

St Brendan's Primary School 1581

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Internet Banking : BSB 083 879 A/C 695096861
Account Name : St Brendan's School

Newsletter No 17
June 9th, 2023



*We would like to acknowledge the Traditional Custodians of the land on which we gather today, the Gunaikurnai people.
We pay our respects to their elders past, present and emerging. We extend that respect to all people.
We would especially like to acknowledge the land on which our school stands and ask everyone to show respect to the environment and all that it includes.*



Monday, 12th June—King's Birthday Public Holiday
Enjoy the long weekend, see you Tuesday!



Collaborative Conferences: (Parent Teacher Interviews)



Collaborative Conference interviews will take place on

Tuesday 13th, Wednesday 14th & Thursday 15th June 3.30pm—5.30pm

Our Semester One Collaborative Conferences are an essential parent/school meeting in which to share feedback and to plan for future learning. Your child must attend this meeting as they will lead some of the discussion. Through this process we want our students to understand themselves as learners, to know what they are learning and how they can be successful. We look forward to meeting with you.



Parent Teacher Interviews
[Click here to Enter](#)

Interview times have been made for families that didn't utilise the online booking system. Dates and times have been sent home.

If you don't know or have forgotten your day or time please contact the office for details.

Year Six Students
Please return your
2024 Bus Travel
form before
Friday, 16 June.

Thank you



Events Leaders

**Disco
Lunch**



**Please return
you special
lunch order
form and
money ASAP**




**ICT
Student User
Agreement**

Please read together
with your child/ren
and returned the
signed agreement
ASAP.

Thank you

		Dates for the Calendar	
Term 2	JUNE 2023		
Week 8	Monday 12th, June	Kings's Birthday—No School	
	Tuesday 13th	Collaborative Conferences	
	Wednesday 14th	Collaborative Conferences	
	Thursday 15th	Collaborative Conferences	
	Friday 16th	9.10am Whole School mass Feast of the Sacred Heart Division Winter Sports—Football	
Week 9	Monday 19th	12.40pm End of Term Special Lunch and Disco 9.00am GHC Assembly: Year 3/4 Red	
	Tuesday 20th	Year 6 Camp	
	Wednesday 21st	Year 6 Camp	
	Thursday 22nd	Year 6 Camp	
	Friday 23rd	Year 6 Camp 2.15pm - End of Term 2	
Term 3	JULY 2023		
Week 1	Monday 10th	9.00am Term 3 commences	
Week 5	Thursday 10th & 11th August	Student Free Days	



Week 8's whole school GEM Chat focus:

What kind acts have you seen today?

*So whatever you wish
that others would do
to you, do also to
them."*

Matthew 7:12 ESV

Empathy


What?

Putting ourselves in the shoes of others to see
and feel what they do.

Why?

The more empathetic we are, the more
likely we are to act in a kind way.
It makes us feel happy to be kind.

Stay connected with your child's learning
through Seesaw.



Sat: 10/6	St Brendan's	Lakes Entrance	9.30am
Sun: 11/6	St Brendan's	Lakes Entrance	9.00am
	St Colman's	Orbost	11.00am
	St Peter's	Mallacoota	3.00pm
Tue: 13/6	St Brendan's	Lakes Entrance	9.30am
	<i>Feast of St Anthony of Padua</i>		
Thu: 15/6	St Colman's	Orbost	9.30am
Fri: 16/6	St Brendan's	Lakes Entrance	9.10am
	<i>Whole School Mass</i>		
Sat: 17/6	St Dymphna's	Buchan	9.00am
	St Joseph's	Swan Reach	5.00pm
Sun: 18/6	St Brendan's	Lakes Entrance	9.00am
	St Colman's	Orbost	11.00am

St Brendan's & St Colman's Catholic Church - Mass Times



FIRST HOLY COMMUNION



Communion
04-06-2023



On Sunday we all did our First Holy Communion. We got to wear white dresses and we were quite nervous at the start. Our parents and family members were all invited and some of our teachers and the Parishioners were there to support us as well.

