

St Brendan's Primary School 1581

40 Golf Links Road, Lakes Entrance 3909
Ph: 03-51552712 Fax 03-51554565

Website : www.lakesent.catholic.edu.au
Email : principal@lakesent.catholic.edu.au
Internet Banking : BSB 083 879 A/C 695096861
Account Name : St Brendan's School

Newsletter No 20
July 14th, 2023



*We would like to acknowledge the Traditional Custodians of the land on which we gather today, the Gunaikurnai people.
We pay our respects to their elders past, present and emerging. We extend that respect to all people.
We would especially like to acknowledge the land on which our school stands and ask everyone to show respect to the environment and all that it includes.*



ICT Student User Agreement

Please read together with your child/ren and return the signed agreement ASAP. Thank you



Prevention of Vaping Information Session

*Things you thought you knew,
but really don't!*

Thursday 27th July 2023 from 2:30pm to 3:15pm.

St Brendan Catholic Primary School

Presenter: Tehseen Zafar – Prevention and Population Well-being Worker at Gippsland Lake Complete Health GLCH



Afternoon tea will be provided.



RSVP via PAM. Connect Survey - in the alert/notification section. Thank you



Empathy - How can I include others and ask them to play with me?

Uniform reminder: Students are required to wear jumpers and tracksuit pants to school on sports uniform days. Many students are presenting to the office in the morning, cold, requesting jumpers. Please ensure your child brings a jumper to school each day. Thank you.

Dear Families and Friends,

It has been a tremendous beginning to Term Three with students and staff keen to get back into routine. Walking through the classrooms I have seen guided reading groups up and running from day one, maths lessons with plenty of tactile resources and afternoon sessions with lots of discussion and creativity. The students are really getting into the specialist classes of Art, Mandarin, STEM and PE. The positive noise, smiles and ideas are flowing from those spaces.

Parents, please be aware that on Thursday, 27 July, Tehseen from Gippsland Lakes Complete Health will conduct a Parent Information session on Vaping Prevention. Tehseen has worked with our school for a while now and we thoroughly recommend your attendance to help you to understand this concern our society is facing. The session begins at 2.30pm in the staffroom and will conclude before the end of school. Afternoon tea will be provided. Please RSVP via **PAM** (Connect Survey - **alert/bell** section) for catering purposes.

Body image in pre-teens and teenagers - <https://raisingchildren.net.au/>

Your child's body image is **influenced by many factors**. These factors include family environment, ability or disability, the attitudes of peers, social media, cultural background and more.

Puberty is also a big influence. During puberty, your child's body is going through many changes. But at the same time, fitting in and looking the same as other people becomes more important.

You have an influence on your child's body image too. There's a lot you can do to help your child develop a positive body image, including:

- talking and listening with your child
- focusing on your child as a whole person
- being a positive body image role model.

Your child needs your help to sort through and understand messages about their body.

Sometimes you can help just by actively listening to how your child is feeling about the physical changes of puberty. This means really paying attention to your child's concerns and showing that you care and are interested in what they're saying. If your child is feeling confused, you can reassure them that the changes are a natural part of growing up.

It's also good to talk with your child about **images on social and other media**. Some images set unrealistic ideals for pre-teens and teenagers. But you can help by explaining how the images are often digitally manipulated so that people look more 'beautiful' than they really are.



Enrolment interviews are currently taking place at St Brendan's. If you would like for your child to attend St Brendan's in 2024 or you know someone who does, please call the office on 51552712.

On Sunday, 16 July at 9.00am, students from year six will take part in the **Commitment Mass** for the Sacrament of Confirmation. Please join us in support of these candidates.

