Saturan's Lakes St **St Brendan's Primary School 1581** Newsletter Website : www.lakesent.catholic.edu.au No 12 Email : principal@lakesent.catholic.edu.au May, 6 2021 Internet Banking : BSB 083 879 A/C 695096861 Account Name : St Brendan's School I would like to begin by acknowledging the Traditional Custodians of the land on which we gather today, the Gunaikurnai people. I pay my respects to their Elders past, present and emerging. I extend that respect to all people here today. I would especially like to acknowledge the land on which our school stands and ask everyone to show respect to the environment and all that it includes. Ŕ Mother's Day Breakfast Tomorrow 8.00am Wishing all our You are invited to come to the St Brendan's Primary Mums a very School Mother's Day Breakfast and prayer on Happy Mother's Friday, 7th May, 8.00am Day at the Mary Mackillop hall. There will be raffle so bring along some loose chang



Special thank you to Sarah Strong and Mel Rickman for organising the Mother's Day stall. Thank you to the mums that came to help on the stall. Much Appreciated. These activities can't happen without parent helpers. Thank you to the many school families that made generous donations to our mother's day raffle. Thank you.



We have a **VERY LARGE** pile of lost property in the school office.

Call into the office if you are missing any items of clothing.

> Please Label your child's clothing.

FULL WINTER UNIFORM FROM MONDAY 10th MAY

Girls - Winter tunic or skirts or navy 'Midford' pants. Navy tights. Boys - Long pants

Track pants on Sports days at the start of the day. Shorts can be worn underneath.

Lunch Orders – Please make sure you are checking the menu and price list. Many orders this week are short on money. If you see your child's bag sent home with a message on bag, please forward money to school so it can be passed onto Seagulls. Thank you.

School Buses - Please make alternate arrangements

The Metung/Swan Reach (Prom Country) and Nowa Nowa (Gillick's) buses will not be running on, <u>Monday, 17th May</u> due to a Secondary school closure. Dyson's bus will run as normal.





Don't forget to start sending your school absences via the new PAM system.

Dear Families and Friends,

Since my last newsletter article we have had a huge couple of weeks. Here are just some of the highlights:

- Monday, 26 April, was a big sporting day. Mitchell Hanckel competed in the Victorian State Swimming Titles, coming 6th in his 50metre backstroke race, a huge achievement. Our Division Cross Country team competed at Nagle College and displayed the competitive team spirit we are so proud of 13 runners who will progress to the Regional Championships including Laurena Waina and Amelia Midson who came first in their events.
- Our 2021 St Brendan's Athletics Carnival was a huge success last Friday with the sun shining bright. It was magnificent to have parents back on the grounds and the students rose to the occasion with plenty of personal bests. Congratulations to Blue House who have now taken out the Swimming, Cross Country and Athletics carnivals in 2021. It was the first time they have held the trophy aloft at athletics.
- This Wednesday, 5 May we had the most amazing performer entertain our school. Sean Choolburra, an indigenous artist from Palm Island near Townsville, told stories, danced and joked with our students. He even managed to lift Mrs Hamer above his head which is a story in itself. The kids loved him!

Cyberbullying: what you need to know- https://raisingchildren.net.au/

Cyberbullying is when a person uses digital technology to deliberately and repeatedly harass, humiliate, embarrass, torment, threaten, pick on or intimidate another person.

Cyberbullying happens in lots of different ways – in text messages, emails and online games, and on social media platforms like <u>Facebook</u>, <u>YouTube</u>, <u>Tumblr</u>, <u>Snapchat</u>, <u>Instagram</u> and <u>TikTok</u>.

Effects of cyberbullying:

- Cyberbullying often leaves children with lowered self-esteem, less interest in school and low academic achievement.
- Children and teenagers might feel confused by changes in their friendship groups. They might also feel alone, lonely and isolated. Cyberbullying can lead to mental health issues like depression, anxiety and stress
- Some victims of cyberbullying feel they have no safe place, or that no one can help.

