

# St Brendan's Primary School 1581

40 Golf Links Road, Lakes Entrance 3909  
Ph: 03-51552712 Fax 03-51554565

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Email : [principal@lakesent.catholic.edu.au](mailto:principal@lakesent.catholic.edu.au)  
Internet Banking : BSB 083 879 A/C 695096861  
Account Name : St Brendan's School

Newsletter No 36  
November 18, 2022



*We would like to acknowledge the Traditional Custodians of the land on which we gather today, the Gunaikurnai people.*

*We pay our respects to their elders past, present and emerging. We extend that respect to all people.*

*We would especially like to acknowledge the land on which our school stands and ask everyone to show respect to the environment and all that it includes.*



## Water Safety and Survival Program times for Foundation, Year 1 and Year 2.

Year 2	11.30am to 12.15pm	<b>*12.30pm-1.15pm</b>
Year 1	12.30pm to 1.15pm	<b>*1.15pm-2.00pm</b>
Foundation	1.15pm to 2.00pm	<b>*2.00pm-2.45pm</b>

**\*Please note time change for Tuesday, 22nd November only.**



**Week 8:** Monday 21<sup>st</sup>, Tuesday 22<sup>nd</sup>, Wednesday 23<sup>rd</sup>, Thursday 24<sup>th</sup>, Friday 25<sup>th</sup> of November

**Week 9:** Mon 28<sup>th</sup>, Tue 29<sup>th</sup>, Wed 30<sup>th</sup> of November, Thursday 1<sup>st</sup>, Friday 2<sup>nd</sup> of December

Children are to wear their bathers under their uniform each day. It would be considered appropriate for children to wear their sports uniform for the duration of the swimming program.

Children should bring the following in a plastic bag, clearly labelled, which they will carry to the pool

\*Underwear    \*Towel    \*Goggles    \*Bathing cap (if necessary)    \*Brush/Comb    \*Water Bottle



## VAPING Information Session – An Afternoon for Parents

*Things you thought you knew, but really don't!*

**Thursday 24th November** from 3:20pm to 4pm.

St. Brendan's School – Grade 5 Classroom

Presenter: **Tehseen Zafar – Prevention and Population Well-being Worker at Gippsland Lake Complete Health GLCH**



A friendly reminder that school fees are now due. Also, families who hold a Health Care Card and receive the concession discount, are required to have their fees paid in full at the end of the year to be considered for this discount next year.

Dear Families and Friends,

Last week was a particularly enjoyable week at school with the success of quite a few events. On Friday, the **Healthy Afternoon** was a success across the school with activities focusing on Advertising Influences, Maintaining a Healthy Body and Mindfulness. The foundation and year 1 **Silly Sports Day** held on Thursday was also a success. In essence, the students had a lot of fun learning about making good choices to live a healthy lifestyle. Our school participated in **Remembrance Day** Ceremonies at the Lakes Entrance Cenotaph and in our Mary MacKillop Hall to cap off a great week.

**Foundation orientation** has run very smoothly so far and I would like to thank our foundation and administration team for putting so much effort into ensuring its success. Our year fives have met their buddies and they will make wonderful mentors going forward.

#### School TV – Healthy Bodies

A child can form an opinion about their own body at a very young age. Research suggests, that children as young as three, can have body image issues, and there are many things that can influence them.



Kids these days often use computers and mobile devices for relaxation and recreation purposes, as well tools for learning and education. This is impacting on the sedentary lifestyle kids have now adopted. The key is finding the balance and parents play a critical role in helping children establish positive health habits that will benefit children in the long-term.

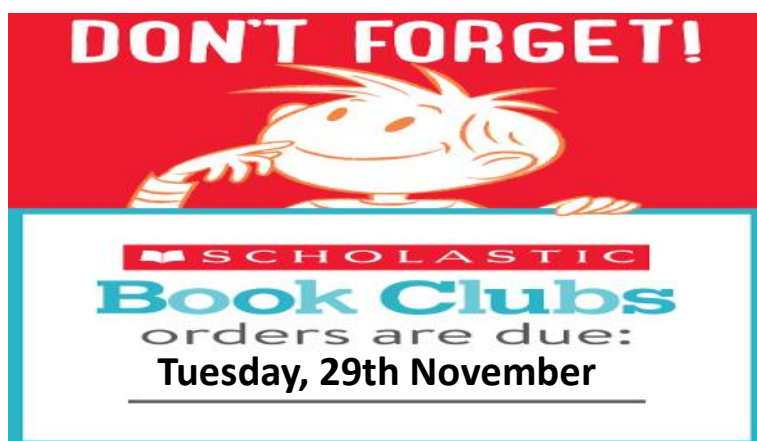
Children that have a positive body image feel good about themselves and are comfortable with their physical appearance. Parents need to encourage children to focus on their assets rather than flaws. This way of thinking contributes to a child's self-worth and helps support their mental health and wellbeing.

