St Brendan's Primary School 1581

40 Golf Links Road, Lakes Entrance 3909 Ph: 03-51552712 Fax 03-51554565

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Internet Banking: BSB 083 879 A/C 695096861 Account Name: St Brendan's School Newsletter No 30

October 7, 2021



We would like to acknowledge the Traditional Custodians of the land on which we gather today, the Gunaikurnai people.

We pay our respects to their elders past, present and emerging. We extend that respect to all people.

We would especially like to acknowledge the land on which our school stands and ask everyone to show respect to the environment and all that it includes.





THE OFFICIAL SCHOOL HAT IS COMPULSORY and is to be worn by every child during all outdoor activities in Terms One and Four.

Please name your child's hat.

No Hat - No Play



Week 1	Friday 8th	On-site—Foundation, Year 1 & 2	Remote Learning—Year 3, 4, 5 & 6
Week 2	Monday 11th	On-site—Foundation, Year 1 & 2	Remote Learning—Year 3, 4, 5 & 6
	Tuesday 12th	On-site—Foundation, Year 1, 2, 3 & 4	Remote Learning—Year 5 & 6
	Wednesday 13th	On-site—Foundation, Year 1, 2, 3 & 4	Remote Learning—Year 5 & 6
	Thursday 14th	On-site—Foundation, Year 1, 2, 5 & 6	Remote Learning—Year 3 & 4
	Friday 15th	On-site—Foundation, Year 1, 2, 5 & 6	Remote Learning—Year 3 & 4

St Brendan's CPS Security Upgrades

Over the September school holidays, the school has installed fencing and gates to the front and rear of the property. These improvements help St Brendan's Catholic Primary School meet **child safety standards**. We now have a defined boundary surrounding our school grounds.

Accessing the school grounds -

Morning: School Carline Gate (Access from Eastern Beach Rd): Opens at 8.00am Closes at 9.00am. School pathway gates accessing from Golf Links Rd open from 8.00am – 9.00am. During the day all gates are locked.

attendance ATTENDANCE

PUNCTUALIT

ah time

If you arrive to school after 9.00am please bring your children to the office for signing in.

All visitors must enter school via office.

Accessing the school grounds -

Afternoon: School Carline Gate (Access from Eastern Beach Rd): **Opens at 2.45pm Closes at 3.50pm.** School pathway gates accessing from Golf Links Rd open from 3.15pm – 3.30pm.



School Computers

If your child has borrowed a computer for Remote Learning, it is important that it is returned on their first day back at school. Please return computer and charger cord in the bag supplied clearly marked with your child's name. The computers will then be

inspected upon return.
Thank you.



Don't forget to send in your daily

Remote Schooling Attendance via PAM

each school day before 10am.
Thank You

Lunch Orders available in weeks 2 & 3 for students in F, 1, 2, 5 & 6

For these weeks only, orders can be placed on the Wednesday and Thursday for lunch on Friday.



Dear Families and Friends,

The staggered start to Term Four makes for a messy beginning to the term, but we all have our responsibilities to meet. The students on-site are settling in very well and it is obvious they are thrilled to be back with their teachers and their friends. We honestly cannot wait for Tuesday, 26 October when everyone is back for good. We will certainly prioritise literacy and numeracy lessons along with the teaching of personal and social capabilities.

Beginning Term Four we are pleased to welcome the following students and their families to St Brendan's CPS. We have Charlie Corsar beginning in Year 1Blue, Lynette Nelson in Year 2 Blue and Taleesha Nelson in Year 3 Red. We have no doubt they will all make a smooth transition to their new town and new school.

Mindfulness- https://raisingchildren.net.au/

Key points

- Mindfulness is focusing on what's happening right now.
- Mindfulness can reduce stress, boost wellbeing and build coping skills.
- You can learn to be mindful with exercises like the mindfulness of sounds activity in this guide.
- When you learn and practise mindfulness, you can be mindful anywhere and anytime. Mindfulness: why it's good for children, teenagers and parents

<u>Mindfulness</u> is focusing your complete attention on what's happening right now. It's also letting your thoughts and worries come and go without judgment.

