

St Brendan's Primary School 1581

40 Golf Links Road, Lakes Entrance 3909
Ph: 03-51552712 Fax 03-51554565

Website : www.lakesent.catholic.edu.au
Email : principal@lakesent.catholic.edu.au
Internet Banking : BSB 083 879 A/C 695096861
Account Name : St Brendan's School

Newsletter No 5
March 4, 2022



*We would like to acknowledge the Traditional Custodians of the land on which we gather today, the Gunaikurnai people.
We pay our respects to their elders past, present and emerging. We extend that respect to all people.*

We would especially like to acknowledge the land on which our school stands and ask everyone to show respect to the environment and all that it includes.



THE OFFICIAL SCHOOL HAT IS COMPULSORY and is to be worn by every child during all outdoor activities in Term One and Four. Please name your child's hat.
Hats available for purchase at Nick's Clothing, Bairnsdale.

No Hat - No Play



Rapid Antigen Tests (RATS) are available for pick up from the school office. To support current COVIDSafe Measures, the Victorian Government has ordered 24 million Rapid Antigen Test (RAT) kits to continue surveillance testing of staff and students. Testing settings for all primary and secondary students and staff will remain in place until the end of Term 1 2022. **It is recommended that students and staff undertake twice-weekly at-home testing.**

School Swimming Program - Years 3 to 6

Week 7: Monday, 7th March—Friday, 11th March

Week 8: Tuesday, 15th March—Friday, 18th March

Week 9: Monday, 21st March—Survival Swimming Day

Year 3: 10.45am-11.40am Year 4: 11.30am-12.15pm Year 5: 12.30pm-1.15pm Year 6: 1.15pm-2.00pm

Children should bring the following in a plastic bag which they will carry to the pool:

- underwear
- towel
- goggles
- bathing cap (if necessary)
- brush/comb
- water bottle

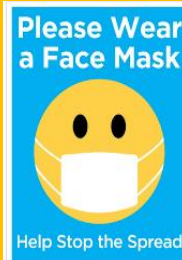
Please label all items and bags very clearly with your child's name.

In accordance with requirements from the Victorian Government, **all staff and students in Grades 3 to 6 attending St Brendan's Catholic Primary School are required to wear a face mask when indoors**, including when travelling to and from school on public transport, taxis or ride share vehicles and when attending Outside School Hours Care (OSHC) programs, unless a lawful exemption applies.

It is strongly recommended that students in Foundation to Grade 2 wear a face mask indoors at school or when attending OSHC programs.

Parents, guardians and carers are required to supply their child(ren) with an appropriate face mask that covers the nose and mouth. Appropriate face masks include single use face masks (commonly called surgical masks). Face shields, scarves or bandanas do not meet the requirements of an acceptable face mask.

All visitors, including parents, guardians, carers and children in Grade 3 and above must wear a face mask in all indoor locations at the school, unless an exemption applies.



Dear Families and Friends,

Collaborative Conferences have been conducted this week. The parent/school relationship is an important part of children's development. Parents provide a great insight into their child's learning traits and this provides teachers with a head start for the year. Our teachers have gained a lot of knowledge this week and they can plan with greater accuracy in the weeks to come.

How screen use affects sleep - <https://raisingchildren.net.au/>

Your child needs enough good-quality sleep so they can play, learn and concentrate during the day. Using screens can affect how quickly your child falls asleep and how long your child sleeps. This happens for several reasons:



- Screen use in the hour before bed can stimulate your child.
- Blue light from televisions, computer screens, phones and tablets might suppress melatonin levels and delay sleepiness.
- Your child might be tempted to stay up late to chat to friends or play games, or your child might be disturbed in the night by notifications, messages or calls.