*For more information go to: <https://lakesent.catholic.schooltv.me/channel-newsletter/317>*

Please join us on Thursday, 24 November in the year 5 classroom when Tehseen Zafar from Gippsland Lakes Complete Health presents a parent/teacher information session on the **prevention of vaping**.

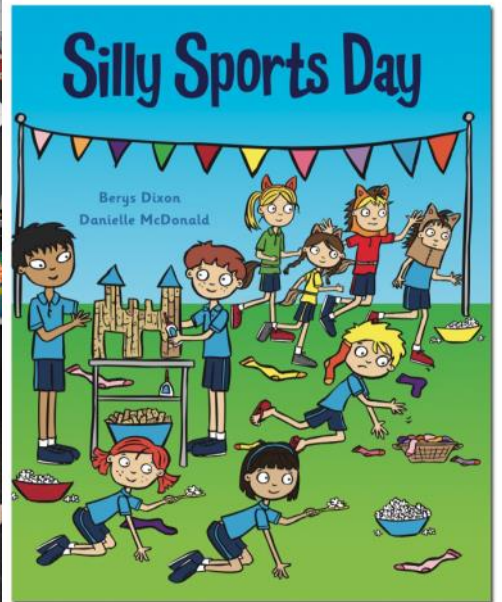
Kind regards,  
Matthew Hamer

		<b>Dates for the Calendar</b>
<b>Term 4</b>	NOVEMBER 2022	
<b>Week 8</b>	Monday 21st	Year F—2 Swimming Lessons 11.30 - 2 pm
	Tuesday 22nd	Year F—2 Swimming Lessons 12.30 - 2.45pm (time change only for today)
	Wednesday 23rd	9.00am—2.00pm Foundation Orientation Year F—2 Swimming Lessons 11.30 - 2 pm 9.30 Year 5 School Captain Speeches 1.00pm New Foundation parents meeting—WWC
	Thursday 24th	9.30am Year 5 House Captain Speeches Year F—2 Swimming Lessons 11.30 - 2 pm
	Friday 25th	9.10am Year Four Class Mass Year F—2 Swimming Lessons 11.30 - 2 pm
<b>Week 9</b>	Monday 28th	Year F—2 Swimming Lessons 11.30 - 2 pm
	Tuesday 29th	9.10am Year 3 Class Prayer Year F—2 Swimming Lessons 11.30 - 2 pm
	Wednesday 30th	Year F—2 Swimming Lessons 11.30 - 2 pm
	DECEMBER 2022	
	Thursday 1st	Year F—2 Swimming Lessons 11.30 - 2 pm
	Friday 2nd	Year F—2 Swimming Lessons 11.30 - 2 pm
<b>Week 10</b>	Tuesday 6th	3.30pm –5.45 Collaborative Conferences
	Wednesday 7th	3.30pm –5.45 Collaborative Conferences
	Friday 9th	9.10am Whole School Mass of Thanks 2.30pm GHC Assembly : Foundation Family BBQ—Year 6 Soccer match
<b>Week 11</b>	Wednesday 14th	9am –12pm Year 6 Graduation
	Thursday 15th	Last day of Term 4

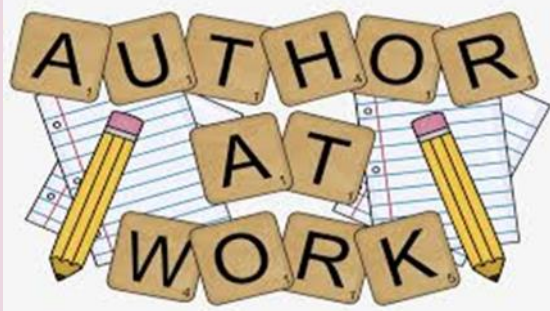


Sat:	19/11	St Joseph's	Swan Reach	5.00pm	<b>St Brendan's &amp; St Colman's Catholic Church - Mass Times</b>
Sun:	20/11	St Brendan's	Lakes Entrance	9.00am	
		St Colman's	Orbost	11.00am	
Tue:	22/11	St Brendan's	Lakes Entrance	9.30am	
Wed:	23/11	St Colman's	Orbost	9.30am	
Fri:	25/11	St Brendan's	Lakes Entrance	9.10am	
		<b>Year Four Mass</b>			
Sat:	26/11	St Dymphna's	Buchan	9.00am	
Sun:	27/11	St Brendan's	Lakes Entrance	9.00am	
		St Colman's	Orbost	11.00am	





