

St Brendan's Primary School 1581

40 Golf Links Road, Lakes Entrance 3909
Ph: 03-51552712 Fax 03-51554565

Website : www.lakesent.catholic.edu.au
Email : principal@lakesent.catholic.edu.au
Internet Banking : BSB 083 879 A/C 695096861
Account Name : St Brendan's School

Newsletter No 27
September 2, 2022



*We would like to acknowledge the Traditional Custodians of the land on which we gather today, the Gunaikurnai people.
We pay our respects to their elders past, present and emerging. We extend that respect to all people.
We would especially like to acknowledge the land on which our school stands and ask everyone to show respect to the environment and all that it includes.*



- Thank you to our Father's day Stall Holders—
Jodie Behan, Shona Brownette, Vanessa Gilchrist,
Amanda Bandura, Kelly Richardson and Louise
Coventry
- Thank you to all that donated eggs and bacon.
- Thank you to all the staff and parents that
helped with the Father's Day breakfast.
- Thank you to all the Dads - Pops - Grandfathers
that attended our annual breakfast. It was a
huge success.

**Wishing everyone in the school
community a Very Happy Fathers Day**

Happy Father's Day

*Congratulations to our
Girls Soccer Team.
Fantastic effort at
State Level Soccer.*



*"Hello", from Year
5 at Sovereign Hill.*

Dear Families and Friends,

It continues to be a big week at St Brendan's Catholic Primary School. On Wednesday, 31 August our girls' soccer team set off at 5.00am to play in the State Soccer Finals in Melbourne. We were immensely proud of their teamwork and performance and the team finished with a ripping effort in their last game. On the same day our year five students hit the road towards Ballarat for the Sovereign Hill camp. All reports are positive, despite the cold weather, and the group are having a ball. We will keep parents posted on the time of arrival today, which is expected to be approximately 4.30pm.

School TV – Raising Girls

It is no surprise that girls today are transitioning to puberty a lot earlier than they did a century ago. The physical, psychological and emotional changes that occur during this time can be challenging for girls, but also their parents. Some parents and carers may feel uncertain about how best to support their daughter through the ups and downs of adolescence. With the rise of social media and technology, mental health difficulties in girls are increasing as often they are faced with online images that make it difficult to see themselves as acceptable. Many are being exposed to porn, sexualisation and innuendo from a very young age. Girls need positive role models in their lives to step up and help them shine with self-respect and confidence.



“All teenagers need to emancipate themselves from their parents. What we've discovered is that when they're very close, getting away becomes more difficult, especially for girls, and to facilitate that she becomes far more challenging as a result. Communication therefore becomes fundamentally more important.”

Dr Michael Carr-Gregg

For more information, including videos and quizzes go to: <https://lakesent.catholic.schooltv.me/newsletter/raising-boys>

Recently, 56 students from Year Three to Year Six entered the 2022 Prime Minister's Spelling Bee. The Spelling Bee was an online program which asked students to spell thirty words. Students were given 25 seconds to spell each word. The Spelling Bee is an Australia wide competition and although we didn't have any students go through to state level we had the following class and school champions:

Three Blue - Emilia Stewart
Three Red - Lucas Brownnett, Olivia Cheng
Four Blue - Archer Rickman
Four Red - Harry Strong
Five Blue - Mikayla Summerton
Five Red - Joanie O'Brien
Six Blue - Ashita Chhabra
Six Red - Daniel Kashif

School Champion - Archer Rickman

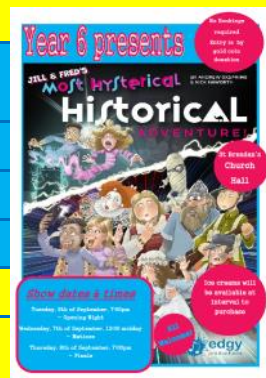
NAPLAN 2022 reporting packages will be delivered from **Wednesday, 31 August** and will include a printed Individual Student Report for each student who participated in NAPLAN in 2022. Please note that ACARA has not yet released National and State data for reporting. The VCAA Data Service is currently only displaying school and student data. All National and State data will be loaded once this becomes available later this year. Please refer to the [ACARA website](https://acara.edu.au) for more details.

