

# St Brendan's Primary School 1581

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Ph: 03-51552712 Fax 03-51554565

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Email : [principal@lakesent.catholic.edu.au](mailto:principal@lakesent.catholic.edu.au)  
Internet Banking : BSB 083 879 A/C 695096861  
Account Name : St Brendan's School

Newsletter No 25  
August 19, 2022



*We would like to acknowledge the Traditional Custodians of the land on which we gather today, the Gunaikurnai people.  
We pay our respects to their elders past, present and emerging. We extend that respect to all people.  
We would especially like to acknowledge the land on which our school stands and ask everyone to show respect to the environment and all that it includes.*



## Book Week Parade

**When: Monday, 22nd August**

**Time: 9.00am**

**Where: Mary MacKillop Hall**



Every year we hold a Book Week character parade to celebrate Children's Book Week.

**Students dress up as book characters for the day.**

Costumes don't need to be elaborate and you are not expected to go and purchase new outfits – in the past years simple costumes have often been the stand out.

Please consider safety and comfort in creating outfits.

**Appropriate footwear is a must.**



You are invited to come to the  
**St Brendan's Primary School  
Father's Day breakfast on:**

**Friday, 2nd September, 8.00-8.40am  
at the Mary MacKillop Hall.**

We look forward to seeing you there.

Please wear your footy colours.



**FOOTY  
Colours  
Day**

**Friday, 2nd September**

## District Athletics Carnival

Well done to our St Brendan's Athletics Team at the  
District Athletics carnival in Bairnsdale.



Dear Families and Friends,

We had a fabulous day yesterday at the District Athletics Carnival. Mr Bates selected the best possible day (weather wise) for the event and the day ran smoothly. The ground was quite soft underfoot, but our students took heed of the conditions and performed extremely well. We have many students going on to compete in the Division Athletics next week.

Recently, we have had plenty of academic challenges available to students. Fifty-six students competed in the Prime Minister's Spelling Bee, forty-eight in the Australian Mathematics Competition and thirty students competed in the Lions Club Public Speaking competition. Congratulations to Lily Mills, Daniyal Kashif, Mia Hamer, Jane Hawkins and Bella Gillespie who will represent our school at the Lions Club Public speaking final on Thursday, 25 August.

### School TV – Understanding Adolescence

Recent studies have shown that one in seven primary school children have significant mental health disorders, and one in four secondary school students have psychological problems. Every year, in the last five years, that number has increased.

Mindfulness, is the practice of being in the moment, being present and being open to what you're focusing on. Mindfulness is all about building resilience. It is not a replacement for therapy or medication for mental health issues, but will hopefully reduce the need for it later on.

Research has proven that mindfulness has endless benefits for children. This school taught activity is on the rise, and many experts are wanting it to be a compulsory component of the national curriculum.

*"Mindfulness can help children calm their minds and make the most of their life, setting them up for career and relationships. It reduces their anxiety and improves concentration, productivity and sleep."*

Dr Michael Carr-Gregg

**For more information, including videos and quizzes go to: <https://lakesent.catholic.schooltv.me/newsletter/raising-boys>**



Please join us on Sunday, 28 August at 9.00am to celebrate the First Holy Communion for our year four students. On the following week we have our Father's Day Breakfast in the Mary MacKillop Hall from 8.00am on Friday, 2 September. We hope to see all our dads and grandads there in their footy gear. We will have a raffle with some great prizes from the Lake Entrance Hardware and the Surfshack surf shop.

