

St Brendan's Primary School 1581

40 Golf Links Road, Lakes Entrance 3909
Ph: 03-51552712 Fax 03-51554565

Website : www.lakesent.catholic.edu.au
Email : principal@lakesent.catholic.edu.au

Internet Banking : BSB 083 879 A/C 695096861
Account Name : St Brendan's School

Newsletter No 34

November 4, 2022



We would like to acknowledge the Traditional Custodians of the land on which we gather today, the Gunaikurnai people.

We pay our respects to their elders past, present and emerging. We extend that respect to all people.

We would especially like to acknowledge the land on which our school stands and ask everyone to show respect to the environment and all that it includes.



Sorry for any inconvenience with no Lunch Orders.

Due to staff shortages, Nick's Restaurant was closed this Friday, November 4th.

Lunch Orders will resume Friday, November 11th.

TONIGHT

Indigenous Garden

Come join us in our indigenous garden!

We need your help in making our garden beautiful.

Bring the family for a working bee and sausage sizzle on

Friday 4th November, 2022

between 3:30pm to 5:30pm

We will be weeding and tidying up this special space.

If you have gloves and a rake please bring them.



Just a
friendly
reminder...

A friendly reminder that school fees are now due. Also, families who hold a Health Care Card and receive the concession discount, are required to have their fees paid in full at the end of the year to be considered for this discount next year.

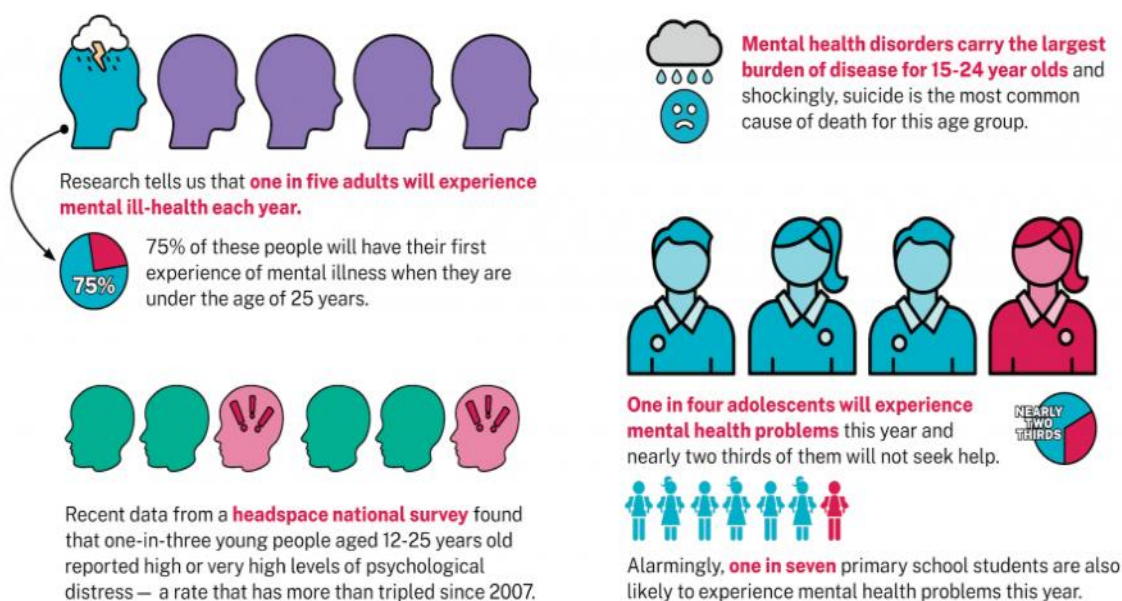
Dear Families and Friends,

Weather wise, it has been a challenging couple of weeks with the students being unable to play on the ovals due to their wet condition. To their credit, the students have used their resilience techniques and managed the situation in a very positive manner. They have embraced the new handball courts and the year six leaders have kicked off a talent competition to keep everyone entertained.

Congratulations to **Jacob Silver (Year 5)** on his outstanding performance at the Victorian State Long Jump Finals this week. In trying windy conditions, Jacob performed a personal best jumping 4.16m to finish in eight position. Well done, Jacob!

The Resilience Project

St Brendan's Catholic Primary School is proud to be working with the Resilience Project team and will continue to do so in 2023.



