St Brendan's Primary School 1581

Website: www.lakesent.catholic.edu.au Email: principal@lakesent.catholic.edu.au

Internet Banking: BSB 083 879 A/C 695096861 Account Name: St Brendan's School

Newsletter No 22

July 28th, 2023



We would like to acknowledge the Traditional Custodians of the land on which we gather today, the Gunaikurnai people. We pay our respects to their elders past, present and emerging. We extend that respect to all people.



We would especially like to acknowledge the land on which our school stands and ask everyone to show respect to the environment and all that it includes.

ST BRENDAN'S SCHOOL WINTER UNIFORM

UNIFORM ITEMS - Available from Nick's in Bairnsdale Most items are regulation, meaning that the school has determined the style or manufacture.



Girls Regulation Winter Uniform:

- Winter Tunic (Year F/1/2/3)
- Winter Skirt (Year 4/5/6)
- Blue long sleeve blouse
- Bomber Jacket (with emblem)
- Polar Fleece Jacket (with emblem)
- Navy tights/white school ankle socks (foldover style) or long white (no logos)
- Black Leather School Shoes buckle/ lace-up/T-bar
- Navy 'Midford' Pants

Yr F, 1, 2 & 3



Boys

- Sky blue long/short sleeve shirt
- Grey trousers
- Bomber Jacket (with emblem)
- Polar Fleece /Jacket (with emblem)
- Short grey socks/long grey socks
- Black leather school shoes/boots

Tracksuit pants must be worn at the beginning of Wednesday, Thursday and Friday. Shorts may be worn underneath, should they choose to do so.

HAIR is to be kept neat and tidy at all times. Hair longer than collar length, must be tied back completely.

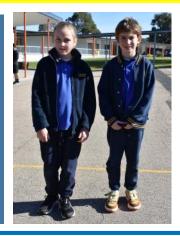
Headband, hair ties, ribbons, scrunchies and clips must be blue, black and brown.

It is not appropriate for children to come to school with dyed or inappropriate hair styles as deemed by the Principal.

Boys and Girls

Regulation Sports Uniform:

- Blue polo shirt with emblem (Short Sleeve)
- Navy trackpants without logos
- Black Basketball shorts (sport)
- Bomber jacket Polar Fleece Jacket (with emblem)
- Predominately white sports socks below ankle footlet style not acceptable.
- Running shoes (not skate or fashion shoes)



Dear Families and Friends,

We have had a very smooth beginning to the term with few interruptions to the curriculum. Some features, however, have been in some of the social and emotional education sessions taking place in the year three to six areas. Young adolescences are faced with many challenges at this point in their lives so education in these areas is critical to support them in their decision making. Recently, these year levels have participated in 'Inform and Empower' cyber safety sessions targeting new online issues young people are faced with. Tehseen Zafar from GLCH has also worked with the year five cohort in regards to vaping prevention education. Tehseen and his team are working with members of this year level to produce an information advertisement that will help students in East Gippsland understand the risk associated with vapes. If you information regarding the risks like further of vaping please principal@lakesent.catholic.edu.au

Preparing for difficult conversations with pre-teens and teenagers - https://raisingchildren.net.au/

There are no scripts for difficult conversations and tricky topics. But it's a good idea to **think about these topics before your child asks**. If you work out a few key points beforehand – and even practise them – you'll be ready when your child asks a tricky question while you're driving!

And when you've had a chance to think about these topics, it's also a good idea to **raise them before your child asks**, so your child knows they can talk to you. For example, early conversations about things like sexting can help your child stay safe.

Managing difficult conversations with pre-teens and teenagers First reactions

- Try to stay calm. Be honest if you're shocked by the topic, but reassure your child that you do want to discuss the issue. This can help your child feel they can talk to you about anything.
- Make sure the first thing you say to your child is something that lets them know you're happy that they want to talk to you. For example, 'I'm so happy that you trust me to help you with this' or 'Thank you for coming to me about this'.
- <u>Listen to your child.</u> This means giving your child a chance to talk through what's going on, without you trying to fix the situation. Often, teenagers aren't expecting you to fix things they just want you to listen.
- Avoid being critical or judgmental, or getting emotional. If you need to let off steam, choose another adult to talk to when your child isn't around.