Kind regards,  
Matthew Hamer



		<b>Dates for the Calendar</b>	
<b>Term 3</b>	<b>AUGUST 2022</b>		
<b>Week 6</b>	Friday 19th	2.30pm Assembly: Year 1	
<b>Week 7</b>	Monday 22nd	<b>St Brendan's Book Week Parade</b>	
	Tuesday 23rd	9.10 Year 4 Class Prayer St Brendan's Second Hand Book Shop	
	Friday 26th	9.10am Year 1 Class Mass / Reconciliation for First Communion candidates	
	Sunday 28th	9.00am First Communion	
<b>Week 8</b>	Tuesday 30th	Father's Day Stall Last Orders for Issue 6 Book Club	
	Wednesday 31st	Father's Day Stall Soccer—Victoria State Finals Year 5 Sovereign Hill Camp	
	<b>SEPTEMBER 2022</b>		
	Thursday 1st	Year 5 Sovereign Hill Camp Division Athletics	
	Friday 2nd	Year 5 Sovereign Hill Camp Father's Day Breakfast Footy Colours Day	
	Sunday 4th	Father's Day	
<b>Week 9</b>	Tuesday 6th	9.10am Foundation Class Prayer 7.00pm Year 6 Play Performance	
	Wednesday 7th	12.00pm Year 6 Play Performance	
	Thursday 8th	7.00pm Year 6 Play Performance	
	Friday 9th	9.10am Year 3 Class Mass	
<b>Week 10</b>	Tuesday 13th	9.10am Whole School Creation Mass	
	Friday 16th	9.10amGHC Assembly : Year 6 Big Picnic 2.15pm Term 3 Ends	



# Father's Day Stall

Tuesday 30th & Wednesday 31st

August 2022

\$1 - \$5 gifts

Raffle Tickets 50c each



Parent helpers would be much appreciated daily from 8.30am — 10.30am.

If you are able to help please call the office and join the list. Many hands make light work!

Sat:	20/8	St Brendan's St Dymphna's St Joseph's	Lakes Entrance Buchan Swan Reach	No Mass 9.00am 5.00pm
Sun:	21/8	St Brendan's St Colman's	Lakes Entrance Orbost	9.00am 11.00am
Tue:	23/8	St Brendan's	Lakes Entrance	No Mass
Wed:	24/8	St Colman's	Orbost	No mass
Fri:	26/8	St Brendan's - Year 1	Lakes Entrance	9.10am
Sat:	27/8	St Brendan's	Lakes Entrance	No Mass
Sun:	28/8	St Brendan's St Colman's	Lakes Entrance Orbost	9.00am 11.00am

**St Brendan's & St Colman's  
Catholic Church - Mass Times**





## IMPORTANT UPDATE



**simon**  
EVERYWHERE

**SIMON**  
Everywhere



## SIMON Everywhere

**IMPORTANT:** This weekend there will be a significant upgrade to SIMON Everywhere with an **outage** beginning Friday evening and ending on Sunday evening.

Parents should be instructed to upgrade to the new version of SIMON Everywhere via the App Store as soon as it becomes available, as the old version will cease to function after the rollout.

The SIMON Team understands that while the outage is not ideal for parents, this outage will present significant improvements to the experience.

Please support our new endeavour to grant online consent via PAM for excursion notes etc.

To do this you need to update your child's medical profile.

Thank you to all the Athletics team parents that provided online consent via PAM. This helped us with the short notice of getting permission notes returned overnight. Much appreciated!

## Medical Profile Details

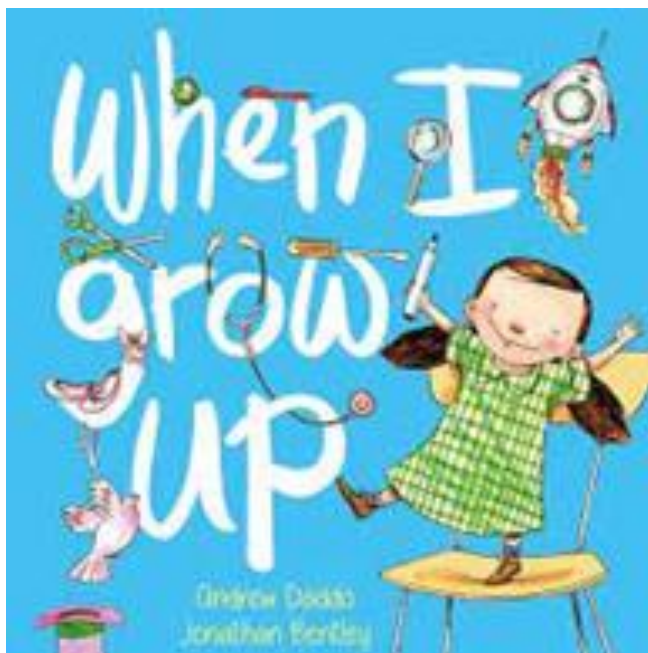
Please take a few minutes to complete all items on this medical form. All yes/no options will need to be filled out, and the Medicare details are also required. Use the navigation on the left hand side to track your progress, sections in Red indicate that not all responses have been completed, sections in Green have been completed.

