

St Brendan's Primary School 1581

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Email : principal@lakesent.catholic.edu.au
Internet Banking : BSB 083 879 A/C 695096861
Account Name : St Brendan's School

Newsletter No 29
September 16, 2021



*We would like to acknowledge the Traditional Custodians of the land on which we gather today, the Gunaikurnai people.
We pay our respects to their elders past, present and emerging. We extend that respect to all people.
We would especially like to acknowledge the land on which our school stands and ask everyone to show respect to the environment and all that it includes.*



*Well done, to all the mums and
dads, grandparents, friends and
anyone that have assisted with
remote schooling this term.
Great effort!*



School Computers

If your child has borrowed a computer for Remote Learning, it is important that it is returned on their first day back at school.



Please return computer and charger cord in the bag supplied clearly marked with your child's name. The computers will then be inspected upon return. Thank you.

**Computers may be returned to school tomorrow
Friday, 17th September before 3.30pm, on the
completion of remote learning.**

**End of Term 3 and Remote Schooling
Tomorrow
Friday, 17th September
School finishes @ 2.15pm
Buses run to these times**



**WISHING EVERYONE
A RELAXING AND
HAPPY HOLIDAY.**

**Term 4 commences on Monday,
4th October @9.00am**



Dear Families and Friends,

We come to the close of another challenging period of time. Having considered the conditions we have been operating under, I am proud of our school community and the way we have progressed under duress.

I would like to thank all the staff at St Brendan's for always putting our students first and by doing all they can to ensure our students can have access to the curriculum in a positive, challenging and stimulating way. They have truly done an outstanding job. Thank also to all our parents and carers who have supported our work and have been understanding with the conditions of Remote Schooling. You too have had to overcome many challenges. Well done to our students who have engaged with the Remote Schooling tasks, have listened to feedback and produced work of a high standard. I hope you all have rewarding break!

NAPLAN arrived this term and clarified the progress of our students. Our year five cohort had much greater growth from 2019 – 2021 than the nation in the Reading, Spelling, Language Conventions and Numeracy assessments. In some cases our students' growth out-performed the nation by more than a year. Our staff were thrilled to receive this feedback.

Managing Anxiety- <https://raisingchildren.net.au/>

Anxiety is **very common in the pre-teen and teenage years**. This is because adolescence is a time of emotional, physical and social change, which is happening at the same time as teenage brains are changing. Teenagers are seeking new experiences and more independence too. But teenagers might also worry about these changes, opportunities and challenges.

One of the most important ways to help your child develop this skill is by **talking with them about their worries**. By talking openly about anxiety, you send the message that your child can come to you when they need to. And even if your child doesn't always want to talk, they'll know you're there to support them.

Here are other key ways to help your child learn to manage everyday anxiety.

Helping your child face anxiety

- Acknowledge your child's fear – don't dismiss or ignore it. It's important for your child to feel that you take them seriously and that you believe they can overcome their fears. Your child also needs to know that you'll be there to support them.
- Gently encourage your child to do the things they're anxious about. But don't push your child to face situations they don't want to face.
- Help your child set small goals for things that they feel a little anxious about. Encourage your child to meet the goals, but don't step in too early or take control. For example, your child might be anxious about performing in front of others. As a first step, you could suggest your child practises their lines in front of the family. Try not to make a fuss if your child avoids a situation because of anxiety. Tell your child that you believe they'll be able to manage their feelings in the future by taking things step by step. Try to acknowledge all the steps that your child takes, no matter how small those steps are.

This week, we welcomed Chloe James to St Brendan's. Chloe is cousin to Sienna-Lee Findley, Mayson and Willow Nicholas. Chloe has already made a terrific start.

Please take a moment to think about the Tuisue family this week. Maureen Tuisue (Mum to Sisilia in Year 4) is giving everything she has to fight off cancer at the moment and needs your prayers.