We had a great time at the Father's Day Breakfast this morning and would like to thank our wonderful mums who ran the stalls this week. Thanks also to Melissa Rickman and Meaghan Grandy who have put so much work in behind the scenes to ensure the success of both events.

Kind regards,

Matthew Hamer

		Dates for the Calendar	
Term 3	SEPTEMBER 2022		
Week 8	Sunday 4th	Father's Day	
Week 9	Tuesday 6th	9.10am Foundation Class Prayer 7.00pm Year 6 Play Performance	
	Wednesday 7th	12.00pm Year 6 Play Performance	
	Thursday 8th	7.00pm Year 6 Play Performance	
	Friday 9th	9.10am Year 3 Class Mass	
Week 10	Tuesday 13th	9.10am Whole School Creation Mass	
	Friday 16th	9.10amGHC Assembly : Year 6 Big Picnic 2.15pm Term 3 Ends	



Have you moved? Have you changed your mobile number?

Do you have a new email address?

If so, please contact the school and update your details.



Foundation Students 2023

Please return completed enrolment forms to the school office as soon as convenient.

We are currently processing enrolments and confirming places for next year.

Parents will be notified via email, of orientation dates for this year, once enrolment forms are received.

We look forward to welcoming your child to St Brendan's CPS in 2023.



SPORTS SHIRTS

All St Brendan's sports shirts that have been given out to children for school sports, need to be returned to school as soon as possible.

Sat: 3/9 St Brendan's
St Joseph's
Sun: 4/9 St Brendan's
St Colman's
Tue: 6/9 St Brendan's
Wed: 7/9 St Colman's
Fri: 9/9 St Brendan's
Sat: 10/9 St Brendan's
Sun: 11/9 St Brendan's
St Colman's
St Peter's

Lakes Entrance No Mass
Swan Reach 5.00pm
Lakes Entrance 9.00am
Orbost 11.00am
Lakes Entrance No Mass
Orbost No mass
Lakes Entrance No Mass
Lakes Entrance No Mass
Lakes Entrance 9.00am
Orbost 11.00am
Mallacoota 3.00pm

**St Brendan's & St Colman's
Catholic Church - Mass Times**



FIRST COMMUNION

Congratulations to our wonderful First Communion group on receiving this wonderful sacrament last Sunday.

The children were whole-hearted in their responses and the celebration was a joyful one.

Thank you to the parents and families for helping prepare and being there for your children.

Thank you to Fr Michael for conferring the Sacrament, Michelle Grimsted and class teachers for teaching the children, our Parishioners for your prayers and faith witness, our staff, the majority of whom were at Mass on Sunday and all our classes who supported in a myriad of ways.

Being community takes work and commitment and this commitment was certainly evident last Sunday!





IMPORTANT APP UPDATE!

The SIMON Everywhere app has been updated in both the Apple and Google Play (Android) App Stores.

This new version of the app needs to be installed from scratch.



android

Uninstalling and Installing App on Android/Google Play Devices

- Select the current SIMON Everywhere app on your phone/tablet and hold your finger on the app.
- When the options bar appears, tap Uninstall, then click OK.



- Go to the Google Play Store, find the SIMON Everywhere App and "Install" this app.



iOS

Uninstalling and Installing App on iOS/Apple

- Find the current SIMON Everywhere app on your phone/tablet and hold your finger on the app.
- When the options menu appears, click Delete App, then click Delete.



- Go to the App Store, find the SIMON Everywhere App and "Get" this app.



IMPORTANT – Uninstalling and installing the app will require you to re-register within the app.



Please support our new endeavour to grant online consent via PAM for excursion notes etc.
To do this you need to update your child's medical profile.

Medical Profile Details

Please take a few minutes to complete all items on this medical form. All yes/no options will need to be filled out, and the Medicare details are also required. Use the navigation on the left hand side to track your progress, sections in Red indicate that not all responses have been completed, sections in Green have been completed.

Note remember to **SAVE** your changes (at the bottom of the form) to complete this medical form for the first time.

