

# St Brendan's Primary School 1581

40 Golf Links Road, Lakes Entrance 3909  
Ph: 03-51552712 Fax 03-51554565

Website : [www.lakesent.catholic.edu.au](http://www.lakesent.catholic.edu.au)  
Email : [principal@lakesent.catholic.edu.au](mailto:principal@lakesent.catholic.edu.au)  
Internet Banking : BSB 083 879 A/C 695096861  
Account Name : St Brendan's School

Newsletter No 30  
October 7, 2022



*We would like to acknowledge the Traditional Custodians of the land on which we gather today, the Gunaikurnai people.  
We pay our respects to their elders past, present and emerging. We extend that respect to all people.  
We would especially like to acknowledge the land on which our school stands and ask everyone to show respect to the environment and all that it includes.*



*in  
Loving  
Memory*



*We are very sorry to inform you of the sad passing of Sr Maureen Philp.*

*Sr Maureen was a Josephite Sister who devoted almost thirty years of service to St Brendan's and the wider community. She always gave generously to our school, supporting in any way she could and this dedicated service will not be forgotten.*

*We offer our heartfelt sympathy to Sr Maureen's family, her Josephite Sisters and friends.*

*May she rest in peace*



*With Deepest Sympathy,  
Please keep the Wust family (Miss Wust - Year 2) in your prayers on the recent loss of a loved one. Our thoughts and prayers are with you all.*

Dear Families and Friends,

Well, the weather has been indifferent but the return to the classroom has been a smooth and faultless transition. It is a huge term ahead of us as all year levels prepare for next year. Our year six students complete their final year of primary school and participate in secondary school transitions. In preparation for year six leadership our year five students will undergo leadership training courses and their School Captain/House Captain elections will take place in week nine. We also look forward to welcoming our 2023 foundation students at the Orientation Days which begin on Wednesday, 9 November.

This term, we welcome Jacqui Mallen who has taken a teaching role in year four. Jacqui comes with several years' experience teaching in Bairnsdale and has already proved to be a great acquisition to our staff. Last term, we fare-welled Michelle Hannah who has decided to concentrate her energies on her pilates business on the esplanade. We are so grateful to Michelle for her commitment to our school over a number of years and wish her well in her future endeavours.

We also welcome the Moresi family to St Brendan's this term. Harriet (Yr 5), Clementine (Yr 3) and Lenni (Yr 1) began on Monday and have already proved to be popular with their classmates. Last term, we also welcomed Seth Bowtell to our school and he has settled in to life at St Brendan's with ease.

### **School TV – Online Gaming**

Young people might have a lot of fun playing online games, but parents and carers need to make sure they empower their child to make wise decisions and help them manage the risks. Numerous games can help your child become more coordinated, adept at problem-solving and multitasking, and help them develop social skills through online interaction with other players. However, it's also critical to comprehend what may go wrong and what might be harmful to your child. Carers need to play an active role in understanding and being aware of what their young person is playing online and who they are interacting with.

*“Young people can be particularly vulnerable when exposed to excessive gaming. An unhealthy sedentary lifestyle, exposure to harmful content, cyberbullying, development of gaming disorders, or engagement in online gambling.”*

*Dr Michael Carr-Gregg*

**For more information, including videos and quizzes go to: <https://lakesent.catholic.schooltv.me/newsletter/raising-boys>**

Next week, our year four students are off to Nagle College for a 'Fun for Fours' day. As stated, the occasion should be full of excitement for our students and is an early introduction to what takes place at a secondary school.

On Sunday we have Bella Gillespie and Mia Hamer representing St Brendan's at a Public Speaking competition in Trafalgar. The girls have advanced to this level after winning the first round run by the Lakes Entrance Lions Club Lioness. They were superb in the delivery of their speech and we know they will impress on Sunday. Good luck, Bella and Mia!

On Tuesday, 11 October eleven students will travel to Newborough to compete in the Regional Athletics carnival. We wish our competitors success and hope that the weather is kind.

Kind regards,

Matthew Hamer

Dates for the Calendar		
Term 4	OCTOBER 2022	
Week 2	Tuesday 11th	Regional Athletics - Newborough
	Wednesday 12th	Fun for Fours
Week 3	Monday 17th	Division Summer Sports
	Tuesday 18th	Year Two Class Prayer
	Friday 21st	2.30pm Assembly : School Captains
Week 4	Monday 24th	All students in Full Summer Uniform
	Friday 28th	Day for Daniel—Wear something red
Week 5	Monday 31st	No school—Staff Planning Day
	NOVEMBER 2022	
	Tuesday 1st	No school—Melbourne Cup Day
	Friday 4th	9.10am Year Five Class Mass

## Foundation Students 2023

Please return completed enrolment forms to the school office as soon as convenient.