When you practise mindfulness, you'll **feel generally calmer, more focused and better able to concentrate**. And in moments of stress, you'll be able to pause, relax, see things more clearly and make better decisions. Overall, mindfulness can reduce stress and boost your wellbeing.

When you encourage children to be mindful, it can help them develop skills to deal with the stress of study, work and play as they get older.

• You can be mindful of your internal world – for example, how your breath makes your chest rise and fall. Or you can focus on what's around you – for example, the sun on your skin, the smell of your coffee, or the sound of a bird. The more you practise mindfulness, the more benefit you'll get.

Many in our school community continue to face financial impacts as a result of the COVID-19 pandemic. We are committed to supporting families experiencing financial challenges through our School Fee Concession programs, and encourage any parent/carer/guardian experiencing difficulties to contact us regarding fee assistance. Please contact the St Brendan's CPS to explore confidential financial support arrangements or to obtain further information.

Parents of Year 5 students, while we will not be able to get the students to Sovereign Hill this year we have contacted Karoonda Park and await an opening of a few days. Our fingers and toes are crossed.

Kind regards,

Matthew Hamer

		Dates for the Calendar	
Term 4	OCTOBER 2021		
Week 1	Friday 8th	On-site—Foundation, Year 1 & 2 Remote Learning—Year 3, 4, 5 & 6	
Week 2	Monday 11th	On-site—Foundation, Year 1 & 2 Remote Learning—Year 3, 4, 5 & 6	
	Tuesday 12th	On-site—Foundation, Year 1, 2, 3 & 4 Remote Learning—Year 5 & 6	
	Wednesday 13th	On-site—Foundation, Year 1, 2, 3 & 4 Remote Learning—Year 5 & 6	
	Thursday 14th	On-site—Foundation, Year 1, 2, 5 & 6 Remote Learning—Year 3 & 4	
	Friday 15th	On-site—Foundation, Year 1, 2, 5 & 6 Remote Learning—Year 3 & 4	
Week 3	Monday 18th	On-site—Foundation, Year 1 & 2 Remote Learning—Year 3, 4, 5 & 6	
	Tuesday 19th	On-site—Foundation, Year 1, 2, 3 & 4 Remote Learning—Year 5 & 6	
	Wednesday 20th	On-site—Foundation, Year 1, 2, 3 & 4 Remote Learning—Year 5 & 6	
	Thursday 21st	On-site—Foundation, Year 1, 2, 5 & 6 Remote Learning—Year 3 & 4 Book Fair → 29th October ????	
	Friday 22nd	Onsite—Foundation, Year 1, 2, 5 & 6 Remote Learning—Year 3 & 4	
Week 4	Monday 25th	On-site —Foundation, Year 1 & 2 Remote Learning —Year 3, 4, 5 & 6 Full Summer Uniform	
	Tuesday 26th	All students return to face to face learning	
	Friday 29th	A Day For Daniel—Child Safety Wear something RED to school	
	NOVEMBER 2021		
Week 5	Monday 1st	Curriculum Day—No school	
	Tuesday 2nd	Melbourne Cup day—No school	
Week 6	Wednesday 10th	9.00am - 10.30am Foundation Orientation	
Week 7	Wednesday 17th	9.00am - 12.50pm Foundation Orientation	
Week 8	Monday 22nd→03/12	Swimming Program Foundation, Year 1 & Year 2	
	Wednesday 24th	9.00am - 2.00pm Foundation Orientation	
	DECEMBER 2021		
Week 11	Tuesday 14th	Year 6 Graduation	
	Wednesday 15th	Last Day of Term 4	
	Thursday 16th	Curriculum Planning—No school	
	Friday 17th		

St Brendan's & St Colman's Catholic Church - Mass Times

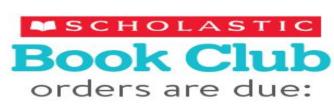
COVID-19..... REGIONAL VICTORIA: Religious gatherings and ceremonies; permitted with up to 20 persons per venue (and those workers necessary to conduct the ceremony).