Victorian
**premiers'
reading
challenge**

Discover a new chapter

VICTORIA
State Government

Victorian Premiers' Reading Challenge

Congratulations to the following students that have successfully completed the Premiers' Reading Challenge for 2022. The challenge has now finished.

Huzaifa Kashif - Year 4

Rocco Bonacci - Year 4

Jane Hawkins - Year 4

Archer Rickman - Year 4

Kade Pinnock - Year 4

Harrison Rebeiro - Year 1

Lucas Rickman - Year 1

Mitchell Hanckel - Year 4

Jaimie Corrie - Foundation

Blake Howden - Year 1

Ava Corrie - Year 1

Leo Drew - Year 4

Max Howden - Foundation

PRIME MINISTER'S **SPELLINGBEE**



56 students from Year Three to Year Six entered the 2022 Prime Minister's Spelling Bee. The Spelling Bee was an online program which asked students to spell thirty words. Students were given 25 seconds to spell each word. The Spelling Bee is an Australia wide competition and although we didn't have any students go through to state level we had the following class and school champions.

Our class champions are:

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School Champion - Archer Rickman

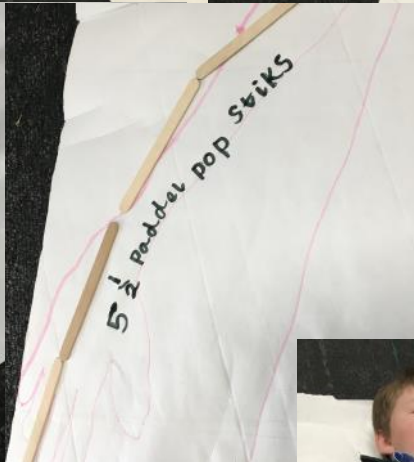




BIG READ



Grade 2 students have been learning about Measurement and the focus this week has been around length. Students traced their bodies, and then used informal uniform objects to measure the length of different parts of their bodies. They were able to record their results and use their knowledge of fractions to support this process.



A Dream Come True

By Jane Hawkins

Janice lived in Scotland and went to St Rosebery school. She had always loved Gymnastics! Janice trained every day.

*

One day while at school Janice noticed a new notice on the notice board. It read...

**Do you love gymnastics?
Would you love to attend a boarding school devoted to gymnastics?
Well this is a one time opportunity!
Sign up here to show us your
gymnastic skills and win yourself
one ticket to ...
Shooting Star Boarding School of Gymnastics**

*

"I hope you are not thinking of signing that, are you Janice?"

Janice spun around looking into the brown eyes of September Skies, the school's meanest bully!!!

"Why not?" said Janice.

"Well we all know I am going to win. Why waste time writing your name you won't stand a chance", September laughed while signing her name.

"Bye nobody"

Janice spun back around and signed her name.

"She won't know what hit her", said Janice as she walked off beaming.

*

That day forth Janice trained harder than ever. She learned new jumps and perfect-new tricks. She fell many times in the process, but would never give up.

*

One day after training Janice was walking back to her house when she slipped on a bit of ice and hit her head. She was out cold for hours, when she finally started to stir, light blinded her. Janice touched the huge lump on her forehead and it seared in pain.

*

Janice raced into her classroom just in time to call out "Present".

While Janice was doing her maths test she started to feel a slight bit dizzy. A moment later the dizziness increased until **CRASH** she fell off her chair.... out cold.

*

Five days later

"Janice, Janice please wake up".

Janice could hear the muffled voice of her sister Millie calling. All of a sudden she woke up with a start. "W... w... where am I?"

stuttered Janice.

"You're in the hospital dear," said her mother gently.

"But I should be training for the scholarship" cried Janice in alarm.

"NO" shouted her father! "I will not allow it!"

B... b... but", stuttered Janice.

"No buts Janice Beatrix Smith. I hereby ban you from ever doing gymnastics again!"

*

Since the day she was released Janice had not left her room. She was mad at her father. She would not eat, sleep or speak to anyone. Every time her mother tried to reason with her she would slam her door.