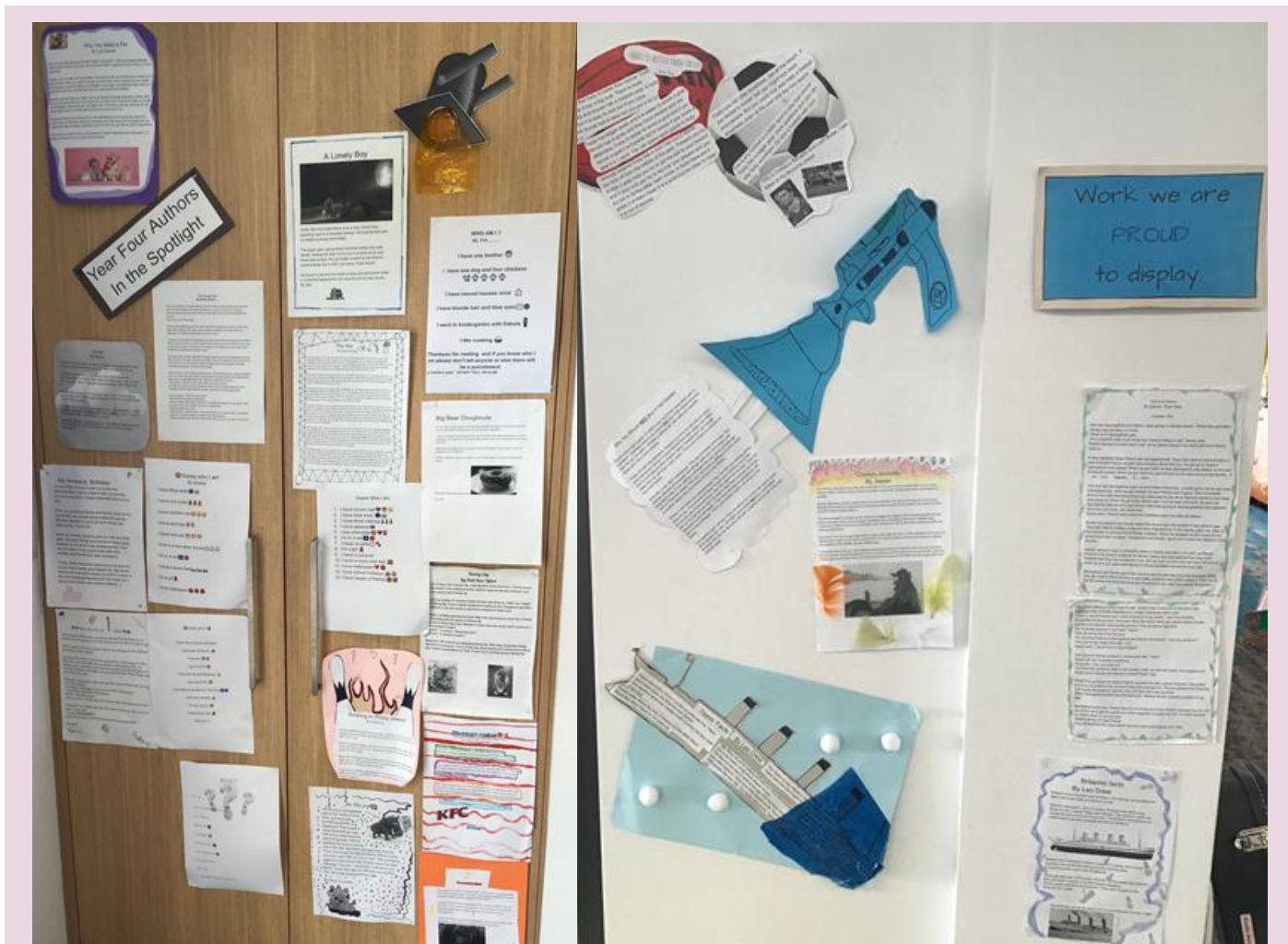




# Year 4

In year four, students work through the writing process to publish their writing. They choose ideas from their Writer's Notebook, plan using thinking tool templates, draft on paper, revise, edit, conference with a teacher, act on feedback, proof read then publish. Students are proud to display their work in Block B.





## Stars

By Charlie Allen



Did you know that the biggest star is 5 billion times the size of our sun? Stars are very impressive, they explode, there are supernovas and can even turn into black holes.

First of all stars, take millions of years to die or explode. When a star explodes it releases gas and nebulae. A star is mostly held together by its own gravity. Nuclear fusion reactions in its core support the star against gravity and produce photons and heat.