Talking is one of the best ways to help your child avoid cyberbullying. It's best to start talking about cyberbullying when your child first starts to use social media, or when he gets a mobile phone. Here are some things you could talk about:

- What cyberbullying looks like for example, 'Cyberbullying is sending mean text messages, spreading rumours on social media, ganging up on or deliberately excluding someone in an online game, or sharing an embarrassing photo with other people'.
- **How it might feel to be cyberbullied** for example, 'Being cyberbullied can make you feel very upset and lonely. It can make you not want to join in activities where the person doing the bullying might be'.
- The consequences of cyberbullying for example, 'People who get cyberbullied can stop doing well at school and feel depressed and anxious.

Tomorrow at 8.00am we have our first ever Mother's Day breakfast. Mums, please arrive at school after 8.00am for breakfast a coffee and a chat, it should be fun. During the week we had the Mother's Day stalls. Many thanks to Mel Rickman and Sarah Strong for organising all the gifts. Have a lovely day on Sunday, mums!

NAPLAN next week. Please make sure your child has early nights, good breakfasts then I'm sure they will do well in the assessments. After each assessment we have game time so we will make sure they have plenty of exercise. Kind regards,

Matthew Hamer

	Dates for the Calendar				
	MAY 2021				
Week 3	Friday 7th	8.00am Mother's Day Breakfast 9.10am Whole School Mother's Day Prayer 2.30 School Assembly— School Captains	happer		
	Sunday 9th	Mother's Day	Mathers		
Week 4	Monday 10th	FULL WINTER UNIFORM	day		
	Tuesday 11th	NAPLAN			
	Wednesday 12th	NAPLAN			
	Thursday 13th	NAPLAN 5.00pm Year 4/5 First Communion Parent Workshop			
	Friday 14th	NAPLAN 9.10am Class Mass Year 2 9.10am Class Prayer Year 4			
	Sunday 16th	First Communion Commitment Mass			
Week 5	Monday 17th	Year 3 Camp Coolamatong No buses - Metung and Nowa Nowa			
	Tuesday 18th	Year 3 Camp Coolamatong			
	Friday 21st	9.10 Whole school Pentecost Mass 1.35pm Science afternoon			
	JUNE 2021				
Week 8	Thursday 10th	Pupil Free Day—Staff RE Development & Planning			
	Friday 11th	Pupil Free Day—Staff RE Development & Planning			
Week 9	Monday 14th	Pupil Free Day—Queens Birthday Holiday			

PAM (Parent Access Module)

Just a reminder to sign in to **PAM**. We still have quite a few families who have not set themselves up yet. It would be greatly appreciated if you could sign up.

PAM will be our main communication platform (reporting absentees, receiving permission slips, sick bay notification, receiving school reports and school diary dates).

If you are having difficulty signing on, or didn't receive, can't find or

accidently deleted the original email from PAM please email kwykes@lakesent.catholic.edu.au and we will reset your account for you.

Thank you to the families who have already signed up.

St Brendan's & St Colman's Catholic Church - Mass Times

Tues:	11/5	St Brendan's	Lakes Entrance	9.30am
Thurs	13/5	St Colman's	Orbost	9.30am
Fri	14/5	St Brendan's	Lakes Entrance	9.10am
	With Year 2 students			
Sat:	15/5	St Dymphna's	Buchan	9.00am
		St Colman's	Orbost	5.00pm
Sun:	16/5	St Brendan's	Lakes Entrance	9.00am
		1st Communion Commitment Mass		
		St Joseph's	Swan Reach	11.00am





Firstly we got in the car and slowly went to Melbourne . On the way we went to McDonalds and KFC. When we got to Melbourne and got to see our hotel. For dinner we went out with friends. Sunday in the morning we got to go and see the Anzac day parade. After that we went to the wave pool. Then we had pizza night for carbohydrates. **Monday** in the morning I had some toast then we went to the pool. I did a warm up and then it was my race **3,2,1 go**. I went well. I came 6th and I had fun.

Congratulations Mitch. Great effort!



On Friday, 30th of April it was Athletics day, we all gathered on the asphalt to sing our House chants then off we went to the oval and the races started.