*

But Janice had a secret, every night she would climb out of her bedroom window and onto the oak tree, then doing a backflip onto the ground she would sneakily practise gymnastics in the garden.

*

Janice couldn't believe in five minutes she would be on stage doing her first flip. Ding! It was her turn. She was just about to do her first flip when she heard her mother's voice off in the distance saying, "If you don't get up now you will miss the bus!"

*

At that moment her eyes opened. It had been such a wonderful dream it was sad that it ended.

"Coming", said Janice

*

"Janice, please come here", called Miss Roseberry, "somebody saw you training the other day and decided to film you. They entered you into a gymnastics scholarship program and I am pleased to say you have won the scholarship."

"Wow", "dreams do come true".



Year 6 presents

No Bookings

required

Entry is by
gold coin
donation

JILL & FRED'S

Most Hysterical

BY ANDREW OXSPRING
& NICK HAWORTH

Historical

ADVENTURE!

St Brendan's
Church
Hall

Show dates & times

Tuesday, 6th of September, 7:00pm
– Opening Night

Wednesday, 7th of September, 12:00 midday
– Matinee

Thursday, 8th of September, 7:00pm
– Finale

Ice creams will
be available at
interval to
purchase

All
Welcome!

edgy
productions

SPECIAL REPORT: Building Belonging Post Pandemic

Having a sense of belonging involves more than simply knowing other people. It is also focused on gaining acceptance, attention and support from others, as well as having the opportunity to provide the same to other people.



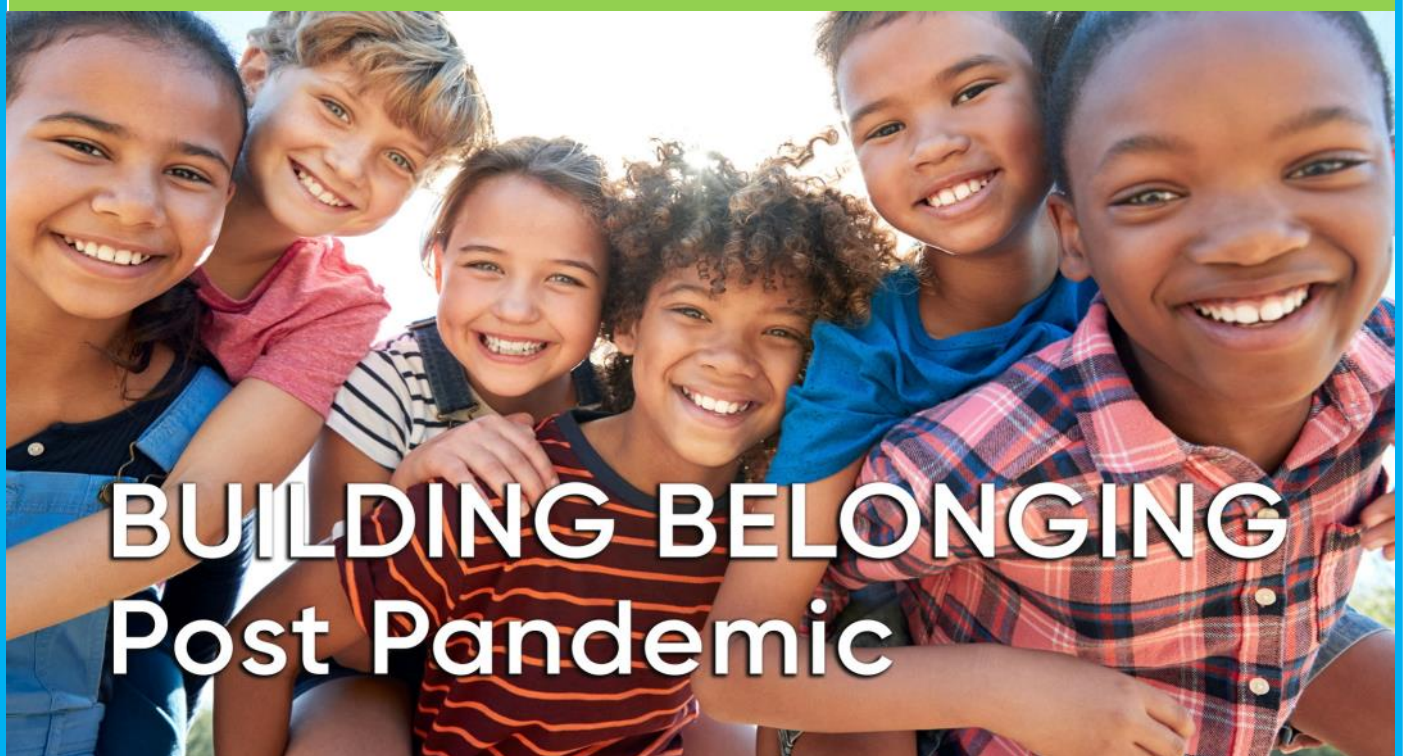
When the pandemic interrupted our lives and changed the way we live, this meant that suddenly many of our young people's main sources of connection with peers and extended family members was removed overnight without warning. As human beings, we have a basic emotional and biological need for connection. It provides us with feelings of identity, security, support, acceptance and community.