In-depth study of program participants versus non-program participants found students at The Resilience Project schools benefited from the program in a range of ways:

- Improved confidence and self-esteem.
- Improved knowledge and ability to express emotions, at school and home.
- More supportive classroom environments.
- Significant increase in daily practice of gratitude strategies.

For more information go to: <https://theresilienceproject.com.au>

St Brendan's CPS welcomed **Hunta Smethurst** this week. Hunta has settled into year three beautifully showing great confidence and an eagerness to learn. We are very much looking forward to meeting our new foundation students when they begin their **Orientation days** next Wednesday. I know the year fives are bursting at the seams to meet their buddies!

If you have a spare hour, please meet us at 3.30pm today to help weed and mulch our **indigenous garden** to keep it looking fantastic. There will be a sausage sizzle at the end to thank everyone for their hard work.

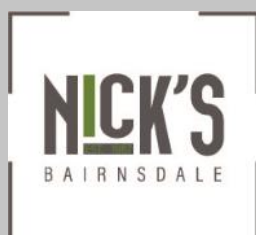
Kind regards,

Matthew Hamer

Dates for the Calendar		
Term 4	NOVEMBER 2022	
Week 5	Friday 4th	3.30pm - 5.30pm Indigenous Garden Working Bee
Week 6	Wednesday 9th	9.00am—1.30pm Foundation Orientation
	Thursday 10th	Years F-2 (Silly Sports Arvo)
	Friday 11th	Walk to School Day Remembrance Day Ceremony Health Afternoon (Year 3-6)
Week 7	Wednesday 16th	9.00am—2.00pm Foundation Orientation
	Friday 18th	9.10am Foundation & Year 1 Class Mass 2.30 Assembly: Year 5
Week 8	Monday 21st	Year F—2 Swimming Lessons 11.30 - 2 pm
	Tuesday 22nd	Year F—2 Swimming Lessons 12.30 - 2.45pm (time change only for today)
	Wednesday 23rd	9.00am—2.00pm Foundation Orientation Year F—2 Swimming Lessons 11.30 - 2 pm 9.30 Year 5 School Captain Speeches 1.00pm New Foundation parents meeting—WWC
	Thursday 24th	9.30am Year 5 House Captain Speeches Year F—2 Swimming Lessons 11.30 - 2 pm
	Friday 25th	9.10am Year Four Class Mass Year F—2 Swimming Lessons 11.30 - 2 pm
Week 9	Monday 28th	Year F—2 Swimming Lessons 11.30 - 2 pm
	Tuesday 29th	9.10am Year 3 Class Prayer Year F—2 Swimming Lessons 11.30 - 2 pm
	Wednesday 30th	Year F—2 Swimming Lessons 11.30 - 2 pm
	DECEMBER 2022	
	Thursday 1st	Year F—2 Swimming Lessons 11.30 - 2 pm
	Friday 2nd	Year F—2 Swimming Lessons 11.30 - 2 pm



Baby Congratulations to the
Reberio family, Harrison
(Year 1) on the arrival of
their daughter and sister,
“Sophie”.



St Brendan's School Uniform can now be ordered online!

Link to website for St Brendan's Uniform below:

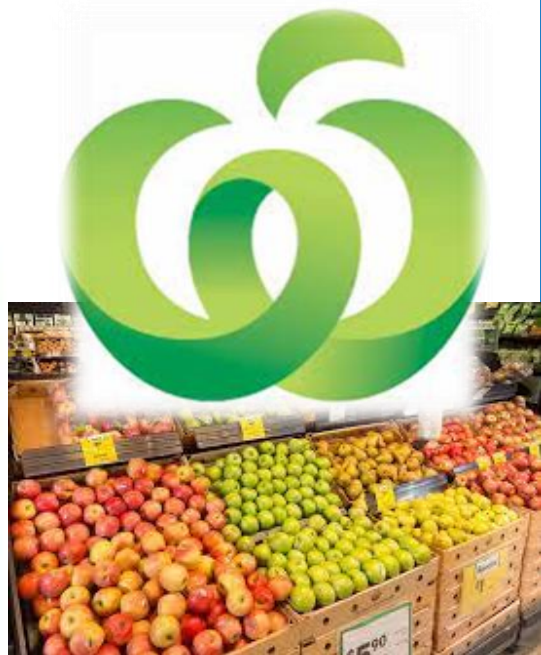
<https://nicksbairnsdale.com.au/product-category/schoolwear/st-brendans-uniform/>

