

# St Brendan's Primary School 1581

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Account Name : St Brendan's School

Newsletter No 7  
March 18, 2022



*We would like to acknowledge the Traditional Custodians of the land on which we gather today, the Gunaikurnai people.  
We pay our respects to their elders past, present and emerging. We extend that respect to all people.  
We would especially like to acknowledge the land on which our school stands and ask everyone to show respect to the environment and all that it includes.*



THE OFFICIAL SCHOOL HAT IS COMPULSORY and is to be worn by every child during all outdoor activities in Term One and Four. Please name your child's hat.  
*Hats available for purchase at Nick's Clothing, Bairnsdale.*

**No Hat - No Play**



**Rapid Antigen Tests (RATS) are available for pick up from the school office.** To support current COVIDSafe Measures, the Victorian Government has ordered 24 million Rapid Antigen Test (RAT) kits to continue surveillance testing of staff and students. Testing settings for all primary and secondary students and staff will remain in place until the end of Term 1 2022. **It is recommended that students and staff undertake twice-weekly at-home testing.**

## School Swimming Program - Years 3 – 6

### Week 9: Monday, 21st March—Survival Swimming Day

*Don't forget to bring a pair of shorts and a t-shirt to wear over your swimmers in the water.*

Year 3: 10.45am-11.40am Year 4: 11.30am-12.15pm Year 5: 12.30pm-1.15pm Year 6: 1.15pm-2.00pm

**Please label all items and bags very clearly with your child's name.**

# Easter Raffle

Each family is asked to contribute an Easter Egg or Easter related goods towards our raffle.

**The raffle will be drawn on the last day of Term 1 - Friday, 8th April.**

There will be many prizes per grade as well as 2 large prizes with all tickets put together for a major draw.

Proceeds will go to Caritas.

**Tickets will be 50c per ticket and are available in the classrooms.**

Help will be required with the wrapping of the Easter prizes.

Please contact the office if you can help.

**Year 3 Camp Information  
Meeting - Thursday, 24th  
March @ 5.00pm**

**Have you moved? Have you changed your mobile number? Do you have a new email address?**

If so, please contact the school and update your details.



## Dates for the Calendar

Term 1		
MARCH 2022		
Week 9	Monday 21st	Year 3 – 6 Swimming Lessons—Survival Day
	Tuesday 22nd	11.20am Year 1 Class Prayer
	Thursday 24th	St Brendan's Cross Country 5.00pm Year 3 Camp Meeting
Week 10	Wednesday 30th	Year 4 Camp—Karoonda
	Thursday 31st	Year 4 Camp—Karoonda <b>6.00pm Sacrament of Reconciliation</b>
APRIL 2022		
	Friday 1st	Year 4 Camp—Karoonda
Week 11	Monday 4th	School Photos
	Thursday 7th	Year 3—6 Swimming Activity Day
	Friday 8th	9.10am GCH Assembly: Year 5 11.30am Whole School—Catholic Social Teaching Easter reflection stations Term 1 ends @ 2.15pm
Term 2		
Week 1	Monday 25th	ANZAC DAY—No School
	Tuesday 26th	Term Two Commences Year 3 Camp Coolamatong
	Wednesday 27th	Year 3 Camp Coolamatong
MAY 2022		
Week 2	Friday 6th	St Brendan's Athletics Day

### School Buses - Please make alternate arrangements

The Metung/Swan Reach (Prom Country) and Nowa Nowa (Gillick's) buses will not be running on, **Monday, April 4th** due to a Secondary school closure. Dyson's bus will run as normal.



## St Brendan's & St Colman's Catholic Church - Mass Times

Sat:	19/3	St Dymphna's St Joseph's	Buchan Swan Reach	9.00am 5.00pm
Sun:	20/3	St Brendan's St Colman's	Lakes Entrance Orbost	9.00am 11.00am
Tues:	22/3	St Brendan's	Lakes Entrance	9.30am
Wed:	23/3	St Colman's	Orbost	9.30am
Fri:	25/3	St Brendan's	Lakes Entrance	9.30am
Sat:	26/3	St Brendan's	Lakes Entrance	9.30am
Sun:	27/3	St Brendan's St Colman's	Lakes Entrance Orbost	9.00am 11.00am



**Baptism Information Sessions for 2022  
for babies & preschoolers**  
**Saturdays @ 11am in St Brendan's Church**  
April 2nd - May - nil - June - nil - July 2nd  
Aug 6th - Sept 3rd - Oct 1st - Nov 5th

## Division Swimming Carnival

On Thursday, the 10th of March many kids at our school competed at the Division Swimming Carnival. The competition was tough, there were so many other schools at the Bairnsdale swimming pool for the Division Swimming Carnival. To make it through to regionals you had to come first but if you came second you would be timed against the other divisions. If you were in the top 3 against all the other divisions you would make it through to the next level.