Kind regards,
Matthew Hamer

		Dates for the Calendar
Term 3	JULY 2023	
Week 1	Sunday 16th	9.00am Confirmation Commitment Mass
Week 2	Friday 21st	2.30pm Assembly—School Captains
Week 3	Thursday 27th	2.30pm - 3.15pm Parent : Prevention of vaping information session 3.30pm Confirmation workshop 1
	Friday 28th	9.10am Year 1/2 Class Mass
Week 4	Monday 31st - Tuesday 8th August	Scholastic Book Fair
	AUGUST 2023	
	Tuesday 1st	9.10am Year 5 Class Prayer
	Thursday 3rd	District Athletics—Howitt Park, Bairnsdale 3.30pm Confirmation workshop 2
	Friday 4th	2.30pm Assembly: Foundation
Week 5	Tuesday 8th	9.10am Whole school Mass for St Mary MacKillop Feast Day
	Thursday 10th & 11th August	Student Free Days
Week 6	Tuesday 15th	9.10am Year 6 Class Prayer
	Friday 18th	9.10am Year 3/4 Class Mass
Week 7	Monday 21st	Book Week Dress Up Day
	SEPTEMBER 2023	
Week 8	Friday 1st	Father's Day Breakfast



Baby Congratulations to the Nguyen family, Mia (Year 2) on the arrival of their daughter and sister, "Olivia".

Keeping Warm

During the winter months we allow students to arrive at school with a beanie, scarf, gloves or wind proof jacket on to fight the cold. We require these items to be navy blue or black. Please make sure your child brings their school jumper to school everyday during winter.



Sat: 15/7	St Dymphna's	Buchan	9.00am
	St Joseph's	Swan Reach	5.00pm
Sun: 16/7	St Brendan's	Lakes Entrance	9.00am
	<i>Confirmation Commitment Mass</i>		
	St Colman's	Orbost	11.00am
Tue: 18/7	St Brendan's	Lakes Entrance	9.30am
Wed: 19/7	St Colman's	Orbost	9.30am
Fri: 21/7	St Brendan's	Lakes Entrance	9.30am
	<i>Funeral Mass Mr Graham Redshaw</i>		
Sat: 22/7	St Brendan's	Lakes Entrance	9.00am
Sun: 23/7	St Brendan's	Lakes Entrance	9.00am
	St Colman's	Orbost	11.00am

St Brendan's & St Colman's Catholic Church - Mass Times

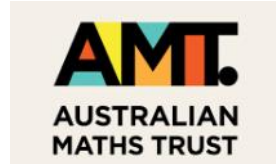


Year Three to Six Opportunities



St Brendan's Catholic Primary School is pleased to offer students in years three to six several academic opportunities this term. If you would like further information on any of these opportunities please contact your child/ren's class teacher or Jenny Graham.

A brief description is below.



Australian Maths Competition

St Brendan's is involved annually in this competition with a large number of students participating. Students were invited to take home a letter for further information, however, the key points are:

Date: Wednesday, 2nd August, 2023

Cost: \$8.00

Brief description: The competition aims to be accessible to all students from Years 3 to 6, not just the mathematically gifted. There is an emphasis on problem solving, a valuable life skill, and the questions are designed to be fun for the student. The AMC consists of 30 questions with the time allowed to complete the paper being 60 minutes.

Every participant receives a Certificate of Achievement and a detailed report showing how they performed on each problem.

Further information: <https://www.amt.edu.au/run-competitions-programs>



VIC Spell

Vicspell is an opportunity for students in year 5 and 6 to compete in a spelling competition. Class teachers will run a competition and 2 students will be selected to represent St Brendan's Catholic Primary School at the Zone Final in Paynesville on Monday, 7th August, 2023.

Students in year 5 and 6 do not have to participate in the school Spelling Bee competition, it is an opportunity for those students who feel they will have the skills and confidence to compete at the next level. This competition is free for students.



Lions Club Public Speaking Competition

Once again St Brendan's has been invited to participate in the Lion's Club Public Speaking competition. Students in years 4 - 6 have been introduced to the topics and will be taking home information to practise their speech. This is an opportunity and students do not have to participate. Students who want to compete will receive an entry form to ensure parents are aware of the process.