Here are some ways you can reduce the negative effect of screen time on your child's sleep:

- **Avoid screen use in the hour before bedtime.** This includes mobile phones, tablets, computer screens and TV. Encourage reading or quiet play instead.
- Limit and monitor violent content at any time of day. This can affect sleep regardless of the time and length of use.
- Encourage your child to connect with friends during the day rather than late in the evening.
- Have a family rule that mobile phones and other devices are left in a family room overnight.

If you're concerned about how much sleep your child is getting, it can help to know that children need less sleep as they get older, but teenagers still need more sleep than adults:

- Preschooler sleep needs: children aged 3-5 years need 10-13 hours of sleep a night.
- School-age sleep needs: at this age children need 9-11 hours sleep a night.
- Teenage sleep needs: teenagers need 8-10 hours of sleep a night.

Next week, we will launch our first assembly. Restrictions have now eased so we can welcome visitors to our school. Visitors attending school assemblies must comply with applicable vaccination requirements, face mask requirements, physical distancing and practise respiratory etiquette and good hand hygiene. Parents, guardians, carers and other adult visitors who enter school buildings must be able to show evidence of being fully vaccinated or a valid medical exception. Face masks are a requirement in primary schools, therefore masks must be worn.

Swimming lessons begin next week for years three to six. We are so pleased to see our regular routine returning to normal. All camps are set to go ahead as planned including our Year Six Melbourne camp which has been cancelled these last two years.

Sunday we will gather to support our students who are preparing for the Sacrament of Reconciliation. Please join us at 9.00am at the St Brendan's church. Also, parents can now attend the Division Swimming Carnival at Bairnsdale on Thursday, 10 March. All attendees must be double vaccinated. We hope to see you there cheering on our 15 competitors.

Matthew Hamer

Dates for the Calendar

Term 1	MARCH 2022	
Week 6	Sunday 6th	9.00am Reconciliation Commitment Mass
Week 7	Monday 7th	Year 3 – 6 Swimming Lessons
	Tuesday 8th	Year 3 – 6 Swimming Lessons 9.10am Year 6 Class Prayer 5.30pm Year 4 Camp Meeting
	Wednesday 9th	Year 3 – 6 Swimming Lessons
	Thursday 10th	Year 3 – 6 Swimming Lessons Division Swimming—Bairnsdale 5.00pm Reconciliation Workshop 1
	Friday 11th	Year 3 – 6 Swimming Lessons 9.10am Year 4 Classroom Mass 2.30pm Assembly: Year 3
Week 8	Monday 14th	Labour Day Holiday
	Tuesday 15th	Year 3 – 6 Swimming Lessons
	Wednesday 16th	Year 3 – 6 Swimming Lessons
	Thursday 17th	Year 3 – 6 Swimming Lessons Regional Swimming—Sale 5.00pm Reconciliation Workshop 2
	Friday 18th	Year 3 – 6 Swimming Lessons
Week 9	Monday 21st	Year 3 – 6 Swimming Lessons—Survival Day
	Thursday 24th	St Brendan's Cross Country
Week 10	Wednesday 30th - 1st	Year 4 Camp—Karoonda
APRIL 2022		
Week 11	Friday 8th	Term 1 ends @ 2.15pm

Baptism Information Sessions for 2022 for babies & preschoolers

Saturdays @ 11am in St Brendan's Church

March 5th - April 2nd - May - nil - June - nil
- July 2nd - Aug 6th - Sept 3rd - Oct 1st -
Nov 5th

Baby Congratulations to the Nally family, Dakota (Year 4) & Abel (Foundation) on the arrival of their daughter and sister, "Melody".