Plenty to look forward to next week with students taking part in the Australian Maths Competition. We also have 57 students taking part in the District Athletics in Bairnsdale and them we wind the week up with our assembly which features the Foundation item. Looking forward to seeing you around school soon.

Kind regards, Matthew Hamer

		Dates for the Calendar
Term 3	JULY 2023	
Week 4	Monday 31st - Tuesday 8th August	Scholastic Book Fair 8.40am - 9.00am & 3.00pm - 3.30pm daily 9.10am Year 5 Class Prayer
	AUGUST 2023	
	Wednesday 2nd	AMC Maths Competition
	Thursday 3rd	District Athletics—Howitt Park, Bairnsdale 3.30pm Confirmation workshop 2
	Friday 4th	2.30pm Assembly: Foundation
Week 5	Tuesday 8th	9.10am Whole school Mass for St Mary MacKillop Feast Day
	Thursday 10th & 11th August	Student Free Days
Week 6	Tuesday 15th	9.10am Year 6 Class Prayer
	Thursday 17th	9.00am-3.00pm—Year 1/2 Excursion to Bairnsdale
	Friday 18th	9.10am Year 3/4 Class Mass
Week 7	Monday 21st	Book Week Dress Up Day
	Thursday 24th	10.30am - 3.00pm Foundation Excursion
	Friday 25th	2.30pm Assembly: Year 1/2 Blue
	SEPTEMBER 2023	
Week 8	Friday 1st	Father's Day Breakfast

Keeping Warm

During the winter months we allow students to <u>arrive at school</u> with a beanie, scarf, gloves or wind proof jacket on to fight the cold. We require these items to be navy blue or black.

Please make sure your child brings their school jumper to school everyday during winter.





Baby Congratulations to the Lee family, Lacey (Year 4) on the arrival of their daughter and sister, "**Teddi**".

Sat: 29/7 St Brendan's Lakes Entrance 9.30am St Joseph's 5.00pm **Swan Reach** Sun: 30/7 St Brendan's **Lakes Entrance** 9.00am St Colman's Orbost 11.00am Tue: 1/8 St Brendan's Lakes Entrance 9.30am Wed: 2/8 St Colman's Orbost 9.30am Thurs: 3/8 Opal NH Lakes Entrance No Mass Fri: 4/8 St Brendan's Lakes Entrance 9.30am Lakes Entrance 11.00am Calvary NH Sat: 5/8 St Brendan's **Lakes Entrance** 9.30am St Joseph's Swan Reach 5.00pm Sun: 6/8 St Brendan's Lakes Entrance 9.00am St Colman's Orbost 11.00am

St Brendan's & St Colman's Catholic Church - Mass Times





- Students will preview the fair items with their class
- Student will make wish lists and bring them home.
- Parents can then choose:
- 1. to come along to the Book Fair with your child
- 2. pay by Credit Card online and write receipt number on the wish list or print the receipt to pdf or take a screen shot with receipt number and email to kwykes@lakesent.catholic.edu.au. (Emails need student name, class, books wanted and receipt number). Your child brings to school the completed wish list to collect book (or a reorder is placed if stock is sold).

We really benefit from holding the fair as we replenish the library with new books from the commission we earn.







(Payment by Cash, Cheque, Credit and EFTPOS)

Date	Time – Before School	Time – After School
Monday, 31st July	8.40am – 9.00am	3.00pm-3.30pm
Tuesday, 1st August	8.40am – 9.00am	3.00pm-3.30pm
Wednesday, 2nd August	8.40am – 9.00am	3.00pm-3.30pm
Thursday, 3rd August	8.40am – 9.00am	3.00pm-3.30pm
Friday, 4th August	8.40am – 9.00am	3.00pm-3.30pm
Monday, 7th August	8.40am – 9.00am	3.00pm-3.30pm
Tuesday, 8thAugust	8.40am – 9.00am	3.00pm-3.30pm

A Reminder: Students may only attend the Book Fair before or after school if they are with their parents or have the money to purchase items.