School competition will be finalised by Friday, 28th July, 2023.



YEAR 6 - MELBOURNE CAMP 2023



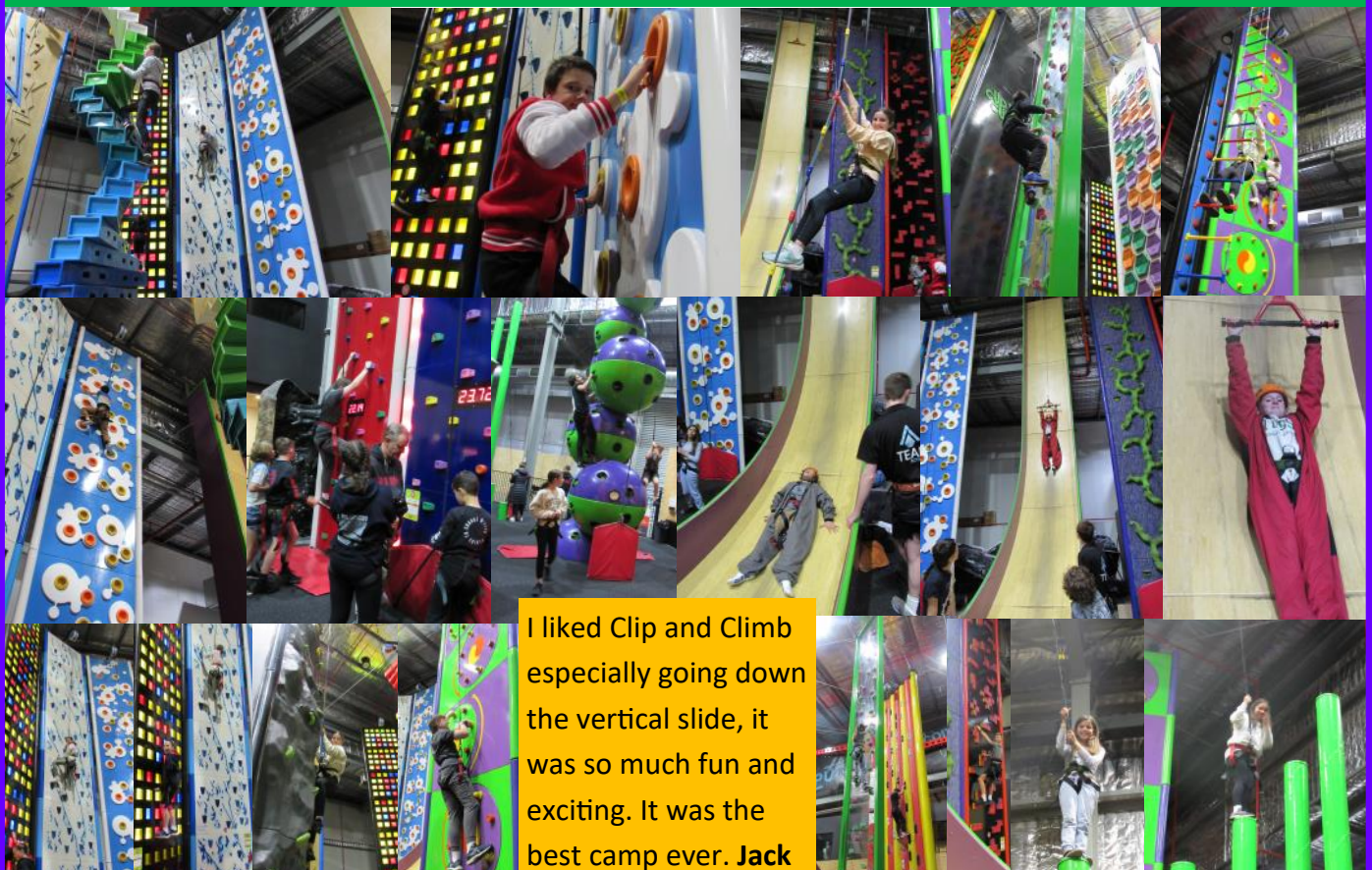
I really enjoyed going to camp. Some of my favourite things were Clip and Climb, MSAC and our dinner in Chinatown. Camp was a great experience and I would love to do it again. **Cobie**