Note remember to **SAVE** your changes (at the bottom of the form) to complete this medical form for the first time.

# St Brendan's Second Hand Book Shop

- What:** Second Hand Book Shop
- Where:** Outside B Block, St Brendan's Catholic Primary School
- When:** Tuesday, 23rd August, 2022
- Cost:** Free
- Why:** Because it is BOOK WEEK and we LOVE books.

All students will have the opportunity to take home a second hand book from our pop-up Second Hand Book Shop. We happily accept any donations of appropriate second hand children's books. Please place them in the box provided outside B Block (Year 4 entrance) before Tuesday, 23rd August. Thank you.



## **Stuck for an idea for Book Week !**

Join Mrs Graham's gang and dress up as something you want to be when you grow up. Mrs Graham will hand out little book images of the front page of 'When I grow up' by Australian author Andrew Daddo. Let's see who will be our future, police officers, politicians, prime ministers, teachers, doctors, lawyers, shop owners.....the ideas are endless.



# First Holy Communion

Yesterday afternoon, our First Communion candidates and their mums spent time learning more about the Sacrament. There was lots of great discussion, fun craft and hidden surprises!

**The children will be celebrating the Sacrament on Sunday 28<sup>th</sup> August at 9am Mass and the children would love your support.** There will be a morning tea afterwards. If anyone attending is able to provide a small plate of food for the celebration, it would be much appreciated.







We learnt about the way the clouds hold rainwater. We conducted an experiment using food colouring and shaving cream in a cup of water. When we put the shaving cream in, we dropped in the food colouring. The food colouring represented the rain and the shaving cream represented the clouds. When the clouds were full of food colouring, it would drop through to look like rain.

**Caleb**



One of the activities was about continents. We spoke about the biggest and smallest continents and the size and population of the countries.

**Archer**



We got to design our own island on paper. Then we were able to design our own flag, give our island a name, form a government and nominate a population.

**Benny**



**Geography Afternoon**



Another activity was a general knowledge quiz with lots of questions on landforms, rivers and areas of Australia.

**Jack**



I made a Kahoots quiz about general knowledge on different areas of the world. Questions included populations, capital cities, countries and continents.

**Daniyal**



Geography Afternoon





On Thursday 4th August Foundation students travelled by bus to the Forge Theatre in Bairnsdale to watch a production of 'Edward the Emu'.

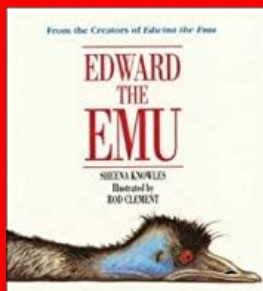
This was a great opportunity for the children to experience live theatre.


On the way home they went to the all abilities playground for lunch and a play.

The children thoroughly enjoyed the day out.

# EDWARD THE EMU

## Foundation



Congratulations to the following students for participating in our school's first ever Prime Minister's Spelling Bee.  We are proud of you for challenging yourself and giving something new a try.