St Brendan's & St Colman's Catholic Church - Mass Times

Thurs: 3/3	Opal Aged Care	Lakes Entrance	11.00am
Fri: 4/3	St Brendan's	Lakes Entrance	9.30am
	Calvary Aged Care	Lakes Entrance	11.00am
Sat: 5/3	St Brendan's	Lakes Entrance	9.30am
Sun: 6/3	St Brendan's	Lakes Entrance	9.00am
	St Colman's	Orbost	11.00am
Tues: 8/3	St Brendan's	Lakes Entrance	9.30am
Wed: 9/3	Vera Geddes Funeral Mass	Orbost	1.00pm
Thurs: 10/3	St Colman's	Orbost	9.30am
Fri: 11/3	St Brendan's	Lakes Entrance	9.30am
Sat: 12/3	St Brendan's	Lakes Entrance	9.30am
Sun: 13/3	St Brendan's	Lakes Entrance	9.00am
	St Colman's	Orbost	11.00am
	St Peter's	Mallacoota	3.00pm



Ash Wednesday—March 2nd



Ash Wednesday is an important day on the Catholic liturgical calendar and marks the beginning of Lent, the time of preparation before Easter.

On Wednesday we sprinkled the children with the ashes of last year's Palm Sunday palms. The Church gives us Lent as a time to change, to become a better version of ourselves and to become more like Jesus. The ashes we receive on Ash Wednesday remind us of our call to repent and believe in the Gospel. The disciplines of Lent—prayer, fasting, and almsgiving—help us prepare for Christ's victory on Easter.

REMINDER: ART SMOCKS

Can students please bring in their art smock if they haven't already this year. It's much more hygienic for students to have their own smocks rather than use the spare ones we have.



Thanks



All bike and scooter riders are required to wear a **bike helmet in Victoria**. Students must wear bike helmets when riding to and from school.

RECONCILIATION

The Commitment Mass for ALL children preparing for the Sacrament of Reconciliation will be held at 9am this Sunday, March 6th at St Brendan's Church.

Congratulations to the children and their families for committing to take this important step in their faith life.

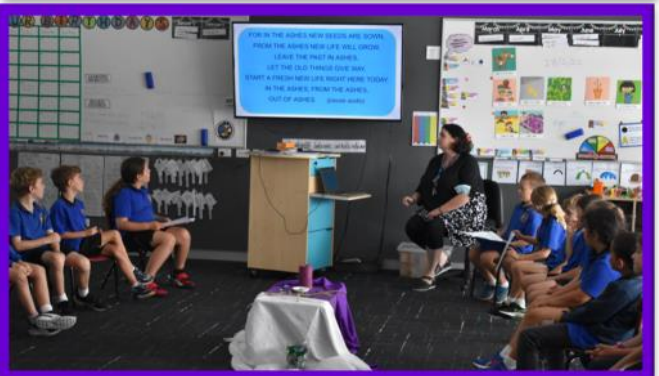
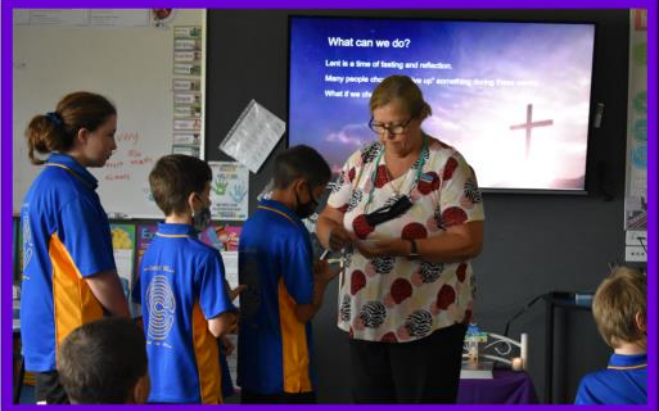
Please come and support them!





M
E
R
I
T
C
E
R
T
I
F
I
C
A
T
E
S

W
E
E
K
5



Ash Wednesday

Simon Everywhere is now available on App Store and Google Play.



Your school has joined the growing Simon Everywhere community. By installing the Simon Everywhere app, you will be able to receive push notifications direct to your phone. Plus you will have easy access to all of the great PAM features, such as Assessments, Reports, Activity Permissions and more.