I enjoyed Clip and Climb because I got to go on the vertical slide which was almost 10 metres high, I also competed against one of their workers on the timed wall. **Lochie**



The most enjoyable part of our Melbourne camp was the vertical drop at Clip and Climb, I enjoyed it because there was a rush of adrenaline before you let go of the bar. **Juliet**

Something I really enjoyed at camp was going to Clip and Climb, at first I was scared to have a go but after a few goes I got used to it. **Gabby**



I liked Clip and Climb especially going down the vertical slide, it was so much fun and exciting. It was the best camp ever. **Jack**



YEAR 6 - MELBOURNE CAMP 2023

YEAR 6 - MELBOURNE CAMP 2023



One of my favourite parts of the Melbourne camp was the Old Melbourne Gaol because the stories were really interesting and I loved hearing about them. **Paige**



I really enjoyed getting to experience the Aquarium because the fish and other animals were really fun to see and learn about. **Sienna**



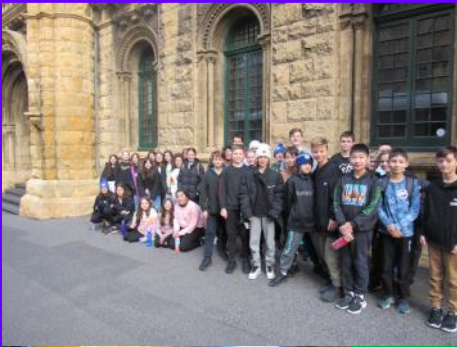
I enjoyed going to Melbourne for camp because it was a new and fun experience. The best parts for me were Clip and Climb and the Chinese dinner because they were exciting and fun. **Joanie**

During our Melbourne camp the moment I enjoyed most was definitely when we got to spend 2hrs at Clip and Climb, it was awesome. **Mia**

I enjoyed going to camp, my favourite thing was the Aquarium because it was really interesting to learn about the different animals and see them coexisting together. **Mikayla**



YEAR 6 - MELBOURNE CAMP 2023



At the grade 6 camp, my favourite part was the Old Melbourne Gaol. My classes tour guide told a lot of terrifying stories, my favourite part was seeing the wax outline of a prisoner. We also saw the wax death mask of Ned Kelly. Did you know that the youngest prisoner in the old gaol was actually 6 months old for not being treated properly by their mother who was also in prison.

Austin



I loved everything on camp and had fun doing all of the activities except for the Old Melbourne Gaol tour, it was gruesome, barbaric, sad and disturbing, hearing how people suffered and for such petty things was an eye opener on how society once was.

Harriet



YEAR 6 - MELBOURNE CAMP 2023



I enjoyed going to the MCG for a private guided tour, I also loved Clip and Climb.

Nate

Heaven's First Haircut

On the school holidays I went and got my first haircut ever. I am 8 years old and have been growing my hair long for a very special reason. I donated my hair so it can be turned into a wig for those who have lost their hair because they are sick. I was shy going to the hairdresser but I did like it in the end. I do like my new haircut but I do feel a bit different. I am going to grow my hair again so I can donate once it's long enough. Your hair needs to be close to your elbows to donate it. I recommend that if your hair is long enough why don't you think about donating it?

By Heaven Beshay.



LANTERN PARADE



Dear Year Six Parents,

If you intend for your child to attend Nagle College next year please note the following message as enrolments are closing.