- We will take photos of the book cases with as many prices as possible on covers and upload them to the PAM for your viewing.
- We can accept cash. Please send correct amount to school in an envelope clearly marked with child's name, class and books/items required.



Prevention of Vaping Information Session

Thank you, to Tehseen from Complete Health for hosting our Year 5 and parent vaping information sessions. Special thanks to the parents that attending the session.



This term, year 1/2 are working on developing their geographical knowledge and skills. Year 1s are inquiring into the question 'What makes Lakes Entrance special?' while Year 2s investigate 'How are we shaping our world?'. To kick off our inquiries, both years created trioramas of a landform of their choice.

In year 1, we had discussions about different landforms and what features they have, the children were then given time to plan their trioramas before they began making them with a variety of materials.



I have made Ella dancing outside because she loves the outside.

- Sophie M

I have made an underwater scene. There is a Narwhal and coral and sand.

- Ella W

My volcano has exploded and lava is splashing everywhere.

- Jimmy







My triorama is under the sea. There are dolphins and fish. I have lots of coral.

- Lucy

I have a mountain with a waterfall coming off it. I drew some birds and there is a big sun. - Evie F

My triorama is of my family camping outside. I have snakes, and they scare my friends.

- Charlotte J









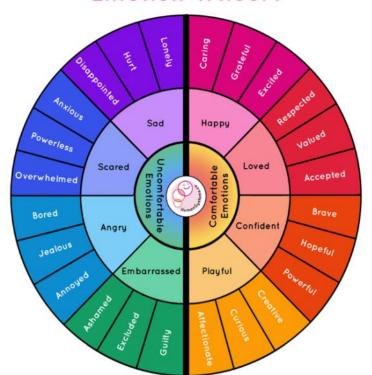
Week 4 Whole School GEM Chat focus:

What did you do well today? - Emotional Literacy

Emotional Literacy "Name it before you Tame it"

Working on our emotional literacy gives us opportunities to develop our ability to understand and express different emotions. When we improve our emotional literacy, we can work towards recognising our own feelings and our ability to manage them. This allows us to cope with different life situations, such as managing conflict, making friends, coping in difficult situations and being resilient when dealing with change.

Emotion Wheel I





Family Habit Builder: Around the dinner table, ask everyone to share a feeling they felt during that day. Discuss how they dealt with that feeling and then discuss and share strategies you could use when faced with particular feelings.

Year Three to Six Opportunities



St Brendan's Catholic Primary School is pleased to offer students in years three to six several academic opportunities this term. If you would like further information on any of these opportunities please contact your child/ren's class teacher or Jenny Graham.

A brief description is below.



Australian Maths Competition

St Brendan's is involved annually in this competition with a large number of students participating. Students were invited to take home a letter for further information, however, the key points are:

Date: Wednesday, 2nd August, 2023 Cost: \$8.00

Brief description: The competition aims to be accessible to all students from Years 3 to 6, not just the mathematically gifted. There is an emphasis on problem solving, a valuable life skill, and the questions are designed to be fun for the student. The AMC consists of 30 questions with the time allowed to complete the paper being 60 minutes.

Every participant receives a Certificate of Achievement and a detailed report showing how they performed on each problem.

Further information: https://www.amt.edu.au/run-competitions-programs



VIC Spell

Vicspell is an opportunity for students in year 5 and 6 to compete in a spelling competition. Class teachers will run a competition and 2 students will be selected to represent St Brendan's Catholic Primary School at the Zone Final in Paynesville on Monday, 7th August, 2023.

Students in year 5 and 6 do not have to participate in the school Spelling Bee competition, it is an opportunity for those students who feel they will have the skills and confidence to compete at the next level. This competition is free for students.