All the gas and nebula make other stars. When a star explodes it's called a supernova. Our sun (also a star) looks bigger than other stars, well it's not, it's just closer. There are 200-300 billion stars in the milky way. The sun is 148.46 million km away from earth.

Stars can even turn into black holes. The biggest star is called Solar Radii. Stars form by the slow contraction under gravity of a very large cloud of gas and dust particles in space. Most black holes form from remnants of a large star that died in a supernova.

Stars are a lot bigger than they look, very hot, pretty and can turn into black holes. Now you know about stars, go tell someone I'm sure they will be impressed.

## **Why I think the world is not perfect**

By Benny Bodsworth



I definitely think the world is not perfect because we have lots of pollution, wars and natural disasters. The world is God's creation and I don't think we are looking after it very well.

Firstly, the world is not perfect because of pollution. In the ocean for example, all the plastic is going into the ocean and causing fish to choke and maybe die. Only 2.5% of the water is clean and 80% is polluted water. I think we should have an expert watching us boating and fishing so that we don't put bad things in the water. If we didn't put pollution in the ocean we could keep the fish safe. If we had less pollution going into the ocean then the world would be closer to perfection.

Secondly, there are lots of natural disasters in the world. For example there are lots of earthquakes in the world and that is causing people to lose their homes. Natural disasters happen every year. I think we should build more houses and stronger houses so that no one loses their home. If we had stronger houses no one would be homeless and the world would be closer to perfection.

Lastly, there are lots of wars in the world. For example Russia is attacking Ukraine and that is causing people to die. It causes separation in our world. On average wars happen every 6.2 years. I think we should have a vote on the issues they are fighting over. If we stop the fighting then the wars would end and the world would be closer to perfection.

I know there are perfect things in the world like: getting education, having friends, being able to do sports, having a lovely family, having food, having clean water, being yourself and having shelter.

I definitely think the world is not perfect. I wonder if other people in the world think the world is not perfect or they think the world is perfect and I wonder what happens if the world is perfect.

## **Why should we have a pool at school!**

By Angelina Rodgers



Could you imagine instead of having Ga Ga for lunch time, your class has the pool for lunch time activities? I'm one of the many that believes that we should have a pool at school, so we can have swimming lessons, practice for competitions and we can swim every day at school.

Every Australian child should learn how to swim, it is a matter of water safety. By having our own pool at school every student would have swimming lessons. I recently did a class survey and found that only 2% of the class do actual swimming lessons.

Our school has done well in swimming competitions with some students making it to states, could you imagine how well we could do if we were able to train for these events in our own pool?

Swimming is not only a fun thing to do, it is also an awesome way to improve your fitness and live a healthier life.

This is why we should have a pool at school because of safety, swimming competitions, fun and fitness! So get digging Mr Hamer!!!

## The War

By Harry Strong



Mr. Average is a 37 year old man who lives in George Street. He loved the word “the” because it was the most common word that was used. Mr. Average only ate eggs for breakfast, ham sandwiches for lunch and sausages for dinner. He only ever did things that were the most common in Australia. He was a retail sales worker and always misspelt publically. Mr Average went to sleep between 6pm and 9pm every night.

One night when Mr. Average went out in his white Toyota Hilux for chocolate ice-cream, he met a man named Mr. Different who was eating an oyster flavoured ice-cream. Mr. Average couldn’t stand people who did weird things. Mr. Average was very silly and thought that he and Mr. Different should have a war.

The first part of the war was an AFL challenge. Mr. Average picked the Sydney Swans and Mr. Different picked the Gold Coast Suns. Mr Average picked Bailey Smith as his captain and Mr. Different picked Luke Hodge as his captain. The scores in the end were Sydney Swans 73 and Gold Coast Suns 32. Mr. Average had beat Mr. Different. They won the first challenge by 41 points and started the war with a 1-0 lead.

The second part of the war was a fishing tournament. There were three judges who would give Mr. Average and Mr. Different scores from the fish they caught. The judges names were Mr. Hook, Mr. Line and Mrs Sinker. Mr. Average went first and caught a Murray Cod. His score was a 7 out of 30 because the fish he caught was extremely common. Mr. Different caught a Red Handfish and the judges gave him a 30 out of 30 because he had caught the rarest fish in Australia. Mr. Average was starting to get angry now because Mr. Different had won the second challenge.

Mr. Average had a plan to cheat in the final round. The last round was a singing challenge. Mr Average would be singing Blinding Lights by The Weekend but he wouldn’t actually be singing. Mr. Average would just be mouthing the words while the music was playing. The judge gave Mr Average a score of 9.5 out of 10. Next up Mr Different would be singing Baby Shark by Pinkfong. Mr. Average thought that he would win by far but as soon as Mr. Different started singing he wasn’t too sure about that anymore. The crowd was blown away by how amazing Mr. Different sang and so was Mr. Average.

