

St Brendan's Primary School 1581

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Newsletter No 23
August 5, 2022



*We would like to acknowledge the Traditional Custodians of the land on which we gather today, the Gunaikurnai people.
We pay our respects to their elders past, present and emerging. We extend that respect to all people.
We would especially like to acknowledge the land on which our school stands and ask everyone to show respect to the environment and all that it includes.*



Charli
Lucy

Lily
Yvan

C On Friday the 29th of July, Charli, Lucy, Lily and Yvan completed the final sacrament of initiation, Confirmation. We all had to pick a sponsor who helped us get ready for the sacrament. We also had to pick a saint who we thought was an inspiration to us.
O Everyone dressed beautifully for the occasion. We would like to thank our families, the staff at St Brendan's. Also a big thank you to Bishop Greg, Father Michael, Father Heip, our parish community, Michelle Grimstead and Mrs Renehan for organising our special night.
N By Lily, Charli and Lucy.

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School Closure - Friday 12th August

Dear Families and Friends,

We have plenty happening around school at the moment with lots of focus on the development of skills and strategies in literacy and numeracy. We have just conducted the Australian Maths Competition, our year fives are preparing for their Sovereign Hill Camp and our year six cohort are getting ready to deliver their play. We also have a new faces at school. We extend a big welcome to Dane Szynda (Year 3 Blue) and his family.

Next week on Friday, our staff will all participate in de-escalation training. These behaviour management techniques will complement the work we are doing through the Whole School Approach to Positive Behaviour Support. This training will cover eight modules:

1. Team-Teach warm up and team building activities.
2. Values - keeping people safe and happy - what if that was your child, relative or friend?
3. Understanding Emotions & Behaviours that Challenge - how do we behave and what can we do better.
4. Personal space, body language, circles of danger, safe stance and calm stance and scripts.
5. Help Scripts, The Conflict Spiral - Stages of Crisis - Post Incident Learning and Support.
6. Understanding the processes.
7. Issues following training, Risk and Restraint Reduction Planning - for organisations and individuals.
8. The Legal Framework - policies, guidance, recording, reporting and planning.

Elevated Risks, Knowledge Quiz, De-escalation Scenario or Positive Handling Plan Activity

School TV – Understanding Adolescence

Adolescence is a significant developmental stage marking the transition from childhood to adulthood. It is characterised by an emerging sense of self-identity, exploration of personal interests, beliefs, values and goals, increased independence and autonomy beyond the family, growing responsibility, increased engagement in risk behaviours, emerging sexuality, amplified significance of peers, intensification of gender stereotypes, and shifting relationships with parents and caregivers. Adolescents seek increased independence and autonomy, which requires ongoing negotiation and compromise within the parent-child relationship.



Most parents wonder how to talk with their teenager about adversity. This resource found at the link below will help you to prepare for conversations with your teenager about your experience of 'tough times' (e.g. relationship conflicts and separation, financial difficulties, illness, job stress, etc.), so together you can better understand these challenges. It steps you through:

- understanding how adversity affects you
- thinking about what your teenager notices and experiences and how they make sense of what is happening for you
- preparing to talk with your teenager.

For more information, including videos and quizzes go to: <https://lakesent.catholic.schooltv.me/newsletter/raising-boys>

On Thursday, 11 August we are conducting a Geography Afternoon. Our students will move through a rotation of activities in multi age groups formed from our House Teams. Our School Captains/House Captains will also be running sessions providing them with an opportunity to teach their peers. It should be a lot of fun.

We have been provided preliminary NAPLAN data which looks extremely positive for our school. We are expecting parents to receive their child's reports early next week.