We all carried an item down to the altar. There was wine, bread, 3 candles and water.

Then we all went up to receive the Eucharist, this represents the body of Christ. After that we were presented with a certificate that we celebrated our First Holy Communion. Then we all gathered to cut our Holy Communion cake. Katrina was kind enough to make the cake for us, it was chocolate with white chocolate icing.

We are all happy to be a part of the church.

By Clementine, Josie, Amity, Ivy, Harriet and Sadie



Regional Cross Country

On Thursday 1st of June, Cobie Gilbert, Jacob Silver and Callum Yates travelled to Drouin with Mr Bates to compete in the Regional cross country. The event was held at the Drouin golf course.

Callum competed in the 2km 9/10 boys race. Cobie ran in the 12/13 girls race and Jacob ran in the 12/13 boys race. The course was wet and muddy because it had rained the night before.

Each age group had about 60 competitors. Callum finished 47th, Cobie finished 43rd and Jacob finished 47th.

We had a great time and we are really proud of how we raced on the day!

By Cobie Gilbert and Jacob Silver

*Terrific effort,
team!*





Week 7 Whole School GEM Chat focus:

I feel grateful for the people in my life because...

Mr B and Mrs Mills because they have helped me understand how to use commas during writing and fraction in maths.

Sophie 5R



I am grateful for my parent because they always help me and give me what I need.

Charlie 5B



My brother Jordan, because he lets me play his computer and helps me improve.

Zac 5B



I am grateful for my mum because she takes me to basketball, makes me dinner, takes care of me and does so much to make me happy!

Haddie 5R



Thanks to my dad for driving me everywhere!

Leo 6B



I am grateful for my parents because they love me and take care of me.

Taylah 6B

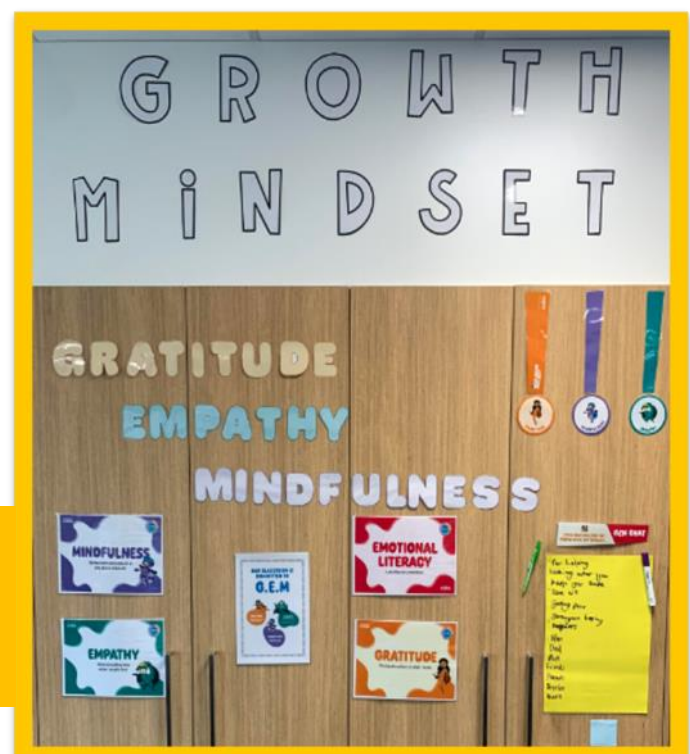


I am grateful for my friends because they make school fun!

Sierra 6R



More ways to show GEM from our wonderful year 6 team.



Events Leaders
End of Term

Disco

Monday, 19th
June

Theme

Disney

Special Lunch

Hot Dog in bread
\$2.00each

Calippo Icy Pole \$1.00

Please send in reply
slip ASAP



A SPECIAL REPORT: Mobile Phone Separation Anxiety

The use of mobile phones and technology in schools has been a highly debated topic internationally, including in Australia. Almost all states and territories in Australia, have implemented full bans on mobile phones during class, recess, and lunch times, while allowing students to carry their phones during travel to and from school.