- Search "Simon Everywhere" on App Store or Google Play and install the app
- Launch Simon Everywhere and register with your name and mobile number
- Click Add School and locate your school from the list
- Enter your existing PAM credentials



Catholic Identity and Religious Education Survey

This year St Brendan's are going through the school review process. This process is an important element of the ongoing improvement of St Brendan's School. I invite you to complete this survey as it will help us look at what we are doing, identify school practices to be maintained and strengthened, and opportunities to be addressed moving forward. The survey is easy to complete (8-10 minutes long).

As a parent, you have an important perspective to share. Please answer each question, rating your response on the five-point scale. Responses are anonymous and will assist the school in its school review.

The link for your survey can be found on an email sent via PAM.

Please contact the school office if you require another link sent. Thank you

Social and Emotional Wellbeing

As part of my Wellbeing role, I am available to meet with children on a regular basis to talk about any issues or concerns they might have and to discuss some strategies that could help.

The sessions will be delivered to individuals or in small groups of 2-4 children, depending upon need. The sessions aim to build self-esteem and an awareness of feelings and emotions. We do this through discussion, art, mindfulness and meditation.

If you think your child would benefit from these sessions or you have any questions please contact me at school.

Debby Milburn

GUITAR / UKULELE TUITION, St Brendan's Primary School, Teacher: Jim Allen

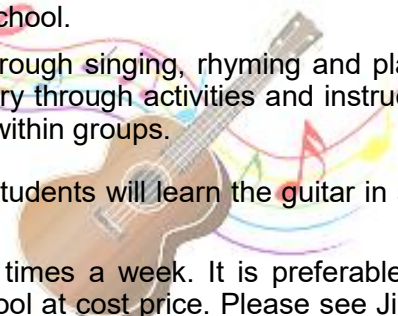
Guitar lessons are continuing on Tuesdays at St Brendan's Primary School.

Jim aims to create fun and engaging music sessions for students through singing, rhyming and playing songs. Students will learn a small amount of music notation and theory through activities and instruction. Students will learn to play the guitar and ukulele in a solo setting and within groups.

Lessons are \$10 for 30 minutes, costs being added to school fees. Students will learn the guitar in small ability levelled groups.

Learning the guitar involves regular practice of 30 minutes several times a week. It is preferable that students have a guitar. If not, you can purchase a guitar through school at cost price. Please see Jim for information.

Please contact the office if you are interested in your child taking part in guitar lessons.



FINANCIAL ASSISTANCE INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link between a student's background and their outcomes.

CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors. Excursions encourage a deeper understanding of how the world works while sports teach teamwork, discipline and leadership. All are a part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$125 for primary school students
- \$225 for secondary school students

MORE INFORMATION

For more information about CSEF visit:
<https://www.education.vic.gov.au/about/branches/ParentCSEF.aspx>

HOW TO APPLY

New applicants should contact the school office to obtain a CSEF application form or download from the website below.

If you applied for CSEF at your child's school last year, you do not need to complete an application form this year unless there has been a change in your family circumstances.

You only need to complete an application form if any of the following changes have occurred:

- new student enrolments; your child has started or changed schools this year.
- changed family circumstances; such as a change of custody, change of name, concession card number, or new siblings commencing this year.

Check with the school office if you are unsure.



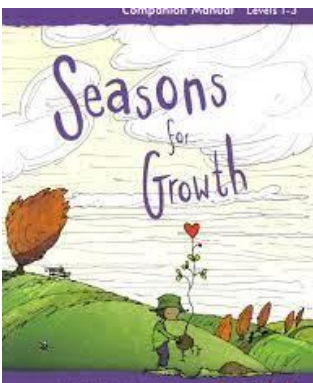
- Do you have a current health care/pension card?
- Did you know you can get a discount on school fees?
- Please contact the school office for more information.