Phone bookings are required for weekends: 0456 877 899

Tues: 12/10	St Brendan's Lakes Entrance	9.30am
Thurs: 14/10	St Colman's Orbost	9.30am
Fri: 15/10	St Brendan's Lakes Entrance	9.30am
Sat: 16/10	St Dymphna's Buchan	9.00am
	St Colman's Orbost	5.00pm
Sun: 17/10	St Brendan's Lakes Entrance	9.00am
	St Josephs Swan Reach	11.00am







Friday, 22nd October



School Absences:

To report a student absence please use the Parent Notified Absences function on PAM.



Parent Notified Absences

Please do NOT reply to you absence reminder text. Go to PAM and lodge a parent Notified Absence.

With Deepest Sympathy,
Please keep the Tuisue Family (Sisilia in

Year 4) in your prayers on the recent loss of a loved one.

Our thoughts and prayers are with you all.



With Deepest Sympathy,

Please keep the Coventry Family (Harrison Yr6, Ben Y5 & Oliver Yr3) in your prayers on the recent loss of a loved one.



Our thoughts and prayers are with you all.

Wellbeing and Resilience

As part of my Wellbeing role, I am available to meet with children on a regular basis to talk about any issues or concerns they might have and to discuss some strategies that could help.

The sessions are delivered to individuals or in small groups of 2-4 children, depending upon need. The sessions aim to build self-esteem and an awareness of feelings and emotions. We do this through discussion, art, mindfulness and meditation.

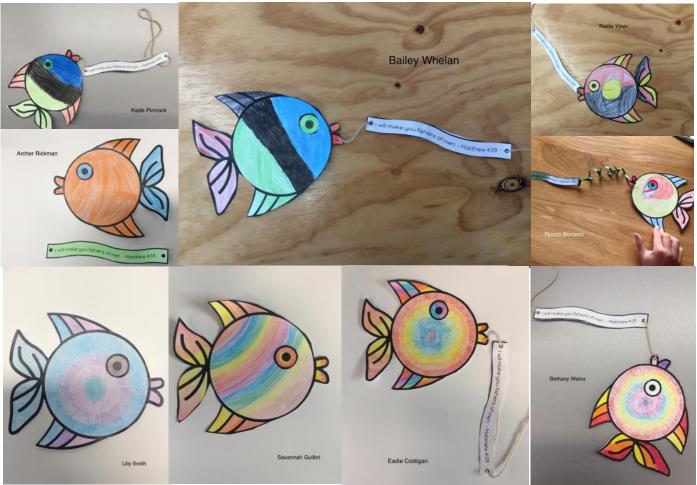
I am also trained to run the *Seasons for Growth* program. This is a grief and loss education program that draws on the metaphor of the seasons to understand the experience of grief. It builds the knowledge and skills necessary to strengthen social and emotional wellbeing following significant loss by:

- · exploring the impact of change and loss
- · learning about effective ways to respond and adapt

Participants learn that they are not alone in their experience of change, loss and grief, and are able to build their communication, decision making and problem-solving skills within the context of a safe and supportive peer group learning environment.

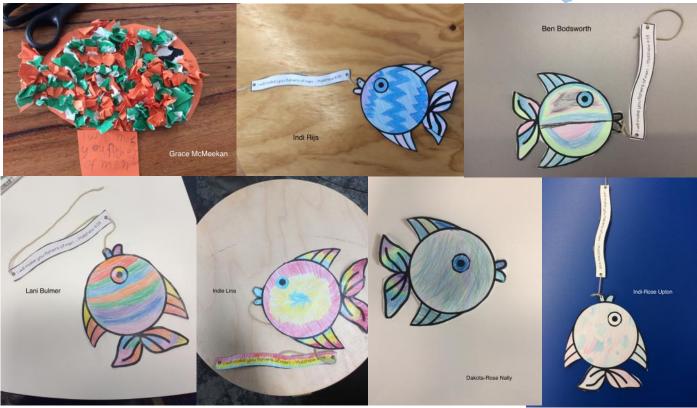
If you would like your child to participate in these sessions or you would like more information please contact the school office and I will get in touch with you.