# PRIME MINISTER'S SPELLINGBEE

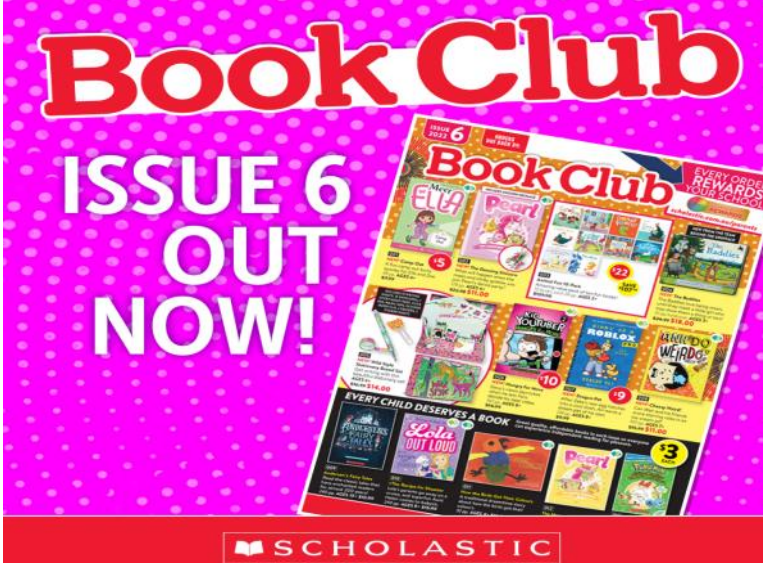



Year 3 	Year 4 	Year 5 	Year 6 
Lucas Brownett	Rocco Bonacci	Paige Bandura	Tayte Gibbs
Jesse Cahill	Leo Drew	Leo Bassett-Albert	Lucy Hawkins
Emilia Stewart	Bella Gillespie	Austin Brownett	Connor Guillot
Noah Waite	Jane Hawkins	Cobie Gilbert	Tulli McLeod
Anton Whelan	Mitchell Hanckel	Nick Morrison	Will Murdoch
Shaylee Edwards	Isobel Mills	Anabelle Nelsson	Lily Mills
Dane Sztynnda	Amelia Neander	Jacob Silver	Jai Hanckel
Olivia Cheng	Grace Neander	Mikayla Summerton	Lucas Hackel
Hannah Fitzgerald	Kade Pinnock	Sisilia Tuisue	Ashita Chhabra
Ivy Lay	Archer Rickman	Juliet Walker	Matthew De Boer
Shaaurya Sahay	Keelie Silver	Gabby Whelan	Daniyal Kashif
	Jessica Jarrett	Taylah Williams	
	Harry Strong	Lochie Yates	
	Huzaifa Kashif		





**Ends 02 Sep, 2022 16 days left**





## Book Club

orders are due:

**Tuesday, 30th**

**August**



# ST BRENDAN'S SCHOOL UNIFORM

Students are now in full winter uniform. Please see list below. On Wednesday to Friday students must present wearing tracksuit pants with shorts underneath, should they choose to do so.



**UNIFORM ITEMS - Available from Nick's in Bairnsdale** Most items are regulation, meaning that the school has determined the style or manufacture.

## Regulation Winter Uniform:

### Girls

- Winter Tunic (Year F/1/2/3)
- Winter Skirt (Year 4/5/6)
- Blue long sleeve blouse
- Bomber Jacket (with emblem)
- Polar Fleece Jacket (with emblem)
- Navy tights/white school ankle socks (foldover style) or long white (no logos)
- Black Leather School Shoes – buckle/lace-up/T-bar
- Navy 'Midford' Pants

**Please remember to name your child's uniform. We have lots and lots of jumpers in the Lost Property without names.**

### Boys

- Sky blue long/short sleeve shirt
- Grey trousers
- Bomber Jacket (with emblem)
- Polar Fleece /Jacket (with emblem)
- Short grey socks/long grey socks
- Black leather school shoes/boots

**HAIR** is to be kept neat and tidy at all times. Hair longer than collar length is to be tied back from the face. Headband, hair ties, ribbons, scrunchies and clips must be blue, black and brown.