We competed in a freestyle and medley relay and some individual events including freestyle, breaststroke, butterfly and backstroke. Overall, the swimming was really fun. Everyone gave it their all and everybody was proud of themselves

The freestyle relay team made it through to the next level and also some of the individual events.

Thanks to Mr Bates and to Meaghan for helping so we knew when our events were up and



# Lawn Bowls

On Friday, 11th of March 12 students from St Brendan's went to Bairnsdale Bowls Club to compete in lawn bowls.

The students who participated were Aivah, Caleb, Jaxom, Hannah, Tulli, Lily, Lucy, Bella, Paige, Nick, Taylah and Gabby.

We competed against other schools including Paynesville, Bairnsdale, Bruthen, and Lakes Primary. We were split into 3 teams but we were still playing for St Brendan's.

We had to learn how to roll the bowl the correct way by having the big picture on the outside. We had to have a skipper/captain for each team and they would help show us where to roll the bowl.

The weather was hot but that didn't stop us from having fun.

We'd like to thank Mr Bates and the Lakes Entrance lawn bowls club for helping us and teaching us how to play. We achieved so much on the day and we all had a great time.



## Golf Division Day 2022

On March 15th Kye, Connor, Tayte and Lochie went to the Lakes Entrance Golf Course. We had to play on the front 9 holes, where we were split into groups of 3-4.

Our final score had to be less than 70 to be able to compete in the next round at Bairnsdale.

My putting was better than usual but every first or second putt I did was at least 5 metres away from the hole. I hit a long range shot, it was going right for the hole then at the last second it would roll literally just beside the hole. - Connor

I was proud of my drives down the fairway, they were some of the longest I have hit. - Kye

I was good at chipping the ball onto the green and putting from a distance. I also did well driving the ball out from under the trees. - Tayte

It was really windy and I thought I did a good job reading the wind. My putting on the slopy green was good. - Lochie

Besides the wind, it was a really good day.

Connor and Kye were lucky enough to make it through to the next round in Bairnsdale.

It was a great experience and good to catch up with students from other schools and make some new friends.



## REMINDER: ART SMOCKS

Can students please bring in their art smock if they haven't already this year. It's much more hygienic for students to have their own smocks rather than use the spare ones we have.

Thanks



All bike and scooter riders are required to wear a bike helmet in Victoria. Students must wear bike helmets when riding to and from school.

St Brendan's Op Shop has second hand school uniform available.

**Winter uniforms are now available**

Open 10am-3pm  
Tuesday,  
Wednesday &  
Thursday.



EFTPOS available  
to pay school fees

In accordance with requirements from the Victorian Government, **all staff and students in Grades 3 to 6 attending St Brendan's Catholic Primary School are required to wear a face mask when indoors**, including when travelling to and from school on public transport, taxis or ride share vehicles and when attending Outside School Hours Care (OSHC) programs, unless a lawful exemption applies.

**It is strongly recommended that students in Foundation to Grade 2 wear a face mask indoors at school** or when attending OSHC programs.

Parents, guardians and carers are required to supply their child(ren) with an appropriate face mask that covers the nose and mouth. Appropriate face masks include single use face masks (commonly called surgical masks). Face shields, scarves or bandanas do not meet the requirements of an acceptable face mask.

All visitors, including parents, guardians, carers and children in Grade 3 and above must wear a face mask in all indoor locations at the school, unless an exemption applies.

Please Wear  
a Face Mask



Help Stop the Spread

**SCHOLASTIC**  
**Book Club**  
orders are due:

**Wednesday, 23rd March**

**SCHOLASTIC**

**Book Club LOOP**  
for Parents

LOOP is the Scholastic Book Club  
Linked Online Ordering & Payment platform for parents.