Have a good break everyone,

Matthew Hamer

Dates for the Calendar

SEPTEMBER 2021

Week 10	Friday 17th	Onsite learning Foundation, Years 1 & 2 Year 3 – 6 Remote Schooling 2.15pm School finishes—End of Term 3 and Remote Schooling
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Term 4 OCTOBER 2021

Week 1	Monday 4th	9.00am Term 4 Commences
Week 3	Thursday 21st	Book Fair → 29th October

NOVEMBER 2021

Week 5	Monday 1st	Curriculum Day—No school
	Tuesday 2nd	Melbourne Cup day—No school
Week 6	Wednesday 10th	9.00am - 10.30am Foundation Orientation
Week 7	Wednesday 17th	9.00am - 12.50pm Foundation Orientation
Week 8	Monday 22nd → 03/12	Swimming Program Foundation, Year 1 & Year 2
	Wednesday 24th	9.00am - 2.00pm Foundation Orientation

DECEMBER 2021

Week 11	Tuesday 14th	Year 6 Graduation
	Wednesday 15th	Last Day of Term 4
	Thursday 16th	Curriculum Planning—No school
	Friday 17th	Curriculum Planning—No school

2 STEP SIGN IN

1. QR Code Service :



- all parents, guardians and carers who enter buildings or facilities when on the school site
- all other visitors, including contractors and volunteers.

All visitors and parents must check-in using the QR code system even if they are visiting for less than 15 minutes.

2. VPASS



- Visitors, volunteers and contractors must also sign in and out at the office with the Vpass system.



School Absences:

To report a student absence please use the **Parent Notified Absences** function on **PAM**.



Parent Notified Absences
Click here to enter.

Please do NOT reply to you absence reminder text. Go to PAM and lodge a parent Notified Absence.

St Brendan's & St Colman's Catholic Church - Mass Times

COVID-19..... REGIONAL VICTORIA: Religious gatherings and ceremonies; permitted with up to 20 persons per venue (and those workers necessary to conduct the ceremony).

Phone bookings are required 0456 877 899

Fri: 17/9 St Brendan's Lakes Entrance 9.30am

Sat: 18/9 St Dymphna's Buchan 9.00am - St Colman's Orbost 5.00pm

Sun: 19/9 St Brendan's Lakes Entrance 9.00am - St Joseph's Swan Reach 11.00am

Tues: 21/9 St Brendan's Lakes Entrance **No Mass**

Wed: 22/9 St Colman's Orbost **No Mass**

Fri: 24/9 St Brendan's Lakes Entrance 9.30am

Sat: 25/9 St Brendan's Lakes Entrance 5.00pm

Sun: 26/9 St Brendan's Lakes Entrance 9.00am - St Colman's Orbost 11.00am



Year Four students have become critical thinkers. Watch out World!

Students are viewing current news reports and questioning what they view as well as thinking of answers to problems in the world.

Students have used their critical thinking skills to evaluate nutrition knowledge and write a persuasive argument using their research.

Lucky St Brendan's don't have unhealthy food on their canteen list or Cobie would be knocking on Mr Hamer's door!



NEWS REPORT: China banning kids from playing online gaming for more than 3 hours a week. (September 2021)

Questions students posed after watching the news report.

Aaliyah: 'What are the consequences? What will the government do if people don't listen?'

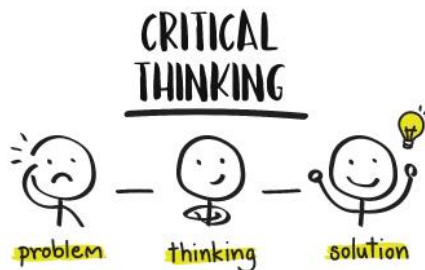
Caiden: 'When will the ban end?'

Joanie: 'How will they know if they have succeeded?'

Mia: 'Who in the government thought of the idea?'

Nate: 'Why are the government worried about gaming addiction?'

Koby: 'What made them do this?'



Schools should not sell unhealthy food

By Cobie Gilbert

Bite, munch, gulp are you overweight? Do you know why? The most common reason would be fast food. From my point of view I strongly believe that all schools should not sell unhealthy food. Some reasons to be stated are, unhealthy food is not good for you, tooth decay and last but not least is your energy and that is why I am convinced fast food or any unhealthy food should not be sold at any school!