It is not appropriate for children to come to school with dyed or inappropriate hair styles as deemed by the Principal.



Yr  
F  
1  
2  
&  
3



Yr  
4  
5  
&  
6



### Boys and Girls

## Regulation Sports Uniform:

- Blue polo shirt with emblem (Short Sleeve)
- Navy trackpants without logos
- Black Basketball shorts ( sport )
- Bomber jacket Polar Fleece Jacket (with emblem)
- Predominately white sports socks – below ankle footlet style not acceptable.
- Running shoes (not skate or fashion shoes)



## Uniform Days

Winter Dress Uniform Monday & Tuesday Sports Uniform Wednesday, Thursday & Friday

### The Resilience Project Family Wellbeing Journal

Available at no cost to families from St Brendan's Catholic Primary School.

If you would like a copy, please let your child's teacher know and they will send a 'Family Wellbeing Journal' home.

The Resilience Project's Family Wellbeing Journal is filled with daily reflections, questions and practical activities designed for the whole family. Catered for adults and children of all ages, this journal is a great way to build happiness and resilience in your household.

#### Features:

- 10 weeks of daily reflections, questions and practical activities
- Catered for adults and children of all ages
- Focus on gratitude, empathy and mindfulness to improve everyone's mental health
- Daily Healthy Family Habits tracker to monitor our sleep, exercise and eating
- Weekend activity library with over 30 activities suitable for a variety of age groups



## MyTime Bairnsdale

### Why MyTime?

MyTime is for parents and carers of a child with a disability, chronic medical condition or other additional needs including developmental delay.

**FIND US AT:**  
Bairnsdale Uniting Church  
710 Lanes Road  
Lucknow

**CONTACT:**  
Meet Fridays fortnightly  
10am- 12pm and 12.30-2.30pm  
Ph Rose McKenna 0466107092

Unwind and share experiences with others who understand



**MyTime**  
Supporting parents of children with disabilities

[mytime.net.au](http://mytime.net.au)



## PlayConnect Playgroup

Is a weekly facilitated playgroup for children aged 0-6 with Autism Spectrum disorder characteristics or a Developmental Delay.

This group is available to support families, their child and siblings.  
Your child does not need a diagnosis to attend

**Wednesdays, 10.00am – 12.00pm**

**Uniting Church Bairnsdale  
710 Lanes Road  
Lucknow**

Enquiries to Kirralee : 0409096587

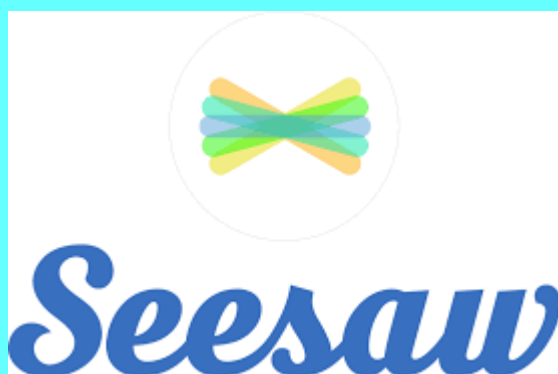
Come along to connect with other families for information on services whilst participating with your child/children in activities specifically suited to children with additional needs.



**Playgroup Victoria**



Stay connected  
with *your*  
*child's* learning  
through *Seesaw* .



Simon Everywhere is now available on App Store and Google Play.

Your school has joined the growing Simon Everywhere community. By installing the Simon Everywhere app, you will be able to receive push notifications direct to your phone. Plus you will have easy access to all of the great PAM features, such as Assessments, Reports, Activity Permissions and more.

- Search "Simon Everywhere" on App Store or Google Play and install the app
- Launch Simon Everywhere and register with your name and mobile number
- Click Add School and locate your school from the list
- Enter your existing PAM credentials

GET IT ON Google Play Download on the App Store

## Keeping Warm

During the winter months we allow students to arrive at school with a beanie, scarf, gloves or wind proof jacket on to fight the cold. We require these items to be navy blue or black. Please make sure your child brings their school jumper to school everyday during winter.