93 Main Street Bairnsdale Victoria 3875 Phone (03) 5152 1333

St Brendan's & St Colman's Catholic Church - Mass Times



Sat:	5/11	St Brendan's	Lakes Entrance	9.30am
		St Joseph's	Swan Reach	5.00pm
Sun:	6/11	St Brendan's	Lakes Entrance	9.00am
		St Colman's	Orbost	11.00am
Tue:	8/11	St Brendan's	Lakes Entrance	9.30am
Thurs:	10/11	St Colman's	Orbost	9.30am
Fri:	11/11	St Brendan's	Lakes Entrance	9.30am
Sat:	12/11	St Brendan's	Lakes Entrance	9.30am
Sun:	13/11	St Brendan's	Lakes Entrance	9.00am
		St Colman's	Orbost	11.00am
		St Peter's	Mallacoota	3.00pm



St Brendan's Walk to School

In recognition of the National and Victorian 'Walk to School' initiative, St Brendan's CPS will conduct their 'Walk to School' event on **Friday, 11 November**.

Teachers and students will assemble at the Footbridge Rotunda from **8.00am** and will begin walking to school at **8.15am**. If you would like your child to participate in this event, please bring them to their teacher at the Rotunda by **8.10am**. Of course, parents are welcome to join us.

We plan to arrive at school by 8.45am where a piece of fruit awaits the students.

We would like to thank Woolworths for their generous donation of fruit in support of this event.

Well done, Jacob!



State Athletics

By Jacob Silver

State level athletics was an awesome experience for me. It was on the 2nd of November at Albert park in Melbourne.

I was nervous for my first jump but once I jumped I was excited. We got 4 jumps all together and I competed against 9 other people.

My Mum and Dad drove me all the way to Melbourne. We had to wake up early at 4.00am Wednesday morning to get there in time for my 10.00 start. My experience was awesome. The stadium was super big. It felt like the Olympics. Before state athletics my personal best was a jump of 3.83cm and I smashed it, my new personal best is a jump of 4.16cm. I ended up getting 8th place.



Year 2 Red

3 R's

Respect, Resect for Self and Responsibility for Actions

Realise that other people are not like you

Everyone is important

Share your stuff

Peoples words can hurt so don't say mean things

Encourage others

Concentrate on your work

Try your hardest
By Isla

Right choices

Everyone is equal

Share

Patient

Earn trust

Care for others

Team work

By Indie

Respect

Equal

Share

Personal space

Everyone is Important

Caring

Think about others

By Jake

Respect people's feelings

Enjoy your life

Stay safe

Play nicely

Enjoy what you like

Care for others

Team work

By Jordan

Responsibility for your actions

Equal, everyone is important

Stay kind

Play nicely

Eyes and ears

Cheer on others

Treat everyone as an equal

By Jaxon

Respect for self

Encourage

Share

Play fairly

Eyes and ears

Caring

Treat others equally

By Evie

I had a birthday on the holidays and I got \$172 dollars. I saved it up to buy better things with my money but... the zip fell off!! I might lose my money!!! But I did find some better things though it was the best birthday ever. I had so much fun. I wish that I could have another puppy, but I did not get one. By Thea

I started to walk down the path at the beach and snap! went a stick on the ground. Me and Louie ran so fast mum and dad looked like little ants. We ran up hills and down hills. When we got to the beach we went crazy. The beach was so pretty. It was amazing. We all walked down by the water. Mum wanted to have a walk so she took Louie and went for a walk. I made a sand castle with my dad. we had so much fun I want to go again. By Ivy

There was an Old Woman who swallowed a Mosquito.
I don't know why she swallowed a Mosquito.
Perhaps she'll die.
There was an Old Woman who swallowed an echidna.
It rocked and knocked inside her.
She swallowed the echidna to catch the mosquito.
I don't know why she swallowed a mosquito.
By Jesse

I am funny, a person, and O'Shae.
I love chocolate, Dad, Boomer, and blue.
I need food, love, water, and money.
I want money, friends, food, water, and love.
I dream of raining hot chocolate.
I fear creepy crawlies.
I feel amazing.
I am lovely, and cheerful.

By O'Shae

There was a Young Kid who swallowed a rock.

I don't know why he swallowed a rock.
Perhaps he'll die.

There was a Young Kid who swallowed a croc.
It bumped and jumped inside him.