Kind regards,

Matthew Hamer

		Dates for the Calendar
Term 3	AUGUST 2022	
Week 5	Tuesday 9th	9.10am Year 6 Class Prayer
	Friday 12th	School Closure – Curriculum Day
	Sunday 14th	9.00am Mass First Communion Commitment
Week 6	Monday 15th	District Athletics
	Thursday 18th	5.00pm First Communion parent workshop 2
	Friday 19th	2.30pm Assembly: Year 1
Week 7	Monday 22nd	Book Week Parade
	Tuesday 23rd	9.10 Year 4 Class Prayer
	Friday 26th	9.10am Year 1 Class Mass / Reconciliation for First Communion candidates
	Sunday 28th	9.00am First Communion
Week 8	Tuesday 30th	Father's Day Stall
	Wednesday 31st	Father's Day Stall Year 5 Sovereign Hill Camp
	SEPTEMBER 2022	
	Thursday 1st	Year 5 Sovereign Hill Camp Division Athletics
	Friday 2nd	Year 5 Sovereign Hill Camp Father's Day Breakfast
	Sunday 4th	Father's Day
Week 9	Tuesday 6th	9.10am Foundation Class Prayer 7.00pm Year 6 Play Performance
	Wednesday 7th	12.00pm Year 6 Play Performance
	Thursday 8th	7.00pm Year 6 Play Performance
	Friday 9th	9.10am Year 3 Class Mass
Week 10	Tuesday 13th	9.10am Whole School Creation Mass
	Friday 16th	9.10amGHC Assembly : Year 6 Big Picnic 2.15pm Term 3 Ends

TIME TO START THINKING
ABOUT DRESS UP IDEAS FOR
BOOK WEEK 2022

**HELPERS ARE URGENTLY NEEDED AT THE ST BRENDAN'S OP SHOP TO COVER THE NEXT COUPLE OF MONTHS
WHILE SOME OF OUR OTHER HELPERS ARE TAKING A WELL EARNED BREAK**
Please contact the Parish Office on 5155 5232 - Current WWC required

St Brendan's & St Colman's Catholic Church - Mass Times

Sat:	6/8	St Brendan's	Lakes Entrance	No Mass
		St Joseph's	Swan Reach	5.00pm
Sun:	7/8	St Brendan's	Lakes Entrance	9.00am
		St Colman's	Orbost	11.00am
Mon:	8/8	St Brendan's	Lakes Entrance	9.30am
		Feast of St. Mary MacKillop		
Thurs:	11/8	St Colman's	Orbost	No mass
Fri:	12/8	St Brendan's	Lakes Entrance	No Mass
Sat:	13/8	St Brendan's	Lakes Entrance	No Mass
Sun:	14/8	St Brendan's	Lakes Entrance	9.00am
		St Colman's	Orbost	11.00am
		St Peter's	Mallacoota	3.00pm



**Baptism Information Sessions for 2022
for babies & preschoolers**
Saturdays @ 11am in St Brendan's Church
Aug 6th - Sept 3rd - Oct 1st - Nov 5th

ACADEMIC OPPORTUNITIES AT ST BRENDAN'S

We are pleased to celebrate the following students who challenged themselves and participated in the following opportunities at St Brendan's.



Australian Maths Competition (Years 3 - 6)

Year Three	Year Four	Year Five	Year Six
Leon Alwyn Ivy Lay Brock Voight Lucas Brownnett Olivia Cheng Owyn Osborne Lacey Lee Hudson Williams Jesse Cahill Noah Wait	Jane Hawkins Benny Bodsworth Haizafa Kashif Keelie Silver Archer Rickman Isobel Mills Rocco Bonacci Harry Strong Kade Pinnock Indi-Rose Upton Savannah Guillot Leo Drew Bella Gillespie Mitchell Hanckel Haddie McLeod Lucas Rodgers	Paige Bandura Laurena Waina Oscar Mann Sierra Lazzarotto Juliet Walker Jack Hayllar Taylah Williams Joanie O'Brien Cobie Gilbert	Daniyal Kashif Harrison Walker Tulli McLeod Matthew DeBoer Hannah M-Twigg Ashita Chhabra Connor Guillot Archer Connally Lucy Hawkins



Lion's Club Public Speaking Competition

Year Four	Year Five	Year Six
Ashantii Hooper-Byrne Jane Hawkins Bella Gillespie Lucas Rodgers	Paige Bandura Jack Hayllar Juliet Walker Cobie Gilbert Sierra Lazzarotto Mikayla Summerton Mia Hamer Abby Grenfell	Izabella McAuliffe-Ashworth Tulli McLeod Jai Hanckel Sophie Lina Lily Mills Eljay Mordeniz Bella Martin Jade Frost Charli Richardson Ashita Chhabra Lucas Hanckel Lucy Hawkins Bridgett Wright Hannah Mitchelson-Twigg Grace Di-Fiore Tayte Gibbs Matthew DeBoer



PRIME MINISTER'S **SPELLINGBEE**



More information on the Premier's Spelling Bee will be in next week's newsletter.



