can ask questions such as

- Is this a real reflection or just a 'highlight reel'?
- Is this misinformation (false)?
- Does this come from a credible source?
- Are they trying to sell me something?

Online scams are tricks or lies that people use on the internet to take something from you, including your money or personal information.

Some red flags to look out for include



Some conversation starters:

- Have you ever seen something suss online (like a scam)? What were some of the red flags?
- Who are some online celebrities? (e.g. MrBeast, Kid President) Are they good role models? Why or why not?
- Imagine a world where everyone believed everything they read/watched online. What do you think this would be like?

Further Support:



OFFICIAL



Get \$200 to help your child play sport!



The Get Active Kids Voucher Program is open! Get in quick as applications for a voucher will close when the allocation has been exhausted.

We are pleased to let you know that **LAKES ENTRANCE TENNIS CLUB** is a Get Active Kids Voucher Program Activity Provider.

If your family or child has a Health Care Card or Pensioner Concession Card, you may be eligible for up to \$200 to put towards the cost of your child's coaching, racket and membership fees at Lakes Entrance Tennis Club. Apply now at www.getactive.vic.gov.au/vouchers

Tip: Be sure to select us as your Activity Provider. We are listed as **Lakes Entrance Tennis Club** and our Get Active Kids Voucher Program number is 3318951

If you have already paid for your child's activity, you can apply for a reimbursement. You can only apply for either one voucher or a reimbursement for each child.

Vouchers expiry date Round 7: Tuesday, 30 April 2024.



SPORT AND RECREATION VICTORIA
Department of Jobs, Skills, Industry and Regions

121 Exhibition Street, Melbourne VIC 3000
0433 666 442 | info@getactive.vic.gov.au
www.getactive.vic.gov.au | [getactive@reporting.vic.gov.au](https://www.getactive.vic.gov.au)

OFFICIAL

FAMILY FUN, FRIENDSHIP & FITNESS

SUMMER OF SOFTBALL & T-BALL

MALE & FEMALE ALL AGES WELCOME

EAST GIPPSLAND SOFTBALL

Friday nights U12 5:30 - 6:30pm. 13+ 7-8:30pm
SEASON STARTS FRIDAY OCTOBER 13TH

WEST BAIRNSDALE OVAL
ENQUIRIES: eastgippslandsoftball@gmail.com
REGISTER HERE: www.revolutionise.com.au/eastgippsland/registration/

FAMILY DISCOUNTS AVAILABLE

\$ Seesaw

Keeps everyone in the learning loop



*Train for fun, fitness, self-confidence
and personal achievement.*

New Beginner Classes

For Grade 1 & above

FREE 1st CLASS & INTRO PROGRAM

5:15—6pm Tuesday and Thursday

ST BRENDAN'S HALL— via Eastern Beach Rd



Taekwondo & Hapkido

Tony Paganella 4th Dan Taekwondo, 1st Dan Hapkido

EGTKDCLUB@gmail.com | 0419 315 855

www.ETKTD.com.au

TEXT "Free Class & Day" to Book your place

JUNIOR CRICKET

METUNG SWAN REACH CRICKET CLUB

**Come on down and join MSRCC for
a great summer of cricket**

U/13S GAMES FRIDAY NIGHT

U/16S GAMES SATURDAY MORNING

**TRAINING WEDNESDAY @ 430PM
FROM 20/9**

**BLAST CRICKET 4-10 YEAR OLDS
SATURDAY 930-11AM**

Email any enquiries to metungswanreachcc@outlook.com



Register @ www.playhq.com

UNDER 8's REGISTRATION (2017 & 2018)



**Start - 17/10
13 Rounds**



**Cost - \$90.00 (+ insurance if
not already insured)**

To register use the link at the top of the post
Any questions please text - 0475 518 250

JUNIOR CRICKET PLAYERS WANTED

U13 & U16 CRICKET - COME AND JOIN US!

**TRAINING: WEDNESDAYS, 4PM
AT LAKES ENTRANCE
REC RESERVE**



*Equipment available for use

The Lakes Entrance Tennis Club are serving up a Come And Try Day for children four years and over as part of Children's Week 2023.

**This FREE EVENT will be held on
Friday 27 October, at the Lakes
Entrance Tennis Club (behind the
Aquadome) from 4 - 6 pm.**

There will be two sports on offer to children - tennis and pickleball, plus:

- basic skills learning
- a tennis ball machine
- fun games and prizes!

All equipment supplied

Club coach Mike Spruzen and club committee members will facilitate the event.



Want to know more? Contact Mike Spruzen on 0412 517 700.

**Hey, Kids!
Do you want to
try Tennis?**



Let's Talk about Parenting

A Parent's Building Solutions Program

Do you want to know how to talk so children will listen?

Understand what is normal children's behaviour?

Communicate better with your child?

Stay connected to your child?

Come along to these 5 sessions to learn strategies, share stories and take some time out for you!

Please note these are interactive sessions and will not be recorded

Dates: Thursdays 5th October - 9th November
Time: 12.30pm - 2.30pm
Cost: FREE
Venue: Online via ZOOM

Register: scan the QR code, follow the MS forms link
<https://forms.office.com/r/X9a6kRsKqQ>
OR contact
Parentzone.Gippsland@anglicarevic.org.au
P: (03) 5135 9555



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www.lakesent.catholic.edu.au

Together we achieve

OUR SCHOOL PARTICIPATED IN SHOE LACE TYING LESSONS

Ascent Footwear works closely with the medical community to ensure that their footwear meets the needs of Australian school kids feet. Part of this commitment is educating students about a range of foot health issues from learning how to tie shoe laces to basic foot biomechanics. The lessons are totally FREE and the kids take home their own lace tying pencil case and 9 step guide so they can keep practicing at home!

CONTINUE LEARNING AT HOME



Scan the QR code below to find out more:



You can tie your laces at home with our handy video and step-by-step guide!



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ascentfootwear.com.au



PlayConnect+

Support, Family, Friendship, Fun!

Open to all children with disability and/or developmental concerns aged 0-6 years, their families, carers and siblings. No diagnosis is required. All sessions will be facilitated by qualified professionals.

Venue: Bairnsdale Uniting Church, 9 Lanes Rd Lucknow
Day/Time: Wednesdays, 10am - 12pm
Contact: Rose McKenna 0409 096587



playgroup.org.au @playgroupvic/official
1800 171 882 /playgroupvic