First of all, having junk is not very good for you. It has lots of fat and added materials that are not good for your body. You can also get obesity. Did you know, 1 quarter of Australian children are overweight or obese. Fast food also has lots of added sugars which are not good for you. Sugar can also cause diabetes. There are 2 types of diabetes, type 1 and you guessed it, type 2.

Second of all you can get tooth decay. Having too much sugar or fat can cause tooth decay or cavities. Sugar puts bacteria and minerals on your teeth that are not good for them. Research shows that fat can cause inflammation. Now next time you're about to put something in your mouth, think about how it will affect your teeth.

Last but definitely not least is the lack of energy fast foods give you. At school you want lots of energy to go play don't you? But if you had just had some sort of fast food you will not have the energy you need. Did you know processed food makes your energy levels go up and down just like when you're on a roller coaster?

In conclusion, you will obviously believe now that schools should not sell unhealthy food. Let's go over the reasons again. Fast food is not good for you, you can get tooth decay or tooth problems and you will have a lack of energy. Don't you think it would be nice if schools stopped selling unhealthy food? So make a move and ask for no unhealthy food.



International Dot Day, a global celebration of creativity, courage and collaboration. *The Dot* is the story of a caring teacher who dares a doubting student to trust in her own abilities by being brave enough to “make her mark”. What begins with a small dot on a piece of paper becomes a breakthrough in confidence and courage, igniting a journey of self-discovery and sharing, which has gone on to inspire countless children and adults around the globe. International Dot Day is celebrated on September 15 each year. Year 4 completed their own Dot art during remote learning.

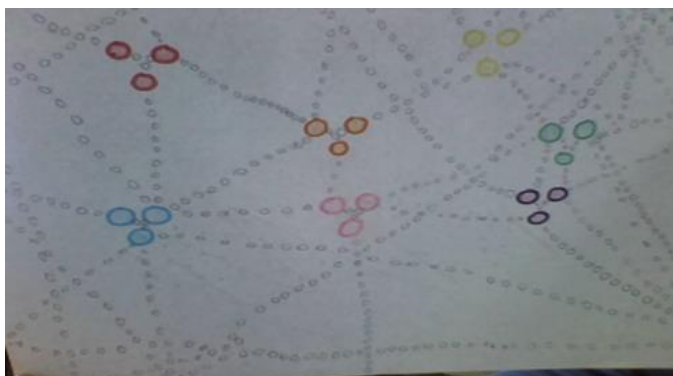
<https://www.internationaldotday.org/>



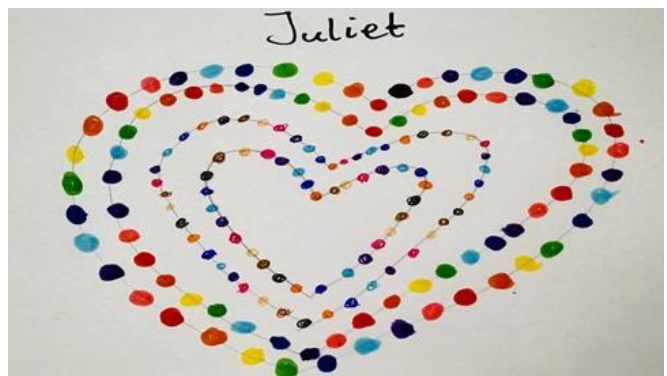
Nate Kingston



Gabby Whelan



Aaliyah Jackisch



Juliet Walker

Year 5 Haiku poems about the book *Fire* written by Jackie French.



A spark flying high,
Flying through the sky burning,
Put out by Dew drops.
By Harrison W

The fire glows brightly,
Up high in the big blue sky,
Smoke is everywhere.
By Izabella A

The fire up in flames,
Burning everything in sight,
Run away from the red.
By Jai H

The fire flickers,
While it burns down my whole town,
This fire is a mess.
By Lily M

The last one remains,
There is blood fire everywhere,
inside of the pit.
By Tayte G

The fire burns,
With darkness and smoke trees falling down,
Scared People run.
By Tiffany Mc

The Solar Powered Vibrating Robot

The solar powered vibrator robot uses sunlight to create electricity which is moved to the engine by wires. The engine powers the spinner which makes a vibration.

