

# St Brendan's Primary School 1581

40 Golf Links Road, Lakes Entrance 3909  
Ph: 03-51552712 Fax 03-51554565

Website : [www.lakesent.catholic.edu.au](http://www.lakesent.catholic.edu.au)  
Email : [principal@lakesent.catholic.edu.au](mailto:principal@lakesent.catholic.edu.au)

Internet Banking : BSB 083 879 A/C 695096861  
Account Name : St Brendan's School

## Newsletter No 33

October 28, 2022



*We would like to acknowledge the Traditional Custodians of the land on which we gather today, the Gunaikurnai people.  
We pay our respects to their elders past, present and emerging. We extend that respect to all people.*



*We would especially like to acknowledge the land on which our school stands and ask everyone to show respect to the environment and all that it includes.*

# 'A Day for Daniel' @ St Brendan's

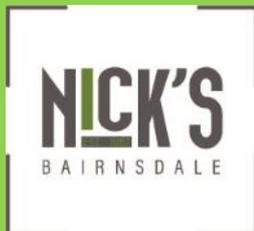


**Thank you for participating and donating.  
We raised \$206.00**



**MONDAY, 31ST OCTOBER SCHOOL CLOSURE**

**TUESDAY, 1ST NOVEMBER MELBOURNE CUP - PUBLIC HOLIDAY**



**St Brendan's School Uniform can now be ordered online!**

Link to website for St Brendan's Uniform below:

<https://nicksbairnsdale.com.au/product-category/schoolwear/st-brendans-uniform/>

93 Main Street Bairnsdale Victoria 3875 Phone (03) 5152 1333

**Just a friendly reminder...**

A friendly reminder that school fees are now due. Also, families who hold a Health Care Card and receive the concession discount, are required to have their fees paid in full at the end of the year to be considered for this discount next year.

## Dates for the Calendar

Term 4	OCTOBER 2022	
Week 5	Monday 31st	No school—Staff Planning Day
	NOVEMBER 2022	
	Tuesday 1st	No school—Melbourne Cup Day
	Wednesday 2nd	State Athletics
	Friday 4th	9.10am Year Five Class Mass 3.30pm - 5.30pm Indigenous Garden Working Bee
Week 6	Wednesday 9th	<b>9.00am—1.30pm Foundation Orientation</b>
	Friday 11th	Walk to School Day Remembrance Day Ceremony Health Afternoon (Year 3-6)
Week 7	Wednesday 16th	<b>9.00am—2.00pm Foundation Orientation</b>
	Friday 18th	9.10am Foundation & Year 1 Class Mass 2.30 Assembly: Year 5
Week 8	Monday 21st Nov-2nd Dec	<b>Year F—2 Swimming Lessons 11.30—2 pm</b>
	Wednesday 23rd	<b>9.00am—2.00pm Foundation Orientation</b> 9.30 Year 5 School Captain Speeches 1.00pm New Foundation parents meeting—WWC
	Thursday 24th	9.30am Year 5 House Captain Speeches
	Friday 25th	9.10am Year Four Class Mass



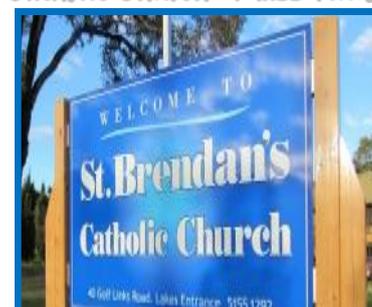
Please keep the Hayes family (Destiny Year 5, Leroy Year 7 & Talarra Year 8) in your prayers on the recent loss of a loved one.  
Our thoughts and prayers are with you all.

## SPORTS SHIRTS

All St Brendan's sports shirts and socks that have been given out to children for school sports, need to be returned to school as soon as possible.