Victorian Premiers' Reading Challenge

*Congratulations to the following students that have
successfully completed the Premiers' Reading Challenge for
2022*

Jane Hawkins - Year 4

Blake Howden - Year 1

Archer Rickman - Year 4

Ava Corrie - Year 1

Kade Pinnock - Year 4

Leo Drew - Year 4

Harrison Rebeiro - Year 1

Max Howden - Foundation

Lucas Rickman - Year 1

We congratulate all students for participating in the above competitions and for their willingness to challenge themselves academically. We are proud of the resilience they showed both in public speaking and attempting all mathematical questions.

SPECIAL REPORT: Sextortion - what you need to know

You may not be familiar with the term, but 'sextortion' is a form of blackmail where someone threatens to share intimate images of you unless you give in to their demands. It has been an issue for more than a decade, with many adults falling victim to this type of online crime. More recently though, it has been reported that there has been a higher rate of adolescent males falling victim, but that is not to say that young females are not also targeted.



Across the globe, organised criminal gangs are using social media, chat apps, instant messaging platforms and online games to target and connect with their victims. Recently, there has been a 400% increase in this type of crime being reported to police in Australia alone with these figures being replicated in most western countries. Any child that uses an online account to connect on social media, chat apps, instant messaging platforms or online games needs to understand the dangers associated with engaging with random people that they don't know personally. Therefore, it is vitally important for adult carers to be aware of this serious issue and to start having an age appropriate conversation with their young person as early as possible to help protect them from online offenders making demands.

Even though your young person's online account may be set to private, random people can still message your child. Managing devices can be difficult especially with older teens, but it is important to weigh up the risks and dangers. Sadly, even good kids who never make a poor decision elsewhere in their life, can and do make poor choices online.

This Special Report explains how your young person can fall victim to such a crime and what action to take to support them. We hope you take a moment to reflect on the information offered, and as always, we welcome your feedback. If this raises any concerns for you, a loved one or the wellbeing of your child, please seek medical or professional help.

Here is the link to your special report

https://lakesent.catholic.schooltv.me/wellbeing_news/special-report-sextortion



SPECIAL REPORT

Sextortion: what you need to know



ST BRENDAN'S SCHOOL UNIFORM

Students are now in full winter uniform. Please see list below. On Wednesday to Friday students must present wearing tracksuit pants with shorts underneath, should they choose to do so.



UNIFORM ITEMS - Available from Nick's in Bairnsdale Most items are regulation, meaning that the school has determined the style or manufacture.

Regulation Winter Uniform:

Girls

- Winter Tunic (Year F/1/2/3)
- Winter Skirt (Year 4/5/6)
- Blue long sleeve blouse
- Bomber Jacket (with emblem)
- Polar Fleece Jacket (with emblem)
- Navy tights/white school ankle socks (foldover style) or long white (no logos)
- Black Leather School Shoes – buckle/lace-up/T-bar
- Navy 'Midford' Pants

Please remember to name your child's uniform. We have lots and lots of jumpers in the Lost Property without names.

Boys

- Sky blue long/short sleeve shirt
- Grey trousers
- Bomber Jacket (with emblem)
- Polar Fleece /Jacket (with emblem)
- Short grey socks/long grey socks
- Black leather school shoes/boots

HAIR is to be kept neat and tidy at all times. Hair longer than collar length is to be tied back from the face. Headband, hair ties, ribbons, scrunchies and clips must be blue, black and brown.

It is not appropriate for children to come to school with dyed or inappropriate hair styles as deemed by the Principal.



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Boys and Girls

Regulation Sports Uniform:

- Blue polo shirt with emblem (Short Sleeve)
- Navy trackpants without logos
- Black Basketball shorts (sport)
- Bomber jacket Polar Fleece Jacket (with emblem)
- Predominately white sports socks – below ankle footlet style not acceptable.
- Running shoes (not skate or fashion shoes)



Uniform Days

Winter Dress Uniform Monday & Tuesday Sports Uniform Wednesday, Thursday & Friday



CBL 2022/23 MENS & WOMENS PLAYERS



EXPRESSIONS OF INTEREST

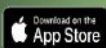
Are you interested in playing CBL?
Have you been a Pelican and want to return?
We welcome and encourage anyone who is keen to register your interest via our PlayHQ!
<https://www.playhq.com/basketball-victoria/register/e23ee3>

For further information please contact: cbl@leaba.com.au

Simon Everywhere is now available on
App Store and Google Play.