By Aubrey H



CORONAVIRUS (COVID-19) RESTRICTIONS REMAIN IN PLACE

If you are unwell, please stay at home.

The greatest risk of transmission of coronavirus (COVID-19) is between adults. Please follow these physical distancing measures:

- avoid gathering in a group inside or around the school



- keep 1.5m between yourself and other adults



- avoid handshakes and hugs



- wash your hands regularly.



LYREBIRD CENTRE
FOR
CONSCIOUS LIVING

COMMENCING SOON!

MEDITATION & MINDFULNESS
CLASSES

Learn to live in the present moment.

Live a calm and stable life.

Achieve mental clarity.

Gain awareness of your self and your surroundings.

INTRODUCTORY OFFER \$15/CLASS

FIRST CLASS FREE

RING FOR DETAILS

East Gippsland

0477425250 lyrebirdcentre.com



EFTPOS available
to pay fees

Items to collect and send
into school



Lakes Esplanade Pharmacy Colouring Competition

Winner will be announced via Facebook on Monday 4th October

Competition will be open to all children 12 and under. Copies available in the pharmacy.

Alex the Apple
celebrates spring



NAME: _____

AGE: _____



\$12.00*

Inc.GST

www.lakes-entrance-cinema.com.au
 *Includes 12% GST
 and 10% booking fee

www.lakes-entrance-cinema.com.au

LAKES SQUASH AND MOVIE THEATRE

52 MYER STREET LAKES ENTRANCE ADMIN 51551563. SESSIONS 51551941

BIG SCREEN . DIGITAL CINEMA . NEW IMPROVED AIR CONDITIONING . BIG SURROUND SOUND

Thursday September 16th

10am Paw Patrol The Movie (G)
 11.40am Ainbo: Amazon Princess (G)
 1.15pm(2D), 7.30pm(2D) Shang Chi
 and the Legend of the Ten Rings (M)
 3.45pm Free Guy (M)

Friday September 17th

6.30pm A Fire Inside (PG)
 (Fundraiser for Lifeline) \$25 /Ticket Nibbles
 and a Drink Included. Bookings Essential
 8.35pm (3D) Shang Chi
 and the Legend of the Ten Rings (M)

Saturday September 18th

10am, 1.30pm Paw Patrol The Movie (G)
 11.45am Ainbo: Amazon Princess (G)
 3.15pm(2D), 8pm(2D) Shang Chi
 and the Legend of the Ten Rings (M)
 5.45pm Free Guy (M)

Sunday September 19th

10am, 1.30pm Ainbo: Amazon Princess (G)
 11.45am Paw Patrol The Movie (G)
 3.15pm(3D), 8.15pm(2D) Shang Chi
 and the Legend of the Ten Rings (M)
 5.45pm The Suicide Squad (MA15+)

Monday September 20th

10am, 1.30pm Paw Patrol The Movie (G)
 11.45am Ainbo: Amazon Princess (G)
 3.15pm(2D), 8pm(2D) Shang Chi
 and the Legend of the Ten Rings (M)
 5.45pm Free Guy (M)

Tuesday September 21st

10am, 1.30pm Ainbo: Amazon Princess (G)
 11.45am Paw Patrol The Movie (G)
 3.15pm(3D), 8.15pm Shang Chi
 and the Legend of the Ten Rings (M)
 5.45pm The Suicide Squad (MA15+)

Wednesday September 22nd

10am, 1.30pm Paw Patrol The Movie (G)
 11.45am Ainbo: Amazon Princess (G)
 3.15pm, 8pm(3D) Shang Chi
 and the Legend of the Ten Rings (M)
 5.45pm Free Guy (M)

Coming Soon: Old, Ride The Eagle,
 The message of the Lyrebird (10/10) one ses-
 sion only. Book your Ticket Via
https://geco.org.au/message_of_the_lyrebird



* Compulsory Checkin (we can assist)
 * Operational Conditions subject to the Latest Government
 Covid Announcements

www.lakes-entrance-cinema.com.au
EFTPOS & CREDIT CARD FACILITIES AVAILABLE

Ticket Prices...	Adult	Senior (with Card)	Child (under 14)	Choovie/Internet
2D MOVIE	\$15.00	\$12.00	\$11.00	Adult \$14.50 Adult \$16.50
3D MOVIE	\$17.00	\$14.00	\$13.00	
Family (2a & 2c)	\$46.00(2D)		\$54.00(3D)	

3D glasses \$1 per ticket for you to keep, if needed.