He swallowed the croc to catch the rock.
I don't know why he swallowed the rock.

By Harrison

Year 2 Red

I Am 8.
I love my pet cat Ciko.
I need air.
I want Pokémon to exist.
I dream of a car.
I fear the dark.
I feel happy.
I am fun.
By Arlo

Gumbuya World

I went to Gumbuya world.
It was crowded. We got a fast pass so we could skip lines. My friend came too. I got hit by a kangaroo on my foot. I cried and cried.

By Harrison

I am happy
I love tv
I need food
I want a couch
I dream of new toy
I fear beer
I feel happy
I am confused
By MAX

Happenings in 2 Red



Rural Recovery Program

Free sessions with a provisional psychologist

Provisional psychologists are psychology students in their final (fifth and sixth) years of study

No mental health treatment plan or referral needed, just book straight in.
Up to 20 sessions via telehealth.
No waiting list.

Available to children, adolescents and adults looking to work on:

- Anxiety
- Low level depression
- Stress
- Grief and loss
- Anger
- Relationship
- Sleep issues

Please go to ruralhealthconnect.com.au and go to the Rural Recovery page and sign up.

We are here to help. Please contact us on 0427 642 377 or info@ruralhealthconnect.com.au.

This project is supported by the Victorian Government.


Rural Health Connect is a social enterprise committed to improving access to mental health services in rural Australia.

By rural people, for rural people

ruralhealthconnect.com.au

Stay connected
with *your*
child's learning
through Seesaw .







JAN PIANTA SCHOOL OF DANCE

Enrolments for 2023

now open

To discuss the best classes for your child call or email us:
0437853570

Classical Ballet
 Jazz
 Tap
 Hip Hop
 Contemporary
 National
 and more....

www.janpintaschoolofdance.com.au
dance1@exemail.com.au
 Facebook / Instagram

Simon Everywhere is now available on App Store and Google Play.

Your school has joined the growing Simon Everywhere community. By installing the Simon Everywhere app, you will be able to receive push notifications direct to your phone. Plus you will have easy access to all of the great PAM features, such as Assessments, Reports, Activity Permissions and more.

- Search "Simon Everywhere" on App Store or Google Play and install the app
- Launch Simon Everywhere and register with your name and mobile number
- Click Add School and locate your school from the list
- Enter your existing PAM credentials

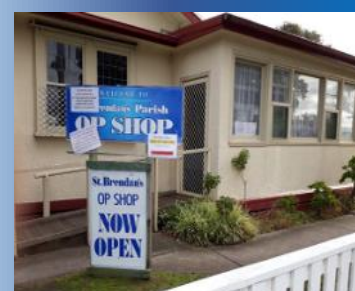






St Brendan's Op Shop has second hand school uniform available.
School uniform available
\$3.00 per item unless otherwise marked

Open 10am-3pm
Tuesday,
Wednesday &
Thursday.



Do you have a disability and are looking to engage in fun and social activities?
Are you interested in what Interchange Gippsland has to offer, but not sure how to get involved?

If you have a disability and live in the East Gippsland region, we welcome you to come and join in on one of our open days where you will explore a bunch of exciting activities. Snacks will be provided!

Please note: Parent/carer supervision is required

Date	Time	Activity
Friday 19th August	3pm - 5pm	Science Activities
Friday 9th September	3pm - 5pm	Arty Party!
Friday 21st October	3pm - 5pm	Master Lego Competition
Friday 18th November	3pm - 5pm	Fun with Food!
Friday 16th December	3pm - 5pm	Christmas Party



Shops 13B & 14, 30 Howitt Avenue, Eastwood
Shopping Centre 3875

1300 736 765
@InterchangeGippsland
admin@icg.asn.au
www.icg.asn.au



COME AND TRY NOW



MyTime Bairnsdale

Why MyTime?

MyTime is for parents and carers of a child with a disability, chronic medical condition or other additional needs including developmental delay.

Unwind and share experiences with others who understand

FIND US AT:
Bairnsdale Uniting Church
710 Lanes Road
Lucknow

CONTACT:
Meet Fridays fortnightly
10am- 12pm and 12.30-2.30pm
Ph Rose McKenna 0466107092



mytime.net.au




PlayConnect Playgroup

Is a weekly facilitated playgroup for children aged 0-6 with Autism Spectrum disorder characteristics or a Developmental Delay.