Your school has joined the growing Simon Everywhere community. By installing the Simon Everywhere app, you will be able to receive push notifications direct to your phone. Plus you will have easy access to all of the great PAM features, such as Assessments, Reports, Activity Permissions and more.

- Search 'Simon Everywhere' on App Store or Google Play and install the app
- Launch Simon Everywhere and register with your name and mobile number
- Click Add School and locate your school from the list
- Enter your existing PAM credentials



Keeping Warm

During the winter months we allow students to arrive at school with a beanie, scarf, gloves or wind proof jacket on to fight the cold. We require these items to be navy blue or black.

Please make sure your child brings their school jumper to school everyday during winter.



ST BRENDAN'S BEANIES AVAILABLE
FROM NICK'S BAIRNSDALE

Book Week Parade

When: Monday, 22nd August

Time: 9.00am

Where: Mary MacKillop Hall



Every year we hold a Book Week character parade to celebrate Children's Book Week.

Students dress up as book character for the day.

Costumes don't need to be elaborate and you are not expected to go and purchase new outfits – in the past years simple costumes have often been the stand out. Please consider safety and comfort in creating outfits. Appropriate footwear is a must.




nab Auskick+

AFL Victoria is offering an opportunity for **EVERYONE** to participate in more Auskick fun in 2022! Whether you missed out on this years' Community Auskick program or you just want to extend your time in Auskick or maybe you are new to our game and want your first football experience, Auskick+ is for you!

Auskick+ is a 6-week program that will be run by AFL Victoria and will teach participants the fundamentals of the game, paving the way for continued growth and skill development over the coming years. The program cost is \$55 and all participants will receive a unique Auskick+ pack.

To get involved, register to your closest Auskick+ Centre below!

-  [Auskick+ in South Gippsland - Wonthaggi](#)
-  [Auskick+ in West Gippsland - Warragul](#)
-  [Auskick+ in Central Gippsland - Traralgon](#)
-  [Auskick+ in East Gippsland - Bairnsdale](#)





LEARN TO PLAY

Introductory program for kids aged 4-8



Venue: St Brendan's Primary School Hall
Start Date: Wednesday 20 July 2022
Price: \$80 - 8 week program
Contact: 0483 855 149 / info@bairnsdalesoccerclub.com



REGISTER miniroos.com.au

EAST GIPPSLAND SHIRE LIBRARIES

FREE AGES 9 - 13 BOOKINGS ESSENTIAL

LEGO Mindstorms

Build and Program a Robot



Want to build and program a working robot model?

Children will work in groups of three to build and program a LEGO Mindstorms EV3 robot to complete fun challenges.

Learn and practise simple coding skills over four weeks and watch your robot follow your every command.

Participants must commit to all four weeks when booking.

Lakes Entrance Service Centre
 3.45 pm – 4.45 pm
 Thursday 4 August
 Thursday 11 August
 Thursday 18 August
 Thursday 25 August

Phone 5152 4225 or book in person at the library for these FREE sessions.

EAST GIPPSLAND SHIRE LIBRARIES

FREE AGES 5 - 12 BOOKINGS NOT REQUIRED

LEGO Club 2022



Junior LEGO enthusiasts are invited to attend our after-school LEGO Club sessions

The sessions incorporate freestyle creativity and themed construction activities.

Donations welcome
 The library will gladly accept donations of old or new LEGO brand pieces for our LEGO Club collection.

Children aged six and under must be accompanied by an adult.

Lakes Entrance Service Centre
 3.40 pm – 4.40 pm
 Every Wednesday
 Except School Holidays

For more information, phone 5152 4225 or ask in person at the library about these FREE sessions.

The Resilience Project Family Wellbeing Journal

Available at no cost to families from St Brendan's Catholic Primary School.

If you would like a copy, please let your child's teacher know and they will send a 'Family Wellbeing Journal' home.