To order and pay for Scholastic Book Club by credit card visit:

**[www.scholastic.com.au/LOOP](http://www.scholastic.com.au/LOOP)**



# Social and Emotional Wellbeing

As part of my Wellbeing role, I am available to meet with children on a regular basis to talk about any issues or concerns they might have and to discuss some strategies that could help.

The sessions will be delivered to individuals or in small groups of 2-4 children, depending upon need. The sessions aim to build self-esteem and an awareness of feelings and emotions. We do this through discussion, art, mindfulness and meditation.

If you think your child would benefit from these sessions or you have any questions please contact me at school.

Debby Milburn

## Parent & Community Presentation

**At The Resilience Project, our mission is to teach positive mental health strategies to help people build happiness and resilience.**

**Some of the mental health statistics in our country are startling. Looking after our mental health doesn't have to be.**

We are especially committed to delivering programs in primary and secondary schools. These settings have the greatest opportunity to instil positive wellbeing habits in our youth, and rewrite the confronting mental health statistics.



**One in four adolescents will experience mental health problems this year and nearly two thirds of them will not seek help.**



Alarming, **one in seven** primary school students are also likely to experience mental health problems this year.



Through engaging presentations, student curriculum, teacher resources and digital content, our School Program supports mental health not just in the classroom, but also in the family home.

During our Parent & Community Presentation, Hugh van Cuylenburg or Martin Heppell will share their experiences and combine them with practical strategies that can be implemented every day to improve our overall wellbeing.

The research is clear; the more positive emotion you experience, the more resilient you will be. For that reason we focus on three key pillars that have been proven to cultivate positive emotion; **Gratitude, Empathy and Mindfulness (GEM)**.

### Key Takeaways

As parents and carers, we know you want to show up for your kids, support their mental health, and encourage them to be the best they can be. An important part of showing up for our children, however, is first showing up for ourselves.

**Our Parent & Carer Presentation will help you...**

- **Equip yourself with simple, practical tools** to look after your own wellbeing.
- **Be informed** of the confronting mental health statistics in our country, and **understand why prevention is the key** to changing this narrative (especially for our children).
- **Learn about GEM (Gratitude, Empathy & Mindfulness)** - the evidence-based principles your kids' are living and breathing at school to feel happier and build resilience.
- **Feel confident** in holding positive wellbeing discussions with your family.

hello@theresilienceproject.com.au | (03) 9113 9302 | theresilienceproject.com.au



## GUITAR / UKULELE TUITION, St Brendan's Primary School, Teacher: Jim Allen

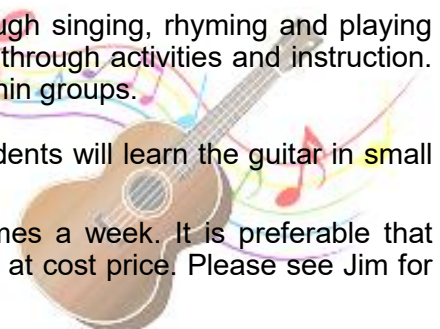
Guitar lessons are continuing on Tuesdays at St Brendan's Primary School.

Jim aims to create fun and engaging music sessions for students through singing, rhyming and playing songs. Students will learn a small amount of music notation and theory through activities and instruction. Students will learn to play the guitar and ukulele in a solo setting and within groups.

Lessons are \$10 for 30 minutes, costs being added to school fees. Students will learn the guitar in small ability levelled groups.

Learning the guitar involves regular practice of 30 minutes several times a week. It is preferable that students have a guitar. If not, you can purchase a guitar through school at cost price. Please see Jim for information.

Please contact the office if you are interested in your child taking part in guitar lessons.



## FINANCIAL ASSISTANCE INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link between a student's background and their outcomes.

### CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors. Excursions encourage a deeper understanding of how the world works while sports teach teamwork, discipline and leadership. All are a part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$125 for primary school students
- \$225 for secondary school students

### MORE INFORMATION

For more information about CSEF visit:  
<https://www.education.vic.gov.au/about/program/Parent/csef.aspx>

### HOW TO APPLY

New applicants should contact the school office to obtain a CSEF application form or download from the website below.

If you applied for CSEF at your child's school last year, you do not need to complete an application form this year unless there has been a change in your family circumstances.