Students who have a sense of belonging will experience these feelings which in turn supports their academic, psychological and social development. When young people come together again after a period of instability, there is a period of adjustment. Whilst the rules of the group may be established, acceptance remains paramount and can therefore mean some behaviours become far from rational, making it difficult for their brain to focus on things, such as learning. All these factors combined, leave young people open to being vulnerable. It can sometimes tempt them into making choices or becoming involved in situations they might not ordinarily consider.

As a result of the pandemic, there are still many young people struggling to connect and regain their sense of belonging. This Special Report provides guidance to families who find themselves in this situation. We hope you take a moment to reflect on the information offered, and as always, we welcome your feedback. If this raises any concerns for you, a loved one or the wellbeing of your child, please seek medical or professional help.

Here is the link to your special report:

https://lakesent.catholic.schooltv.me/wellbeing_news/special-report-building-belonging-post-pandemic



The Resilience Project Family Wellbeing Journal

Available at no cost to families from St Brendan's Catholic Primary School. If you would like a copy, please let your child's teacher know and they will send a 'Family Wellbeing Journal' home.

The Resilience Project's Family Wellbeing Journal is filled with daily reflections, questions and practical activities designed for the whole family. Catered for adults and children of all ages, this journal is a great way to build happiness and resilience in your household.

Features:

- 10 weeks of daily reflections, questions and practical activities
- Catered for adults and children of all ages
- Focus on gratitude, empathy and mindfulness to improve everyone's mental health
- Daily Healthy Family Habits tracker to monitor our sleep, exercise and eating
- Weekend activity library with over 30 activities suitable for a variety of age groups




MyTime Bairnsdale

Why MyTime?

MyTime is for parents and carers of a child with a disability, chronic medical condition or other additional needs including developmental delay.

FIND US AT:
Bairnsdale Uniting Church
710 Lanes Road
Lucknow

CONTACT:
Meet Fridays fortnightly
10am- 12pm and 12.30-2.30pm
Ph Rose McKenna 0466107092

Unwind and share experiences with others who understand



mytime.net.au




PlayConnect Playgroup

Is a weekly facilitated playgroup for children aged 0-6 with Autism Spectrum disorder characteristics or a Developmental Delay.

This group is available to support families, their child and siblings. Your child does not need a diagnosis to attend

Wednesdays, 10.00am - 12.00pm

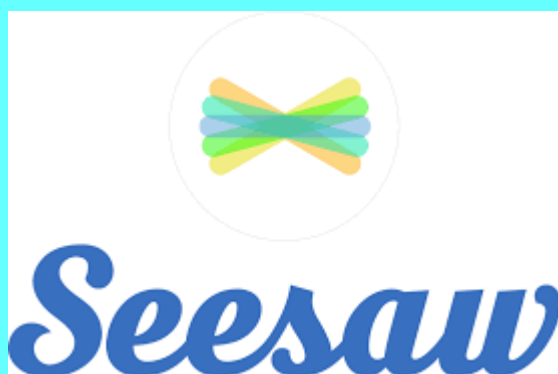
Uniting Church Bairnsdale
710 Lanes Road
Lucknow

Enquiries to Kirralee : 0409096587

Come along to connect with other families for information on services whilst participating with your child/children in activities specifically suited to children with additional needs.