Uniform Reminders:

JEWELLERY is restricted to the following - a wrist watch, no more than one matching pair of studs or sleepers, a religious medallion on a chain to be worn under clothing. **Fashion jewellery, make-up and nail polish are not permitted.**



HAIR is to be kept neat and tidy at all times. Hair longer than collar length is to be tied back from the face. Headband, hair ties, ribbons, scrunchies and clips must be blue, black or brown. It is not appropriate for children to come to school with dyed or inappropriate hair styles as deemed by the Principal.



Contact Helen at school if you are interested in your child taking part. This program is not just about grieving for someone who has died. It can be grieving the loss of a pet, a family break up, moving to a new home, etc.

UNIFORM

This is an important requirement and must be worn by every child each day.

Your support in this matter is paramount to its effectiveness.

We pride ourselves on our uniform and need the support of all families in ensuring that this policy is strictly adhered to.

UNIFORM ITEMS - Available from Nick's in Bairnsdale

Most items are regulation, meaning that the school has determined the style or manufacture.

Regulation Summer Uniform:

Boys

Boys Blue Short Sleeve Shirt

Stubbies shorts (grey)

Bomber jacket (with emblem)

Polar Fleece Jacket (with emblem)

Royal blue school hat (with emblem)

Grey socks (**no logos**)

Black leather school shoes/boots

Girls

Summer dress/Summer shorts and shirt

Bomber Jacket (with emblem)

Polar Fleece Jacket (with emblem)

Royal blue school hat (with emblem)

White school socks (**no logos**)

Black leather school shoes or

Buckle/lace-up/T-bar



Regulation Sports Uniform: Boys and Girls

Blue polo shirt with emblem (Short Sleeve)

Navy track pants (in winter) without logos

Black Basketball shorts (in summer), Skorts Girls

Bomber Jacket Polar Fleece Jacket (with emblem)

White sports socks – **below ankle footlet style not acceptable—no logos.**

Running shoes (**not skate or fashion shoes**)

BLACK LEATHER SCHOOL SHOES are to be worn with dress uniform on Monday and Tuesday. Tennis/sports socks **are not** permitted to be worn with school shoes. Black pull-on boots are acceptable. High heeled shoes are not acceptable as they pose a health risk for children.

SECOND HAND UNIFORM - Some second hand uniform is available from St Brendan's Op Shop in Bulmer Street

PLEASE NOTE CHANGE TO SOCKS: STUDENTS ARE NOT TO WEAR SOCKS WITH LOGOS. SOCKS MUST BE ABOVE THE ANKLE (NO ANKLE OR FOOTLET SOCKS)





YOU COULD PLAY FOR FREE!
Claim your Get Active voucher today



JOIN WITH FRIENDS PLAY TOGETHER

Join Woolworths Cricket Blast
A safe way to have fun and stay
active for girls of all abilities.

JOIN YOUR NEAREST CLUB

Play Cricket

**OFFICIAL KIDS
PROGRAM**



LEARN BALL SKILLS

- Easy to join, fun to play
- Inclusive program for girls of all abilities
- Outdoors non-contact



JUNIOR BLASTERS

AGES 5-7 | 60 MINS | 6+ WEEKS

- Learn ball skills, including catching, throwing and teamwork, through fun game-based activities.
- Sign up now for your Starter Kit.
- Returning Junior Blasters score a Returner Kit with a ball, a backpack + one free add-on.



STARTER KIT



RETURNER KIT

MASTER BLASTERS

AGES 7-10 | 90 MINS | 6+ WEEKS

- Everyone gets a chance to bat, bowl and field in short, modified games of cricket.
- For girls with basic cricket skills.
- Sign up now for your Master Blasters Kit featuring a drink bottle and cap!



MASTER BLASTERS KIT

HOW TO PLAY FOR FREE!