ST BRENDAN'S BEANIES  
AVAILABLE  
FROM NICK'S BAIRNSDALE

EAST GIPPSLAND  
SHIRE LIBRARIES

FREE AGES 9 - 13 BOOKINGS ESSENTIAL

## LEGO Mindstorms

### Build and Program a Robot



#### Want to build and program a working robot model?

Children will work in groups of three to build and program a LEGO Mindstorms EV3 robot to complete fun challenges.

Learn and practise simple coding skills over four weeks and watch your robot follow your every command.

Participants must commit to all four weeks when booking.

Lakes Entrance Service Centre  
3.45 pm – 4.45 pm

Thursday 4 August  
Thursday 11 August  
Thursday 18 August  
Thursday 25 August

Phone 5152 4225 or book in person at the library for these FREE sessions.

Libraries  
Change Lives

EAST GIPPSLAND  
SHIRE LIBRARIES

FREE AGES 5 - 12 BOOKINGS NOT REQUIRED

## LEGO Club 2022



#### Junior LEGO enthusiasts are invited to attend our after-school LEGO Club sessions

The sessions incorporate freestyle creativity and themed construction activities.

#### Donations welcome

The library will gladly accept donations of old or new LEGO brand pieces for our LEGO Club collection.

Children aged six and under must be accompanied by an adult.

Lakes Entrance  
Service Centre  
3.40 pm – 4.40 pm

Every Wednesday  
Except School Holidays

For more information, phone 5152 4225 or ask in person at the library about these FREE sessions.

Libraries  
Change Lives





# GUMNUTS

## Outside School Hours Care

September School holidays are just around the corner, so it's time we released our Jam Packed program. Enrolments will open on the 22 August. Below is a brief outline of the activities planned for each day, please note the 23<sup>rd</sup> September is a public holiday so we will not be open. Any questions please email [gumnutselc@netspace.net.au](mailto:gumnutselc@netspace.net.au) or call head office on 51 44 6952. We hope to see you here. (We are located at Lakes Entrance Primary school)

### Week One

Monday 19<sup>th</sup> September – Bike riding, skate boarding, all things wheels with a BBQ for lunch

Tuesday 20<sup>th</sup> September – Wacky Wombat

Wednesday 21<sup>st</sup> September – Petting Farm visit

Thursday 22<sup>nd</sup> September – Sports and art and craft day

Friday 23<sup>rd</sup> September – Public Holiday

### Week two

Monday 26<sup>th</sup> September – Thunderbird Cruise then park for lunch

Tuesday 27<sup>th</sup> September – MasterChef

Wednesday 28<sup>th</sup> September – Cinema and all abilities playground in Bairnsdale

Thursday 29<sup>th</sup> September – Eastern Beach playground and beach with Picnic lunch

Friday 30<sup>th</sup> September – End of holidays party



# JUNIOR CRICKET TRAINING U13 & U16

COMMENCES

**WEDNESDAY, AUGUST 24 | 4:30PM**

**HELD AT LAKESIDE OVAL - ALL WELCOME**



Do you have a disability and are looking to engage in fun and social activities?  
Are you interested in what Interchange Gippsland has to offer, but not sure how to get involved?

If you have a disability and live in the East Gippsland region, we welcome you to come and join in on one of our open days where you will explore a bunch of exciting activities. Snacks will be provided!