Lions Club Public Speaking Competition

Once again St Brendan's has been invited to participate in the Lion's Club Public Speaking competition. Students in years 4 - 6 have been introduced to the topics and will be taking home information to practise their speech. This is an opportunity and students do not have to participate. Students who want to compete will receive an entry form to ensure parents are aware of the process.

School competition will be finalised by Friday, 28th July, 2023.



Dear St Brendan's Community,

In Geography, Year 3 students, are beginning to find out information about various destinations around Australia. We are hoping there are some people who have travelled to any of these places that could complete a short survey.



The destinations are:

The Three Sisters Arlo O'Shae	Ningaloo Reef Thea Lincoln	The Pinnacles Bella Jesse	Nullabor Plains Jaxon Cr Summer
Mount Kosciuszko Evie Alexander	Big Pineapple Indie Max	Remarkable Rocks Luca Winter	Lake Eyre Ivy Zander
The Bungle Bungles Maddox Isla	St Paul's Cathedral Jaxon C, Willow W	Bondi Beach Willow N, Remy	Fraser Island Chloe, Jordan
Bell's Beach Eli Georgia	Marble Bar Kayde, Jake		

Students have been given destinations that they currently know nothing about with the intention of them being the 'experts' by the end of the term.

One of the skills in Geography is to learn how to 'find out' information. We are wanting to extend their skills rather than rely on Google.

If you are able to complete a short survey with any of the following information listed below could you please let us know.

Students have	created some questions they would like to find answers to. This is the first step to their inquiry into an Australian destination.
Location	Which state is it in? What is it near? Is it near the mountains or oceans?
Appearance	What does it look like? Was it man made?
Climate	Does it get a lot of rain? What is the temperature?
Flora / Fauna	Any plants or animals that are specific to that destination?
Visitors	Why did you travel to this destination?

If you know any year 3 students, please let them know if you can help and we can send a short survey home.

Thank you,

Year 3 / 4 Team

WANTED

Wanted in the artroom

- Old beads and necklaces
- Plastic loyalty cards, like credit cards without personal details
- Old photo frames, any size
- Disused keys, nuts, bolts, springs, any small wooden or metal objects
- Magazines and newspapers
- Small scrapes of timber that can be cut for construction bases
- Flattened cereal boxes
- Fruit or veggie net bags—Orange or onion bags
- Bubble wrap



FACT SHEET FOR PARENTS, GUARDIANS AND CARERS

WHAT IS THE NCCD?

The Nationally Consistent Collection of Data on School Students with Disability (NCCD) takes place every year.

The NCCD is a collection that counts:

- the number of school students receiving an adjustment or 'help' due to disability
- the level of adjustment they are receiving to access education on the same basis as other students

Students are counted in the NCCD if they receive ongoing adjustments at school due to disability. This 'help' allows them to access education on the same basis as a child without disability. The NCCD uses the definition of disability in the Disability Discrimination Act 1992.

Schools provide this information to education authorities.

Go to What is a reasonable adjustment? below to learn about adjustments.

WHY IS THIS DATA BEING COLLECTED?

All schools in Australia must collect information about students with disability.

The NCCD:

- ensures that the information collected is transparent, consistent and reliable
- provides better information that improves understanding of students with disability
- allows parents, guardians, carers, teachers, principals, education authorities and government to better support students with disability.

Student with disability loading

Funding from the Australian Government for students with disability is based on the NCCD through the student with disability loading.

Students with disability who are counted in the top three levels of the NCCD (extensive, substantial and supplementary) attract the loading. Funding is based on a per-student amount at each of the three levels of additional support. The amount of the loading reflects the level of support students with disability need to participate fully in school, with higher funding for those who need higher levels of support.

Australian Government recurrent school funding is provided as a lump sum to school authorities including state and territory governments, which can then distribute the funding to their member schools according to their own needs-based arrangements.

The Government expects schools and school systems to consider their funding from all sources (ie Australian Government, state and territory and private) and prioritise their spending to meet the educational needs of all of their students, including students with disability.

WHAT ARE THE BENEFITS OF THE NCCD FOR STUDENTS?