\$2 surcharge applies to all gift vouchers and 6 ticket movie cards on a per ticket basis for all 3D movies.

Victorian premiers' reading challenge

CHALLENGE FINISHES ON 17th SEPTEMBER

Congratulations

**Lucy Hawkins
Elise Mahony
Daniel Alwyn**

You have finished the challenge for 2021!

OPEN UP A NEW WORLD



HOP East

Lakes Entrance Fun day!

Join us as we head to Lakes Entrance for mini golf and a picnic lunch at Eastern Beach Playground! Then it will be back to our multi-purpose room for slime making and Crazy Creature's Competition! Will you create the craziest creature?

DATE

- Tuesday 21st of Sep 2021- 9:00am - 3:00pm

LOCATION

- Bairnsdale ICG office; Lakes Entrance mini golf; Eastern Beach playground Lakes Entrance

OUT OF POCKET COST

- \$15 for mini golf and slime ingredients to be paid prior
- NDIS plan charges will be discussed with you to ensure your specific support needs are met

WHAT TO PACK

- Medication and Medication Forms
- Drink bottle
- Weather appropriate clothes
- Packed lunch



Time Table

ICG Office	Drop - off	Pick - up
ICG Bairnsdale	9:00am	3:00pm

NDIS Benefits and Outcomes

- Social participation in the community
- Meet new people and develop friendships
- Increase your capacity to access your local community
- Development of your life and independent living skills
- Improve and develop your communication skills
- Opportunity to access new activities and try new things
- Selfcare for carers and participants

For further information please contact us

1300 736 765 www.icg.asn.au



HOP East

Cinema and Raymond Island koala spotting!

Let's start the day with a trip to Sun Cinema (movie to be advised). Then it's off to Raymond Island for a picnic lunch at the playground and the koala walk! How many koala's will you find?



Time Table

ICG Office	Drop - off	Pick - up
ICG Bairnsdale	9:00am	3:00pm

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For further information please contact us

1300 736 765 www.icg.asn.au



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Join Woolworths Cricket Blast
A safe way to have fun and stay
active for kids of all abilities.

JOIN YOUR NEAREST CLUB

Q Play Cricket

OFFICIAL KIDS
PROGRAM



WOOLWORTHS JUNIOR BLASTERS CRICKET

AGES 5-7

LAKES ENTRANCE CRICKET CLUB

- Sign up now at playcricket.com.au
- Thursdays, October 28 to December 16, 4.30pm at Lakes Entrance Recreation Reserve
- Enquiries to Mick Poynton 0438 308 725 or lakescc@outlook.com

JUNIOR BLASTERS

AGES 5-7 | 60 MINS | 6+ WEEKS

- Learn ball skills, including catching, throwing and teamwork, through fun game-based activities.
- Sign up now for your Starter Kit.
- Returning Junior Blasters score a Returner Kit with a ball, a backpack + one free add-on.



STARTER KIT



RETURNER KIT

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Visit us
where we
learn, grow
and play

Meet our
friendly
teachers

3 and 4
Year-Old
funded
programs

Book your tour today! Call
the Preschool on (03) 4311 1549

Enrolments are now open!
See earlyyears.ymca.org.au
for more information.

You'll love the way they grow

Lakes Entrance Preschool

(03) 4311 1549
earlyyears.ymca.org.au
lakes.entrance.kin@kindergarten.vic.gov.au



St Brendan's Catholic Primary School



Enrolments are open for 2022

Book your personalised
school tour!

Check out our new
classrooms!

Tours available now!



Together we achieve

All families are
welcome!

Call the school office on
03 51552712 or email
principal@lakesent.catholic.edu.au
to book your tour

www.lakesent.catholic.edu.au