### St Brendan's & St Colman's Catholic Church - Mass Times

Sat:	29/10	St Brendan's	Lakes Entrance	9.30am
		St Joseph's	Swan Reach	5.00pm
Sun:	30/10	St Brendan's	Lakes Entrance	9.00am
		St Colman's	Orbost	11.00am
Tue:	1/11	St Brendan's	Lakes Entrance	9.30am
Wed:	2/11	St Colman's	Orbost	9.30am
		All Souls Day	Lakes Entrance Cemetery	5.00pm
Fri:	4/11	St Brendan's	Lakes Entrance	9.10am
		School Mass Year 5		
Sat:	5/11	St Brendan's	Lakes Entrance	9.30am
		St Joseph's	Swan Reach	5.00pm
Sun:	6/11	St Brendan's	Lakes Entrance	9.00am
		St Colman's	Orbost	11.00am



# Indigenous Garden

Come join us in our indigenous garden!  
We need your help in making our garden beautiful.  
Bring the family for a working bee and sausage sizzle on

**Friday 4th November, 2022**

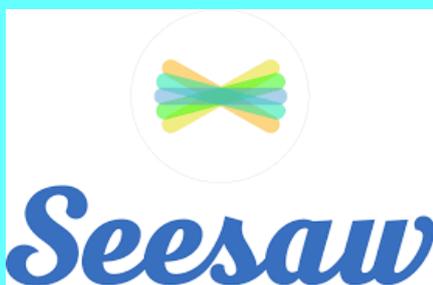
between 3:30pm to 5:30pm

We will be weeding and tidying up this special space.

If you have gloves and a rake please bring them.



Stay connected  
with *your*  
*child's* learning  
through Seesaw .



Federation  
of  
Swinburn  
University

[ruralhealthconnect.com.au](http://ruralhealthconnect.com.au)

Rural Health  
CONNECT

**Rural Recovery Program**

**Free sessions with a  
provisional psychologist**

**Provisional psychologists are psychology students  
in their final (fifth and sixth) years of study**

No mental health treatment plan or referral needed, just book straight in.  
Up to 20 sessions via telehealth.  
No waiting list.

Available to children, adolescents and adults looking to work on:

- Anxiety
- Low level depression
- Stress
- Grief and loss
- Anger
- Relationships
- Sleep issues

Please go to [ruralhealthconnect.com.au](http://ruralhealthconnect.com.au) and go to the Rural Recovery page and sign up.

We are here to help. Please contact us on 0427 092 377 or [info@ruralhealthconnect.com.au](mailto:info@ruralhealthconnect.com.au).

This project is supported by the Victorian Government.

Rural Health Connect is a social enterprise committed to improving access to mental health services in rural Australia.

By rural people, for rural people

[ruralhealthconnect.com.au](http://ruralhealthconnect.com.au)

# Year 1 - Ambulance Visit



On Thursday, Grade One had a visit from Belinda & Naomi (Madi's mum) who are paramedics. They brought their ambulance so we could have a look around. They visited us in class and we were lucky enough to sit on the stretcher bed which moved up and down! Belinda and Naomi chose some special students to act as patients and we took part in role-play situations where we are able to use a splint, neck collar, green whistle and the nebuliser. They also took our blood pressure and checked our breathing. Lastly, we had a tour around the ambulance where we able to sit in the drivers seat and use the radio. We loved our visit from our super paramedics and would like to thank Belinda and Naomi for taking the time to come and teach us everything!



# Shoelace Tying Incursion - Foundation, Year 1 & 2

**Evie M** - I got a special pen for following instructions and putting the laces up in the air correctly.

**Parker** - I liked it because I learnt how to tie my laces at school and then got to go home and practise at home and I did it right.

**Jackson** - I liked when I got the special pen for balancing my shoe on my head for the longest.

**Tanner** - I liked getting a special pen for balancing the show on my head.

**Lexie** - When I balanced the shoe on my head.

**Sophie J** - I liked it when I got given the shoe lace pencil case as a gift to take home and practice.

**Mahlee** - I like when we got to watch the video about how to tie our shoelaces.

**Darby** - The whole thing!



Quotes from Foundation Students



## SPECIAL REPORT: A Guide To Safe Partying

Teenage gatherings provide young people with important opportunities to interact and build on their social skills and experiences. Celebrations, partying and socialising are a fundamental rite of passage and one of the most important aspects of a young person's life. However, it is possible for the best young person to get carried away with their peers and the euphoria of the moment.