Mr. Different got a score of 9.5 out of 10 which meant the challenge was a draw! Mr. Average was furious because he didn’t win. Mr. Different went up to Mr. Average and asked if he would like some oyster flavoured ice-cream. Mr. Average said that he would only try some if Mr. Different would try some chocolate ice-cream. They both started laughing and enjoyed their ice-creams. They started going to movies, parties and to the beach together to have fun. Mr Average decided that being weird was a good thing and that he was weird too.

## This month on SchoolTV - Bullying

Bullying is an ongoing or repeated misuse of power in relationships, with the intention to cause deliberate psychological harm. Bullying behaviours can be verbal, physical or social. It can happen in person or online, via various digital platforms and devices and it can be obvious or hidden. Bullying in any form or for any reason can have immediate, medium and long-term effects on those involved, including bystanders.

Despite the efforts made to reduce bullying behaviours, the research tells us that one in four students still report being bullied every few weeks. However, not all negative behaviour should be considered bullying. The key difference is that bullying does not stop on its own. It's important young people learn how to identify behaviours that are rude, behaviours that are mean, and behaviours that are related to bullying.

Often the reasons for bullying can be complex. Some young people do it to get approval from others, some do it to regain control, whilst others may do it because it makes them feel safe. Supporting young people as they work through their emotions will help them unpack the motivation and reason behind the behaviour.

In this edition of SchoolTV, caregivers can better understand why some young people engage in bullying behaviours and what to do to support a child experiencing it. We hope you take time to reflect on the information offered in this month's edition, and we always welcome your feedback.

If you do have any concerns about the wellbeing of your child, please contact the school for further information or seek medical or professional help.

Here is the link to this month's edition <https://lakesent.catholic.schooltv.me/newsletter/bullying>



## Bullying



## Rural Recovery Program

### Free sessions with a provisional psychologist

Provisional psychologists are psychology students in their final (fifth and sixth) years of study

No mental health treatment plan or referral needed, just book straight in.  
Up to 20 sessions via telehealth.  
No waiting list.

Available to children, adolescents and adults looking to work on:

- Anxiety
- Low level depression
- Stress
- Grief and loss
- Anger
- Relationships
- Sleep issues

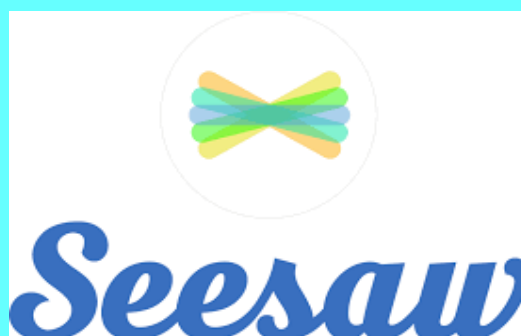
Please go to [ruralhealthconnect.com.au](http://ruralhealthconnect.com.au) and go to the Rural Recovery page and sign up.

We are here to help. Please contact us on 0427 642 377 or [info@ruralhealthconnect.com.au](mailto:info@ruralhealthconnect.com.au).

This project is supported by the Victorian Government.

Rural Health Connect is a social enterprise committed to improving access to mental health services in rural Australia.

Stay connected  
with *your*  
*child's* learning  
through Seesaw .



**JPSD**  
JAN PIANTA SCHOOL OF DANCE

Enrolments for 2023  
**now open**

To discuss the best classes  
for your child call or email us:  
0437853570



Classical Ballet  
Jazz  
Tap  
Hip Hop  
Contemporary  
National  
and more....

[www.janpintaschoolofdance.com.au](http://www.janpintaschoolofdance.com.au)

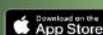
[dance1@xemail.com.au](mailto:dance1@xemail.com.au)

Facebook / Instagram

Simon Everywhere is now available on  
App Store and Google Play.

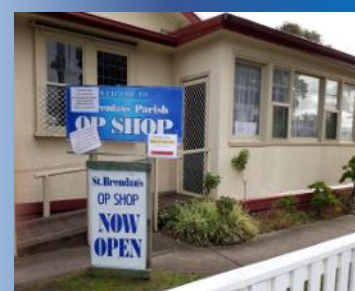
Your school has joined the growing Simon Everywhere community. By installing the Simon Everywhere app, you will be able to receive push notifications direct to your phone. Plus you will have easy access to all of the great PAM features, such as Assessments, Reports, Activity Permissions and more.