We are currently processing enrolments and confirming places for next year.

Parents will be notified via email, of orientation dates for this year, once enrolment forms are received.

We look forward to welcoming your child to St Brendan's CPS in 2023.



# SPORTS SHIRTS

All St Brendan's sports shirts and socks that have been given out to children for school sports, need to be returned to school as soon as possible.



There will be a church working bee on Saturday 22<sup>nd</sup> October at 1pm. If anyone is interested in helping out that would be great!

## St Brendan's & St Colman's Catholic Church - Mass Times

Tue:	11/10	St Brendan's	Lakes Entrance	9.30am
Thurs:	13/10	St Colman's	Orbost	9.30am
Fri:	14/10	St Brendan's	Lakes Entrance	9.30am
Sat:	15/10	St Dymphna's	Buchan	No Mass
		St Joseph's	Swan Reach	5.00pm
Sun:	16/10	St Brendan's	Lakes Entrance	9.00am
		St Colman's	Orbost	11.00am
		Morning Tea after Mass at the Orbost Presbytery		



# The Big Picnic





# The Big Picnic



# IMPORTANT APP UPDATE!

The SIMON Everywhere app has been updated in both the Apple and Google Play (Android) App Stores.

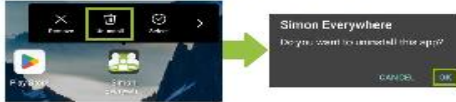
This new version of the app needs to be installed from scratch.



## android

Uninstalling and Installing App on Android/Google Play Devices

- Select the current SIMON Everywhere app on your phone/tablet and hold your finger on the app.
- When the options bar appears, tap Uninstall, then click OK.



- Go to the Google Play Store, find the SIMON Everywhere App and "Install" this app.



## iOS

Uninstalling and Installing App on iOS/Apple

- Find the current SIMON Everywhere app on your phone/tablet and hold your finger on the app
- When the options menu appears, click Delete App, then click Delete.



- Go to the App Store, find the SIMON Everywhere App and "Get" this app.



**IMPORTANT – Uninstalling and installing the app will require you to re-register within the app.**



Please support our new endeavour to grant online consent via PAM for excursion notes etc. To do this you need to update your child's medical profile.

## Medical Profile Details

Please take a few minutes to complete all items on this medical form. All yes/no options will need to be filled out, and the Medicare details are also required. Use the navigation on the left hand side to track your progress, sections in Red indicate that not all responses have been completed, sections in Green have been completed. Note remember to **SAVE** your changes (at the bottom of the form) to complete this medical form for the first time.

**Book Club**  
ISSUE 7 OUT NOW!  
SCHOLASTIC

**Book Club**  
Did you know you can tag your Book Club order as a surprise gift? Your order will be delivered to school and marked accordingly for you to collect.  
 GIFT ORDER  
SCHOLASTIC

Orders due back by :  
**Wednesday 19th October**

## This month on SchoolTV - Online Gaming

Games are an integral part of human behaviour. It is normal and healthy for young people to engage in play as a part of their daily lives, including playing games online. And like most activities, online gaming can have both positive and negative outcomes. It can be intimidating and confusing for carers trying to understand a young person's online experiences with many considering that staring at a screen is an unhealthy habit. However, the World Health Organisation does believe that as well as the risks, there are also many positive benefits associated with online gaming and these could be key in nurturing bonds with others.

During the pandemic, there was an explosive growth of gaming as people sought much needed connection during isolation. In the media, gaming often gets bad publicity because most coverage tends to concentrate on the minority of gamers who play to such an extent that it compromises all other areas of their life. However, online gaming can teach young people many skills including teamwork, concentration, communication and problem-solving. It requires a level of interaction and skill from the player; unlike watching television, which is more passive.

Online communities provide opportunities for young people to feel socially connected and have a sense of belonging. At healthy levels, gaming can increase their self-esteem and social acceptance. However, any behaviour, when taken to extreme, can also have a negative impact on a young person's everyday life. Understanding what your young person experiences online and knowing the warning signs if they are at risk, will help nurture a more positive relationship with online gaming and help your family find the right balance.

If you are concerned about your young person's online gaming habits, it's important to consider a number of factors. This edition will provide strategies in how to deal with any issues you may be experiencing. We hope you take time to reflect on the information offered in this month's edition, and we always welcome your feedback.

If you do have any concerns about the wellbeing of your child, please contact the school for further information or seek medical or professional help.

Here is the link to this month's edition <https://lakesent.catholic.schooltv.me/newsletter/online-gaming>



### The Resilience Project Family Wellbeing Journal

Available at no cost to families from St Brendan's Catholic Primary School. If you would like a copy, please let your child's teacher know and they will send a 'Family Wellbeing Journal' home.