**\*Please note: Parent/carer supervision is required\***

Date	Time	Activity
Friday 19th August	3pm - 5pm	Science Activities
Friday 9th September	3pm - 5pm	Arty Party!
Friday 21st October	3pm - 5pm	Master Lego Competition
Friday 18th November	3pm - 5pm	Fun with Food!
Friday 16th December	3pm - 5pm	Christmas Party



Shops 13B & 14, 30 Howitt Avenue, Eastwood  
Shopping Centre 3875

1300 736 765  
@InterchangeGippsland  
admin@icg.asn.au  
www.icg.asn.au



## COME AND TRY NOW

### Friends of Nyerimilang

*Come along, Sunday 28<sup>th</sup> August 2022*

Devonshire Teas & Music by

"Moore Fiddling Around"



*We welcome your attendance, 10.00am - 3.00pm.*

*Enjoy this special day at beautiful Nyerimilang,*

*Great Music & Friendly Volunteers,*

*Learn about the History,  
Take in the views.*

*Donation 10.00 p.p.  
All proceeds go towards maintaining this lovely venue at  
Nyerimilang Heritage Park, Cliff Road, Kalimna West, 3809.*

See Bill our friendly

## BLACKSMITH

@ the Forge on the last  
Saturday of each month.

- Located just down the hill  
at the historic Pioneer area.
- View old farm machinery &  
Caretakers Cottage.



Nyerimilang Heritage Park – Kalimna West Road, Kalimna West

## St Brendan's Catholic Primary School



### Enrolments are open for 2023

Book your personalised  
school tour!

New modern,  
spacious,  
flexible learning  
spaces.



*Together we achieve*

All families are  
welcome!

Call the school office on  
03 51552712 or email  
principal@lakesent.catholic.edu.au  
to book your tour

[www.lakesent.catholic.edu.au](http://www.lakesent.catholic.edu.au)

CBCA BOOK WEEK 2022

20-26 August

*Dreaming with eyes open...*



#CBCA2022

## 2022 CBCA BOOK WEEK 20-26 AUGUST

To celebrate CBCA Book Week 2022, you are invited to  
enter our annual

**DRAW A PICTURE/WRITE A STORY COMPETITION**

For more information visit your local library or phone 5152 4225.



### Outside School Hours Care (OSHC)

*'Where every child is an active participant in their individual learning'*

#### What is Gumnuts OSHC?

Gumnuts OSHC is a service that provides professional, fun and safe care for children outside normal school hours. We provide before school care and after school care at Lakes Entrance Primary.

Our educators will drop off your child to school and we pick them up after school. Before school care starts at 7am, After school care finishes at 6pm. We provide a healthy breakfast and afternoon snack for the children.

If you would like more information please contact Gumnuts Early Learning Centre on (03) 5144 6952 or by email  
gumnutselc@netspace.net.au

# NICKS

### St Brendan's Lunch Order Menu 2022

#### Nicks Thai and Japanese Restaurant

Dear Parents / Guardians,

This year our Friday lunch orders will be provided by Nicks.

The orders will need to be placed by 12pm on Thursday for lunch on Friday.

Please refer to the below price list for items.

Orders must be written on a brown paper lunch order bag with the correct money enclosed in an envelope.

Thank you

Example

Name: John Smith

Class: 3 Blue

1 Tuna Avocado hand roll & raspberry drink \$6.00

Total \$6.00

Thank you

#### Fresh Sushi Hand rolls: \$3.50 each

- Cooked Tuna avocado
- Fresh Salmon avocado
- Teriyaki chicken
- Katsu chicken
- Panko prawn
- Cucumber roll
- Avocado roll



#### Option 1:

Any sushi hand roll with Mt Franklin Lightly Sparkling Water \$6.00

#### Option 2:

Any 2 sushi hand roll with Mt Franklin Lightly Sparkling Water \$9.00

Deep fried Gyoza Dumpling - 6 pc	\$7.50
Potato croquettes - 2 pcs with dipping sauce	\$7.50
Chicken Karaage (Fried Japanese chicken) - 5 pcs with dipping sauce	\$7.50
Veggie Spring Rolls - 4pc	\$7.50
Golden fried chicken wings - 4pc	\$7.50
Fish bites - 4 pcs	\$7.50
Fruit Salad	\$6.00
Mt Franklin Lightly Sparkling Water (Lime, Mango, Raspberry & Passionfruit)	\$3.00