- Search "Simon Everywhere" on App Store or Google Play and install the app
- Launch Simon Everywhere and register with your name and mobile number
- Click Add School and locate your school from the list
- Enter your existing PAM credentials



St Brendan's Op Shop has second  
hand school uniform available.  
**School uniform available**  
**\$3.00 per item unless**  
**otherwise marked**

Open 10am-3pm  
Tuesday,  
Wednesday &  
Thursday.



Do you have a disability and are looking to engage in fun and social activities?  
Are you interested in what Interchange Gippsland has to offer, but not sure how to get involved?

If you have a disability and live in the East Gippsland region, we welcome you to come and join in on one of our open days where you will explore a bunch of exciting activities. Snacks will be provided!

**\*Please note: Parent/carer supervision is required\***

Date	Time	Activity
Friday 19th August	3pm - 5pm	Science Activities
Friday 9th September	3pm - 5pm	Arty Party!
Friday 21st October	3pm - 5pm	Master Lego Competition
Friday 18th November	3pm - 5pm	Fun with Food!
Friday 16th December	3pm - 5pm	Christmas Party



Shops 13B & 14, 30 Howitt Avenue, Eastwood  
Shopping Centre 3875

1300 736 765  
@InterchangeGippsland  
admin@icg.asn.au  
www.icg.asn.au



## COME AND TRY NOW



### MyTime Bairnsdale

## Why MyTime?

MyTime is for parents and carers of a child with a disability, chronic medical condition or other additional needs including developmental delay.

**Unwind and share experiences with others who understand**

**FIND US AT:**  
Bairnsdale Uniting Church  
710 Lanes Road  
Lucknow

**CONTACT:**  
Meet Fridays fortnightly  
10am- 12pm and 12.30-2.30pm  
Ph Rose McKenna 0466107092



[mytime.net.au](http://mytime.net.au)




## PlayConnect Playgroup

Is a weekly facilitated playgroup for children aged 0-6 with Autism Spectrum disorder characteristics or a Developmental Delay.

This group is available to support families, their child and siblings.  
Your child does not need a diagnosis to attend

**Wednesdays, 10.00am - 12.00pm**

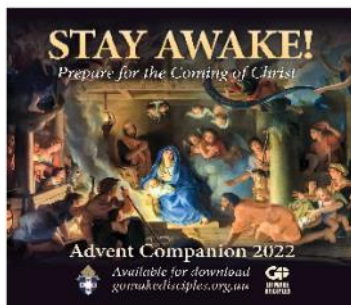
**Uniting Church Bairnsdale  
710 Lanes Road  
Lucknow**

**Enquiries to Kirralee: 0409096587**

Come along to connect with other families for information on services whilst participating with your child/children in activities specifically suited to children with additional needs.



## ADVENT SEASON 2022



The beautiful Season of Advent is approaching. Let us make the most of this precious time to gather in our parishes and communities to prepare for the coming of Jesus. Amid the flurry of Christmas preparations, it is good to look for practical ways to observe the holiness of the season in our everyday lives. You are invited to come join us in these 1-hour gatherings in person or via Zoom over a 4-week period.

We will be using an Advent Companion called Stay Awake! Prepare for the Coming of Christ issued by the Catholic Archdiocese of Sydney, which we will give to you either as a hard copy or electronic version. If you can participate in only some of the sessions your attendance is always welcome. For further details or enquiries, please contact Michelle Grimsted at the Parish Centre on 5152 2942.

### In Person:

Where: St Mary's Church, Bairnsdale in the Chapel

When: Wednesday 23<sup>rd</sup> November, 30<sup>th</sup> November, 7<sup>th</sup> December, 14<sup>th</sup> December

Time: 9.45am – 10.45am, after Mass

### Over Zoom

When: Wednesday 23<sup>rd</sup> November, 30<sup>th</sup> November, 7<sup>th</sup> December, 14<sup>th</sup> December

Time: 7pm – 8pm

To receive a link: email Michelle at [stmichellea@gmail.com](mailto:stmichellea@gmail.com)

## ADVENT REFLECTION MORNINGS

### 'LOOKING AND LONGING FOR CHRIST'

You are warmly invited to attend St Brendan's Advent Reflection mornings.

**When:** The four Saturdays before the Sundays in Advent

- Saturday 26<sup>th</sup> November
- Saturday 3<sup>rd</sup> December
- Saturday 10<sup>th</sup> December
- Saturday 17<sup>th</sup> December

**Time:** 10am

**Where:** St Brendan's Parish – Hobby Room



We will take time to quieten ourselves and reflect on the readings of Advent Year A. All are welcome. A light morning tea will be provided.

There is no need to book but some indication of attendance would be appreciated so we have enough supplies out in a timely manner.