The Resilience Project's Family Wellbeing Journal is filled with daily reflections, questions and practical activities designed for the whole family. Catered for adults and children of all ages, this journal is a great way to build happiness and resilience in your household.

#### Features:

- 10 weeks of daily reflections, questions and practical activities
- Catered for adults and children of all ages
- Focus on gratitude, empathy and mindfulness to improve everyone's mental health
- Daily Healthy Family Habits tracker to monitor our sleep, exercise and eating
- Weekend activity library with over 30 activities suitable for a variety of age groups



## MyTime Bairnsdale

### Why MyTime?

MyTime is for parents and carers of a child with a disability, chronic medical condition or other additional needs including developmental delay.

**FIND US AT:**  
Bairnsdale Uniting Church  
710 Lanes Road  
Lucknow

**CONTACT:**  
Meet Fridays fortnightly  
10am- 12pm and 12.30-2.30pm  
Ph Rose McKenna 0466107092

Unwind and share experiences with others who understand

[mytime.net.au](http://mytime.net.au)

## PlayConnect Playgroup

Is a weekly facilitated playgroup for children aged 0-6 with Autism Spectrum disorder characteristics or a Developmental Delay.

This group is available to support families, their child and siblings.  
Your child does not need a diagnosis to attend

Wednesdays, 10.00am - 12.00pm

Uniting Church Bairnsdale  
710 Lanes Road  
Lucknow

Enquiries to Kirralee: 0409096587

Come along to connect with other families for information on services whilst participating with your child/children in activities specifically suited to children with additional needs.



Stay connected  
with *your*  
*child's* learning  
through *Seesaw* .



Simon Everywhere is now available on App Store and Google Play.

Your school has joined the growing Simon Everywhere community. By installing the Simon Everywhere app, you will be able to receive push notifications direct to your phone. Plus you will have easy access to all of the great PAM features, such as Assessments, Reports, Activity Permissions and more.

- Search "Simon Everywhere" on App Store or Google Play and install the app
- Launch Simon Everywhere and register with your name and mobile number
- Click Add School and locate your school from the list
- Enter your existing PAM credentials

GET IT ON Google Play | Download on the App Store

**INDOOR MARKET**

**FREE ENTRY**

**CRAFTS, PLANTS & MORE**

Mechanics Hall, Lakes Entrance  
Saturday 15 Oct 2022  
9am - 2pm

New Trader enquiries welcome  
contact 0408393819

Crafts, Plants, Jewellery, Candles, Dolls,  
Jams & Preserves, Needlework, knits,  
Bric-a-Brac, Woodwork and more

**SCONES  
DEVONSHIRE  
TEAS, CAKES**

Lions Club of Gippsland Lakes Lionesses  
facebook: Lions Club of Gippsland Lakes Lionesses

**LITTLE ATHLETICS**  
**BAIRNSDALE** <sup>31</sup>

**2022/2023 Season**  
**Starting soon!!**

Season operates Term 4 and Term 1  
Monday afternoons - 4:15pm

All registrations online via  
[www.lavic.com.au](http://www.lavic.com.au)

**Come & Try Nights**  
New athletes can attend 2 come and try nights before  
paying for membership but must sign up first

**Season Commences Monday October 3<sup>rd</sup> 2022**

**Ages:** Under 6 - Under 17  
**Where:** Howitt Park Oval  
**Cost:** \$120 per Athlete for the season  
**Uniform:** \$35 for Centre Top  
(Navy Shorts and appropriate footwear to be worn)  
**Contact:** Bec Perry  
Mobile 0409 338 052

**Email:** [bairnsdale@lavic.com.au](mailto:bairnsdale@lavic.com.au)

**EAST GIPPSLAND SHIRE LIBRARIES**

**FREE AGES 5 - 12 BOOKINGS NOT REQUIRED**

**LEGO Club 2022**

**LEGO CLUB**

**Junior LEGO enthusiasts are invited to attend our after-school LEGO Club sessions**

The sessions incorporate freestyle creativity and themed construction activities.

**Donations welcome**  
The library will gladly accept donations of old or new LEGO brand pieces for our LEGO Club collection.  
Children aged six and under must be accompanied by an adult.

**Lakes Entrance Service Centre**  
3.40 pm - 4.40 pm  
Every Wednesday  
Except School Holidays

For more information, phone 5152 4225 or ask in person at the library about these FREE sessions.

Libraries Change Lives | EAST GIPPSLAND SHIRE LIBRARIES



# FRI-YAY'S



Do you have a disability and are looking to engage in fun and social activities?  
Are you interested in what Interchange Gippsland has to offer, but not sure how to get involved?

If you have a disability and live in the East Gippsland region, we welcome you to come and join in on one of our open days where you will explore a bunch of exciting activities. Snacks will be provided!