This group is available to support families, their child and siblings.
Your child does not need a diagnosis to attend

Wednesdays, 10.00am - 12.00pm

**Uniting Church Bairnsdale
710 Lanes Road
Lucknow**

Enquiries to Kirralee: 0409096587

Come along to connect with other families for information on services whilst participating with your child/children in activities specifically suited to children with additional needs.





JUNIOR DEVELOPMENT SQUADS

creating pathways for junior bowlers




ABOUT THE SQUADS

Junior Development Squads provide specialist coaching for up and coming talent, as well as opportunities to interact with other enthusiastic, young bowlers.

Juniors bowlers, via Development Squads across metro and rural areas, can be given the opportunity to play at State or National level. Imagine competing at the Commonwealth Games! Junior Development Squads provide a pathway for juniors to be selected into Bowls Victoria's U18 State Squad to represent Victoria at State and National events.

All Junior Development Squads must be registered with Bowls Victoria to enable juniors to become eligible to compete in Bowls Victoria sanctioned events, as well as maintaining governance processes. Squads serve a dual purpose of encouraging participation and refining skills, as well as an avenue for talent identification. They provide an opportunity for bowlers to train and compete with their peers.





SQUAD OBJECTIVES

Provide a clear junior bowls participation focus for all participants, with both male and female coaches.

Provide U18 players the opportunity to be coached amongst their peers by accredited junior coaches.

Provide opportunities for young bowlers to play with other keen bowlers of a similar age.

Identify the most promising bowlers and continue progressing them through the junior bowls pathway.

WHY PLAY BOWLS?

Bowls requires hand-eye skill, concentration and tactical ability to excel. Anyone can play - gender, size, athletic ability does not matter. Bowls is a friendly and fun team sport providing a great social experience.

Under 18 Squad & Gippsland Bowls region Junior Development Squad

gippslandbrjunior@gmail.com


@GippslandGeckos

FUN. FRIENDLY. COMPETITIVE.





GIPPSLAND GECKOS



Dolly's Dream

PARENTING IN THE DIGITAL WORLD

MONDAY NOV 7 - 5:30PM-6:30PM

FORCE THEATRE - 70 MCKEAN ST
BAIRNSDALE VIC, 3875

Designed with parents in mind, this workshop offers an insight into the online worlds of young people, including the latest trends, risks and research with a strong focus on social media and gaming. Parents will walk away from these sessions with advice they can use to help manage a child's life online.

To book, visit:
trybooking.com/CCVML

LITTLE ATHLETICS BAIRNSDALE

2022/2023 Season Starting soon!!

Season operates Term 4 and Term 1
Monday afternoons - 4:15pm

All registrations online via
www.lavic.com.au

Come & Try Nights

New athletes can attend 2 come and try nights before paying for membership but must sign up first

Season Commences Monday October 3rd 2022

Ages: Under 6 - Under 17

Where: Howitt Park Oval

Cost: \$120 per Athlete for the season

Uniform: \$35 for Centre Top
(Navy Shorts and appropriate footwear to be worn)

Contact: Bec Perry
Mobile 0409 338 052

Email: bairnsdale@lavic.com.au

EAST GIPPSLAND SHIRE LIBRARIES

FREE
AGES 5 - 12
BOOKINGS NOT REQUIRED

LEGO Club 2022



Junior LEGO enthusiasts are invited to attend our after-school LEGO Club sessions

The sessions incorporate freestyle creativity and themed construction activities.

Donations welcome

The library will gladly accept donations of old or new LEGO brand pieces for our LEGO Club collection.

Children aged six and under must be accompanied by an adult.

Lakes Entrance Service Centre
3.40 pm - 4.40 pm

Every Wednesday
Except School Holidays

For more information, phone 5152 4225 or ask in person at the library about these FREE sessions.

Libraries Change Lives





Outside School Hours Care (OSHC)

'Where every child is an active participant in their individual learning'

What is Gumnuts OSHC?

Gumnuts OSHC is a service that provides professional, fun and safe care for children outside normal school hours. We provide before school care and after school care at Lakes Entrance Primary.

Our educators will drop off your child to school and we pick them up after school. Before school care starts at 7am, After school care finishes at 6pm. We provide a healthy breakfast and afternoon snack for the children.

If you would like more information please contact Gumnuts Early Learning Centre on (03) 5144 6952 or by email gumnutselc@netspace.net.au



St Brendan's Lunch Order Menu 2022

Nicks Thai and Japanese Restaurant

Dear Parents / Guardians,

This year our Friday lunch orders will be provided by Nicks.