Debby Milburn



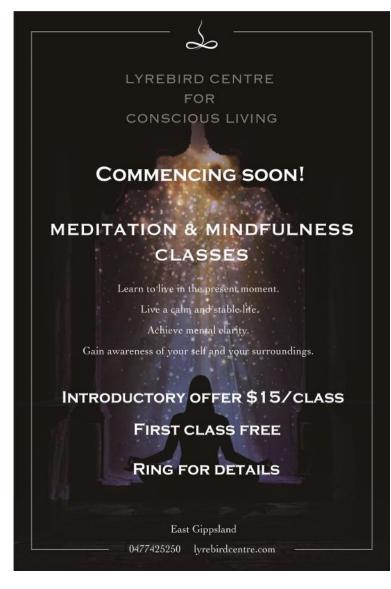
The phrase "fishers of men" was spoken by Jesus when He was calling two of His disciples, <u>Simon Peter</u> and <u>Andrew</u>, to follow Him. "As Jesus walked beside the Sea of Galilee, he saw Simon and his brother Andrew casting a net into the lake, for they were fishermen. 'Come, follow me,' Jesus said, 'and I will make you fishers of men.' At once they left their nets and followed him" (<u>Mark 1:16–18</u>;













EFTPOS available to pay fees



SPORTS SHIRTS

All St Brendan's sports shirts that have been given out to children for school sports and athletics, now need to be returned to school as soon as possible.



WOOLWORTHS JUNIOR BLASTERS CRICKET

AGES 5-7

LAKES ENTRANCE CRICKET CLUB

- Sign up now at playcricket.com.au
- Thursdays, October 28 to December 16, 4.30pm at Lakes Entrance Recreation Reserve
- Enquiries to Mick Poynton 0438 308 725 or lakescc@outlook.com





Seagulls Lunch order Menu & Price List 2021

Hot dog \$4.50 Hot dog with cheese \$5.00 Ham & Salad Roll \$6.00 Chicken & Salad Roll \$6.00 Ham & Cheese Sandwich \$4.50 \$4.00 Cheese & Vegemite Sandwich

\$1.00 each Steamed Dim Sims

\$1.00 each Fried Dim Sims

(soy sauce free)

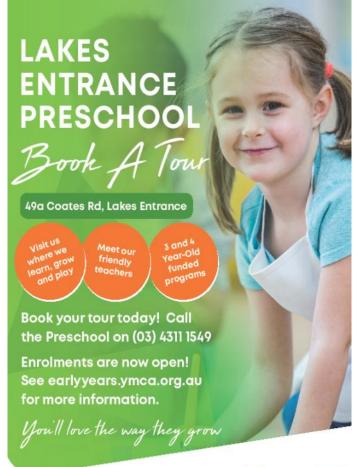
Chicken Strips \$1 each Party Pies \$1 each Small Sausage Rolls \$1 each

.30c each Sauce

All orders will need to be in by

Wednesday or Thursday for lunch on Friday (Week 2 & 3).





Lakes Entrance Preschool

(03) 4311 1549 earlyyears.ymce

9arlyy9ars.ymca.org.au lakes.entrance.kin@kindergarten.vic.gov.au







Enrolments are open for

Book your personalised school tour! **Check out our new** classrooms!

Tours available now!



Together we achieve

All families are welcome!

Call the school office on 03 51552712 or email principal@lakesent.catholic.edu.au to book your tour

www.lakesent.catholic.edu.au