The Resilience Project's Family Wellbeing Journal is filled with daily reflections, questions and practical activities designed for the whole family. Catered for adults and children of all ages, this journal is a great way to build happiness and resilience in your household.

Features:

- 10 weeks of daily reflections, questions and practical activities
- Catered for adults and children of all ages
- Focus on gratitude, empathy and mindfulness to improve everyone's mental health
- Daily Healthy Family Habits tracker to monitor our sleep, exercise and eating
- Weekend activity library with over 30 activities suitable for a variety of age groups



MyTime Bairnsdale

Why MyTime?

MyTime is for parents and carers of a child with a disability, chronic medical condition or other additional needs including developmental delay.

FIND US AT:
Bairnsdale Uniting Church
710 Lanes Road
Lucknow

CONTACT:
Meet Fridays fortnightly
10am- 12pm and 12.30-2.30pm
Ph Rose McKenna 0466107092

Unwind and share experiences with others who understand



MyTime
Supporting parents of children with disabilities

mytime.net.au



PlayConnect Playgroup

Is a weekly facilitated playgroup for children aged 0-6 with Autism Spectrum disorder characteristics or a Developmental Delay.

This group is available to support families, their child and siblings.
Your child does not need a diagnosis to attend

Wednesdays, 10.00am – 12.00pm

**Uniting Church Bairnsdale
710 Lanes Road
Lucknow**

Enquiries to Kirralee : 0409096587

Come along to connect with other families for information on services whilst participating with your child/children in activities specifically suited to children with additional needs.



**Playgroup
Victoria**

St Brendan's Catholic Primary School



Enrolments are open for 2023

Book your personalised school tour!

New modern, spacious, flexible learning spaces.



Together we achieve

All families are welcome!

Call the school office on
03 51552712 or email
principal@lakesent.catholic.edu.au
to book your tour

www.lakesent.catholic.edu.au

CBCA BOOK WEEK 2022

20-26 August

Dreaming with eyes open...



#CBCA2022

2022 CBCA BOOK WEEK 20-26 AUGUST

To celebrate CBCA Book Week 2022, you are invited to enter our annual

DRAW A PICTURE/WRITE A STORY COMPETITION

For more information visit your local library or phone 5152 4225.



Outside School Hours Care (OSHC)

'Where every child is an active participant in their individual learning'

What is Gumnuts OSHC?

Gumnuts OSHC is a service that provides professional, fun and safe care for children outside normal school hours. We provide before school care and after school care at Lakes Entrance Primary.

Our educators will drop off your child to school and we pick them up after school. Before school care starts at 7am, After school care finishes at 6pm. We provide a healthy breakfast and afternoon snack for the children.

If you would like more information please contact Gumnuts Early Learning Centre on (03) 5144 6952 or by email
gumnutselc@netspace.net.au

NICKS

St Brendan's Lunch Order Menu 2022

Nicks Thai and Japanese Restaurant

Dear Parents / Guardians,

This year our Friday lunch orders will be provided by Nicks.

The orders will need to be placed by 12pm on Thursday for lunch on Friday.

Please refer to the below price list for items.

Orders must be written on a brown paper lunch order bag with the correct money enclosed in an envelope.

Thank you

Example

Name: John Smith

Class: 3 Blue

1 Tuna Avocado hand roll & raspberry drink \$6.00

Total

\$6.00

Thank you

Fresh Sushi Hand rolls: \$3.50 each

- Cooked Tuna avocado
- Fresh Salmon avocado
- Teriyaki chicken
- Katsu chicken
- Panko prawn
- Cucumber roll
- Avocado roll



Option 1:

Any sushi hand roll with Mt Franklin Lightly Sparkling Water \$6.00

Option 2:

Any 2 sushi hand roll with Mt Franklin Lightly Sparkling Water \$9.00

Deep fried Gyoza Dumpling - 6 pc	\$7.50
Potato croquettes - 2 pcs with dipping sauce	\$7.50
Chicken Karaage (Fried Japanese chicken) - 5 pcs with dipping sauce	\$7.50
Veggie Spring Rolls - 4pc	\$7.50
Golden fried chicken wings - 4pc	\$7.50
Fish bites - 4 pcs	\$7.50
Fruit Salad	\$6.00
Mt Franklin Lightly Sparkling Water (Lime, Mango, Raspberry & Passionfruit)	\$3.00