Parish Office Secretary – Helena Wilson  
5155 5232 or 0456 877 899 [stbrendan@bigpond.com](mailto:stbrendan@bigpond.com)

Joan Micah – Co-ordinator – 0431 438 034 [joanemicah@gmail.com](mailto:joanemicah@gmail.com)

## LITTLE ATHLETICS BAIRNSDALE

### 2022/2023 Season Starting soon!!

Season operates Term 4 and Term 1  
Monday afternoons - 4:15pm

All registrations online via  
[www.lavic.com.au](http://www.lavic.com.au)

**Come & Try Nights**  
New athletes can attend 2 come and try nights before  
paying for membership but must sign up first

**Season Commences Monday October 3<sup>rd</sup> 2022**

**Ages:** Under 6 - Under 17

**Where:** Howitt Park Oval

**Cost:** \$120 per Athlete for the season

**Uniform:** \$35 for Centre Top  
(Navy Shorts and appropriate footwear to be worn)

**Contact:** Bec Perry  
Mobile 0409 338 052

**Email:** [bairnsdale@lavic.com.au](mailto:bairnsdale@lavic.com.au)

EAST GIPPSLAND  
SHIRE LIBRARIES

FREE AGES 5 -12 BOOKINGS NOT REQUIRED

## LEGO Club 2022



**Junior LEGO enthusiasts are invited to  
attend our after-school LEGO Club sessions**

The sessions incorporate freestyle creativity and themed  
construction activities.

### **Donations welcome**

The library will gladly accept donations of old or new  
LEGO brand pieces for our LEGO Club collection.

Children aged six and under must be accompanied by  
an adult.

Libraries  
Change Lives



**Lakes Entrance  
Service Centre**  
3.40 pm – 4.40 pm

Every Wednesday  
Except School Holidays

For more information, phone  
5152 4225 or ask in person at  
the library about these FREE  
sessions.



## Outside School Hours Care (OSHC)

*'Where every child is an active participant in their individual learning'*

### What is Gumnuts OSHC?

Gumnuts OSHC is a service that provides professional, fun and safe care for children outside normal school hours. We provide before school care and after school care at Lakes Entrance Primary.

Our educators will drop off your child to school and we pick them up after school. Before school care starts at 7am, After school care finishes at 6pm. We provide a healthy breakfast and afternoon snack for the children.

If you would like more information please contact Gumnuts Early Learning Centre on (03) 5144 6952 or by email [gumnutselc@netspace.net.au](mailto:gumnutselc@netspace.net.au)



### St Brendan's Lunch Order Menu 2022

#### Nicks Thai and Japanese Restaurant

Dear Parents / Guardians,

This year our Friday lunch orders will be provided by Nicks.

The orders will need to be placed by 12pm on Thursday for lunch on Friday.

Please refer to the below price list for items.

Orders must be written on a brown paper lunch order bag with the correct money enclosed in an envelope.

Thank you



#### Fresh Sushi Hand rolls: \$3.50 each

- Cooked Tuna avocado
- Fresh Salmon avocado
- Teriyaki chicken
- Katsu chicken
- Panko prawn
- Cucumber roll
- Avocado roll



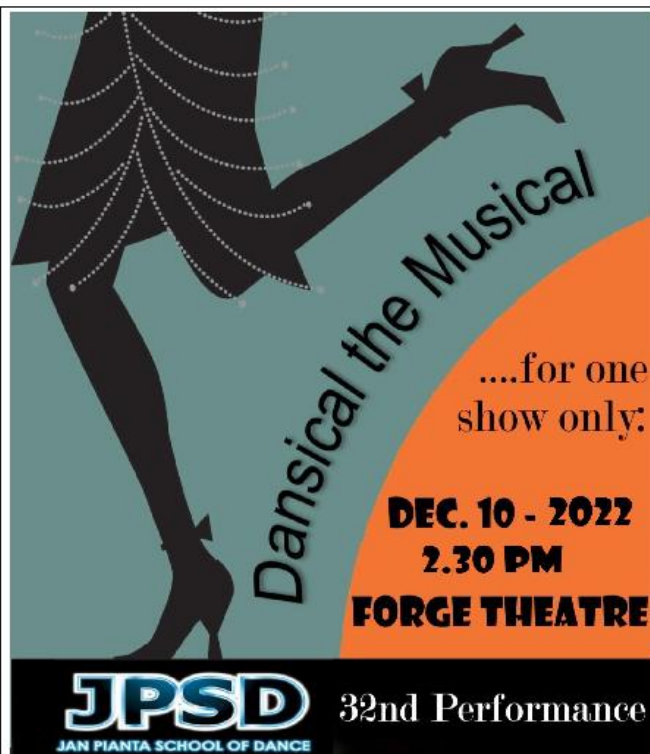
#### Option 1:

Any sushi hand roll with Mt Franklin Lightly Sparkling Water \$6.00

#### Option 2:

Any 2 sushi hand roll with Mt Franklin Lightly Sparkling Water \$9.00

Deep fried Gyoza Dumpling - 6 pc	\$7.50
Potato croquettes - 2 pcs with dipping sauce	\$7.50
Chicken Karaage (Fried Japanese chicken) - 5 pcs with dipping sauce	\$7.50
Veggie Spring Rolls - 4pc	\$7.50
Golden fried chicken wings - 4pc	\$7.50
Fish bites - 4 pcs	\$7.50
Fruit Salad	\$6.00
Mt Franklin Lightly Sparkling Water (Lime, Mango, Raspberry & Passionfruit)	\$3.00



Tickets are available from:

- East Gippsland Box Office – 51 521482
- Email box office – [boxoffice@egipps.vic.gov.au](mailto:boxoffice@egipps.vic.gov.au)
- or online via East Gippsland website – direct link: <https://www.trybooking.com/CDHKW>

All music has been selected from a variety of well known musicals or some not that well known – music from movie or stage musicals – so there is something for all ages. The dance styles showcased range from Classical Ballet, Jazz, Tap, Contemporary, Hip Hop and National.

Hope to see you there to support local performing arts students!

EAST GIPPSLAND  
SHIRE LIBRARIES

FREE AGES 3 - 5 BOOKINGS ESSENTIAL

## Little Bang Discovery Club



#### Join us for this four-week science program

Little Bang Discovery Club (LBDC) is a four-week course designed for pre-schoolers (aged 3-5) and their accompanying adult co-learners.

The aim of the LBDC is to develop ideas and skills that inspire further scientific exploration, discovery and learning. Key features of the LBDC are the hands-on activities, question and answer time and a Discovery Box and Book loaned to each child for the duration of the LBDC. Activities experienced during each session can be safely replicated and further explored at home.

A Discovery Club Passport is provided to each child and stamped after each session and a graduation ceremony follows a Science Fair in the final session.

Participants are encouraged to attend all four sessions

#### Lakes Entrance Service Centre

Thursday 3 November  
Thursday 10 November  
Thursday 17 November  
Thursday 24 November

10.30 am – 11.30 am

Phone 5152 4225 or  
book in person at the  
library for this FREE event





LEARN THE SKILLS  
X-PECT FUN!



# JUNIOR X

Sign up as a team or individually!  
A fun, fast, modified game of football that everyone can play!



Thursdays  
November 10 - December 8  
4pm-6pm  
Howitt park Bairsdale



Ages 8-14 years old  
5 week competition  
\$25 per participant



Contact: Brodi Harris  
Email: brodi.harris@afl.com.au

Participant registration:



Team registration:



**YOU COULD PLAY FOR FREE!**  
Claim your Get Active voucher today



JOIN WITH FRIENDS  
PLAY TOGETHER

Join Woolworths Cricket Blast  
A safe way to have fun and stay  
active for kids of all abilities.

JOIN YOUR NEAREST CLUB

Play Cricket

OFFICIAL KIDS  
PROGRAM



Play Cricket

OFFICIAL KIDS  
PROGRAM



## LEARN BALL SKILLS

- Easy to join, fun to play
- Inclusive program for all abilities
- Outdoors non-contact



### JUNIOR BLASTERS

AGES 5-7 | 60 MINS | 6+ WEEKS

- Learn ball skills, including catching, throwing and teamwork, through fun game-based activities.
- Sign up now for your Junior Blasters Kit featuring a personalised shirt and bat, plus a ball and bucket hat!



JUNIOR BLASTERS KIT

### MASTER BLASTERS

AGES 7-10 | 90 MINS | 6+ WEEKS

- Everyone gets a chance to bat, bowl and field in short, modified games of cricket.
- For kids with basic cricket skills.
- Sign up now for your Master Blasters Kit featuring a cap and sunglasses!

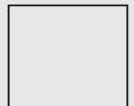


MASTER BLASTERS KIT

### HOW TO PLAY FOR FREE!

Eligible Victorian school students (K-12) are entitled to a \$200 Get Active Kids Voucher each year. Learn more at [getactive.vic.gov.au/vouchers](http://getactive.vic.gov.au/vouchers)

JOIN YOUR NEAREST CLUB



NICK'S  
BAIRNSDALE



St Brendan's School Uniform can now be ordered online!

Link to website for St Brendan's Uniform below:

<https://nicksbairnsdale.com.au/product-category/schoolwear/st-brendans-uniform/>

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