You only need to complete an application form if any of the following changes have occurred:

- new student enrolments; your child has started or changed schools this year.
- changed family circumstances; such as a change of custody, change of name, concession card number, or new siblings commencing this year.

Check with the school office if you are unsure.



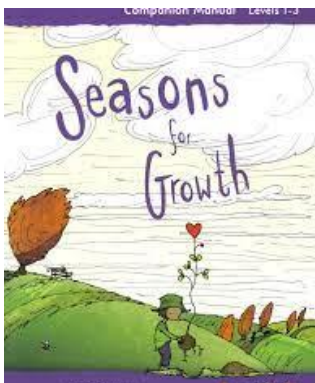
- Do you have a current health care/pension card?
- Did you know you can get a discount on school fees?
- Please contact the school office for more information.

## Uniform Reminders:

**JEWELLERY** is restricted to the following - a wrist watch, no more than one matching pair of studs or sleepers, a religious medallion on a chain to be worn under clothing. **Fashion jewellery, make-up and nail polish are not permitted.**



**White** sports socks – **below ankle footlet style not acceptable — no logos.**



Contact Helen at school if you are interested in your child taking part. This program is not just about grieving for someone who has died. It can be grieving the loss of a pet, a family break up, moving to a new home, etc.





**YOU COULD PLAY FOR FREE!**  
Claim your Get Active voucher today



## JOIN WITH FRIENDS PLAY TOGETHER

**Join Woolworths Cricket Blast**  
A safe way to have fun and stay active for girls of all abilities.

**JOIN YOUR NEAREST CLUB**

🔍 Play Cricket

**OFFICIAL KIDS PROGRAM**



## LEARN BALL SKILLS

- Easy to join, fun to play
- Inclusive program for girls of all abilities
- Outdoors non-contact



### JUNIOR BLASTERS

**AGES 5-7 | 60 MINS | 6+ WEEKS**

- Learn ball skills, including catching, throwing and teamwork, through fun game-based activities.
- Sign up now for your Starter Kit.
- Returning Junior Blasters score a Returner Kit with a ball, a backpack + one free add-on.



STARTER KIT



RETURNER KIT

### MASTER BLASTERS

**AGES 7-10 | 90 MINS | 6+ WEEKS**

- Everyone gets a chance to bat, bowl and field in short, modified games of cricket.
- For girls with basic cricket skills.
- Sign up now for your Master Blasters Kit featuring a drink bottle and cap!



MASTER BLASTERS KIT

### HOW TO PLAY FOR FREE!

Eligible Victorian school students (K-12) are entitled to a \$200 Get Active Kids Voucher each year. Learn more at [getactive.vic.gov.au/vouchers](http://getactive.vic.gov.au/vouchers)

### JOIN YOUR NEAREST CLUB

**Lakes Entrance Cricket Club**  
Thursdays, February 24 - March 24  
Mick Poynton / Ryan Hooper

0438 308 725 / 0417 712 269  
[lakescc@outlook.com](mailto:lakescc@outlook.com)



🔍 Play Cricket

**OFFICIAL KIDS PROGRAM**



GIRL GUIDES  
AUSTRALIA  
VICTORIA

### VOLUNTEERS WANTED.

Lakes Entrance Girl Guides is a thriving and welcoming unit with weekly meetings conducted by qualified and experienced leaders, BUT it needs your help.

If you consider encouraging young girls to reach their potential within themselves and their communities as important then here's an excellent opportunity for you.

We are looking for people to work with our experienced Unit Leaders who have a wealth of knowledge and experience and are happy to share their Guiding expertise.

We are keen to hear from young women interested in this extremely rewarding role.

The Lakes Entrance unit meets every Monday of the school term (excluding public holidays) from 5.30 to 7pm at the Lake Tyers Beach Angling Club (opposite Toorloo Arm Primary School). While experience as a Girl Guide would be nice it is not essential, and all training will be provided.

Contact Sue Grima on 0427281445 for further details on how to get involved in helping girls and young women to grow, explore, and believe in themselves.

## JUNIOR DEVELOPMENT SQUADS

creating pathways for junior bowlers

### ABOUT THE SQUADS

Junior Development Squads provide specialist coaching for up and coming talent, as well as opportunities to interact with other enthusiastic, young bowlers.