Kids were jumping, throwing and everyone was cheering on their friends and their House chant. From 9:30am till 2:00pm,all year levels went from activity to activity, then it was time for the relays. Firstly each year level took their turns until it was everyone's favorite relay when the year 6s, parents and Nagle helpers all put in a team each to try and beat the teachers. Finally the teachers run of wins was ended by both the ex St Brendan's (now Nagle students) and the year 6s. Better luck next year teachers!

At the end of the day after everyone's great efforts the winning house was BLUE house! To finish off the day everyone got an icy pole and a weekend to rest.

By Emily O'Donnell & Dominic Mahony





Sean Choolburra's Performance

On the 5th of May, 2021, Sean Choolburra came to St Brendans to perform a very unique and funny show. Sean Choolburra is a well known Australian comedian and performer, and has had quest roles in Play School and Bluey. The performance was made up of traditional dances of the Girramay, Kalkadoon, Pitta Pitta and Gugu Yalanji cultures. It was very interactive so all students could get involved in dancing with Sean. The performance was very funny and educational and all students hope that Sean will come back again.

By Jade Pedder and Poppy Richardson







This term in Year 5, students have been identifying their Superpower when showing the 3Rs at St Brendan's. As a class we brainstormed what The 3Rs look like, sound like and feel like. Students have been engaging in team building activities and working collaboratively in small groups to solve problems.



We asked the class their thoughts and feelings about what The 3 Rs looks like, sounds like and feels like at school. It is clear to see that students in Year 5 know the 3 Rs and it is up to us to display these all the time. We owe it to ourselves and school community to try our best.

Having Respect For Self & Others

Looks like: trying our best, smiling, engaging, trying hard, Sounds like: fun, laughter, manners, Feels like: warm, kind, nice, exciting, faithful, happy, good, fun,

Talking Responsibility for my Actions

Looks like: learning from our mistakes, not repeating it, growing, maturing, Sounds like: saying sorry, apologising, Feels like: pride, growing up, ownership of mistake,



For me I think that My superpower is showing Respect for myself and always trying to complete my work. In my opinion following the 3 Rs is very important, doing the 3 Rs can help you learn easier with the attitude people are in, around you and yourself. - **Lily Mills**.

I think showing the 3 Rs is one of the most important thing in life. Showing the 3 Rs makes you a very polite and AWESOME person! Sometimes when you show the 3 Rs, other people will follow your steps and that will make the whole world loving and fantastic! So showing the 3 Rs is SO important to me - **Ashita Chhabra**



I show Respect for My self by Setting goals and trying hard to achieve them! Chart

For me showing the 3 Rs is setting goals and trying hard to **achieve** them. For me I think this school will be a happy, safe, fun and friendly school where everyone will feel like they belong. Using the 3 Rs can make a big positive difference in our school. **Charli Richardson**

Intercultural Capabilities

Year Four

We have a very diverse range of cultures in our cohort with students either born or parents/carers in their household born in the following countries; America, Serbia, Sweden, Malta, Poland, Scotland, Vietnam, Philippines, Fiji, Czech Republic, Italy, Holland, Spain, Greece as well as our Indigenous Australians from Gurnaikurnai and Kwini Country. Students regularly share stories from their cultures.

Vietnamese Birthdays

By Nathan Nguyen

In Vietnam you have to eat chilli every time it is your birthday to test your spice tolerance. We have to wear red every time it is the Queen's birthday and prayer in front of her statue. I had my 10th birthday last week and I had to eat a jalapeno with some hot sauce. Afterwards, I drank 3 cups of milk and put a tissue in my mouth to try to keep my mouth cool. Then dad suggested to play on the trampoline to get my mind off it. It didn't work, my tongue was still on fire.



Greek Orthodox Easter

By Charli Cherry

Last weekend was Greek Orthodox Easter, everybody is always together for Easter. We cooked eggs and put them in red food dye. The last egg to crack is the winner and we put it in a special jar with all the other eggs. We made special bread on Greek Good Friday and gave some to Mrs Graham and Mrs Mills.