Eligible Victorian school students (K-12) are entitled to a \$200 Get Active Kids Voucher each year. Learn more at getactive.vic.gov.au/vouchers

JOIN YOUR NEAREST CLUB

Lakes Entrance Cricket Club
Thursdays, February 24 - March 24
Mick Poynton / Ryan Hooper

0438 308 725 / 0417 712 269
lakescc@outlook.com



Play Cricket

**OFFICIAL KIDS
PROGRAM**



Swan Reach Football Netball Club

The Swan Reach Football Netball Club is delighted to be heading into the 2022 season and would like to invite everyone to get involved and join us to play this year! We are affiliated with the Omeo & District Football Netball League, and will be fielding the following junior teams to play alongside our Senior Football & Netball program:



- Under 16s Football
- Under 18s Netball
- Under 12s Netball

If you're interested in playing this year, please contact Jaide Stevens on 0408 157 114, or at srfnc.secretary@gmail.com. Or come along to training on Wednesdays at 6pm from 9th Feb.

We are looking forward to seeing you on the field this year!

UNDER 8'S - MINI HOOPS BORN - 2015/2016

REGISTRATION IS OPEN



10 ROUNDS

COST - \$70.00



GAMES ARE ON A TUESDAY

PLEASE USE THE LINK AT THE
TOP OF THE POST TO REGISTER

Any questions please email lakesbasketball@outlook.com



Nagle College Scholarship Applications for 2023

Does your child excel academically, in sport or in the arts? If so, have you considered applying for a Nagle College Scholarship?

Scholarships are offered across all year levels for:

- Academic Excellence
- The Arts
- Sport

Apply today! Applications for the 2023 academic year close on Friday 4 March, 2022.

For more information or to apply please visit:

www.nagle.vic.edu.au/enrolment/scholarships



OPEN NIGHT

Wednesday 23 March, 4–7 PM

Open Night is an opportunity for families to experience Nagle College by engaging in hands-on activities:

- Sample treats made by our Food Tech students
- Participate in Science experiments
- Try calligraphy and origami, and dress up in Kimonos or Happy Coats in our Japanese language class
- See our Graduation and Reconciliation Cloak, Welcome to Country cloaks and learn how we support our local indigenous history and community
- and much more more!

Registration is essential. Visit our website form more information or to register!

www.nagle.vic.edu.au/enrolment/visit-us

NICKS

St Brendan's Lunch Order Menu 2022 Nicks Thai and Japanese Restaurant

Dear Parents / Guardians,

This year our Friday lunch orders will be provided by Nicks.

The orders will need to be placed by 12pm on Thursday for lunch on Friday.

Please refer to the below price list for items.

Orders must be written on a brown paper lunch order bag with the correct money enclosed in an envelope.

Thank you



Hand rolls: \$3.50 each

- Tuna avocado
- Salmon avocado
- Teriyaki chicken
- Katsu chicken
- Panko prawn
- Cucumber roll
- Avocado roll



Deep fired Gyoza Dumpling - 4 pc	\$7.50
Potato croquettes - 2 pcs with dipping sauce	\$7.50
Chicken Karaage (Fried Japanese chicken) - 3 pcs with dipping sauce	\$7.50
Veggie Spring Rolls - 4pc	\$7.50
Chicken wings - 4pc	\$7.50
Flavoured Mineral Water (Lime, Mango, Raspberry & Passionfruit)	\$3.00

EAST GIPPSLAND
SHIRE LIBRARIES

FREE AGES 5 - 12 BOOKINGS NOT REQUIRED

LEGO Club 2022



Junior LEGO enthusiasts are invited to attend our after-school LEGO Club sessions

The sessions incorporate freestyle creativity and themed construction activities.

Donations welcome

The library will gladly accept donations of old or new LEGO brand pieces for our LEGO Club collection.

Children aged six and under must be accompanied by an adult.

Lakes Entrance Service Centre

3.40 pm – 4.40 pm

Every Wednesday
Except School Holidays

For more information, phone 5152 4225 or ask in person at the library about these FREE sessions.

Libraries
Change Lives