Juniors bowlers, via Development Squads across metro and rural areas, can be given the opportunity to play at State or National level. Imagine competing at the Commonwealth Games! Junior Development Squads provide a pathway for juniors to be selected into Bowls Victoria's U18 State Squad to represent Victoria at State and National events.

All Junior Development Squads must be registered with Bowls Victoria to enable juniors to become eligible to compete in Bowls Victoria sanctioned events, as well as maintaining governance processes. Squads serve a dual purpose of encouraging participation and refining skills, as well as an avenue for talent identification. They provide an opportunity for bowlers to train and compete with their peers.



### SQUAD OBJECTIVES

Provide a clear junior bowls participation focus for all participants, with both male and female coaches.

Provide U18 players the opportunity to be coached amongst their peers by accredited junior coaches.

Provide opportunities for young bowlers to play with other keen bowlers of a similar age.

Identify the most promising bowlers and continue progressing them through the junior bowls pathway.

### WHY PLAY BOWLS?

Bowls requires hand-eye skill, concentration and tactical ability to excel. Anyone can play - gender, size, athletic ability does not matter. Bowls is a friendly and fun team sport providing a great social experience.

**FUN. FRIENDLY. COMPETITIVE.**

**DATE/S**  
2 April 2022

**TIME**  
10am - 1pm

**VENUE**  
Bairnsdale Bowls Club



# COULD YOU FOSTER A CHILD?

We **URGENTLY** need **Foster Carers** in your area. Enquire now on how you can help change a child's life.

[Canifoster.com.au](http://Canifoster.com.au) | 1800 932 273



# OPEN NIGHT

Wednesday 23 March, 4–7 PM

Open Night is an opportunity for families to experience Nagle College by engaging in hands-on activities:

- Sample treats made by our Food Tech students
- Participate in Science experiments
- Try calligraphy and origami, and dress up in Kimonos or Happy Coats in our Japanese language class
- See our Graduation and Reconciliation Cloak, Welcome to Country cloaks and learn how we support our local indigenous history and community
- and much more more!

Registration is essential. Visit our website form more information or to register!

[www.nagle.vic.edu.au/enrolment/visit-us](http://www.nagle.vic.edu.au/enrolment/visit-us)

20 Hope Avenue, Bairnsdale | 5152 6122 | [nagle@nagle.vic.edu.au](mailto:nagle@nagle.vic.edu.au) | [www.nagle.vic.edu.au](http://www.nagle.vic.edu.au)

# NICKS

## St Brendan's Lunch Order Menu 2022 Nicks Thai and Japanese Restaurant

Dear Parents / Guardians,

This year our Friday lunch orders will be provided by Nicks.

The orders will need to be placed by 12pm on Thursday for lunch on Friday.

Please refer to the below price list for items.

Orders must be written on a brown paper lunch order bag with the correct money enclosed in an envelope.

Thank you

Example

Name	John Smith
Class	3 Blue
1 Tuna Avocado hand roll	\$3.50
1 Katsu chicken hand roll	\$3.50
1 Drink - raspberry	\$3.00
Total	\$10.00

Thank you

### Hand rolls: \$3.50 each

- Tuna avocado
- Salmon avocado
- Teriyaki chicken
- Katsu chicken
- Panko prawn
- Cucumber roll
- Avocado roll



Deep fired Gyoza Dumpling - 4 pc	\$7.50
Potato croquettes - 2 pcs with dipping sauce	\$7.50
Chicken Karaage (Fried Japanese chicken) - 3 pcs with dipping sauce	\$7.50
Veggie Spring Rolls - 4pc	\$7.50
Chicken wings - 4pc	\$7.50
Flavoured Mineral Water (Lime, Mango, Raspberry & Passionfruit)	\$3.00

EAST GIPPSLAND  
SHIRE LIBRARIES

FREE AGES 5 - 12 BOOKINGS NOT REQUIRED

# LEGO Club 2022



Junior LEGO enthusiasts are invited to attend our after-school LEGO Club sessions

The sessions incorporate freestyle creativity and themed construction activities.

### Donations welcome

The library will gladly accept donations of old or new LEGO brand pieces for our LEGO Club collection.

Children aged six and under must be accompanied by an adult.

Lakes Entrance  
Service Centre  
3.40 pm – 4.40 pm

Every Wednesday  
Except School Holidays

For more information, phone 5152 4225 or ask in person at the library about these FREE sessions.

Libraries  
Change Lives