For parents and caregivers, keeping your young person safe can at times feel daunting and is often a compromise and a challenge. Most teenagers try to do the right thing most of the time, but your leadership as a role model is crucial. Your child may appear to be physically large and mature, but this is not necessarily matched by their emotional maturity and responsibility in behaviour.

Every party has the potential to get out-of-hand as sometimes it's hard for young partygoers to make good decisions. Communication and regular discussions are vital, particularly because young people are often faced with peer pressure to do things they prefer not to engage in. Hosting a celebration at home or at a venue can be a fun and memorable event but it is important to agree on the ground rules well before your event is announced to ensure there are no misunderstandings later on.

If hosting an event, you owe your guests a 'duty-of-care' and should ensure all reasonable steps are taken to keep partygoers safe. This Special Report provides caregivers with list of things to consider when planning a celebration. We hope you take a moment to reflect on the information offered, and as always, we welcome your feedback. If this raises any concerns for you, a loved one or the wellbeing of your child, please seek medical or professional help.

Here is the link to your special report [https://lakesent.catholic.schooltv.me/wellbeing\\_news/special-report-guide-safe-partying](https://lakesent.catholic.schooltv.me/wellbeing_news/special-report-guide-safe-partying)



SPECIAL REPORT

## A Guide To Safe Partying



Smile! It's...  
**Saturday** October 29

**Mayhem at Middle Manor – Play for Families**  
 Live production

Bairnsdale Library  
 11.00am

Paynesville Community Hall  
 7.00pm.

Phone 51524225 to book



**Multi Day Events**

**Bluey Storytime**  
 Come along and listen to stories, sing songs, make a craft and get to meet Bluey.

- **Paynesville Service Centre** - 55 The Esplanade Paynesville - Thursday 27th October 11am
- **Bairnsdale Library** 22 Service Street Bairnsdale - Friday 28th October 11am
- **Lakes Entrance Service Centre** 18 Mechanics Street Lakes Entrance - Monday 24th October 11am
- **Orbost Service Centre** - 1 Ruskin Street Orbost - Tuesday 25th October 10.30 am

**Storytime**  
 Aimed at children aged 2-5 and their parents/guardians. The sessions run for 45 minutes and include stories, songs, dancing, poems and rhymes, and craft activity

- **Orbost Service Centre** -1 Ruskin Street Orbost - Tuesdays 10.30 am
- **Bairnsdale Library** - 22 Service Street Bairnsdale,
- **Lakes Entrance Service Centre** -18 Mechanics Street Lakes Entrance
- **Paynesville Service Centre** 55 The Esplanade Paynesville - Tuesdays 11.00 am
- **Omeo Service Centre** 179 day Street Omeo - Wednesdays 11.15 am
- **Mallacoota Service Centre** 70 Maurice Street Mallacoota - Fridays 2.15 pm

**Rhymetime**  
 For babies aged 0-2 and their parents/guardians. The sessions run for 30 minutes and are designed to encourage parents and carers to share rhymes and songs with babies from birth.

- **Paynesville Service Centre** - 55 The Esplanade Paynesville - Mondays 10.30 am
- **Omeo Service Centre** - 179 day Street Omeo Fortnightly - Friday 10.30am 28th October
- **Bairnsdale Library** - 22 Service Street Bairnsdale - Wednesdays 10.30 am
- **Lakes Entrance Service Centre** - 55 The Esplanade Paynesville Service Centre- Wednesdays 10.30 am
- **Orbost Service Centre** - 1 Ruskin Street Orbost - Thursdays 10.00 am

**JPSD**  
 JAN PIANTA SCHOOL OF DANCE

Enrolments for 2023  
**now open**

To discuss the best classes for your child call or email us:  
 0437853570




Classical Ballet  
 Jazz  
 Tap  
 Hip Hop  
 Contemporary  
 National  
 and more....