**\*Please note: Parent/carer supervision is required\***

Date	Time	Activity
Friday 19th August	3pm - 5pm	Science Activities
Friday 9th September	3pm - 5pm	Arty Party!
Friday 21st October	3pm - 5pm	Master Lego Competition
Friday 18th November	3pm - 5pm	Fun with Food!
Friday 16th December	3pm - 5pm	Christmas Party



Shops 13B & 14, 30 Howitt Avenue, Eastwood Shopping Centre 3875

1300 736 765  
@InterchangeGippsland  
admin@icg.asn.au  
www.icg.asn.au



## COME AND TRY NOW

13-14th OCT  
**DANIHER'S DRIVE**  
VICTORIA - LET'S CURE MIND

# GALA AUCTION & COMEDY NIGHT

Friday  
**14**  
October  
7pm to midnight

Join us  
*St Brendan's Primary School*  
40 Golf Links Road,  
Lakes Entrance

3-course dinner and beverage package  
.....  
Tickets available for non-Drive participants  
for \$150 at [fightmnd.org.au](http://fightmnd.org.au)  
Please direct all enquiries to [events@fightmnd.org.au](mailto:events@fightmnd.org.au)

St Brendan's Op Shop has second hand school uniform available.  
**School uniform available \$3.00 per item unless otherwise marked**

Open 10am-3pm  
Tuesday, Wednesday & Thursday.



Thanks for buying books from

**SCHOLASTIC**  
**Book Club**

they help build our classroom resources



## St Brendan's Catholic Primary School



### Enrolments are open for 2023

Book your personalised school tour!

New modern, spacious, flexible learning spaces.



*Together we achieve*

All families are welcome!

Call the school office on  
03 51552712 or email  
principal@lakesent.catholic.edu.au  
to book your tour

[www.lakesent.catholic.edu.au](http://www.lakesent.catholic.edu.au)

## Dance Classes

@ Mechanics Hall Lakes Entrance

Term 4 ★ 4.15pm to 5.45pm ★ 8 week program

PLEASE RSVP TO: [jan.planta@exemail.com.au](mailto:jan.planta@exemail.com.au) by Monday 3 October 2022 for enrolment and all other enquiries.

Dance classes offered will be classical ballet and jazz. Children will learn how both styles are amazing, important and significant when learnt together. Offered to primary age children. Training provided from qualified, experienced and respected Dance Tutor and Adjudicator - Jan Planta. Cost of 8 week program is \$20 per child (special discounted price that is paid in advance with Public Liability Insurance cover included).



Hope to see your child in class - it is going to be good!

Learn heaps in this 8-week program that you haven't learnt before!



## Outside School Hours Care (OSHC)

*'Where every child is an active participant in their individual learning'*

### What is Gumnuts OSHC?

Gumnuts OSHC is a service that provides professional, fun and safe care for children outside normal school hours. We provide before school care and after school care at Lakes Entrance Primary.

Our educators will drop off your child to school and we pick them up after school. Before school care starts at 7am, After school care finishes at 6pm. We provide a healthy breakfast and afternoon snack for the children.

If you would like more information please contact Gumnuts Early Learning Centre on (03) 5144 6952 or by email [gumnutselc@netspace.net.au](mailto:gumnutselc@netspace.net.au)

## NICKS

### St Brendan's Lunch Order Menu 2022 Nicks Thai and Japanese Restaurant

Dear Parents / Guardians,

This year our Friday lunch orders will be provided by Nicks.

The orders will need to be placed by 12pm on Thursday for lunch on Friday.

Please refer to the below price list for items.

Orders must be written on a brown paper lunch order bag with the correct money enclosed in an envelope.

Thank you



### Fresh Sushi Hand rolls: \$3.50 each

- Cooked Tuna avocado
- Fresh Salmon avocado
- Teriyaki chicken
- Katsu chicken
- Panko prawn
- Cucumber roll
- Avocado roll



#### Option 1:

Any sushi hand roll with Mt Franklin Lightly Sparkling Water \$6.00

#### Option 2:

Any 2 sushi hand roll with Mt Franklin Lightly Sparkling Water \$9.00

Deep fried Gyoza Dumpling - 6 pc	\$7.50
Potato croquettes - 2 pcs with dipping sauce	\$7.50
Chicken Karaage (Fried Japanese chicken) - 5 pcs with dipping sauce	\$7.50
Veggie Spring Rolls - 4pc	\$7.50
Golden fried chicken wings - 4pc	\$7.50
Fish bites - 4 pcs	\$7.50
Fruit Salad	\$6.00
Mt Franklin Lightly Sparkling Water (Lime, Mango, Raspberry & Passionfruit)	\$3.00