Go to the Nagle College Website: <https://www.nagle.vic.edu.au>

Enrolment— How to Enrol— Application

The Nagle College Enrolment Application form can be submitted electronically or via email to registrar@nagle.vic.edu.au

Alternatively, families are welcome to contact Sharon Williams directly at the address provided and a hard copy of the application form will be mailed out.

Families are kindly asked to submit their applications with supporting documentation as soon as possible.

Sharon Williams | Registrar / Marketing Assistant | Nagle College

PO Box 507 (20 Hope Avenue) | Bairnsdale | 3875

D: 03 5152 9984 | T: 03 5152 6122

E: registrar@nagle.vic.edu.au | W: www.nagle.vic.edu.au



**Enrolments
are open for
2024**

**Book your
personalised school
tour**

**Modern, spacious,
flexible learning
spaces**



All families are welcome!

Call the school office on

03 51552712 or email

principal@lakesent.catholic.edu.au

to book your tour



www.lakesent.catholic.edu.au

St Brendan's Op Shop has second hand school uniform available.

**St Brendan's
Winter School
uniform
available \$3.00
per item unless
otherwise
marked.**

Open 10am-3pm

Tuesday, Wednesday &
Thursday.





- Students will preview the fair items with their class
- Student will make **wish lists** and bring them home.
- Parents can then choose:

1. to come along to the Book Fair with your child
2. pay by Credit Card online and **write receipt number on the wish list** or print the receipt to pdf or take a screen shot with receipt number and email to kwykes@lakesent.catholic.edu.au. (Emails need student name, class , books wanted and receipt number). Your child brings to school the completed **wish list** to collect book (or a reorder is placed if stock is sold).

We really benefit from holding the fair as we replenish the library with new books from the commission we earn.

SCHOLASTIC Book Fairs

(Payment by Cash, Cheque, Credit and EFTPOS)

Date	Time – Before School	Time – After School
Monday, 31st July	8.40am – 9.00am	3.00pm-3.30pm
Tuesday, 1st August	8.40am – 9.00am	3.00pm-3.30pm
Wednesday, 2nd August	8.40am – 9.00am	3.00pm-3.30pm
Thursday, 3rd August	8.40am – 9.00am	3.00pm-3.30pm
Friday, 4th August	8.40am – 9.00am	3.00pm-3.30pm
Monday, 7th August	8.40am – 9.00am	3.00pm-3.30pm
Tuesday, 8th August	8.40am – 9.00am	3.00pm-3.30pm

A Reminder: Students may only attend the Book Fair before or after school if they are with their parents or have the money to purchase items.

- We will take photos of the book cases with as many prices as possible on covers and upload them to the PAM for your viewing.
- We can accept cash. Please send correct amount to school in an envelope clearly marked with child's name, class and books/items required.



Congratulations for completing the Premiers' Reading Challenge 2023

Max Howden—Year 1

Blake Howden—Year 2

Harriet Moresi—Year 6

Lucas Rickman—Year 2

Leo Drew—Year 5



LIBRARY BAGS — *new style*

It is a school requirement that **all students** have a library bag to take home their readers/books.

We have library bags for sale in the office for \$8.00 each. If you can't get to the school office, you may contact the office to have the cost added to your school fees and the bag supplied to your child.



We like to recognise out-of-school activities and achievements. Please get your child to write an article and send photos to:
kwykes@lakesent.catholic.edu.au, if you would like their achievements published in the school newsletter.

Uniform Reminders

JEWELLERY is restricted to the following - a wrist watch, no more than **one** small matching pair of studs or sleepers in the ear lobe - gold, silver or gemstone, a religious medallion on a chain to be worn under clothing.

Fashion jewellery, make-up and nail polish are not permitted.

HAIR is to be kept neat and tidy at all times. Hair longer than collar length, must be **tyed back completely**. This is to help restrict the spread of nits and lice and for student safety. Headband, hair ties, ribbons, scrunchies and clips must be **blue, black or brown**.