Stay connected
with *your*
child's learning
through *Seesaw* .



Simon Everywhere is now available on App Store and Google Play.

Your school has joined the growing Simon Everywhere community. By installing the Simon Everywhere app, you will be able to receive push notifications direct to your phone. Plus you will have easy access to all of the great PAM features, such as Assessments, Reports, Activity Permissions and more.

- Search "Simon Everywhere" on App Store or Google Play and install the app
- Launch Simon Everywhere and register with your name and mobile number
- Click Add School and locate your school from the list
- Enter your existing PAM credentials

GET IT ON Google Play Download on the App Store

simon EVERYWHERE

Keeping Warm

During the winter months we allow students to arrive at school with a beanie, scarf, gloves or wind proof jacket on to fight the cold. We require these items to be navy blue or black. Please make sure your child brings their school jumper to school everyday during winter.



ST BRENDAN'S BEANIES
AVAILABLE
FROM NICK'S BAIRNSDALE

LITTLE ATHLETICS BAIRNSDALE

**2022/2023 Season
Starting soon!!**

Season operates Term 4 and Term 1
Monday afternoons - 4:15pm

All registrations online via
www.lavic.com.au

Come & Try Nights

**New athletes can attend 2 come and try nights before
paying for membership but must sign up first**

Season Commences Monday October 3rd 2022

Ages: Under 6 - Under 17

Where: Howitt Park Oval

Cost: \$120 per Athlete for the season

Uniform: \$35 for Centre Top
(Navy Shorts and appropriate footwear to be worn)

Contact: Bec Perry
Mobile 0409 338 052

Email: bairnsdale@lavic.com.au

EAST GIPPSLAND
SHIRE LIBRARIES

FREE AGES 5 - 12 BOOKINGS NOT REQUIRED

LEGO Club 2022



**Junior LEGO enthusiasts are invited to
attend our after-school LEGO Club sessions**

The sessions incorporate freestyle creativity and themed construction activities.

Donations welcome

The library will gladly accept donations of old or new LEGO brand pieces for our LEGO Club collection.

Children aged six and under must be accompanied by an adult.

**Lakes Entrance
Service Centre**

3.40 pm - 4.40 pm

Every Wednesday
Except School Holidays

For more information, phone
5152 4225 or ask in person at
the library about these FREE
sessions.

Libraries
Change Lives





GUMNUTS

Outside School Hours Care

September School holidays are just around the corner, so it's time we released our Jam Packed program. Enrolments will open on the 22 August. Below is a brief outline of the activities planned for each day, please note the 23rd September is a public holiday so we will not be open. Any questions please email gumnutselc@netspace.net.au or call head office on 51 44 6952. We hope to see you here. (We are located at Lakes Entrance Primary school)

Week One

Monday 19th September – Bike riding, skate boarding, all things wheels with a BBQ for lunch

Tuesday 20th September – Wacky Wombat

Wednesday 21st September – Petting Farm visit

Thursday 22nd September – Sports and art and craft day

Friday 23rd September – Public Holiday

Week two

Monday 26th September – Thunderbird Cruise then park for lunch

Tuesday 27th September – MasterChef

Wednesday 28th September – Cinema and all abilities playground in Bairnsdale

Thursday 29th September – Eastern Beach playground and beach with Picnic lunch

Friday 30th September – End of holidays party



JUNIOR CRICKET TRAINING U13 & U16

COMMENCES

WEDNESDAY, AUGUST 24 | 4:30PM

HELD AT LAKESIDE OVAL - ALL WELCOME

Do you have a disability and are looking to engage in fun and social activities?
Are you interested in what Interchange Gippsland has to offer, but not sure how to get involved?

If you have a disability and live in the East Gippsland region, we welcome you to come and join in on one of our open days where you will explore a bunch of exciting activities. Snacks will be provided!