Critics argue that there is no evidence supporting the effectiveness of such bans, but this is a mischaracterisation. Studies have shown the positive impacts of mobile phone bans in schools. One study conducted in 2016, found that banning mobile phones led to an increase in student performance, with test scores improving by 6.4% of a standard deviation. Similar studies from Spain and Norway also supported these findings.

For parents concerned about mobile phone separation anxiety in their children, it is important to acknowledge it as a real issue and discuss the negative effects of phone addiction, such as sleep problems and mental health issues. Gradually introducing phone-free periods at home, setting clear expectations and boundaries and modelling healthy behaviours can help your child cope. It is also crucial to establish a support network and seek professional help if needed. Implementing mobile phone bans in schools allows for better focus on teaching and learning, minimising distractions and interruptions.

This Special Report will help address mobile phone separation anxiety and provide guidance on supporting your child's wellbeing during this transition period.

We hope you take time to reflect on the information offered in this Special Report, and as always, we welcome your feedback.

If you do have any concerns about the wellbeing of your child, please contact the school for further information or seek medical or professional help.

Here is the link to your special report:

https://lakesent.catholic.schooltv.me/wellbeing_news/special-report-mobile-phone-separation-anxiety



SPECIAL REPORT

Mobile Phone Separation Anxiety





Congratulations for completing the Premiers' Reading Challenge 2023

Ollie Connally 1/2 Green

Isla Strong 3/4 Green

Clementine Moresi 3/4 Red



LIBRARY BAGS — *new style*

It is a school requirement that **all students** have a library bag to take home their readers/books.

We have library bags for sale in the office for \$8.00 each. If you can't get to the school office, you may contact the office to have the cost added to your school fees and the bag supplied to your child.



We like to recognise out-of-school activities and achievements. Please get your child to write an article and send photos to:
kwykes@lakesent.catholic.edu.au, if you would like their achievements published in the school newsletter.

Uniform Reminders

JEWELLERY is restricted to the following - a wrist watch, no more than **one** small matching pair of studs or sleepers in the ear lobe - gold, silver or gemstone, a religious medallion on a chain to be worn under clothing.

Fashion jewellery, make-up and nail polish are not permitted.

HAIR is to be kept neat and tidy at all times. Hair longer than collar length, must be **tied back completely**. This is to help restrict the spread of nits and lice and for student safety. Headband, hair ties, ribbons, scrunchies and clips must be **blue, black or brown**.

It is not appropriate for children to come to school with dyed or inappropriate hair styles as deemed by the Principal.



Is your child starting Foundation in 2024?

Foundation 2024 Enrolment Tours are now taking place.

Book your personalised school tour.

Enrolment packages will be provided on the day of your tour.

Please call the School Office on 51552712 or

email principal@lakesent.catholic.edu.au to book.



Pre-Festival Lantern Making Workshop

Bairnsdale Community workshop

Butter Factory, Bridge St, Bairnsdale

Date: Saturday 3rd June

Time: 10am - 2pm

LTBH Community workshop

Lake Tyers Beach Hall, 1 Mill Point Rd, Toorloo Arm

Date: Saturday 24th June

Iceworks school holiday lantern workshops

Iceworks, 5 Carpenter St Lakes Entrance

Date: Monday 26th June - Friday 30th June



NETBALL TRAIN AND PLAY



About Train and Play

Train and play is a free four week program where children will learn netball skills and play a game. The idea of train and play is to increase netball participation and to get children and families interested to participate in a junior competition.

4 week program

Commencing Wednesday May 31st - 3:30 - 4:30

All Abilities Net Set Go Program

An adaptive and inclusive program for children with a disability.