The information collected by the NCCD helps teachers, principals, education authorities and governments to better support students with disability at school.

The NCCD encourages schools to review their learning and support systems and processes. This helps schools to continually improve education outcomes for all students.

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WHAT MUST SCHOOLS DO FOR STUDENTS WITH DISABILITY?

All students have the right to a quality learning experience at school.

Students with disability must be able to take part in education without discrimination and on the same basis as other students. To ensure this, schools must make reasonable adjustments if needed for students with disability. Educators, students, parents, guardians, carers and others (eg health professionals) must work together to ensure that students with disability can take part in education.

The Disability Discrimination Act 1992 and the Disability Standards for Education 2005 describe schools' responsibilities.

WHAT IS A REASONABLE ADJUSTMENT?

An adjustment is an action to help a student with disability take part in education on the same basis as other students.

Adjustments can be made across the whole school (eg ramps into school buildings). They can be in the classroom (eg adapting teaching methods). They can also be for individual student need (eg providing personal care support).

The school assesses the needs of each student with disability. The school provides adjustments in consultation with the student and/or their parents, guardians and carers.

Schools must make reasonable adjustments if needed. The Disability Standards for Education 2005 define 'reasonable adjustment' as an adjustment that balances the interests of all parties affected.

WHO IS INCLUDED IN THE NCCD?

The definition of disability for the NCCD is based on the broad definition under the Disability Discrimination Act 1992. The following students are examples of those who may be included in the NCCD if they need monitoring and adjustments:

- students with learning difficulties (such as dyslexia)
- students with chronic health conditions (such as epilepsy or diabetes).

WHO COLLECTS INFORMATION FOR THE NCCD?

Schools identify which students will be counted in the NCCD. They base their decisions on the following:

- adjustments provided for the student (after consultation with the student and/or their parents, guardians and carers)
- the school team's observations and professional judgements
- any medical or other professional diagnoses
- other relevant information.

School principals must ensure that information for the NCCD is accurate.

WHAT INFORMATION IS COLLECTED?

A student is counted in the NCCD if they receive reasonable adjustments at school due to disability.

Each year, schools collect the following information about the student, including:

- their year of schooling
- the level of adjustment received
- the broad type of disability.

For students who have more than one disability, the school uses professional judgement to choose one category of disability. They choose the category that most affects the student's access to education and for which adjustments are being provided.

A high level summary of the NCCD data is available to all Australian state and territory governments to improve policies and programs for students with disability.

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HOW IS THIS DATA USED?

The NCCD data informs funding and work by schools and sectors. It ensures that support for students with disability becomes routine in the day-to-day practice of schools. The NCCD also supports students in the following ways.

- The NCCD helps schools better understand their legislative obligations and the Disability Standards for Education 2005.
- Schools focus on the individual adjustments that support students with disability. This encourages them to reflect on students' needs and to better support students.
- The NCCD facilitates a collaborative and coordinated approach to supporting students with disability. It also encourages improvements in school documentation.
- The NCCD improves communication about students' needs between schools, parents, guardians, carers and the community.

The Australian Curriculum, Assessment and Reporting Authority (ACARA) annually publishes high-level, nonidentifying NCCD data.

WHEN DOES THE NCCD TAKE PLACE?

The NCCD takes place in August each year.

IS THE NCCD COMPULSORY?

Yes. All schools must collect and submit information each year for the NCCD. This is detailed in the Australian Education Regulation 2013. For more information, ask your school principal or the relevant education authority.

HOW IS STUDENTS' PRIVACY PROTECTED?

Protecting the privacy and confidentiality of all students is an essential part of the NCCD.

Data is collected within each school. Personal details, such as student names or student identifiers, are not provided to federal education authorities. Learn more about privacy in the Public information notice.

FURTHER INFORMATION

Contact your school if you have questions about the NCCD. You can also visit the NCCD Portal.

There is also a free e-learning resource about the Disability Discrimination Act 1992 and Disability Standards for Education 2005.