[www.janpiantaschoolofdance.com.au](http://www.janpiantaschoolofdance.com.au)  
[dance1@exemail.com.au](mailto:dance1@exemail.com.au)  
 Facebook / Instagram

Simon Everywhere is now available on App Store and Google Play.

Your school has joined the growing Simon Everywhere community. By installing the Simon Everywhere app, you will be able to receive push notifications direct to your phone. Plus you will have easy access to all of the great PAM features, such as Assessments, Reports, Activity Permissions and more.

- Search "Simon Everywhere" on App Store or Google Play and install the app
- Launch Simon Everywhere and register with your name and mobile number
- Click Add School and locate your school from the list
- Enter your existing PAM credentials



simon EVERYWHERE

GET IT ON Google Play | Download on the App Store

St Brendan's Op Shop has second hand school uniform available.  
**School uniform available \$3.00 per item unless otherwise marked**

Open 10am-3pm  
 Tuesday,  
 Wednesday &  
 Thursday.



Do you have a disability and are looking to engage in fun and social activities?  
Are you interested in what Interchange Gippsland has to offer, but not sure how to get involved?

If you have a disability and live in the East Gippsland region, we welcome you to come and join in on one of our open days where you will explore a bunch of exciting activities. Snacks will be provided!

**\*Please note: Parent/carer supervision is required\***

Date	Time	Activity
Friday 19th August	3pm - 5pm	Science Activities
Friday 9th September	3pm - 5pm	Arty Party!
Friday 21st October	3pm - 5pm	Master Lego Competition
Friday 18th November	3pm - 5pm	Fun with Food!
Friday 16th December	3pm - 5pm	Christmas Party

Shops 13B & 14, 30 Howitt Avenue, Eastwood Shopping Centre 3875

1300 736 765  
@InterchangeGippsland  
admin@icg.asn.au  
www.icg.asn.au

## COME AND TRY NOW



### MyTime Bairnsdale

## Why MyTime?

MyTime is for parents and carers of a child with a disability, chronic medical condition or other additional needs including developmental delay.

**Unwind and share experiences with others who understand**

**FIND US AT:**  
Bairnsdale Uniting Church  
710 Lanes Road  
Lucknow

**CONTACT:**  
Meet Fridays fortnightly  
10am- 12pm and 12.30-2.30pm  
Ph Rose McKenna 0466107092



[mytime.net.au](http://mytime.net.au)




## PlayConnect Playgroup

Is a weekly facilitated playgroup for children aged 0-6 with Autism Spectrum disorder characteristics or a Developmental Delay.

This group is available to support families, their child and siblings.  
Your child does not need a diagnosis to attend

**Wednesdays, 10.00am - 12.00pm**

**Uniting Church Bairnsdale  
710 Lanes Road  
Lucknow**

Enquiries to Kirralee: 0409096587

Come along to connect with other families for information on services whilst participating with your child/children in activities specifically suited to children with additional needs.





# JUNIOR DEVELOPMENT SQUADS

creating pathways for junior bowlers

## ABOUT THE SQUADS

Junior Development Squads provide specialist coaching for up and coming talent, as well as opportunities to interact with other enthusiastic, young bowlers.

Juniors bowlers, via Development Squads across metro and rural areas, can be given the opportunity to play at State or National level. Imagine competing at the Commonwealth Games! Junior Development Squads provide a pathway for juniors to be selected into Bowls Victoria's U18 State Squad to represent Victoria at State and National events.

All Junior Development Squads must be registered with Bowls Victoria to enable juniors to become eligible to compete in Bowls Victoria sanctioned events, as well as maintaining governance processes. Squads serve a dual purpose of encouraging participation and refining skills, as well as an avenue for talent identification. They provide an opportunity for bowlers to train and compete with their peers.



### SQUAD OBJECTIVES

Provide a clear junior bowls participation focus for all participants, with both male and female coaches.

Provide U18 players the opportunity to be coached amongst their peers by accredited junior coaches.

Provide opportunities for young bowlers to play with other keen bowlers of a similar age.