Please note: Parent/carer supervision is required

Date	Time	Activity
Friday 19th August	3pm - 5pm	Science Activities
Friday 9th September	3pm - 5pm	Arty Party!
Friday 21st October	3pm - 5pm	Master Lego Competition
Friday 18th November	3pm - 5pm	Fun with Food!
Friday 16th December	3pm - 5pm	Christmas Party



Shops 13B & 14, 30 Howitt Avenue, Eastwood
Shopping Centre 3875

1300 736 765
@InterchangeGippsland
admin@icg.asn.au
www.icg.asn.au



COME AND TRY NOW

Friends of Nyerimilang

Come along, Sunday 28th August 2022

Devonshire Teas & Music by

"Moore Fiddling Around"



We welcome your attendance, 10.00am - 3.00pm.

Enjoy this special day at beautiful Nyerimilang,

*Great Music & Friendly Volunteers,
Learn about the History,
Take in the views.*

*Donation 10.00 p.p.
All proceeds go towards maintaining this lovely venue at
Nyerimilang Heritage Park, Cliff Road, Kalimna West. 3809.*

See Bill our friendly

BLACKSMITH

@ the Forge on the last
Saturday of each month.

- Located just down the hill
at the historic Pioneer area.
- View old farm machinery &
Caretakers Cottage.



Nyerimilang Heritage Park – Kalimna West Road, Kalimna West

St Brendan's Catholic Primary School



Enrolments are open for 2023

Book your personalised school tour!

New modern, spacious, flexible learning spaces.



Together we achieve

All families are welcome!

Call the school office on
03 51552712 or email
principal@lakesent.catholic.edu.au
to book your tour

www.lakesent.catholic.edu.au



St Vincent de Paul Society
VICTORIA
good works



St Vincent de Paul
Assistance Centre

Lakes Entrance

operates Mondays 10am till 2.00pm

St Nicholas Anglican Church
11 Church St Lakes Entrance

Call 0457 213 288 (Mondays only)



Outside School Hours Care (OSHC)

'Where every child is an active participant in their individual learning'

What is Gumnuts OSHC?

Gumnuts OSHC is a service that provides professional, fun and safe care for children outside normal school hours. We provide before school care and after school care at Lakes Entrance Primary.

Our educators will drop off your child to school and we pick them up after school. Before school care starts at 7am, After school care finishes at 6pm. We provide a healthy breakfast and afternoon snack for the children.

If you would like more information please contact Gumnuts Early Learning Centre on (03) 5144 6952 or by email
gumnutselc@netspace.net.au

NICKS

St Brendan's Lunch Order Menu 2022

Nicks Thai and Japanese Restaurant

Dear Parents / Guardians,

This year our Friday lunch orders will be provided by Nicks.

The orders will need to be placed by 12pm on Thursday for lunch on Friday.

Please refer to the below price list for items.

Orders must be written on a brown paper lunch order bag with the correct money enclosed in an envelope.

Thank you

Example

Name: John Smith

Class: 3 Blue

1 Tuna Avocado hand roll & raspberry drink \$6.00

Total \$6.00

Thank you

Fresh Sushi Hand rolls: \$3.50 each

- Cooked Tuna avocado
- Fresh Salmon avocado
- Teriyaki chicken
- Katsu chicken
- Panko prawn
- Cucumber roll
- Avocado roll



Option 1:

Any sushi hand roll with Mt Franklin Lightly Sparkling Water \$6.00

Option 2:

Any 2 sushi hand roll with Mt Franklin Lightly Sparkling Water \$9.00

Deep fried Gyoza Dumpling - 6 pc	\$7.50
Potato croquettes - 2 pcs with dipping sauce	\$7.50
Chicken Karaage (Fried Japanese chicken) - 5 pcs with dipping sauce	\$7.50
Veggie Spring Rolls - 4pc	\$7.50
Golden fried chicken wings - 4pc	\$7.50
Fish bites - 4 pcs	\$7.50
Fruit Salad	\$6.00
Mt Franklin Lightly Sparkling Water (Lime, Mango, Raspberry & Passionfruit)	\$3.00