The orders will need to be placed by 12pm on Thursday for lunch on Friday.

Please refer to the below price list for items.

Orders must be written on a brown paper lunch order bag with the correct money enclosed in an envelope.

Thank you



Fresh Sushi Hand rolls: \$3.50 each

- Cooked Tuna avocado
- Fresh Salmon avocado
- Teriyaki chicken
- Katsu chicken
- Panko prawn
- Cucumber roll
- Avocado roll



Option 1:

Any sushi hand roll with Mt Franklin Lightly Sparkling Water \$6.00

Option 2:

Any 2 sushi hand roll with Mt Franklin Lightly Sparkling Water \$9.00

Deep fried Gyoza Dumpling - 6 pc	\$7.50
Potato croquettes - 2 pcs with dipping sauce	\$7.50
Chicken Karaage (Fried Japanese chicken) - 5 pcs with dipping sauce	\$7.50
Veggie Spring Rolls - 4pc	\$7.50
Golden fried chicken wings - 4pc	\$7.50
Fish bites - 4 pcs	\$7.50
Fruit Salad	\$6.00
Mt Franklin Lightly Sparkling Water (Lime, Mango, Raspberry & Passionfruit)	\$3.00

COME AND SEE!
RCIA INFORMATION
EVENING
WEDNESDAY
9TH NOVEMBER
5PM IN THE HOBBY ROOM
AT ST BRENDAN'S CHURCH



EAST GIPPSLAND
SHIRE LIBRARIES

FREE AGES 3 - 5 BOOKINGS ESSENTIAL

Little Bang Discovery Club



Join us for this four-week science program

Little Bang Discovery Club (LBDC) is a four-week course designed for pre-schoolers (aged 3-5) and their accompanying adult co-learners.

The aim of the LBDC is to develop ideas and skills that inspire further scientific exploration, discovery and learning. Key features of the LBDC are the hands-on activities, question and answer time and a Discovery Box and Book loaned to each child for the duration of the LBDC. Activities experienced during each session can be safely replicated and further explored at home.

A Discovery Club Passport is provided to each child and stamped after each session and a graduation ceremony follows a Science Fair in the final session.

Participants are encouraged to attend all four sessions

Lakes Entrance Service Centre

Thursday 3 November
Thursday 10 November
Thursday 17 November
Thursday 24 November

10.30 am - 11.30 am

Phone 5152 4225 or
book in person at the
library for this FREE event





LEARN THE SKILLS
X-PECT FUN!



JUNIOR X

Sign up as a team or individually!
A fun, fast, modified game of football that everyone can play!



Thursdays
November 10 - December 8
4pm-6pm
Howitt park Bairsdale



Ages 8-14 years old
5 week competition
\$25 per participant



Contact: Brodi Harris
Email: brodi.harris@afl.com.au

Participant registration:



Team registration:



YOU COULD PLAY FOR FREE!
Claim your Get Active voucher today



JOIN WITH FRIENDS
PLAY TOGETHER

Join Woolworths Cricket Blast
A safe way to have fun and stay
active for kids of all abilities.

JOIN YOUR NEAREST CLUB

Q Play Cricket

OFFICIAL KIDS
PROGRAM



Q Play Cricket

OFFICIAL KIDS
PROGRAM



LEARN BALL SKILLS

- Easy to join, fun to play
- Inclusive program for all abilities
- Outdoors non-contact



JUNIOR BLASTERS

AGES 5-7 | 60 MINS | 6+ WEEKS

- Learn ball skills, including catching, throwing and teamwork, through fun game-based activities.
- Sign up now for your Junior Blasters Kit featuring a personalised shirt and bat, plus a ball and bucket hat!



JUNIOR BLASTERS KIT

MASTER BLASTERS

AGES 7-10 | 90 MINS | 8+ WEEKS

- Everyone gets a chance to bat, bowl and field in short, modified games of cricket.
- For kids with basic cricket skills.
- Sign up now for your Master Blasters Kit featuring a cap and sunglasses!



MASTER BLASTERS KIT

HOW TO PLAY FOR FREE!

Eligible Victorian school students (K-12) are entitled to a \$200 Get Active Kids Voucher each year. Learn more at getactive.vic.gov.au/vouchers

JOIN YOUR NEAREST CLUB