Identify the most promising bowlers and continue progressing them through the junior bowls pathway.

### WHY PLAY BOWLS?

Bowls requires hand-eye skill, concentration and tactical ability to excel. Anyone can play - gender, size, athletic ability does not matter. Bowls is a friendly and fun team sport providing a great social experience.

**FUN. FRIENDLY. COMPETITIVE.**

Under 18 Squad & Gippsland Bowls region Junior Development Squad

[gippslandbrjunior@gmail.com](mailto:gippslandbrjunior@gmail.com)

@GippslandGeckos

## LITTLE ATHLETICS BAIIRNSDALE

### 2022/2023 Season Starting soon!!

Season operates Term 4 and Term 1  
Monday afternoons - 4:15pm

All registrations online via [www.lavic.com.au](http://www.lavic.com.au)

**Come & Try Nights**  
New athletes can attend 2 come and try nights before paying for membership but must sign up first

**Season Commences Monday October 3<sup>rd</sup> 2022**

**Ages:** Under 6 - Under 17  
**Where:** Howitt Park Oval  
**Cost:** \$120 per Athlete for the season  
**Uniform:** \$35 for Centre Top (Navy Shorts and appropriate footwear to be worn)  
**Contact:** Bec Perry  
Mobile 0409 338 052

**Email:** [bairnsdale@lavic.com.au](mailto:bairnsdale@lavic.com.au)

## PARENTING IN THE DIGITAL WORLD

MONDAY NOV 7 - 5:30PM-6:30PM

FORGE THEATRE - 70 MCKEAN ST  
BAIRNSDALE VIC, 3875

Designed with parents in mind, this workshop offers an insight into the online worlds of young people, including the latest trends, risks and research with a strong focus on social media and gaming. Parents will walk away from these sessions with advice they can use to help manage a child's life online.

To book, visit:  
[trybooking.com/CCVML](http://trybooking.com/CCVML)

**FREE AGES 5 - 12 BOOKINGS NOT REQUIRED**

**EAST GIPPSLAND SHIRE LIBRARIES**

## LEGO Club 2022

**Junior LEGO enthusiasts are invited to attend our after-school LEGO Club sessions**

The sessions incorporate freestyle creativity and themed construction activities.

**Donations welcome**  
The library will gladly accept donations of old or new LEGO brand pieces for our LEGO Club collection.

Children aged six and under must be accompanied by an adult.

**Lakes Entrance Service Centre**  
3.40 pm - 4.40 pm

Every Wednesday  
Except School Holidays

For more information, phone 5152 4225 or ask in person at the library about these FREE sessions.

Libraries Change Lives



## Outside School Hours Care (OSHC)

*'Where every child is an active participant in their individual learning'*

### What is Gumnuts OSHC?

Gumnuts OSHC is a service that provides professional, fun and safe care for children outside normal school hours. We provide before school care and after school care at Lakes Entrance Primary.

Our educators will drop off your child to school and we pick them up after school. Before school care starts at 7am, After school care finishes at 6pm. We provide a healthy breakfast and afternoon snack for the children.

If you would like more information please contact Gumnuts Early Learning Centre on (03) 5144 6952 or by email [gumnutselc@netspace.net.au](mailto:gumnutselc@netspace.net.au)



### St Brendan's Lunch Order Menu 2022

#### Nicks Thai and Japanese Restaurant

Dear Parents / Guardians,  
This year our Friday lunch orders will be provided by Nicks.  
The orders will need to be placed by 12pm on Thursday for lunch on Friday.

Please refer to the below price list for items.  
Orders must be written on a brown paper lunch order bag with the correct money enclosed in an envelope.