Fijian Wedding Celebration

By Sislia Tuisue

I went to a celebration for my cousin before his wedding. My cousin and his nearly wife wore skirts made out of palm leaves and they had paint on them. My cousin had a tear drop fan that he used also. At the wedding I wore a blue Fijian dress and everyone from our family wore the same dress made by my aunty.





Maths Online By Matylda Petersen and Emily Bayard

At the start of this term it had been announced that instead of Mathletics we would be doing a new online program named Maths Online, Maths Online is a great digital platform to help students progress their mathematical skills while having fun.

The Year 6s have already started using Maths Online and everyone loves how easy and simple it is, we think that it will

definitely help us improve our math skills in the near future.

There are videos that you can watch before you complete the activities and we think that will be very helpful especially if there are no teachers available and the teachers are helping other students.



Maths online has many benefits and is a great learning tool especially for younger students in the school.





Save the Children

GippSport



Sometimes parents want to alter the arrangements about picking up children after school.

Please try and make these arrangements in the morning so that you can explain to your child the arrangements.

A key ring on your child's school bag is a good idea. This lets them know what is happening at the end of the day—carline, bus tonight, pick up outside classroom.





A reminder that the car park at the front of the school and the church are **NOT** drop off zones. If you enter these car parks you **MUST** walk your children into the school. **DROP OFF ZONE** is via the Mary MacKillop Hall carpark only. The Disabled Parking spaces are only for people with permits.



St Brendan's Op Shop has second hand school uniform available. Winter uniform in stock.

Lots of winter skirts, blouses and jackets. Open 10am-2pm Tuesday, Wednesday & Thursday also open Easter Saturday & Monday 10am-2pm



CORONAVIRUS (COVID-19) RESTRICTIONS REMAIN IN PLACE If you are unwell, please stay at home. The greatest risk of transmission of coronavirus (COVID-19) is between adults. Please follow these physical distancing measures; avoid gathering in keep 1.5m between a group inside or yourself and other around the school adults 1.5m avoid handshakes wash your hands and hugs regularly.



1 Rowe St Lakes Entrance

Thursday 5pm - 6pm

Brett Campisi 0439 906 021

play.afl/auskick





MINIROOS Ages 4-8 – vacancies still available for Lakes Entrance & Orbost Go to <u>www.miniroos.com.au</u>, click on Where Can I Play? Select Aldi MiniRoos Kick-off, Search by Postcode, Select Bairnsdale Soccer Club, View Available Programs, then Register.

For further information contact the club via email info@bairnsdalesoccerclub.com



GREG: 0427 001 158 or 5155 1488 549 THE ESPLANADE LAKES ENTRANCE



Australian Government Mobile Service Centre

Serving Regional Australia

Visit the Mobile Service Centre to find out about Australian Government payments and services for rural families, older Australians, students, job seekers, people with disability, carers, farmers and self-employed people.

Information about Department of Veterans' Affairs programs and support services for veterans and their families will also be available.

Staff can provide you with information and support. They can also help you create a myGov account. myGov is a simple and secure way to access government services online.

LAKES ENTRANCE

Opposite Lakes Toys, The Esplanade

Thursday, 13 May 2021 9 am to 4 pm

Friday, 14 May 2021 9 am to 4 pm

For more information, go to servicesaustralia.gov.au/mobileoffice







servicesaustralia.gov.au/mobileoffice

Seagulls Lunch order Menu & Price List 2021

Hot dog	\$4.50 NEW				
Hot dog with cheese	\$5.00				
Ham & Salad Roll	\$6.00				
Chicken & Salad Roll	\$6.00				
Ham & Cheese Sandwich	\$4.50				
Cheese & Vegemite Sandwich	\$4.00				
Steamed Dim Sims	\$1.00 each				
Fried Dim Sims	\$1.00 each				
(soy sauce free)					
Chicken Strips	\$1 each				
Party Pies	\$1 each				
Small Sausage Rolls	\$1 each				
Sauce 😽	.30c each				
All orders will need to be in by					
Wednesday morning—before 12pm					
for lunch on Friday.					