This document must be attributed as Fact sheet for parents, guardians and

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LIBRARY BAGS - new style

It is a school requirement that all students have a library bag to take home their readers/books.

We have library bags for sale in the office for \$8.00 each. If you can't get to the school office, you may contact the office to have the cost added to your school fees and the bag supplied to your child.





We like to recognise out-of-school activities and achievements. Please get your child to write an article and send photos to:

kwykes@lakesent.catholic.edu.au, if you would like their achievements published in the school newsletter.

Uniform Reminders



JEWELLERY is restricted to the following - a wrist watch, no more than one small matching pair of studs or sleepers in the ear lobe - gold, silver or gemstone, a religious medallion on a chain to be worn under clothing. Fashion jewellery, make-up and nail polish are not permitted.

HAIR is to be kept neat and tidy at all times. Hair longer than collar length, must be tied back completely. This is to help restrict the spread of nits and lice and for student safety. Headband, hair ties, ribbons, scrunchies and clips must be blue, black or brown.

It is not appropriate for children to come to school with dyed or inappropriate hair styles as deemed by the Principal.



Is your child starting Foundation in 2024?

Foundation 2024 Enrolment Tours are now taking place.

Book your personalised school tour.

Enrolment packages will be provided on the day of your tour.

Please call the School Office on 51552712 or

email principal@lakesent.catholic.edu.au to book.





ST BRENDAN'S LUNCH ORDER

SUSHI ROLLS

SALMON & AVO	\$3.90
AVOCADO	\$3.50
CUCUMBER	\$3.50
TEMPURA VEGE	\$3.50
TERIYAKI CHICKEN	\$3.50
CHICKEN KATSU	\$3.50
PANKO PRAWN	\$3.90
TUNA & AVO	\$3.90

DRINKS

LIGHTLY SPARKLING \$3.00 MINERAL WATER CANS

LIME, RASPBERRY, WATERMELON, MANGO,

HOT FOOD

HONEY CHICKEN & FRIED RICE	510
TERIYAKI CHICKEN & FRIED RICE	510
CHICKEN OYSTER STIR FRY & FRIED RICE	\$10
FRIED PORK DUMPLING (GYOZA) WITH PLUM DIPPING SAUCE	\$7.50

SALADS & BOWLS

SALMON POKE BOWL	\$12.50
TOFU & VEGETABLE POKE BOWL	\$10
VECTABLE CODA NOODLE CALAD	***

MINI BANH MI

HALF SIZED BANH M

TH O.G	\$6
3 DIFFERENT TYPES OF VIETNAM PORK, MAYO, PATE, PICKLES, CUCUMBER, CORIANDER	IESE
CRISPY PORK BELLY	\$6
CRISPY PORK BELLY, MAYO, PATE PICKLES, CUCUMBER, CORIANDES	
CRISPY CHICKEN	\$6
CRISPY CHICKEN, MAYO, PATE,	

PICKLES, CUCUMBER, CORIANDER

You are invited to our Youth Group



TRUST IN THE LORD WITH ALL YOUR HEART: PROVERBS 55

Join us for Food, Music, Games, Singing

@ St Mary's Parish Centre

(entry via McDonald's car park)

1st & 3rd Saturday of the Month

(excluding school belidges)

(excluding school holidays)
Time: 5pm to 7pm

5pm Youth Group - Games, Singing, Dancing, Food 6pm Church Mass - Children's Choir & Children's Liturgy of the Word Ages: 8 - 13 years (however, all are welcome)

Our gatherings will occur on the following dates:



- * 5th & 19th August 2023
- * 2nd & 16th September 2023 * 7th & 21st October 2023
- * 4th & 18th November 2023
- * 2nd & 16th December 2023

Contact Fr Mark Hughes or Michelle Grimsted St Mary's Parish, Bairnsdale on 5152 2942 for more information

Enrolments are open for

2024

Book your personalised school tour

Modern, spacious, flexible learning spaces



All families are welcome!

Call the school office on 03 51552712 or email

to book your tour



Stay connected with your

child's learning through Seesaw.