Thank you



#### Fresh Sushi Hand rolls: \$3.50 each

- Cooked Tuna avocado
- Fresh Salmon avocado
- Teriyaki chicken
- Katsu chicken
- Panko prawn
- Cucumber roll
- Avocado roll



#### Option 1:

Any sushi hand roll with Mt Franklin Lightly Sparkling Water \$6.00

#### Option 2:

Any 2 sushi hand roll with Mt Franklin Lightly Sparkling Water \$9.00

Deep fried Gyoza Dumpling - 6 pc	\$7.50
Potato croquettes - 2 pcs with dipping sauce	\$7.50
Chicken Karaage (Fried Japanese chicken) - 5 pcs with dipping sauce	\$7.50
Veggie Spring Rolls - 4pc	\$7.50
Golden fried chicken wings - 4pc	\$7.50
Fish bites - 4 pcs	\$7.50
Fruit Salad	\$6.00
Mt Franklin Lightly Sparkling Water ( Lime, Mango, Raspberry & Passionfruit)	\$3.00



## KIDS FISHING DAY

ALL ABILITIES SUN OCT 30

CLUBHOUSE BULLOCK ISLAND

! FREE EVENT !

LOTS OF PRIZES//GAMES - FREE BOAT RIDES- TIPS

AND TRICKS WITH TACKLE - FREE SHOW BAGS-

BBO [KIDS UNDER 16 ACCOMPANIED BY ADULT

PLEASE] 10am - 4pm /see you there

FREE AGES 3 - 5 BOOKINGS ESSENTIAL

EAST GIPPSLAND  
SHIRE LIBRARIES

## Little Bang Discovery Club



#### Join us for this four-week science program

Little Bang Discovery Club (LBDC) is a four-week course designed for pre-schoolers (aged 3-5) and their accompanying adult co-learners.

The aim of the LBDC is to develop ideas and skills that inspire further scientific exploration, discovery and learning. Key features of the LBDC are the hands-on activities, question and answer time and a Discovery Box and Book loaned to each child for the duration of the LBDC. Activities experienced during each session can be safely replicated and further explored at home.

A Discovery Club Passport is provided to each child and stamped after each session and a graduation ceremony follows a Science Fair in the final session.

Participants are encouraged to attend all four sessions

#### Lakes Entrance Service Centre

Thursday 3 November  
Thursday 10 November  
Thursday 17 November  
Thursday 24 November

10.30 am - 11.30 am

Phone 5152 4225 or  
book in person at the  
library for this FREE event





LEARN THE SKILLS  
XPECT FUN!



# JUNIOR X

Sign up as a team or individually!  
A fun, fast, modified game of football that everyone can play!



Thursdays  
November 10 - December 8  
4pm-6pm  
Howitt park Bairsdale



Ages 8-14 years old  
5 week competition  
\$25 per participant



Contact: Brodi Harris  
Email: brodi.harris@afl.com.au

Participant registration:



Team registration:



**YOU COULD PLAY FOR FREE!**  
Claim your Get Active voucher today



JOIN WITH FRIENDS  
PLAY TOGETHER

Join Woolworths Cricket Blast  
A safe way to have fun and stay active for kids of all abilities.

JOIN YOUR NEAREST CLUB

Play Cricket

OFFICIAL KIDS PROGRAM



Play Cricket

OFFICIAL KIDS PROGRAM



## LEARN BALL SKILLS

- Easy to join, fun to play
- Inclusive program for all abilities
- Outdoors non-contact



### JUNIOR BLASTERS

AGES 5-7 | 60 MINS | 6+ WEEKS

- Learn ball skills, including catching, throwing and teamwork, through fun game-based activities.
- Sign up now for your Junior Blasters Kit featuring a personalised shirt and bat, plus a ball and bucket hat!



JUNIOR BLASTERS KIT

### MASTER BLASTERS

AGES 7-10 | 90 MINS | 8+ WEEKS

- Everyone gets a chance to bat, bowl and field in short, modified games of cricket.
- For kids with basic cricket skills.
- Sign up now for your Master Blasters Kit featuring a cap and sunglasses!



MASTER BLASTERS KIT

### HOW TO PLAY FOR FREE!

Eligible Victorian school students (K-12) are entitled to a \$200 Get Active Kids Voucher each year. Learn more at [getactive.vic.gov.au/vouchers](http://getactive.vic.gov.au/vouchers)

### JOIN YOUR NEAREST CLUB