Commencing Wednesday May 31st - 4:45 - 5:30



Lakes Entrance Rec Reserve
Rowe street, Lakes Entrance

lakesentrancena@gmail.com



2023 CBCA BOOK WEEK 19-25 AUGUST

To celebrate CBCA Book Week 2023, you are invited to enter our annual
DRAW A PICTURE/WRITE A STORY COMPETITION
For more information visit your local library or phone 5152 4225.



Enrolments
are open for
2024

Book your
personalised school
tour
Modern, spacious,
flexible learning
spaces



All families are welcome!

Call the school office on
03 51552712 or email
principal@lakesent.catholic.edu.au
to book your tour



www.lakesent.catholic.edu.au

Together we achieve

To recognise Refugee Week, 18th - 25th June with this years theme 'Finding Freedom', Susan Murphy will be our guest speaker and talk about the myriad of visas required.

Tuesday 20th June 7.30pm at Anglican Church hall, Francis St, Bairnsdale.

All welcome.

B'dale Men's Choir will also entertain us.

Supper supplied.

Contact Joan 0431 438 034 for more info.

EGASS East Gippsland Asylum Seekers Support Group



Refugee Week

Coordinated by
Refugee Council of Australia



ST BRENDAN'S LUNCH ORDER

SUSHI ROLLS

SALMON & AVO	\$3.90
AVOCADO	\$3.50
CUCUMBER	\$3.50
TEMPURA VEGE	\$3.50
TERIYAKI CHICKEN	\$3.50
CHICKEN KATSU	\$3.50
PANKO PRAWN	\$3.90
TUNA & AVO	\$3.90

HOT FOOD

HONEY CHICKEN & FRIED RICE	\$80
TERIYAKI CHICKEN & FRIED RICE	\$80
CHICKEN OYSTER STIR FRY & FRIED RICE	\$80
FRIED PORK DUMPLING (GYOZA) WITH PLUM DIPPING SAUCE	\$7.50

SALADS & BOWLS

SALMON POKE BOWL	\$12.50
TOFU & VEGETABLE POKE BOWL	\$80
VEGETABLE SOBA NOODLE SALAD	\$9

DRINKS

LIGHTLY SPARKLING MINERAL WATER CANS	\$3.00
LIME RASPBERRY, WATERMELON, MANGO,	

MINI BANH MI

HALF SIZED BANH MI

TH O.G	\$6
3 DIFFERENT TYPES OF VIETNAMESE PORK, MAYO, PATE, PICKLES, CUCUMBER, CORIANDER	
CRISPY PORK BELLY	\$6
CRISPY PORK BELLY, MAYO, PATE, PICKLES, CUCUMBER, CORIANDER	
CRISPY CHICKEN	\$6
CRISPY CHICKEN, MAYO, PATE, PICKLES, CUCUMBER, CORIANDER	



East Gippsland Kinship Carer Support Group

Are you caring for a child or children because a family member or friend is unable to? Would you like to meet others who are in a similar situation and will understand what you are going through? Would you like to be with people who will listen to your stories without judgement? All Kinship Carers are welcome and morning tea will be supplied

WHEN:

The third Thursday of each month
at 10:30am-12:30pm

WHERE:

The Hub
27 Dalmahoy Street
Bairnsdale

RSVP FOR CATERING:

Anita on 0475 740 927 or
kinshipcaregippsland@berrystreet.org.au
or use the following link to register
<https://forms.office.com/r/GxK2dgVsBu>

2023 MEETING DATES:

19th of January
16th of February
16th of March
20th of April
18th of May
15th of June
20th of July
17th of August
21st of September
19th of October
16th of November
21st of December



*Train for fun, fitness, self-confidence
and personal achievement.*

New Beginner Classes

For Grade 1 & above

FREE 1st CLASS & INTRO PROGRAM

5:15—6pm Tuesday and Thursday

ST BRENDAN'S HALL— via Eastern Beach Rd



Tony Paganella 4th Dan Taekwondo,
1st Dan Hapkido

EGTKDCLUB@gmail.com | 0419 315 855
www.EGTKD.com.au

TEXT "Free Class & Day" to Book your place