It is not appropriate for children to come to school with dyed or inappropriate hair styles as deemed by the Principal.



Is your child starting Foundation in 2024?

Foundation 2024 Enrolment Tours are now taking place.

Book your personalised school tour.

Enrolment packages will be provided on the day of your tour.

Please call the School Office on 51552712 or

email principal@lakesent.catholic.edu.au to book.





ST BRENDAN'S LUNCH ORDER

SUSHI ROLLS

SALMON & AVO	\$3.90
AVOCADO	\$3.50
CUCUMBER	\$3.50
TEMPURA VEGE	\$3.50
TERIYAKI CHICKEN	\$3.50
CHICKEN KATSU	\$3.50
PANKO PRAWN	\$3.90
TUNA & AVO	\$3.90

DRINKS

LIGHTLY SPARKLING	\$3.00
MINERAL WATER	
CANS	
LIME, RASPBERRY, WATERMELON, MANGO,	

HOT FOOD

HONEY CHICKEN & FRIED RICE	\$80
TERIYAKI CHICKEN & FRIED RICE	\$80
CHICKEN OYSTER STIR FRY & FRIED RICE	\$80
FRIED PORK DUMPLING (GYOZA) WITH PLUM DIPPING SAUCE	\$7.50

SALADS & BOWLS

SALMON POKE BOWL	\$12.50
TOFU & VEGETABLE POKE BOWL	\$80
VEGETABLE SOBA NOODLE SALAD	\$9

MINI BANH MI

HALF SIZED BANH MI	
TH O.G	\$6
3 DIFFERENT TYPES OF VIETNAMESE PORK, MAYO, PATE, PICKLES, CUCUMBER, CORIANDER	
CRISPY PORK BELLY	\$6
CRISPY PORK BELLY, MAYO, PATE, PICKLES, CUCUMBER, CORIANDER	
CRISPY CHICKEN	\$6
CRISPY CHICKEN, MAYO, PATE, PICKLES, CUCUMBER, CORIANDER	

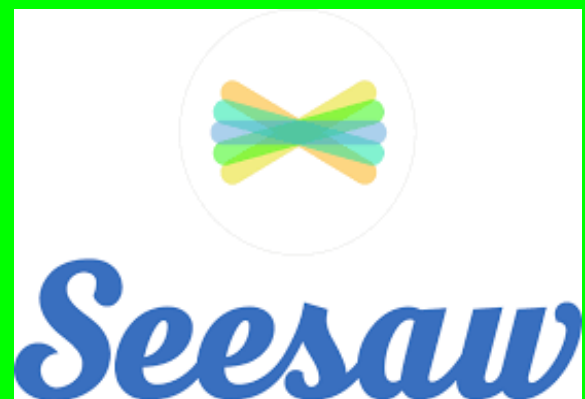
ISSUE 5



SCHOLASTIC **Book Club**

Please return by
Thursday, 27th July

Stay connected with your
child's learning through Seesaw.



East Gippsland Kinship Carer Support Group

Are you caring for a child or children because a family member or friend is unable to?
Would you like to meet others who are in a similar situation and will understand what
you are going through?
Would you like to be with people who will listen to your stories without judgement?
All Kinship Carers are welcome and morning tea will be supplied

WHEN:

The third Thursday of each month
at 10:30am-12:30pm

WHERE:

The Hub
27 Dalmahoy Street
Bairnsdale

RSVP FOR CATERING:

Anita on 0475 740 927 or
kinshipcaregippsland@berrystreet.org.au
or use the following link to register
<https://forms.office.com/r/GxK2dgVsBu>

2023 MEETING DATES:

19th of January
16th of February
16th of March
20th of April
18th of May
15th of June
20th of July
17th of August
21st of September
19th of October
16th of November
21st of December

BERRY STREET
Believing in
Children,
Young People,
Families &
Their Futures.

